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THE HEART

A PARISH BUILT ON LOVE | OCTOBER 18, 2026 | TWENTY-NINTH SUNDAY IN ORDINARY TIME

WEEKDAY MASS
Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS
Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION
Monday | 7:30–7:55 am
Note: No Confession on Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY
Chaplet: After Daily Mass

ADORATION IN CHAPEL
9 am–7 pm

OUR MISSION
To embrace the boundless love of Jesus through the work of our hands and the celebration of the Eucharist

LOVE·SERVE·CELEBRATE

SACRED HEART CHURCH
OCEAN BEACH

SINCE 1911



LPi

NEWS+EVENTS

Paws-ing to Celebrate St. Francis' Feast Day







Gratitude for Our Ministry Leaders

Sacred Heart is blessed to have many ministries and many dedicated volunteers who lead them with care, compassion, love, and joy. Fr. Billy and the Re-Imagining Parish Life and Leadership team honored them recently with a retreat at the beautiful Mission San Diego de Alcalá, the first of the 21 Catholic missions in California. Retreat leader Dr. Maureen Day, author, speaker, researcher, and theology instructor, reminded us that "Christian love breaks down every barrier...works miracles, and knows no limits" (Dilexi Te). "Leading," she said, "allows us deeper participation and growth in holiness." Beautiful messages and a beautiful day! Thanks, ministry leaders, for all that you do for the Sacred Heart community!



World Mission Sunday



This Sunday is World Mission Sunday, a day when Catholics around the globe unite in prayer and generosity for the Church's missionary work. 2026 marks the 100th anniversary of World Mission Sunday, established by Pope Pius XI in 1926. This year's theme, "One in Christ," chosen by Pope Leo XIV, invites us to rediscover the profound unity we share in Christ through baptism and our missionary vocation to bring all into communion with God and ourselves. He reminds us, "Every gift, no matter how small, becomes a meaningful act of missionary communion." Pope Leo, as we all now know, spent many years as a missionary in Peru. On Mission Sunday and throughout the year, let us remember to pray for all those, like Pope Leo, who have left their homes and countries to bring the light of the Gospel to all people.



Save the Date: Christmas at Sacred Heart

Sunday, December 6 | 11 am
Sacred Heart Hall and Courtyard

A huge hit last year, Christmas at Sacred Heart will return for a second year on Sunday, December 6, after the 10 am Mass. You won't want to miss it! Enjoy lunch, hot cocoa, home-made cookies, mimosas, Christmas crafts, face-painting, game booths, and a sing-along. The event will conclude with a festive Peninsula Singers holiday concert at 1 pm in the church. Christmas at Sacred Heart is free and appropriate for all ages.

Community Dinner

Tuesday, October 27 | 5–6 pm
Sacred Heart Church Hall

Our next community dinner will be served in the hall on Tuesday, October 27, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated. Please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.



IF YOU HAVE QUESTIONS, PLEASE CONTACT OCEANA FREE AT DROCEANA FREE@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACC@GMAIL. COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.

In Memoriam

Sacred Heart mourns the loss of long-time parishioner Fred Crowe, who passed away last week. A Funeral Mass is being planned for January 16. Please keep Fred and his family in your prayers, and may angels lead him to Paradise.

All Souls Mass and Día de los Muertos

Monday, November 2 | 6 pm
Sacred Heart Church and Courtyard



Mark your calendar for one of our newest special traditions: All Souls Day Mass and Día de los Muertos celebration on Monday, November 2. Mass begins at 6 pm and will be followed by a candlelight procession, from the church to the courtyard, to honor parishioners who died this past year. There we will celebrate our fourth annual Día de los Muertos event. This beautiful tradition of remembrance and love is free and open to all. You are invited to bring a photo of your beloved departed to display on our colorful community altar as we celebrate their memory together. The evening, offered by parishioners Rosamaria Acuña, Janice Teixeira, and Margarita Tryka, includes a traditional dinner, live mariachi music, and folkloric dancing.



GIVING

Remember Your Church by Using Online Giving

Go to our secure online giving site:

SACREDHEARTOB.ORG

Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Is 45:1, 4-6/Ps 96:1 and 3, 4-5, 7-8, 9-10/1 Thes 1:1-5b/Mt 22:15-21

Monday

Eph 2:1-10/Ps 100:1b-2, 3, 4ab, 4c-5/Lk 12:13-21

Tuesday

Eph 2:12-22/Ps 85:9ab-10, 11-12, 13-14/Lk 12:35-38

Wednesday

Eph 3:2-12/Is 12:2-3, 4bcd, 5-6/Lk 12:39-48

Thursday

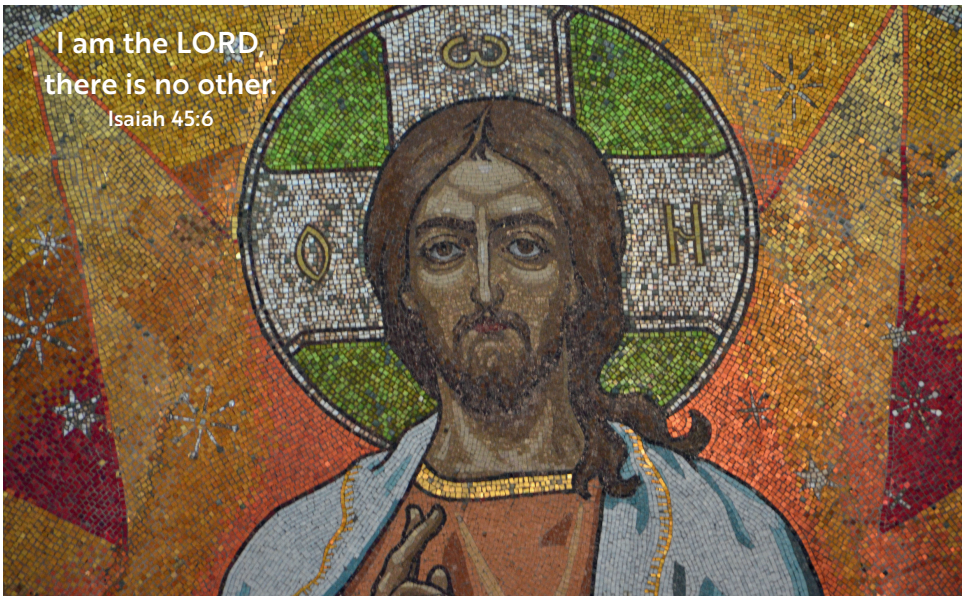
Eph 3:14-21/Ps 33:1-2, 4-5, 11-12, 18-19/Lk 12:49-53

Friday

Eph 4:1-6/Ps 24:1-2, 3-4ab, 5-6/Lk 12:54-59

Saturday

Eph 4:7-16/Ps 122:1-2, 3-4ab, 4cd-5/Lk 13:1-9



Reflection on the Readings

Cyrus was the pagan king of Persia, but when he conquered Babylon, he permitted the Jewish people to return to their homeland and worship God as they desired. For this reason, Isaiah speaks of Cyrus as having been anointed by God. He insists that God was the power behind the pagan king's success, arming him, making him king, and leading him to victory over Babylon, all without him realizing it. In a similar way, Paul explains to the Thessalonians that the gospel did not come to them only by what he, Silvanus, and Timothy told them, "but also in power and in the Holy Spirit" (1 Thessalonians 1:5). What we cannot see or hear can be even more powerful than what we can sense. Let us recognize the effect of the Holy Spirit, whom we received in baptism and confirmation, in our own lives and the lives of others.

The Roman coin makes the "repay to Caesar what belongs to Caesar" half of this lesson easy to remember (Matthew 22:21). But sometimes we overlook the "[repay] to God what belongs to God" half (22:21). We owe our very lives to God. Created in God's image, given breath and life by our creator, we have been baptized in Christ Jesus and confirmed in the Holy Spirit, chosen as disciples to live out the gospel throughout the course of our lives. We bear the image of God. We are called to repay God with our whole selves.

How often do we get frustrated shopping for a gift, throw up our hands, and say: What do you get someone who has everything? Well, what if that someone is God? What can we give God, who has everything and has already given us everything we have? We give God thanks and praise, of course, through prayer and worship. But because all people are God's children, we can also give to those in need from the gifts we have received. Just as we might give gifts to the children in our lives, we can also give gifts to God's children.

PRAYERS

Recognizing Our Military

LCDR Jesse Ray Doiron, USN
LTJG Sutter Grune, USN
USS Howard (DDG 83) Sailors
Capt. Silas Huff, U.S. Army
USS Minnesota (SSN 783) Crew
Company 27 USNA Class of 2026
Company S1 Texas A&M Corps of Cadets
Company 2D Cal Poly Maritime Academy

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

Sacred Heart Church Chapel
Behind the Altar | 9 am–7 pm

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, October 17
4:30 pm | Dick Doherty †

Sunday, October 18
8 am | Maria and Manuel Oliveira †
10 am | Mass for Parishioners
5 pm | William J. Bartee, Jr. †

Monday, October 19
8 am | Gina Lambusta

Tuesday, October 20
8 am | Armando Padilla †

Wednesday, October 21
8 am | Joao Correia †

Thursday, October 22
8 am | Finn Renard

Friday, October 23
8 am | John Pavlovich and Mirko Pavlovich †

Saturday, October 24
4:30 pm | Neal Maura †

Sunday, October 25
8 am | Colleen Corless †
10 am | Bill and Lisé Zondler
5 pm | Mass for Parishioners

Our Lady of Lourdes Home Visits



Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.

PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG OR CALL 619.224.2746 TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Daphinne Accomazzo
Michael Brown
Christine Champ
Norma Evans
Maria Gaven
Don Gossard
Kathy Grady
Della Greenwell
Manuella Guasti
Fr. Ron Hebert
Yvette Howard
Fr. Tom Kiely
Ryan Lenyk
St. James Paolo
Mikael Peters
Finn Renard
Margaret Schweizer
Jean Skoblar
Gregg Sprosty
Gary Turton
Tate Van Lopik
Philip Varner
Joey Wheeler
Betty White
Leslie Williams

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND MAY BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746 OR PARISHOFFICE@SACREDHEARTOB.ORG.

PARISH TEAM

EDITED 07.12.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
4776 Saratoga Avenue
619.224.2746

BAPTISMS
Contact Deacon Mark Wieczorek before scheduling a date with friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE
Contact Rev. Billy Zondler as you begin your wedding planning.
619.224.2746

FUNERALS
Contact Janice Teixeira
619.246.4955

APPOINTMENTS
619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor
619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR
hello@fadaochigbo.com

Rev. Mr. Mark Wieczorek, Deacon
deaconmark@sacredheartob.org

Lisa Danaher
Office Manager
619.224.2746 x101
parishoffice@sacredheartob.org

Karen Martinez
Bookkeeper
619.224.2746 x103
bookkeeper@sacredheartob.org

Stephen Williams
Director of Catechetical Ministry
619.224.2746 x102
religioused@sacredheartob.org

PARISH STAFF

Natalie Culbertson
Youth Minister
619.224.2746 x106
youthminister@sacredheartob.org

Janis Cantú
Music Director
619.253.0391
musicdirector@sacredheartob.org

PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY
Therese Flaningam
619.886.8337
tireneflan@yahoo.com

ALTAR SERVERS
Contact the parish office to enroll your child in the next training.
619.224.2746

BEREAVEMENT MINISTRY
Janice Teixeira
619.246.4955
teixeira@cox.net

CARE OF THE WHOLE PERSON
Janice Teixeira
619.246.4955
teixeira@cox.net

COMMUNITY DINNERS
Oceana Free (Volunteers)
droceanafree@gmail.com
Cheryl Accomazzo (Food Service)
cherylacco@gmail.com

CREATION CARE
Mary Cairns
619.223.8859
mmacairns@verizon.net

FINANCE COUNCIL
Mary Nauert
619.224.2746

HOSPITALITY MINISTRY
Sheila Ragan
619.504.7597
sheila@oceanpointfinancial.com

PARISH MINISTRIES

KNIGHTS OF COLUMBUS
Gregg Sprosty
koc.plc.3947@gmail.com

LOAVES & FISHES
Pat Katka
619.222.9648

MINISTERS OF HOLY COMMUNION AND THE WORD
Teofla Rich
619.758.0943
garich@cox.net

MINISTRY SCHEDULER
Kate McKenzie
619.224.2746
ministryscheduler@sacredheartob.org

MINISTRY TO THE HOMEBOUND
Janice Teixeira
619.246.4955
teixeira@cox.net

MUSIC MINISTRY
Janis Cantú
619.253.0391
musicdirector@sacredheartob.org

OCIA: BECOMING CATHOLIC
Stephen Williams
619.224.2746 x102
religioused@sacredheartob.org

PASTORAL COUNCIL
Kate McKenzie
619.224.2746
ministryscheduler@sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES
619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY
June Sprosty
Submit your prayer request to www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES
Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES
Stephen Williams
619.224.2746 x102
religioused@sacredheartob.org

WALL OF REMEMBRANCE
Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS
religioused@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY
Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

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Safe Environments are Important. The Diocese of San Diego and Sacred Heart of Ocean Beach are committed to preventing sexual abuse and to maintaining a safe environment for children and young people. To report suspected sexual misconduct or sexual abuse within our institutions and ministries, please contact Child and Youth Protection victim assistance coordinator, Mary Acosta, at misconduct@sdcatholic.org or 858.490.8353.

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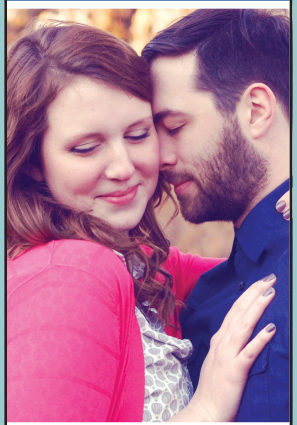
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