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THE HEART

A PARISH BUILT ON LOVE | NOVEMBER 8, 2026 | THIRTY-SECOND SUNDAY IN ORDINARY TIME

WEEKDAY MASS
Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS
Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION
Monday | 7:30–7:55 am
Note: No Confession on Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY
Chaplet: After Daily Mass

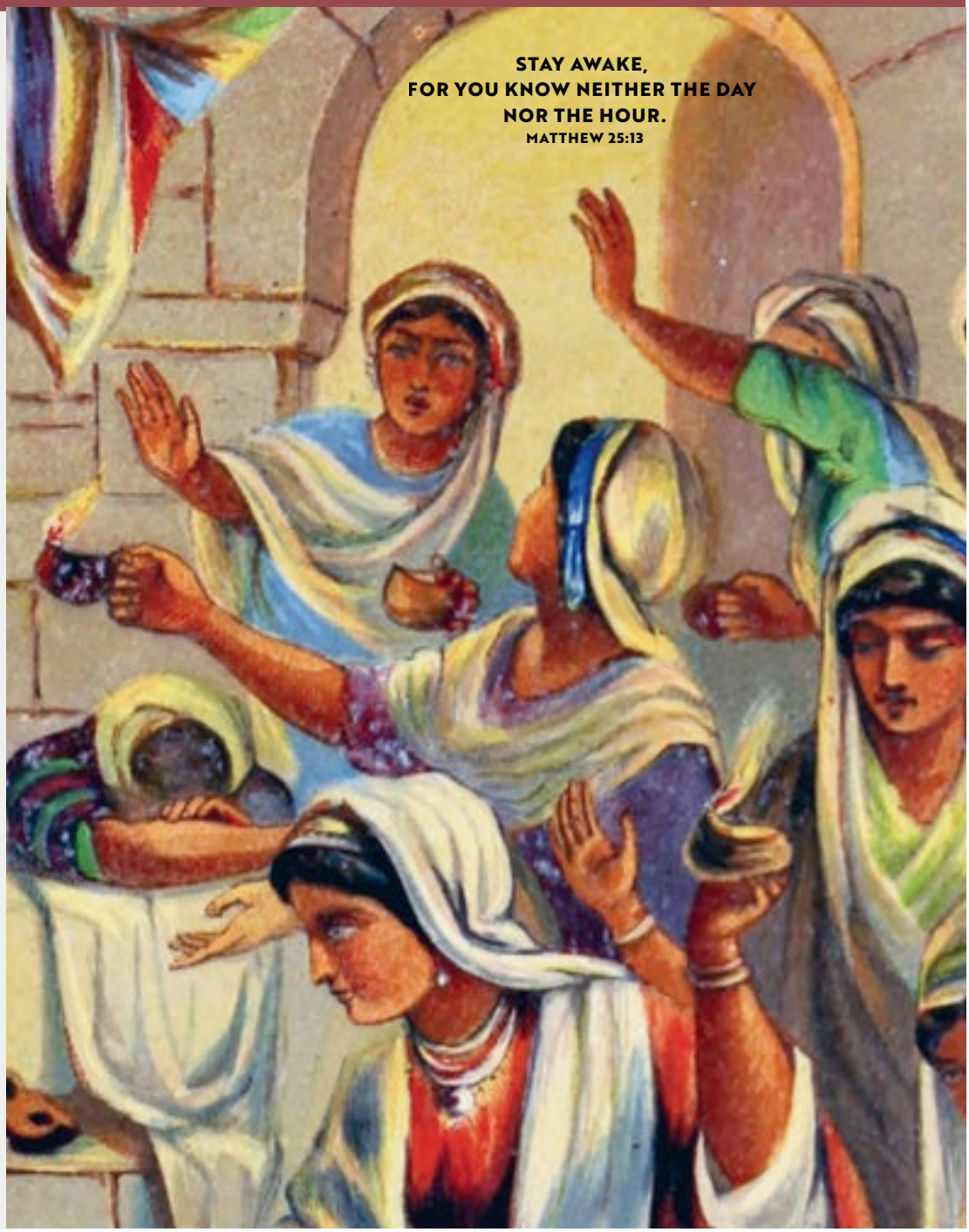
ADORATION IN CHAPEL
9 am–7 pm

OUR MISSION
To embrace the boundless love of Jesus through the work of our hands and the celebration of the Eucharist

LOVE·SERVE·CELEBRATE

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OCEAN BEACH

SINCE 1911



NEWS+EVENTS

Interfaith Thanksgiving Prayer Service

Sunday, November 22| 7 pm
OB Joyful (formerly Water's Edge)

For the past two years, Fr. Billy has been part of a team of local Ocean Beach and Point Loma pastors who meet monthly to collaborate on how to best serve the community. Our Good Friday prayer walk has been a fruit of this collaboration, and we are excited to announce a new opportunity for our local faith communities to join together in prayer. Please join a Thanksgiving prayer service at OB Joyful, formerly known as Water's Edge, diagonally across the street from our own Sacred Heart, on Sunday, November 22 at 7 pm.

Eucharistic Ministers to the Homebound Needed

Our Care of the Whole Person Team is in need of additional volunteers to bring Communion to our homebound community members. Can you help?

CONTACT JANICE TEIXEIRA AT 619.246.4955 OR TEIXEIRA@COX.NET.

Considering the Priesthood? Explorer Day 2026

November 14 | 8:30 am-4:15 pm
St. Francis Center, USD Campus

On Saturday, November 14, the Diocese will host an Explorer Day, with Director of Priestly Vocations Fr. Marc Gandalfo, for men interested in exploring a possible vocation to the priesthood. If living a life of service for Christ and the people of God is attractive to you, consider attending. Applications are available at the parish office or call the St. Francis Center at 858.490.8389.

Save the Date: Our Lady of Guadalupe

Saturday, December 12 | 12 pm
Sacred Heart Courtyard and Hall

Save the date for this special tradition celebrating faith, love, and a miracle. A bilingual Mass in honor of Our Lady of Guadalupe begins at noon, followed by a festive lunch and mariachi music.

Thanksgiving Meals for Homebound Community Members

Do you know someone who will be homebound this Thanksgiving? The Care of the Whole Person ministry is offering Thanksgiving meals and will deliver them.

IF YOU, A LOVED ONE, OR SOMEONE YOU KNOW WOULD LIKE A THANKSGIVING DINNER, PLEASE CONTACT JANICE TEIXEIRA AT TEIXEIRA@COX.NET OR 619.246.4955.

Youth Thanksgiving Feast

November 22 | 6-7:30 pm
Sacred Heart Academy Youth Room

Sacred Heart's Youth Ministry team is excited to share some good news. They are rebuilding a middle school youth ministry and would love for your middle schooler to be part of it from the very beginning! To kick things off, they are hosting a Jr. High Thanksgiving Feast for all 6th, 7th, and 8th graders. Come hungry, leave grateful! The evening will include a delicious meal, a talk about what it really means to be thankful, and games and prizes. Please see the Sacred Heart website for details and to sign up.

Happy Veteran's Day!

This Wednesday is Veteran's Day. To all of our Sacred Heart veterans, thank you for your service and God bless you! Mass this Wednesday is at 8 am, and the parish office will be open.

ARS Holiday Market Preview this Weekend!

November 7-8 | After Masses
Sacred Heart Courtyard

Hoping for a sneak peek at all of the Altar & Rosary Society's Holiday Market offerings? Swing by the courtyard after next weekend's Masses for the Holiday Market Preview. There you'll find unique gifts, a chance to participate in the opportunity drawing, and more. The artists and crafters represented at the Holiday Market each year donate all of their time and materials. The money raised allows the ARS to purchase items for Sacred Heart, such as some of the books we use at Mass every week. Thanks for supporting this great cause!

Thanksgiving Baskets

Sacred Heart is again collecting traditional Thanksgiving food to create baskets for families in need. Please see our website for details and a list of needed nonperishable items. We'll collect food from now until November 20, and bins may be found in the church, parish office, and preschool. If you are able to donate a turkey, please call Pat Katka at 619.222.9648. Thanks for your food donation, and thanks to all who give their time to prepare and distribute baskets every year!

Save the Date: Christmas at Sacred Heart

Sunday, December 6 | 11 am
Sacred Heart Hall and Courtyard

A huge hit last year, Christmas at Sacred Heart will return for a second year on Sunday, December 6, after the 10 am Mass. You won't want to miss it! Enjoy lunch, hot cocoa, home-made cookies, mimosas, Christmas crafts, face-painting, game booths, and a sing-along. The event will conclude with a festive Peninsula Singers holiday concert at 1 pm in the church. Christmas at Sacred Heart is free and appropriate for all ages.



Community Dinner

Tuesday, November 10 | 5–6 pm
Sacred Heart Church Hall

Our next community dinner will be served in the hall on Tuesday, November 10, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated. Please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.



QUESTIONS? PLEASE CONTACT OCEANA FREE AT DROCEANA FREE@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACC @GMAIL. COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.

Interfaith Shelter Opportunity

Week of February 20-27
St. Peter's by the Sea

The Interfaith Shelter Network is a local nonprofit, formed in 1986, when a group of churches organized together to shelter their unhoused neighbors throughout the winter months. Today, it includes churches throughout San Diego. St. Peter's by the Sea Lutheran Church, just down the road from us, is one of the host churches. This year they will host 10-15 people, including families living in their cars, for four weeks. They are asking for our help during their final week: February 20-27. Can you serve as a dinner host from 5-7 pm by sharing a dinner you've prepared? Are you able to step in as an overnight host to help ensure safety?

PLEASE CONTACT THE PARISH OFFICE AT 619.224.2746 OR PARISHOFFICE@SACRED HEARTOB.ORG IF YOU CAN HELP.

Coffee at the Cottage

Tuesday, November 10 | 8:30 am
Corner Cottage

The Altar & Rosary Society invites us all to Coffee at the Cottage this Tuesday, at 8:30 am, in the Corner Cottage. Come and enjoy coffee, treats, and friendships new and old.

Sacred Heart Book Club

Friday, November 20 | 11 am
Sacred Heart Rectory

The Sacred Heart Book Club will meet on November 20, at 11 am, to discuss their November book selection: "Receiving Jesus--The Way of Love," by Mariann Edgar Budde. The book explores how we can know and love Jesus more deeply. New members are always welcome!



GIVING

Remember Your Church by Using Online Giving

Go to our secure online giving site:

SACREDHEARTOB.ORG

Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Wis 6:12-16/Ps 63:2, 3-4, 5-6, 7-8/1 Thes 4:13-18 or 4:13-14/Mt 25:1-13

Monday

Ez 47:1-2, 8-9, 12/Ps 46:2-3, 5-6, 8-9/1 Cor 3:9c-11, 16-17/Jn 2:13-22

Tuesday

Ti 2:1-8, 11-14/Ps 37:3-4, 18 and 23, 27 and 29/Lk 17:7-10

Wednesday

Ti 3:1-7/Ps 23:1b-3a, 3bc-4, 5, 6/Lk 17:11-19

Thursday

Phlm 7-20/Ps 146:7, 8-9a, 9bc-10/Lk 17:20-25

Friday

2 Jn 4-9/Ps 119:1, 2, 10, 11, 17, 18/Lk 17:26-37

Saturday

3 Jn 5-8/Ps 112:1-2, 3-4, 5-6/Lk 18: 1-8



Reflection on the Readings

During this time of year, with the encroaching darkness of winter approaching, one can easily imagine how important oil lamps were in the days before electricity. All of the wedding attendants may have been prepared at first, but when the bridegroom became so long delayed that they all fell asleep, half had found themselves in the dark. When Matthew wrote his Gospel, forty years or more after the Resurrection, early Christians saw the second coming as long delayed as well. In fact, reading between the lines of Paul's letter to the Thessalonians, it appears he was trying to address their waning hope that those who had already died would be remembered in the resurrection. We cannot know the day nor the hour; all we can do is be prepared always.

How do we prepare? We live our lives as Jesus taught us. We love God and love our neighbor. We strive to see Christ in the least of our brothers and sisters. We serve them in their need, realizing we are serving the Lord. We repent of our sins, realizing the kingdom is at hand. We give what we have to the poor and follow Jesus. We proclaim the gospel through our words and actions. We receive the Lord in the Eucharist, who nourishes us and sustains us on our journey. We remain steadfast in our faith and our hope that we will be found worthy of entering the kingdom.

"Receive the light of Christ." We may not remember it, but when we were baptized the priest or deacon said these words as a candle was presented to the parents and godparents. This was a symbol that the newly-baptized member of the Church would always walk in the light of Christ. This candle was to be kept burning, figuratively, in our hearts all our lives. In order to sustain that flame, in order to keep our candles lit as the wise virgins kept their lamps lit, we need fuel. May our participation in the Sunday Eucharist provide us fuel for our faith

Pastoral Patterns | November 8, 2026

Recognizing Our Military

LCDR Jesse Ray Doiron, USN
LTJG Sutter Grune, USN
USS Howard (DDG 83) Sailors
Capt. Silas Huff, U.S. Army
USS Minnesota (SSN 783) Crew
Company 27 USNA Class of 2026
Company S1 Texas A&M Corps of Cadets
Company 2D Cal Poly Maritime Academy

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

Sacred Heart Church Chapel
Behind the Altar | 9 am–7 pm

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Need Prayers?

Submit your prayer request to www.bit.ly/ineedprayers. Sacred Heart Prayer Warriors are ready to pray for you!

Mass Intentions

Saturday, November 7
4:30 pm | All Souls Novena †

Sunday, November 8
8 am | Mass for Parishioners
10 am | All Souls Novena †
5 pm | Sue Munz †

Monday, November 9
8 am | All Souls Novena †

Tuesday, November 10
8 am | All Souls Novena †

Wednesday, November 11
8 am | Gloria Soares †

Thursday, November 12
8 am | Maria da Luz

Friday, November 13
8 am | Manuel T. Garces and Manuel Garces †

Saturday, November 14
4:30 pm | Dr. Louie Linarelli †

Sunday, November 15
8 am | Adeline Madruga
10 am | Mass for Parishioners
5 pm | George and Lorena Hornby †

Our Lady of Lourdes Home Visit



Sacred Heart's twelve-inch statue of Our Lady of Lourdes is available for private prayer devotion in your home for up to 2 weeks.

PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Daphinne Accomazzo
Michael Brown
Christine Champ
Norma Evans
Maria Gaven
Don Gossard
Kathy Grady
Della Greenwell
Manuella Guasti
Fr. Ron Hebert
Yvette Howard
Fr. Tom Kiely
Ryan Lenyk
Kristin Maringola
St. James Paolo
Mikael Peters
Finn Renard
Margaret Schweizer
Jean Skoblar
Gregg Sprosty
Gary Turton
Philip Varner
Joey Wheeler
Betty White

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND MAY BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746 OR PARISHOFFICE@SACREDHEARTOB.ORG.

PARISH TEAM

EDITED 07.12.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
4776 Saratoga Avenue
619.224.2746

BAPTISMS
Contact Deacon Mark Wieczorek before scheduling a date with friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE
Contact Rev. Billy Zondler as you begin your wedding planning.
619.224.2746

FUNERALS
Contact Janice Teixeira
619.246.4955

APPOINTMENTS
619.224.2746

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Contact the parish office to enroll your child in the next training.
619.224.2746

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PRO-LIFE AND YOUNG FAMILIES
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parishoffice@sacredheartob.org

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June Sprosty
Submit your prayer request to www.bit.ly/ineedprayers

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teixeira@cox.net

SMALL CHURCH COMMUNITIES
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religioused@sacredheartob.org

WALL OF REMEMBRANCE
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teixeira@cox.net

YOUNG ADULTS
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PRESCHOOL

SACRED HEART ACADEMY
Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

SAFE ENVIRONMENTS

Safe Environments are Important. The Diocese of San Diego and Sacred Heart of Ocean Beach are committed to preventing sexual abuse and to maintaining a safe environment for children and young people. To report suspected sexual misconduct or sexual abuse within our institutions and ministries, please contact Child and Youth Protection victim assistance coordinator, Mary Acosta, at misconduct@sdcatholic.org or 858.490.8353.

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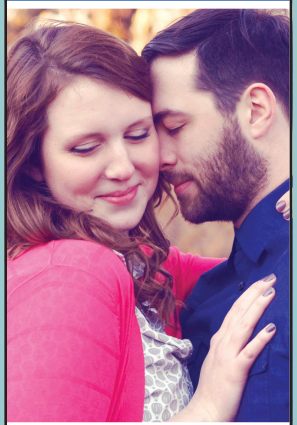
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