

THE HEART

SACREDHEARTOB.ORG

A PARISH BUILT ON LOVE | AUGUST 30, 2026 | TWENTY-SECOND SUNDAY IN ORDINARY TIME

WEEKDAY MASS

Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS

Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION

Monday | 7:30–7:55 am
Note: No Confession on
Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY

Chaplet: After Daily Mass

ADORATION IN CHAPEL

9 am–7 pm

OUR MISSION

To embrace the boundless
love of Jesus through the
work of our hands and the
celebration of the Eucharist

LOVE • SERVE • CELEBRATE



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S I N C E 1 9 1 1



NEWS+EVENTS

Children's Religious Education Classes

Sacred Heart's Children's Religious Education Program begins on September 15, 2026, and online registration has opened. Classes will be held on Tuesday nights, from



5:30-6:40 pm. at Sacred Heart Academy Preschool. This program includes preparation for

First Holy Communion. Sign up online today with the QR code.



Children's Liturgy of the Word Help Needed

We are currently seeking volunteers to teach Children's Liturgy of the Word at our 10:00 am Masses. This rewarding ministry involves proclaiming and explaining the Mass readings to children. Volunteers will take turns as a team, with only a once-a-month commitment. Please prayerfully consider joining this team, which is in need of volunteers in order to continue. Can you help? For information and to volunteer, please contact Stephen Williams at religious@sacredheartob.org.

Oktoberfest 2026!

Saturday, September 26 | 5:30 pm
Sacred Heart Church of OB Hall and Courtyard



It's time to dust off those lederhosen and get ready to raise a stein at Sacred Heart's Oktoberfest 2026 on Saturday, September 26, at 5:30 pm. Your \$15 ticket includes a dinner of bratwurst, potatoes, salad and lemonade. Wine, beer, and Fr. Billy's special 2026 brew will be offered at \$5 a glass. Use the QR code above or pay by cash or check in the parish office. Prost!

Confirmation Registration Now Open



Registration for Teen Confirmation is now open. This two-year formation program is open to teens beginning as early as ninth grade. Please visit the confirmation page on our website for details and to register. You may also register by using the QR code above. Registration will close on August 31, 2026. We hope your teen will join us!

PLEASE CONTACT NATALIE CULBERTSON AT YOUTHMINISTER@SACREDHEARTOB.ORG IF YOU HAVE QUESTIONS.

Adult Religious Education: Becoming Catholic

Classes to become Catholic (OCIA) begin on September 14, 2026, at 6 pm at Sacred Heart Academy Preschool. If you would like to become Catholic, complete your sacraments, or just learn more about the Catholic faith, please contact Stephen Williams, Director of Catechetical Ministry, at 619.224.2746 ext. 102 or religious@sacredheartob.org.



Sacred Heart Academy Preschool Now Enrolling for Fall 2026

Sacred Heart Academy Preschool is currently enrolling students for the 2026-2027 school year. The preschool offers a learn through play program for children aged 2-5, with an emphasis on social and emotional development; students are kindergarten-ready when the time comes. The school is open Monday-Friday, from 7:30 am until 5:00 pm. Preschool director Rebecca Godina is now enrolling students for fall but also accepts students year-round, availability permitting.

PLEASE CONTACT REBECCA GODINA AT 619.222.7252 OR SHAOBPRESCHOOL2@GMAIL.COM FOR MORE INFORMATION OR TO SCHEDULE A TOUR OF THE PRESCHOOL.



Mass Intentions for 2027

Sacred Heart's Mass Intentions book for calendar year 2027 is now open. If you'd like to have a Mass said for a loved one in the coming year, please visit the parish office to schedule it.



Community Dinner

Tuesday, September 8 | 5–6 pm
Sacred Heart Church of OB Hall

Our next community dinner will be served in the hall on Tuesday, September 8, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated. Please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.

IF YOU HAVE QUESTIONS, PLEASE CONTACT OCEANA FREE AT DROCEANAFREE@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACC@GMAIL.COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.



Congratulations, Luisa Fernanda!



Congratulations to Luisa Fernanda Orona-Pedrero, who was baptized at Sacred Heart last weekend, and congratulations to her family! May God bless you always!

Advertise Your Business in Our Church Bulletin

Michael Berman of LPi, our bulletin printer, will be securing new ads for our church in the coming weeks. Please consider purchasing a print or digital ad, as your participation both supports our bulletin and helps you to attract customers.

TO PLACE AN AD, CONTACT MICHAEL BERMAN AT 800.950.9952 X4088 OR MBERMAN@4LPI.COM.

Healing Retreat for After Abortion

September 11-13 | Weekend
St. Mary's Escondido
102 E. 13th Ave, Escondido

This professionally-led weekend retreat, is offered by Rachel's Hope and recognized by the Diocese of San Diego. Confidentiality is maintained, partial scholarships towards the \$120 cost are available, and group size is limited. For information or to register, call or text Andrea Finch at 619.244.5021. You may also visit Rachel's Hope on their website: www.RachelsHope.org.

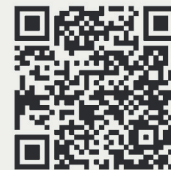


GIVING

Remember Your Church by Using Online Giving

Go to our secure online giving site:

SACREDHEARTOB.ORG



Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can

make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT [HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH](https://careasy.org/sacred-heart-of-ocean-beach) OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Jer 20:7-9/Ps 63:2, 3-4, 5-6, 8-9/Rom 12:1-2/Mt 16:21-27

Monday

1 Cor 2:1-5/Ps 119:97, 98, 99, 100, 101, 102/Lk 4:16-30

Tuesday

1 Cor 2:10b-16/Ps 145:8-9, 10-11, 12-13ab, 13cd-14/Lk 4:31-37

Wednesday

1 Cor 3:1-9/Ps 33:12-13, 14-15, 20-21/Lk 4:38-44

Thursday

1 Cor 3:18-23/ Ps 24:1bc-2, 3-4ab, 5-6/Lk 5:1-11

Friday

1 Cor 4:1-5/Ps 37:3-4, 5-6, 27-28, 39-40/Lk 5:33-39

Saturday

1 Cor 4:6b-15/Ps 145:17-18, 19-20, 21/Lk 6:1-5



Gospel Meditation Matthew 16:21-27

Do you know what it is like to be thrilled by the power of Christian faith one moment and then utterly fail in it the next? I do. That is Peter in today's Gospel. After last week's bold confession, he now hears Jesus speak of suffering and death, and something in him recoils. He takes Jesus aside and tries to correct him. Jesus responds with the shocking rebuke, "Get behind me, Satan."

Peter is the mirror of every disciple. We love Jesus until he contradicts the script we have written for our lives. Peter does not reject Jesus. He rejects a suffering Jesus. So do we, whenever we avoid a hard responsibility, resist a demanding relationship, or cling to comfort instead of choosing love. We want a Lord who supports our plans, not one who overturns them.

Yet Jesus does not discard Peter. He redirects him. "Whoever wishes to come after me must deny himself, take up his cross, and follow me."

In effect, Jesus says, stop trying to lead me. Let me lead you. Discipleship does not begin with heroism or clarity but with surrender. It means trusting that God's path to life often passes through places we would never choose.

Peter is all of us. We move from insight to confusion, from confidence to correction. That is why we should have hope. Jesus patiently teaches us again and again. Trust me. Get behind me. Follow me. When we stop fighting the crosses that come and start carrying them with him, we discover a freedom deeper than comfort and a love stronger than fear.

— Father John Muir

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PRAYERS

5

Recognizing Our Military

LCDR Jesse Ray Doiron, USN
 LTJG Sutter Grune, USN
 USS Howard (DDG 83) Sailors
 Capt. Silas Huff, U.S. Army
 USS Minnesota (SSN 783) Crew
 Company 27 USNA Class of 2026
 Company S1 Texas A&M Corps of Cadets
 Company 2D Cal Poly Maritime Academy

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

**Sacred Heart Church Chapel
 Behind the Altar | 9 am–7 pm**

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, August 29

4:30 pm | Dr. Louie Linarelli †

Sunday, August 30

8 am | Darla Bebrin †

10 am | John † and Judy Theisen

5 pm | Mass for Parishioners

Monday, August 31

8 am | Adolfo Silveira †

Tuesday, September 1

8 am | Jerry Sanders †

Wednesday, September 2

8 am | James O'Donnell †

Thursday, September 3

8 am | Tony Ortega †

Friday, September 4

8 am | Pat Schmitt †

Saturday, September 5

4:30 pm | Rev. Wilfred Theisen †

Sunday, September 6

8 am | George and Lorena Hornby †

10 am | Mass for Parishioners

5 pm | Denise Cleaton †

Our Lady of Lourdes Home Visits

Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.



PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG OR CALL 619.224.2746 TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Daphinne Accomazzo
 Michael Brown
 Norma Evans
 Don Gossard
 Kathy Grady
 Della Greenwell
 Fr. Ron Hebert
 Yvette Howard
 Fr. Tom Kiely
 Ryan Lenyk
 Mikael Peters
 Finn Renard
 Margaret Schweizer
 Jean Skoblar
 Gregg Sprosty
 Gary Turton
 Tate Van Lopik
 Philip Varner
 Betty White
 Leslie Williams

IT IS ONCE AGAIN TIME TO UPDATE OUR PRAYER LIST. PLEASE CONTACT LISA DANAHER AT 619.224.2746 OR PARISHOFFICE@SACREDHEARTOB.ORG IF YOU WOULD LIKE YOUR NAME OR THE NAME OF A LOVED ONE TO REMAIN ON OUR PRAYER LIST. THANK YOU.

PARISH TEAM

EDITED 07.12.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
4776 Saratoga Avenue
619.224.2746

BAPTISMS

Contact Deacon Mark Wieczorek
before scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
as you begin your wedding
planning.
619.224.2746

FUNERALS

Contact Janice Teixeira
619.246.4955

APPOINTMENTS

619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor
619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR
In Residence

Rev. Mr. Mark Wieczorek, Deacon
deaconmark@sacredheartob.org

Lisa Danaher
Office Manager
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Karen Martinez
Bookkeeper
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Stephen Williams
Director of Catechetical Ministry
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PARISH STAFF

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Youth Minister
619.224.2746 x106
youthminister@sacredheartob.org

Janis Cantú
Music Director
619.253.0391
musicdirector@sacredheartob.org

PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY

Therese Flaningam
619.886.8337
tireneflan@yahoo.com

ALTAR SERVERS

Contact the parish office to
enroll your child in the next
training.
619.224.2746

BEREAVEMENT MINISTRY

Janice Teixeira
619.246.4955
teixeira@cox.net

CARE OF THE WHOLE PERSON

Janice Teixeira
619.246.4955
teixeira@cox.net

COMMUNITY DINNERS

Oceana Free (Volunteers)
droceanafree@gmail.com
Cheryl Accomazzo (Food Service)
cherylacco@gmail.com

CREATION CARE

Mary Cairns
619.223.8859
mmacairns@verizon.net

FINANCE COUNCIL

Mary Nauert
619.224.2746

HOSPITALITY MINISTRY

Sheila Ragan
619.504.7597
sheila@oceanpointfinancial.com

PARISH MINISTRIES

KNIGHTS OF COLUMBUS

Gregg Sprosty
koc.plc.3947@gmail.com

LOAVES & FISHES

Pat Katka
619.222.9648

MINISTERS OF HOLY COMMUNION AND THE WORD

Teofla Rich
619.758.0943
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MINISTRY SCHEDULER

Kate McKenzie
619.224.2746
ministryscheduler@
sacredheartob.org

MINISTRY TO THE HOMEBOUND

Janice Teixeira
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MUSIC MINISTRY

Janis Cantú
619.253.0391
musicdirector@sacredheartob.org

OCIA: BECOMING CATHOLIC

Stephen Williams
619.224.2746 x102
religiously@sacredheartob.org

PASTORAL COUNCIL

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ministryscheduler@
sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES

619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY

June Sprosty
Submit your prayer request to
www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES

Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES

Stephen Williams
619.224.2746 x102
religiously@sacredheartob.org

WALL OF REMEMBRANCE

Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS

religiously@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY

Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

SAFE ENVIRONMENTS

Safe Environments are Important. The Diocese of San Diego and Sacred Heart of Ocean Beach are committed to preventing sexual abuse and to maintaining a safe environment for children and young people. To report suspected sexual misconduct or sexual abuse within our institutions and ministries, please contact Child and Youth Protection victim assistance coordinator, Mary Acosta, at misconduct@sd catholic.org or 858.490.8353.

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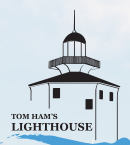
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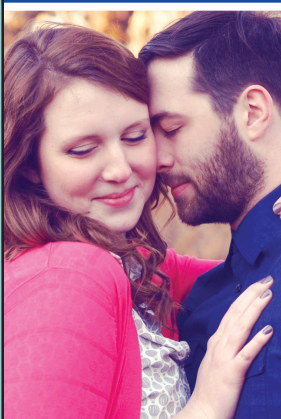
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