

THE HEART

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A PARISH BUILT ON LOVE | SEPTEMBER 27, 2026 | TWENTY-SIXTH SUNDAY IN ORDINARY TIME

WEEKDAY MASS

Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS

Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION

Monday | 7:30–7:55 am
Note: No Confession on
Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY

Chaplet: After Daily Mass

ADORATION IN CHAPEL

9 am–7 pm

OUR MISSION

To embrace the boundless
love of Jesus through the
work of our hands and the
celebration of the Eucharist

LOVE • SERVE • CELEBRATE



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HEART
CHURCH**
OCEAN BEACH

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NEWS+EVENTS

Feast of St. Francis and Blessing of the Animals Next Sunday

Sunday, October 4 | 1 pm
Sacred Heart Church Courtyard



This year marks the 800th anniversary of the death of St. Francis, and we'll honor him once again with a Feast of St. Francis service and Blessing of the Animals. Join our Sacred Heart community at 1 pm in the courtyard on Sunday, October 4, with your pet, leashed or in a carrier.

Guadalupe 2031

Saturday, October 10 | 9:30 am
Cathedral Catholic High School
Gymnasium

Our diocesan five-year journey towards the 500th anniversary of the apparition of Our Lady of Guadalupe begins on Saturday, October 10, 2026, at the Cathedral Catholic High School gymnasium, from 9:30 am-2 pm. There will be a procession with the Tilma Relic, prayer service, rosary, live Mariachi, and festival. All are welcome!

FOR MORE INFORMATION, VISIT
WWW.SDCATHOLIC.ORG/GUADALUPE2031
OR EMAIL
GUADALUPE2031@SDCATHOLIC.ORG

In Memoriam

The memorial service for long-time parishioner Pat Schmitt will be celebrated this Tuesday, September 29, at 10:00 am here at Sacred Heart. Pat and her husband Deacon Giles Schmitt were dedicated parishioners who contributed much to our community. May angels lead Pat to Paradise. Following the Mass, there will be a light reception in the hall.

Senior Mass and Luncheon

Friday, October 2 | 11:30 am
Sacred Heart Church and Hall

Sacred Heart's Senior Masses and Luncheons resume this Friday. Come to Senior Mass at 11:30, then enjoy an autumn-themed luncheon including barbecued chicken, salad, beans, and dessert at noon.

**PLEASE CALL CAROLE SANDERS AT
629.225.2239 TO MAKE A RESERVATION.**

**OCT
10
2026**
9:30AM - 2:00PM

All are Welcome to an Encounter with Our Lady of

Guadalupe

Join Bishop Michael Pham and Auxiliary Bishop Felipe Pulido

Tilma Relic Procession | Prayer Service | Holy Rosary | Live Mariachi

**DIocese OF
SAN DIEGO** Cathedral Catholic High School
5555 Del Mar Heights Rd, San Diego, CA 92130

For more information
 guadalupe2031@sdccatholic.org



Young Adult Bible Brunch This Weekend

Sunday, September 27 | 11 am
Corner Cottage



Attention young adults ages 18–39! Come be part of Bible Brunch, a welcoming space to grow in faith and community. Enjoy homemade bagels, cinnamon rolls, and other dishes, reflect on Fr. Billy's homily, and connect through fun conversation and fellowship. The group meets this Sunday, September 27, in the Corner Cottage after the 10 AM Mass.

Community Dinner

Tuesday, October 6 | 5–6 pm
Sacred Heart Church Hall

Our next community dinner will be served in the hall on Tuesday, October 6, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated. Please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.



IF YOU HAVE QUESTIONS, PLEASE CONTACT OCEANA FREE AT DROCEANA FREE@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACC@GMAIL.COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.

You Count!

Every October, the Diocese of San Diego asks for a parishioner count at each of the month's weekend Masses. Many thanks to our Sacred Heart ushers and ministers of hospitality for your help!

Pancake Breakfast Next Weekend: Kids Eat Free!

Sunday, October 4 | After 8 & 10 Mass
Sacred Heart Hall



Knights of Columbus breakfasts are always a hit, and next week breakfast is free for all children. Join the Knights and your fellow parishioners next Sunday, after 8 am or 10 am Mass for breakfast and fellowship.

Sarah Kroger and Matt Maher Concert at St. Brigid's

Thursday, October 15 | 7 pm
St. Brigid Parish, Pacific Beach



St. Brigid Parish invites us and neighboring parishes to a special concert featuring Sarah Kroger and Matt Maher on Thursday, October 15.

FOR MORE INFORMATION ON THIS EVENING OF MUSIC, PRAYER, AND WORSHIP, USE THE QR CODE ABOVE OR VISIT ITICKETS.COM EVENTS/486797.

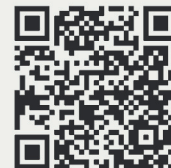


GIVING

Remember Your Church by Using Online Giving

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SACREDHEARTOB.ORG



Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT [HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH](https://careasy.org/sacred-heart-of-ocean-beach) OR CALL 855.500.7433

MEDITATIONS

Gospel Meditation Matthew 21:28-32



Readings for the Week

Sunday

Ez 18:25-28/Ps 25:4-5, 6-7, 8-9/Phil
2:1-11 or 2:1-5/Mt 21:28-32

Monday

Jb 1:6-22/Ps 17:1bcd, 2-3, 6-7/Lk
9:46-50

Tuesday

Dn 7:9-10, 13-14 or Rv 12:7-12ab/Ps
138:1-2ab, 2cde-3, 4-5/Jn 1:47-51

Wednesday

Jb 9:1-12, 14-16/Ps 88:10bc-11, 12-13,
14-15/Lk 9:57-62

Thursday

Jb 19:21-27/Ps 27:7-8a, 8b-9abc, 13-
14/Lk 10:1-12

Friday

Jb 38:1, 12-21; 40:3-5/Ps 139:1-3, 7-8,
9-10, 13-14ab/Mt 18:1-5, 10

Saturday

Jb 42:1-3, 5-6, 12-17/Ps 119:66, 71, 75,
91, 125, 130/Lk 10:17-24

This Sunday, Jesus tells a short, uncomfortable story. A father asks two sons to go work in the vineyard. One says no, but later goes. The other says yes, but never shows up. It is a parable so simple, we almost miss how sharp it is. Jesus is clear about who it is for. This is not aimed at pagans or outsiders. It is aimed squarely at religious people, people who know the right words and sound obedient.

Jesus is not condemning unbelief so much as disobedience. The polite hypocrisy that says the right things while quietly resisting the Father's will. St. John Chrysostom put it bluntly, "Not words, but deeds, are what God requires. Nothing so exasperates Him as insincere obedience, while nothing so delights Him as repentance."

Every disciple must face that mirror. Do I publicly profess faith in Christ while privately resisting what He asks of me? It is easy to say, I believe in

God in my heart. But if faith never becomes action, it slowly becomes an illusion.

Jesus does not expose hypocrisy to shame us. He reveals it to heal us. He wants our hearts and our deeds to speak the same word, to let our yes truly mean yes. Like the second son who initially refused but afterwards changed his mind and went, Jesus invites us to step into the Father's will, however late, however imperfectly.

Challenge: Where are your public faith and private obedience divided? Where do you say, I will go, but never enter the vineyard? Go, get to work, even if it is late. The Father's vineyard is still open.

— Father John Muir

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PRAYERS

5

Recognizing Our Military

LCDR Jesse Ray Doiron, USN
 LTJG Sutter Grune, USN
 USS Howard (DDG 83) Sailors
 Capt. Silas Huff, U.S. Army
 USS Minnesota (SSN 783) Crew
 Company 27 USNA Class of 2026
 Company S1 Texas A&M Corps of Cadets
 Company 2D Cal Poly Maritime Academy

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

**Sacred Heart Church Chapel
 Behind the Altar | 9 am–7 pm**

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, September 26

4:30 pm | Deacon Bob and Trudy Mulligan †

Sunday, September 27

8 am | Howard and Azevedo Families †
 10 am | Patricia Aylesworth †
 5 pm | Mass for Parishioners

Monday, September 28

8 am | Agostinho Mauricio †

Tuesday, September 29

8 am | Todd Parmigiani †

Wednesday, September 30

8 am |

Thursday, October 1

8 am |

Friday, October 2

8 am | Monica Hilgeman
 11:30 am | Pat Schmitt †

Saturday, October 3

4:30 pm | Mass for Parishioners

Sunday, October 4

8 am | Olga and Manuel Soares †
 10 am | Pamela DeVoe †
 5 pm | George and Lorena Hornby †

Our Lady of Lourdes Home Visits

Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.



PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG OR CALL 619.224.2746 TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Daphinne Accomazzo
 Michael Brown
 Christy Champ
 Norma Evans
 Maria Gaven
 Don Gossard
 Kathy Grady
 Della Greenwell
 Manuella Guasti
 Fr. Ron Hebert
 Yvette Howard
 Fr. Tom Kiely
 Ryan Lenyk
 Mikael Peters
 Finn Renard
 Margaret Schweizer
 Jean Skoblar
 Gregg Sprosty
 Gary Turton
 Tate Van Lopik
 Philip Varner
 Joey Wheeler
 Betty White
 Leslie Williams

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND MAY BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746 OR PARISHOFFICE@SACREDHEARTOB.ORG.

PARISH TEAM

EDITED 07.12.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
4776 Saratoga Avenue
619.224.2746

BAPTISMS

Contact Deacon Mark Wieczorek
before scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
as you begin your wedding
planning.
619.224.2746

FUNERALS

Contact Janice Teixeira
619.246.4955

APPOINTMENTS

619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor
619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR
In Residence

Rev. Mr. Mark Wieczorek, Deacon
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Lisa Danaher
Office Manager
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Bookkeeper
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Stephen Williams
Director of Catechetical Ministry
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Janis Cantú
Music Director
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musicdirector@sacredheartob.org

PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY

Therese Flaningam
619.886.8337
tireneflan@yahoo.com

ALTAR SERVERS

Contact the parish office to
enroll your child in the next
training.
619.224.2746

BEREAVEMENT MINISTRY

Janice Teixeira
619.246.4955
teixeira@cox.net

CARE OF THE WHOLE PERSON

Janice Teixeira
619.246.4955
teixeira@cox.net

COMMUNITY DINNERS

Oceana Free (Volunteers)
droceanafree@gmail.com
Cheryl Accomazzo (Food Service)
cherylacocz@gmail.com

CREATION CARE

Mary Cairns
619.223.8859
mmacairns@verizon.net

FINANCE COUNCIL

Mary Nauert
619.224.2746

HOSPITALITY MINISTRY

Sheila Ragan
619.504.7597
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PARISH MINISTRIES

KNIGHTS OF COLUMBUS

Gregg Sprosty
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LOAVES & FISHES

Pat Katka
619.222.9648

MINISTERS OF HOLY COMMUNION AND THE WORD

Teofla Rich
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MINISTRY SCHEDULER

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sacredheartob.org

MINISTRY TO THE HOMEBOUND

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MUSIC MINISTRY

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OCIA: BECOMING CATHOLIC

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sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES

619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY

June Sprosty
Submit your prayer request to
www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES

Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES

Stephen Williams
619.224.2746 x102
religiously@sacredheartob.org

WALL OF REMEMBRANCE

Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS

religiously@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY

Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

SAFE ENVIRONMENTS

Safe Environments are Important. The Diocese of San Diego and Sacred Heart of Ocean Beach are committed to preventing sexual abuse and to maintaining a safe environment for children and young people. To report suspected sexual misconduct or sexual abuse within our institutions and ministries, please contact Child and Youth Protection victim assistance coordinator, Mary Acosta, at misconduct@sd catholic.org or 858.490.8353.

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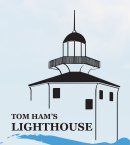
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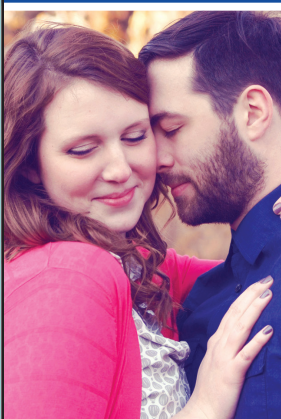
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