

THE HEART

SACREDHEARTOB.ORG

A PARISH BUILT ON LOVE | APRIL 12, 2026 | DIVINE MERCY SUNDAY

WEEKDAY MASS

Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS

Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION

Monday | 7:30–7:55 am
Note: No Confession on
Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY

Chaplet: After Daily Mass

ADORATION IN CHAPEL

9 am–7 pm

OUR MISSION

To embrace the boundless
love of Jesus through the
work of our hands and the
celebration of the Eucharist

LOVE · SERVE · CELEBRATE



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CHURCH**
OCEAN BEACH

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NEWS + EVENTS

A Beautiful Holy Week at Sacred Heart!



Young Adult Bible Brunch

Sunday, April 26 | 11 am
Corner Cottage

Join Sacred Heart's "Bible Brunch," a welcoming space for young adults to grow in faith and community! The first gathering will be on Sunday, April 26, right after the 10 am Mass in the Corner Cottage. The group will continue to meet every fourth Sunday. Enjoy great food, reflect on Fr. Billy's homily, and connect through fun ice breakers and meaningful conversation. Come for the brunch, stay for the fellowship. Please RSVP through the QR code below.



Community Dinner

Tuesday, April 14 | 5–6 pm
Sacred Heart Church of OB Hall

Our next community dinner will be served in the hall on Tuesday, April 14, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated; please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.

IF YOU HAVE QUESTIONS, PLEASE REACH OUT TO OCEANA FREE AT SANVEAN2@GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACCO@GMAIL.COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.

Music Ministry



Have you been singing in the shower and thinking it's time for an audience? Sacred Heart's Music Ministry needs your voice!

PLEASE CONTACT JANIS CANTÚ AT MUSICDIRECTOR@SACREDHEARTOB.ORG OR CALL THE PARISH OFFICE AT 619.224.2746.

Garden Ministry

Love to garden and have some time to share? Our courtyard gardening team can use more help, especially during spring and summer seasons. Please call the parish office at 619.224.2746 to volunteer or for more information.

Children's Liturgy Ministry

Our parish is growing by the week, and that's no exaggeration! The Children's Liturgy Ministry is in need of volunteers. Has your child been enjoying hearing the Sunday readings shared on their level with peers and caring volunteers? Do you enjoy working with kids? If you have even a spare hour a month, Stephen and the team would really appreciate your help.

PLEASE CONTACT STEPHEN WILLIAMS AT RELIGIOUSED@SACREDHEARTOB.ORG OR 619.224.2746 X102. THANK YOU!

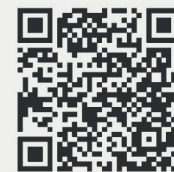


GIVING

Remember Your Church by Using Online Giving

Go to our secure online giving site:

SACREDHEARTOB.ORG



Or scan this QR code. Click on the "Contribute to Sacred Heart" button. You can

make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT [HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH](https://careasy.org/sacred-heart-of-ocean-beach) OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Acts 2:42-47/Ps 118:2-4, 13-15, 22-24/1 Pt 1:3-9/Jn 20:19-31

Monday

Acts 4:23-31/Ps 2:1-3, 4-7a, 7b-9/Jn 3:1-8

Tuesday

Acts 4:32-37/Ps 93:1ab, 1cd-2, 5/Jn 3:7b-15

Wednesday

Acts 5:17-26/Ps 34:2-3, 4-5, 6-7, 8-9/Jn 3:16-2

Thursday

Acts 5:27-33/Ps 34:2 and 9, 17-18, 19-20/Jn 3:31-36

Friday

Acts 5:34-42/Ps 27:1, 4, 13-14/Jn 6:1-15

Saturday

Acts 6:1-7/Ps 33:1-2, 4-5, 18-19/Jn 6:16-2

Reflection on the Readings



This Sunday's first two readings go hand in hand in describing the experience of the early church. The first three words of the first reading are key: "They devoted themselves" (Acts 2:42). Members of the early church were nothing if not devoted. They devoted themselves to learning from the apostles, to living communally with other Christians (the word they'd started using to describe their identity), to prayer, to worship, and to the Eucharist. They also devoted themselves to making sure that everything they had was divided equitably among them so that no one was in need, to meeting together to share and strengthen their faith, to eating together as Jesus had with the apostles, and to growing in number. The second reading hints at the persecution they faced. But they were able to endure the trials they suffered because of their faith: a certainty of their salvation, which they called "a living hope . . . to an inheritance that is imperishable, undefiled, and unfading" (1 Peter 1:3-4). No wonder they experienced "an indescribable and glorious joy" (1 Peter 1:8).

Jesus returned to his disciples in a glorified body, but his body still had the wounds from the cross, wounds that could be seen, felt, and probed. Wounds remain on the Body of Christ still. These are real wounds that are visible and palpable. These are wounds that still need healing. Pope Francis famously described the Church as a field hospital, where the wounded and ill are treated and restored to health. We are called to do this. We are called to heal the wounds of the body of Christ.

"As the Father has sent me, so I send you," Jesus tells his disciples after greeting them and offering them peace (John 20:21). Years before, Jesus had taught the disciples to pray that the Father's will be done here on earth. The Father's will in sending Jesus was to win our salvation by suffering and dying for our sins. Now Jesus is sending us on a mission in accordance with the Father's will. Before he ascends to be with the Father forever, he tells his disciples to make disciples of all nations. God created every one of us for a reason and Jesus is telling us what it is. As he did what he was sent to do, so must we.



PRAYERS

Recognizing Our Military

LTJG Sutter Grune, USN
 USS Howard (DDG 83) Sailors
 EN2 Tyler McNabb, USN
 Capt. Silas Huff, U.S. Army
 Lt. Eva Johnstone, USN
 USS Minnesota (SSN 783) Crew
 Company 27 USNA Class of 2026
 Company S1 Texas A&M Corps of Cadets
 Company 2D Cal Poly Maritime Academy

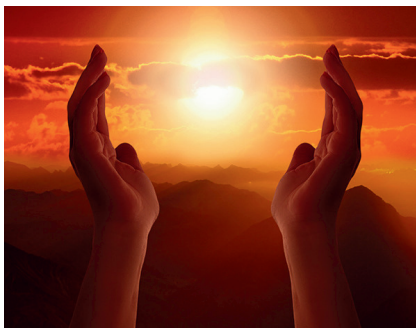
IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

**Sacred Heart Church Chapel
 Behind the Altar | 9 am–7 pm**

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, April 11

4:30 pm | Manuel U. and Aurora Silveira

Sunday, April 12

8 am | Michael Brown
 10 am | Darla Bebrin †
 5 pm | Mass for Parishioners

Monday, April 13

8 am | Trina Jackson †

Tuesday, April 14

8 am | Gloria Oversmith

Wednesday, April 15

8 am | Lucille Spagnola †

Thursday, April 16

8 am | Sybil Hughes

Friday, April 17

8 am | The Garces Family

Saturday, April 18

4:30 am | Mass for Parishioners

Sunday, April 19

8 am | Maria Jose Fernandes †
 10 am | Charlie Daniels †
 5 pm | Dalny Balelo †

Our Lady of Lourdes Home Visits

Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.



PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG OR CALL 619.224.2746 TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Michael Brown
 Ginny Buerger
 Norma Evans
 Della Greenwell
 Fr. Ron Hebert
 Yvette Howard
 Fr. Tom Kiely
 Mikael Peters
 Pat Schmitt
 Margaret Schweizer
 Lisa Shamoun and Family
 Jean Skoblar
 Lisa Sofio
 Gary Turton
 Tate Van Lopik
 Philip Varner
 Betty White
 Leslie Williams
 Maria Wimer

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND CAN BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746

PARISH TEAM

EDITED 01.11.26

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
619.224.2746

BAPTISMS

Contact Deacon Mark Wieczorek
before scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
as you begin your wedding
planning.
619.224.2746

FUNERALS

Contact Janice Teixeira
619.246.4955

APPOINTMENTS

619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor
619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR
In Residence

Rev. Anthony (Tony) Stanonik
In Residence

Rev. Mr. Mark Wieczorek, Deacon
deaconmark@sacredheartob.org

Lisa Danaher
Office Manager
619.224.2746 x101
parishoffice@sacredheartob.org

Rachel Ohalek
Bookkeeper
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bookkeeper@sacredheartob.org

Stephen Williams
Director of Catechetical Ministry
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religioused@sacredheartob.org

PARISH STAFF

Natalie Culbertson
Youth Minister
619.224.2746 x106
youthminister@sacredheartob.org

Janis Cantú
Music Director
619.253.0391
musicdirector@sacredheartob.org

PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY

Therese Flaningam
619.886.8337
tireneflan@yahoo.com

ALTAR SERVERS

Contact the parish office to
enroll your child in the next
training.
619.224.2746

BEREAVEMENT MINISTRY

Janice Teixeira
619.246.4955
teixeira@cox.net

CARE OF THE WHOLE PERSON

Janice Teixeira
619.246.4955
teixeira@cox.net

COMMUNITY DINNERS

Oceana Free (Volunteers)
sanvean2@gmail.com

Cheryl Accomazzo (Food Service)
cherylacco@gmail.com

CREATION CARE

Mary Cairns
619.223.8859
mmacairns@verizon.net

FINANCE COUNCIL

Mary Nauert
619.224.2746

HOSPITALITY MINISTRY

Sheila Ragan
619.504.7597
sheila@oceanpointfinancial.com

PARISH MINISTRIES

KNIGHTS OF COLUMBUS

Gregg Sprosty
koc.plc.3947@gmail.com

LOAVES & FISHES

Pat Katka
619.222.9648

MINISTERS OF HOLY COMMUNION AND THE WORD

Teofla Rich
619.758.0943
garich@cox.net

MINISTRY SCHEDULER

Kate McKenzie
619.224.2746
ministryscheduler@
sacredheartob.org

MINISTRY TO THE HOMEBOUND

Janice Teixeira
619.246.4955
teixeira@cox.net

MUSIC MINISTRY

Janis Cantú
619.253.0391
musicdirector@sacredheartob.org

OCIA: BECOMING CATHOLIC

Stephen Williams
619.224.2746 x102
religioused@sacredheartob.org

PASTORAL COUNCIL

Kate McKenzie
619.224.2746
ministryscheduler@
sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES

619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY

June Sprosty
Submit your prayer request to
www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES

Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES

Stephen Williams
619.224.2746 x102
religioused@sacredheartob.org

WALL OF REMEMBRANCE

Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS

religioused@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY

Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

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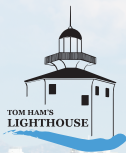


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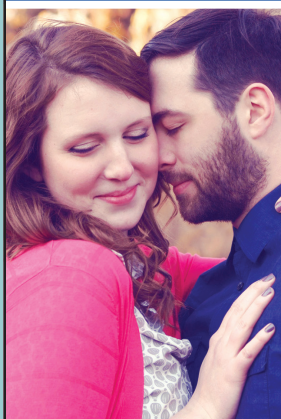
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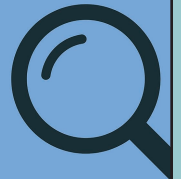
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