

THE HEART

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A PARISH BUILT ON LOVE | SEPTEMBER 13, 2026 | TWENTY-FOURTH SUNDAY IN ORDINARY TIME

WEEKDAY MASS

Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS

Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION

Monday | 7:30–7:55 am
Note: No Confession on
Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY

Chaplet: After Daily Mass

ADORATION IN CHAPEL

9 am–7 pm

OUR MISSION

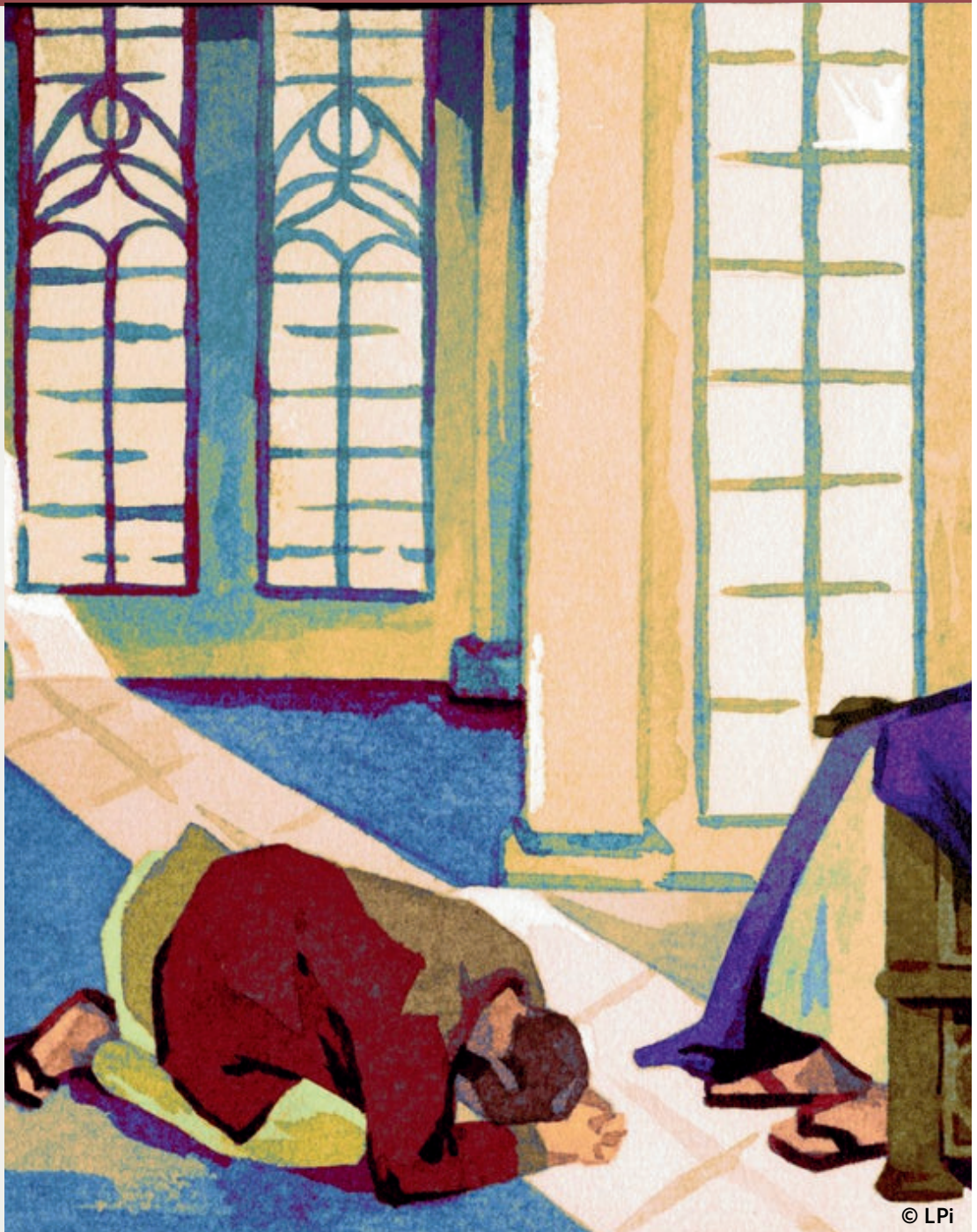
To embrace the boundless
love of Jesus through the
work of our hands and the
celebration of the Eucharist

LOVE • SERVE • CELEBRATE



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NEWS+EVENTS



OKTOBERFEST

\$15 BRATWURST DINNER – MUSIC
\$5 FR. BILLY BREW – BEER – WINE

SEPTEMBER 26, 2026

5:30 PM

SACRED HEART HALL & COURTYARD

 **USE THE QR CODE TO MAKE AN
ONLINE PAYMENT. PAY BY CASH OR
CHECK IN THE PARISH OFFICE.** 

Mass for Suicide Healing and Remembrance

Saturday, September 26 | 4:30 pm
St. Therese of Carmel
4355 Del Mar Trails Rd., San Diego

A Mass for Suicide Healing and Remembrance will be offered by Auxiliary Bishop Felipe Pulido, on Saturday, September 26 at 4:30 pm, for loved ones lost to suicide and healing for those who grieve their passing.

**CONTACT JOHN PRUST, DIOCESAN
DIRECTOR OF FAMILY LIFE AND
SPIRITUALITY, AT JPRUST@SDCATHOLIC.ORG
FOR MORE INFORMATION.**

Mark Your Calendar: Feast of St. Francis and Blessing of the Animals

Sunday, October 4 | 1 pm
Sacred Heart Church Courtyard

This year marks the 800th anniversary of the death of St. Francis, and we'll honor him once again with a Feast of St. Francis service and Blessing of the Animals. Join our Sacred Heart community at 1 pm in the courtyard on Sunday, October 4, with your pet, leashed or in a carrier. All are welcome!

Have You Purchased Your Oktoberfest Tickets Yet?

Not one, but TWO Fr. Billy Brews are in the works, dinner is planned, and the accordionist is ready to go! It's time to dust off those lederhosen and get ready to raise a stein at Sacred Heart's Oktoberfest 2026 on Saturday, September 26, at 5:30 pm. Your \$15 ticket includes a dinner of bratwurst, potatoes, salad and lemonade. Wine, beer, and Fr. Billy's special 2026 brews will be offered at \$5 a glass. Use the QR code on the flyer, left, or pay by cash or check in the parish office. You won't want to miss this one! Prost!

Religious Education Classes Begin

Sacred Heart's Religious Education Programs for children, teens, and adults begin this week. If you haven't registered yet but plan to, please use the QR codes below to register. The program for children includes First Holy Communion preparation. Teen religious education includes preparation for Confirmation. Adults wishing to join our OCIA: Becoming Catholic classes should reach out to Stephen Williams directly.



**REGISTER YOUR GRADE
K-5 CHILD FOR
CHILDREN'S RELIGIOUS
EDUCATION CLASSES.**



**REGISTER YOUR TEEN
FOR CONFIRMATION
CLASSES.**



Book Club Choice for September Announced

Friday, September 18 | 11 am
Sacred Heart Church Rectory

Sacred Heart's Book Club has selected Edward Sri's "When You Pray: A Clear Path to a Deeper Relationship with God" for its Friday, September 18 discussion in the Rectory. "When You Pray" seeks to help us pray as the saints have prayed. The group always welcomes new members! If you are eager to discover some great books and get to know some new parishioners, please consider joining them.

CONTACT CINDY KRAUSE AT KRAUSE67@GMAIL.COM WITH QUESTIONS.

Community Dinner

Tuesday, September 22 | 5–6 pm
Sacred Heart Church Hall

Our next community dinner will be served in the hall on Tuesday, September 22, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated. Please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.

IF YOU HAVE QUESTIONS, PLEASE CONTACT OCEANA FREE AT DROCEANAFREE@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACC@GMAIL.COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.



A Special Message from Bishop Michael Pham



I am broadly inviting all people of faith in the Diocese to join us in a religious procession on **Sunday, September 27, World Day of Migrants and Refugees, at 2 pm at 6th Ave. and Laurel St. in Balboa Park.** I hope you will join me, my brother priests, deacons, Bishop Pulido, and multi-faith leaders as together we stand up for human dignity.

As shepherd of this Diocese here at the border, I have been feeling an increased urgency to call people of faith around values that unite us: all human beings are sacred, no matter where we are born, or where we now live. Too often we let politics divide us and take away our faith-inspired values and our voice. I invite you to walk with me behind a banner that will state something we all know to be true: "All are Sacred."

What would it be like to have 20,000 people of faith all standing and praying with and for our immigrant brothers and sisters? I hope you will mark your calendars for September 27 at 2 pm, and you will inspire people to join you.

-Bishop Michael Pham

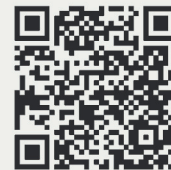


GIVING

Remember Your Church by Using Online Giving

Go to our secure online giving site:

SACREDHEARTOB.ORG



Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT [HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH](https://careasy.org/sacred-heart-of-ocean-beach) OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Sir 27:30-28:7/Ps 103:1-2, 3-4, 9-10, 11-12/Rom 14:7-9/Mt 18:21-35

Monday

Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38/Phil 2:6-11/Jn 3:13-17

Tuesday

1 Cor 12:12-14, 27-31a/Ps 100:1b-2, 3, 4, 5/Jn 19:25-27 or Lk 2:33-35

Wednesday

1 Cor 12:31-13:13/Ps 33:2-3, 4-5, 12 and 22/Lk 7:31-35

Thursday

1 Cor 15:1-11/Ps 118:1b-2, 16ab-17, 28/Lk 7:36-50

Friday

1 Cor 15:12-20/Ps 17:1bcd, 6-7, 8b and 15/Lk 8:1-3

Saturday

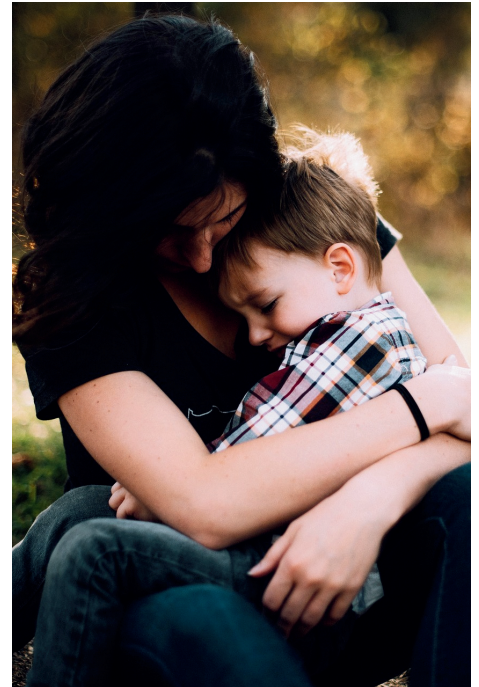
1 Cor 15:35-37, 42-49/Ps 56:10c-12, 13-14/Lk 8:4-15

Reflection on the Readings

In a way, today's Gospel is a logical extension of the golden rule. Earlier, Jesus taught his disciples, "Do to others whatever you would have them do to you" (Matthew 7:12). Today's parable teaches them: Forgive others as you would have them forgive you. He closes with the kicker: God will forgive you as you forgive others. None of us is sinless. None of us always does the right thing. None of us is proud of our weakest moment. Yes, we may be in the right in whatever case is leading to our resentment or anger. But if we don't forgive the person who injured us, we can't expect forgiveness from God, let alone a neighbor we ourselves have wronged.

It is one thing to forgive a minor slight, but forgiving a terrible crime is tremendously difficult. Life in prison without parole and the death penalty are consequences applied in our country to punish those found guilty of a terrible crime. Many people would say that they deserve it. As justified as we may feel in applying these sentences, both Jesus and Sirach invite us to live in a world where even the worst violence can be forgiven. Neither promises it to be easy, but it does release the burden of leaving wrath and anger to fester in our hearts.

The king in Jesus' parable is so extravagant with his mercy that he doesn't just allow the servant to delay repayment of his debt, he forgives the debt altogether. Like the father of the prodigal son or Jesus on the cross forgiving the ones who put him to death, this king is merciful



beyond expectations. He is moved with compassion and this leads him to mercy without limit. He has chosen to make his world one of mercy. The servant, on the other hand, cannot appreciate the gift he's been given. He lives in a world where anger and debts fester and never truly are forgiven. He cannot accept such profligate mercy because it makes the logic of his dog-eat-dog world senseless. We can choose the world we make. May we choose correctly.

-Pastoral Patterns | 9.13.2026



PRAYERS

5

Recognizing Our Military

LCDR Jesse Ray Doiron, USN
LTJG Sutter Grune, USN
USS Howard (DDG 83) Sailors
Capt. Silas Huff, U.S. Army
USS Minnesota (SSN 783) Crew
Company 27 USNA Class of 2026
Company S1 Texas A&M Corps of Cadets
Company 2D Cal Poly Maritime Academy

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

**Sacred Heart Church Chapel
Behind the Altar | 9 am–7 pm**

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, September 12

4:30 pm | Jose C. and Albertina Tavares †

Sunday, September 13

8 am | Mass for Parishioners
10 am | Vera Ragan †
5 pm | Geri Malovan

Monday, September 14

8 am | Deacon Giles Schmitt †

Tuesday, September 15

8 am | Jeanette Nunes

Wednesday, September 16

8 am | Pat Schmitt †

Thursday, September 17

8 am | Frank Barrancotto †

Friday, September 18

8 am | Gloria Soares †

Saturday, September 19

4:30 pm | Gregg Sprosty

Sunday, September 20

8 am | Darla Bebrin †
10 am | Mass for Parishioners
5 pm | Deceased Members of the Accomazzo Family

Our Lady of Lourdes Home Visits

Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.



PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG OR CALL 619.224.2746 TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Daphinne Accomazzo
Michael Brown
Norma Evans
Don Gossard
Kathy Grady
Della Greenwell
Manuella Guasti
Fr. Ron Hebert
Yvette Howard
Fr. Tom Kiely
Ryan Lenyk
Mikael Peters
Finn Renard
Margaret Schweizer
Jean Skoblar
Gregg Sprosty
Gary Turton
Tate Van Lopik
Philip Varner
Joey Wheeler
Betty White
Leslie Williams

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND MAY BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746 OR PARISHOFFICE@SACREDHEARTOB.ORG.

PARISH TEAM

EDITED 07.12.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
4776 Saratoga Avenue
619.224.2746

BAPTISMS

Contact Deacon Mark Wieczorek
before scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
as you begin your wedding
planning.
619.224.2746

FUNERALS

Contact Janice Teixeira
619.246.4955

APPOINTMENTS

619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor

619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR

In Residence

Rev. Mr. Mark Wieczorek, Deacon

deaconmark@sacredheartob.org

Lisa Danaher

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Karen Martinez

Bookkeeper
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Stephen Williams

Director of Catechetical Ministry
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PARISH STAFF

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Youth Minister
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youthminister@sacredheartob.org

Janis Cantú

Music Director
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musicdirector@sacredheartob.org

PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY

Therese Flaningam
619.886.8337
tireneflan@yahoo.com

ALTAR SERVERS

Contact the parish office to
enroll your child in the next
training.
619.224.2746

BEREAVEMENT MINISTRY

Janice Teixeira
619.246.4955
teixeira@cox.net

CARE OF THE WHOLE PERSON

Janice Teixeira
619.246.4955
teixeira@cox.net

COMMUNITY DINNERS

Oceana Free (Volunteers)
droceanafree@gmail.com

Cheryl Accomazzo (Food Service)
cherylacoz@gmail.com

CREATION CARE

Mary Cairns
619.223.8859
mmacairns@verizon.net

FINANCE COUNCIL

Mary Nauert
619.224.2746

HOSPITALITY MINISTRY

Sheila Ragan
619.504.7597
sheila@oceanpointfinancial.com

PARISH MINISTRIES

KNIGHTS OF COLUMBUS

Gregg Sprosty
koc.plc.3947@gmail.com

LOAVES & FISHES

Pat Katka
619.222.9648

MINISTERS OF HOLY COMMUNION AND THE WORD

Teofla Rich
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garich@cox.net

MINISTRY SCHEDULER

Kate McKenzie
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ministryscheduler@
sacredheartob.org

MINISTRY TO THE HOMEBOUND

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MUSIC MINISTRY

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OCIA: BECOMING CATHOLIC

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PASTORAL COUNCIL

Kate McKenzie
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ministryscheduler@
sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES

619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY

June Sprosty
Submit your prayer request to
www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES

Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES

Stephen Williams
619.224.2746 x102
religiously@sacredheartob.org

WALL OF REMEMBRANCE

Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS

religiously@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY

Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

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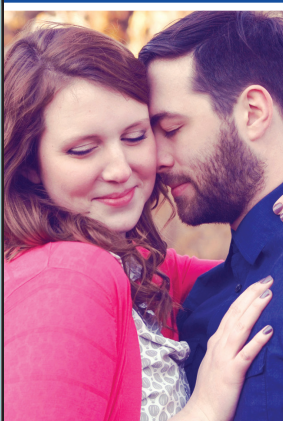
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