

THE HEART

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A PARISH BUILT ON LOVE | MAY 10, 2026 | SIXTH SUNDAY OF EASTER

WEEKDAY MASS

Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS

Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION

Monday | 7:30–7:55 am
Note: No Confession on
Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY

Chaplet: After Daily Mass

ADORATION IN CHAPEL

9 am–7 pm

OUR MISSION

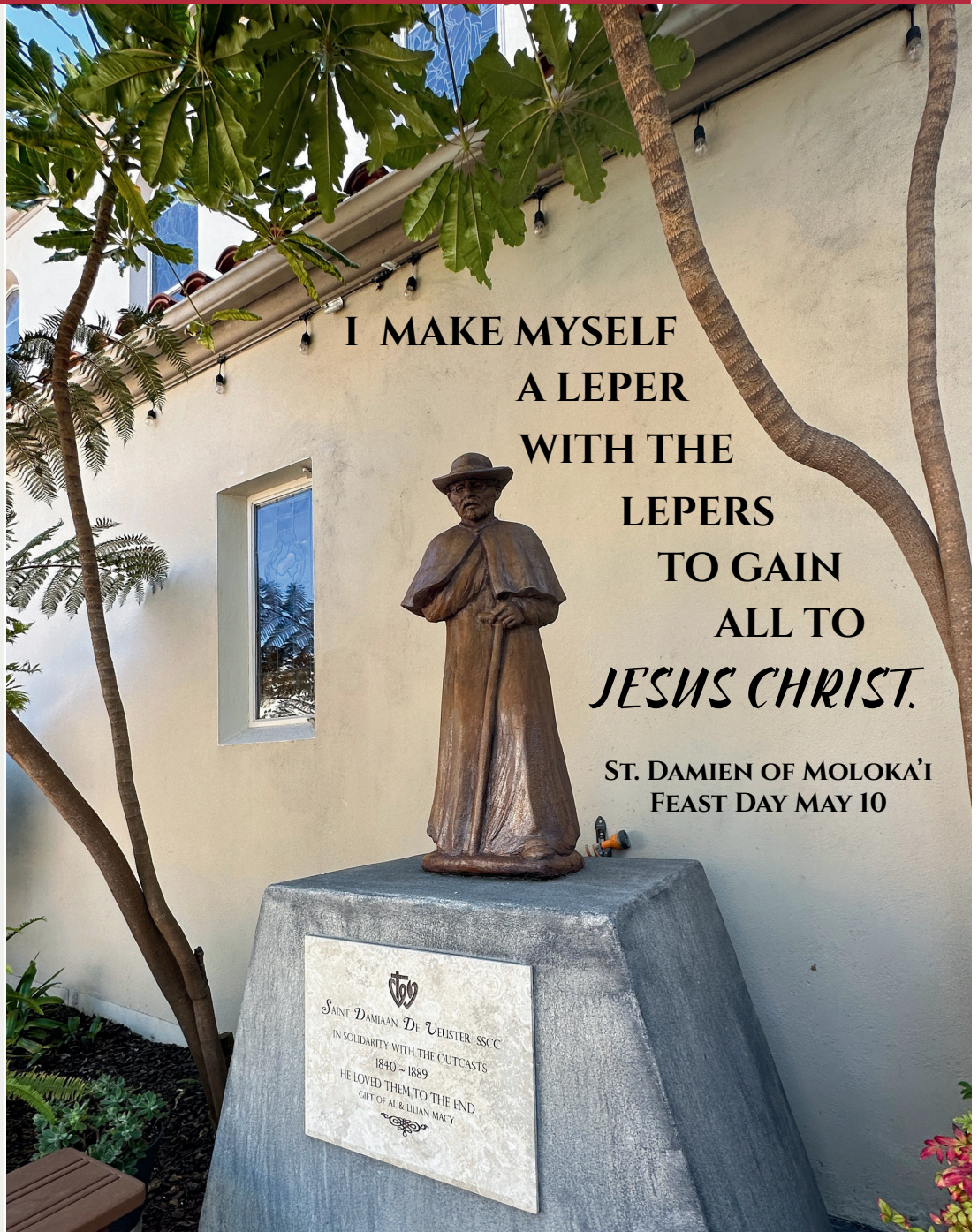
To embrace the boundless
love of Jesus through the
work of our hands and the
celebration of the Eucharist

LOVE · SERVE · CELEBRATE



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OCEAN BEACH

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WITH THE
LEPERS
TO GAIN
ALL TO
JESUS CHRIST.

ST. DAMIAN OF MOLOKA'I
FEAST DAY MAY 10


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IN SOLIDARITY WITH THE OUTCASTS
1840 ~ 1889
HE LOVED THEM TO THE END
GIFT OF AL & LILLIAN MACY

NEWS+EVENTS

Thank You, Liam, and God Bless You!



It's been wonderful having our seminarian, Liam Cruz Kelly, at Masses each weekend and getting to know him better, but his time with us comes to a close at the 8 am and 10 am Masses this weekend. When you see Liam, please be sure to thank him for his time with us, wish him well as he continues his priestly formation, and keep him in your prayers!

Save the Date: Feast of the Sacred Heart Barbecue

Sunday, June 14 | 11 am-3 pm
Sacred Heart Academy

Celebrate the feast day of our parish at Sacred Heart Academy on June 14! We'll have food, drinks, games and fellowship, and we'll also be rolling out plans for the opening of the Sacred Heart Academy infant center at the preschool! We are currently looking for volunteers to help with



the Feast of the Sacred Heart celebration. Please use the QR code here to help.

Celebrating Mary's Month

As is our tradition, the Marian month of May began with a May Crowning at the 10:00 am Mass on Sunday, May 3. Two of our religious education children, Sophia and Julian, crowned Mary in a beautiful ceremony that had its beginnings in the 1600s and eventually became a full month of devotion to Mary. Through processions, May Crownings, and more focus on the Rosary this month, we honor Mary as Mother of God and Queen of Heaven and Earth. Mary, Queen of the Universe, pray for us!



New Adult Bible Study Begins June 3

A new bible study for adults, "The Acts of the Apostles, Part 1," begins on June 3. The five-week study, led by Stephen Williams, will meet on Wednesdays at 1 pm in person and at 7 pm on Zoom. The study explores how the Holy Spirit inspired the apostles to evangelize new believers to expand the early Church and the challenges they faced along the way. For more information, please contact Stephen Williams at religiously@sacredheart.ob.org.



Register for Vacation Bible School 2026

Sacred Heart's Vacation Bible School is filling up fast, so be sure to register your children soon. With our VBS team, they'll explore what it means to be rooted in relationship with God as they enact Bible stories, create crafts, play games, enjoy rainforest-themed snacks, conduct scientific experiments, and sing silly songs. VBS is designed for children aged 4-11, but kids 12 years old and older are welcome to participate as team leaders and helpers. VBS dates are July 13-17, from 9 am -noon, with an 8:45 am early drop-off time. Families are invited to a Mass on Friday, July 17 at noon, to conclude the program. The cost is \$65. To register and pay, please



pay by using the QR code or by visiting our Sacred Heart website, clicking "Give Online," selecting "Vacation Bible School 2026," then "VBS Registration."



Sacred Heart Book Club

Friday, May 22 | 11 am
Sacred Heart Church of OB Rectory
For their May book, the Sacred Heart Book Club has selected "Heaven, the Heart's Deepest Longing," by Peter John Kreeft. Kreeft explores the psychology and theology behind our human desire for heaven in a way that is both compelling and joy-filled. All are invited to join the discussion in the rectory on May 22, at 11 am.

Coffee at the Cottage

Tuesday, May 12 | 8:30 am
Corner Cottage
Join your fellow parishioners for coffee, treats, and friendship in the Corner Cottage this Tuesday. It's a wonderful way to connect with old friends and make new ones, and all are invited!

Community Dinner

Tuesday, May 12 | 5-6 pm
Sacred Heart Church of OB Hall
Our next community dinner will be served in the hall on Tuesday, May 12, from 5-6 pm. Dinners are served every second and fourth Tuesday of the month, from 5-6 pm. Volunteers are always welcome and appreciated; please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.

IF YOU HAVE QUESTIONS, PLEASE CONTACT OCEANA FREE AT SANVEAN2@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACCO@GMAIL.COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.

Mother's Day Novena

Happy Mother's Day! There is still time this weekend to enroll your mother, grandmother, aunt, or mother figure in our Mother's Day Novena. Please record her name on an envelopes in your pew and return it in the collection basket or at the parish office. Your envelope will remain on the altar throughout the Novena.



Diocesan "Pentecost Mass for All People"

Saturday, May 23 | 11 am
Cathedral Catholic High School
5555 Del Mar Heights Rd., San Diego
Bishop Michael Pham invites the entire community to join him in celebrating our Catholic faith, as "One Body in Christ," on Saturday, May 23, at Cathedral Catholic High School. This annual diocesan event, which celebrates the mosaic of cultures and languages that bring our faith to life includes Mass at 11:00 am, followed by a festival, where Catholic communities will share their history and culture with free food samplings, musical entertainment, and traditional cultural attire if you'd like. Come and celebrate the universality of our Catholic Church.

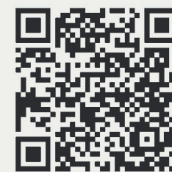


GIVING

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Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT [HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH](https://careasy.org/sacred-heart-of-ocean-beach) OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Acts 8:5-8, 14-17/Ps 66:1-3, 4-5, 6-7, 16 and 20/1 Pt 3:15-18/Jn 14:15-2

Monday

Acts 14:5-18/ Ps 115:1-2, 3-4, 15-16/Jn 14:21-26

Tuesday

Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a and 9b/Jn 15:26-16:4a

Wednesday

Acts 16:22-34/Ps 138: 1-2ab, 2cde-3, 7c-8/Jn 16:5-11

Thursday

Acts 17:15, 22-18:1/Ps 148: 1-2, 11-12, 13, 14/Jn 16:12-1

Friday

Acts 18:9-18/Ps 47:2-3, 4-5, 6-7/Jn 16:20-2

Saturday

Acts 18:23-28/Ps 47: 2-3, 8-9, 10/Jn 16:23b-28

Reflection on the Readings

The parable of the Good Samaritan tells us everything we need to know about the low opinion the Jewish people of Jesus' day had for Samaritans. When Jesus wanted to teach them how wide the definition of neighbor is when commanding them to love their neighbor as themselves, he chose a Samaritan to illustrate his point. Philip learned the lesson well, for soon after being chosen as a deacon, he set out for Samaria to preach the Good News and heal those who were sick in mind, body, or spirit. Not only that, the apostles Peter and John made haste to lay their hands on the Samaritans that Philip baptized to ensure that they had received the Holy Spirit. As we will hear when we celebrate the Ascension, Jesus commanded his disciples to be his witnesses to the ends of the earth, to all peoples everywhere. With love and the Spirit, they put Jesus' command into action.

Peter warns us in the second reading that doing good may cause us to be maligned, ridiculed, or persecuted. This is not the time to give up! This is the time to recall that Jesus can empathize with us, for he

suffered unto death while doing good in order to save us from our sins and lead us to salvation. As Jesus "was brought to life in the Spirit," may the Holy Spirit bring life to our lives (1 Peter 3:18), enhancing them with a lasting joy that transcends suffering.

The Holy Spirit binds us together with one another and with the Lord. Witness how anxious Peter and John were to lay hands on the newly-baptized in Samaria. The journeys present-day bishops make to parishes to anoint those making their confirmation recall this practice of the early church. These bishops were chosen by the pope, by successors of the first pope, Saint Peter, who was entrusted to that role by Jesus himself and who we see today making the journey to Samaria himself to impart the Holy Spirit to the faithful. Bound together across space and time by the Holy Spirit, we can claim a brotherhood and sisterhood with the first apostles.

--Pastoral Patterns, May 10, 2026



PRAYERS

Recognizing Our Military

LTJG Sutter Grune, USN
 USS Howard (DDG 83) Sailors
 EN2 Tyler McNabb, USN
 Capt. Silas Huff, U.S. Army
 Lt. Eva Johnstone, USN
 USS Minnesota (SSN 783) Crew
 Company 27 USNA Class of 2026
 Company S1 Texas A&M Corps of Cadets
 Company 2D Cal Poly Maritime Academy

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

Sacred Heart Church Chapel Behind the Altar | 9 am–7 pm

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, May 9

4:30 pm | Trudy Mulligan and Josephine Linarelli †

Sunday, May 10

8 am | Mother's Day Novena
 10 am | Antoinette Zolezzi †
 5 pm | Mass for Parishioners

Monday, May 11

8 am | Mother's Day Novena

Tuesday, May 12

8 am | Mother's Day Novena

Wednesday, May 13

8 am | Mother's Day Novena

Thursday, May 14

8 am | Mother's Day Novena

Friday, May 15

8 am | Mother's Day Novena

Saturday, May 16

4:30 am | Mother's Day Novena

Sunday, May 17

8 am | Mass for Parishioners
 10 am | Mother's Day Novena
 5 pm | Jerry Sanders †

Our Lady of Lourdes Home Visits

Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.



PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG OR CALL 619.224.2746 TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Michael Brown
 Ginny Buerger
 Denise Cleaton
 Norma Evans
 Della Greenwell
 Fr. Ron Hebert
 Yvette Howard
 Fr. Tom Kiely
 Ryan Lenyk
 Mikael Peters
 Pat Schmitt
 Margaret Schweizer
 Lisa Shamoun and Family
 Jean Skoblar
 Lisa Sofio
 Gary Turton
 Tate Van Lopik
 Philip Varner
 Betty White
 Leslie Williams
 Maria Wimer

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND CAN BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746

PARISH TEAM

EDITED 04.26.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
619.224.2746

BAPTISMS

Contact Deacon Mark Wieczorek
before scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
as you begin your wedding
planning.
619.224.2746

FUNERALS

Contact Janice Teixeira
619.246.4955

APPOINTMENTS

619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor
619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR
In Residence

Rev. Anthony (Tony) Stanonik
In Residence

Rev. Mr. Mark Wieczorek, Deacon
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Janis Cantú
Music Director
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PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY

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ALTAR SERVERS

Contact the parish office to
enroll your child in the next
training.
619.224.2746

BEREAVEMENT MINISTRY

Janice Teixeira
619.246.4955
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CARE OF THE WHOLE PERSON

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Cheryl Accomazzo (Food Service)
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Pat Katka
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MINISTERS OF HOLY COMMUNION AND THE WORD

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sacredheartob.org

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OCIA: BECOMING CATHOLIC

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sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES

619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY

June Sprosty
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www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES

Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES

Stephen Williams
619.224.2746 x102
religioused@sacredheartob.org

WALL OF REMEMBRANCE

Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS

religioused@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY

Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

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Safe Environments are Important. The Diocese of San Diego and Sacred Heart of Ocean Beach are committed to preventing sexual abuse and to maintaining a safe environment for children and young people. To report suspected sexual misconduct or sexual abuse within our institutions and ministries, please contact Child and Youth Protection victim assistance coordinator, Mary Acosta, at misconduct@sd.catholic.org or 858.490.8353.

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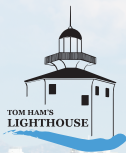


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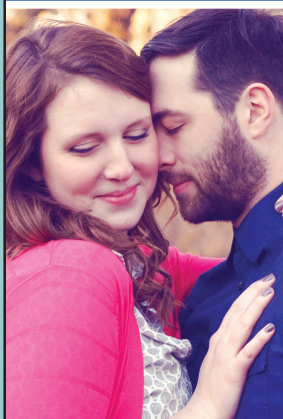
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