

THE HEART

SACREDHEARTOB.ORG

A PARISH BUILT ON LOVE | MARCH 1, 2026 | SECOND SUNDAY OF LENT

WEEKDAY MASS

Monday–Friday | 8 am
Federal Holidays | 9 am

WEEKEND MASS

Saturday | 4:30 pm
Sunday | 8 am, 10 am, 5 pm

CONFESSION

Monday | 7:30–7:55 am
Note: No Confession on
Federal Holidays
Saturday | 3:15–4 pm
Other | By Appointment

ROSARY & DIVINE MERCY

Chaplet: After Daily Mass

ADORATION IN CHAPEL

9 am–7 pm

OUR MISSION

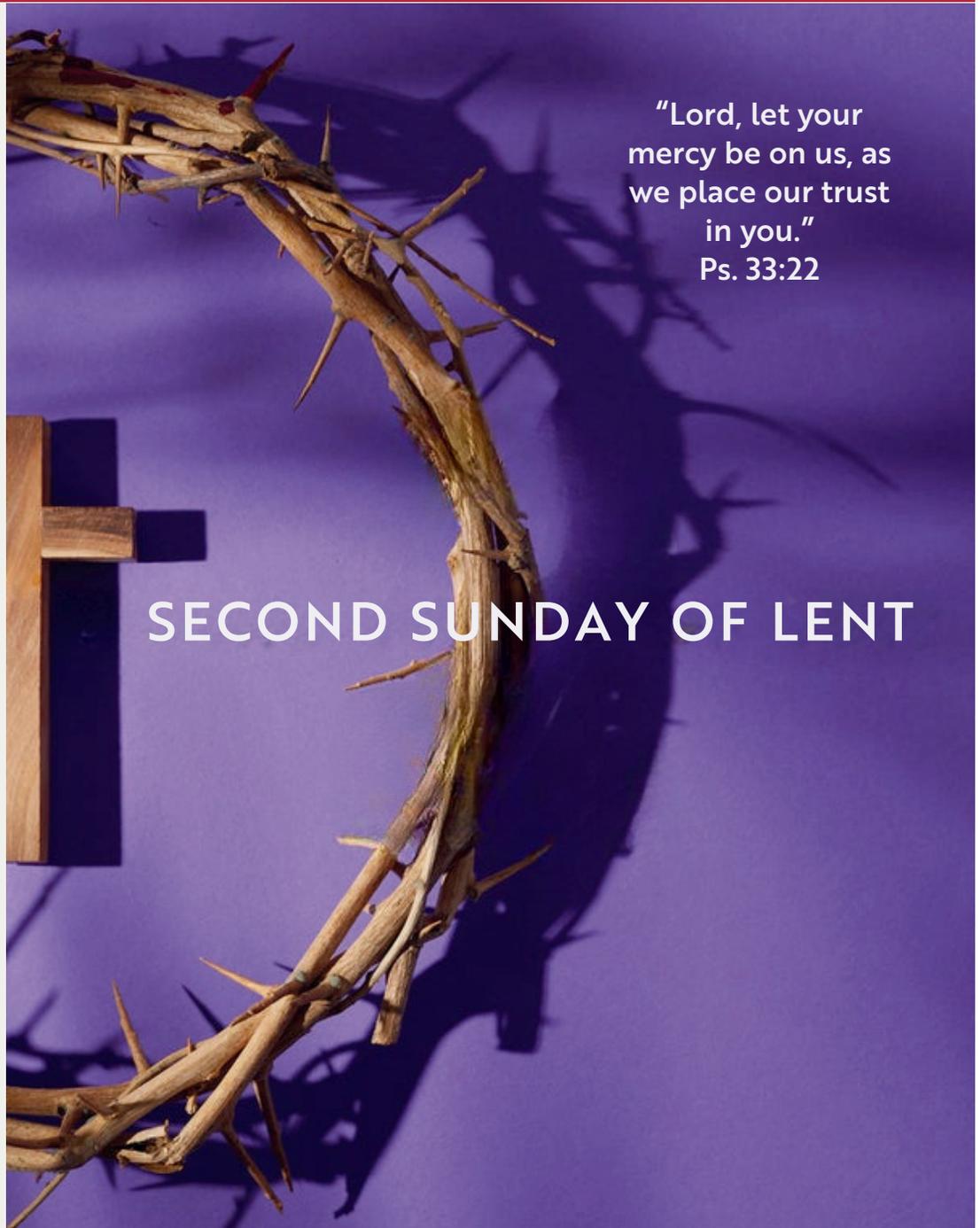
To embrace the boundless
love of Jesus through the
work of our hands and the
celebration of the Eucharist

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S I N C E 1 9 1 1



“Lord, let your
mercy be on us, as
we place our trust
in you.”
Ps. 33:22

SECOND SUNDAY OF LENT

NEWS + EVENTS



Special Thanks from the "All You Need is Love" Team

Thank you to everyone who helped make the "All You Need is Love" event such a success. From the incredibly generous donations to the tireless volunteers who worked so hard, we truly couldn't have done it without you. Your dedication, spirit, and commitment are what make Sacred Heart such a special community--one truly built on love. Thank you all. Janice, Teofla, and Cheryl



Stations of the Cross and Soup Dinners

Stations of the Cross continue every Friday during the season of Lent, with a soup reception following. If you haven't had an opportunity to participate in a Stations and soup dinner yet, it's a wonderful way to spend prayerful time with Christ and enjoy the community of your Sacred Heart family.

Lenten Reconciliation Service

Our Sacred Heart Reconciliation service is scheduled for Wednesday, March 25, at 7:00 pm. All are encouraged to experience God's unfathomable mercy in the sacrament of Reconciliation. Our Sacred Heart priests and additional priests from throughout the diocese will hear confessions following a beautiful service that includes scripture readings and sacred music.

Senior Mass and Luncheon this Friday

Friday, March 6 | 11:30 am
Sacred Heart Church of OB
Church and Hall

A First Friday Mass, including the Sacrament of the Anointing of the Sick, and Senior Appreciation Luncheon are scheduled for this Friday, March 6. The Mass time is 11:30 am, with a St. Patrick's Day-themed lunch to follow in the parish hall. The suggested donation for lunch is \$5. You may also donate \$1 for a glass of wine and \$3 for a take-home second meal.



PLEASE CALL CAROLE SANDERS AT 619.225.2239 TO MAKE A RESERVATION, AND BE SURE TO INVITE FRIENDS!

Happy Birthday, Fr. Billy!



When you see Fr. Billy on Wednesday, March 4, be sure to wish him a Happy Birthday!

In Memoriam

Sacred Heart says goodbye to longtime parishioner, Charlie Daniels. Many will remember Charlie's friendly smile as he greeted everyone at the church doors as an usher for many years. Charlie passed on November 28, at age 93, in New Mexico, where he relocated after the death of his beloved wife Katherine. He enjoyed his final years with his grandson Colter and Colter's wife Melissa, who cared for him. Charlie was a kind, gentle, and generous man to our parish. Please keep him and his family in your prayers.



Got Easter Eggs?

We are two weeks into Lent, and that means Easter is on the way! Sacred Heart will again host our annual Easter egg hunt after the 10:00 Mass on Easter Sunday, April 5. Stephen Williams is beginning to collect eggs for the Easter Bunny. If you can help, please drop off your donation of plastic eggs and wrapped small candies in the parish office during office hours. Thank you!

Community Dinner

Tuesday, March 10 | 5–6 pm
Sacred Heart Church of OB Hall

Our next community dinner will be served in the hall on Tuesday, March 10, from 5–6 pm. Dinners are served every second and fourth Tuesday of the month, from 5–6 pm. Volunteers are always welcome and appreciated; please arrive at 3:30 pm if you'd like to help, and plan to stay until 6:30.

IF YOU HAVE QUESTIONS, PLEASE REACH OUT TO OCEANA FREE AT SANVEAN2 @GMAIL.COM OR CHERYL ACCOMAZZO AT CHERYLACCO@GMAIL.COM. MANY THANKS TO ALL INVOLVED IN THIS IMPORTANT MINISTRY.

Mass for the Divorced and Separated

Wednesday, March 11 | 6:30 pm
Diocesan Pastoral Center
3888 Paducah Drive, San Diego

Auxiliary Bishop Felipe Pulido welcomes you to a bilingual Mass for divorced and separated people on Wednesday, March 11, at 6:30 pm. Divorce and separation are never part of the plan, but the Church is here to help. For some in the divorced or separated Catholic community, there remains misunderstanding or shame surrounding the experience of Mass and the sacraments. It is in these times of grief and pain that we need His blessings the most. Join the community this Lent for healing. After Mass, stay for a dessert reception where divorce support ministers will be available to answer questions about resources across the diocese. To learn more, please contact Janelle Peregoy at jperegoy@sdccatholic.org.



GIVING

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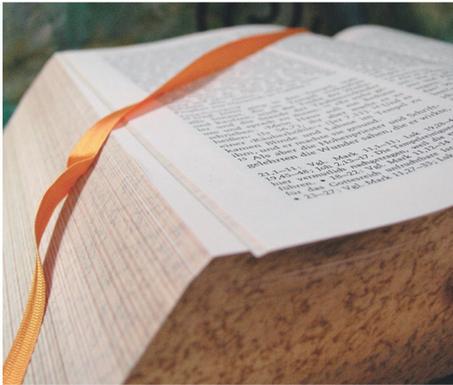
make a one-time donation, or you can sign up to give weekly. Thank you for your continued support and faithful giving. Many Blessings,

—FR. BILLY

You can also donate the car you no longer need to Sacred Heart

AT [HTTPS://CAREASY.ORG/SACRED-HEART-OF-OCEAN-BEACH](https://careasy.org/sacred-heart-of-ocean-beach) OR CALL 855.500.7433

MEDITATIONS



Readings for the Week

Sunday

Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22/2
Tm 1:8b-10/Mt 17:1-9

Monday

Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk
6:36-38

Tuesday

Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21
and 23/Mt 23:1-12

Wednesday

Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt
20:17-28

Thursday

Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk
16:19-31

Friday

Gn 37:3-4, 12-13a, 17b-28a/Ps
105:16-17, 18-19, 20-21/Mt 21:33-43,
45-46

Saturday

Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-
10, 11-12/Lk 15:1-3, 11-32



Reflection on the Readings

According to Matthew, Mark, and Luke, about a week before the Transfiguration, Jesus told his disciples for the first time that he would suffer and be killed, but on the third day he would be raised from the dead. Then he asserted that those who follow him must deny themselves and take up their crosses. (John did not write about the Transfiguration at all.) Therefore, it is only a few days after this challenging news that Peter, James, and John hear the Father's voice coming from a cloud saying, "This is my beloved Son, with whom I am well pleased; listen to him" (Matthew 17:5). My beloved Son just told you he was going to suffer, die, and be raised on the third day. Listen to him. He told you that you must deny yourselves. Listen to him. He commanded that you each take up your cross. Listen to him.

Perhaps only in retrospect do the disciples link the two events. Jesus is able to be seen transfigured in glory because he has accepted his cross and will sacrifice himself to follow the Father's will. We are called to take up our crosses and sacrifice our desires and self-centeredness to follow God's will. In doing so, we hope to one day be transfigured in glory for all eternity.

Today Jesus is seen transfigured, but in just over a month—on Good Friday—we will see our Lord disfigured: a crown of thorns thrust down upon his head, bloody welts on his body after being whipped by the soldiers, wounds in his hands and feet from the nails driven into them on the cross. For our sins, Jesus accepts becoming disfigured. But by putting his life in the Father's hands, he becomes transfigured in glory.

PRAYERS

Recognizing Our Military

LTJG Sutter Grune, USN
USS Howard (DDG 83) Sailors
EN2 Tyler McNabb, USN
Capt. Silas Huff, U.S. Army
Lt. Eva Johnstone, USN

IF YOU HAVE A LOVED ONE SERVING IN THE MILITARY WHO IS IN NEED OF PRAYERS OR ON SPECIAL DEPLOYMENT, YOU MAY CALL THE PARISH OFFICE AT 619.224.2746 TO HAVE HIM OR HER ADDED TO THIS PRAYER LIST.

Please give the military member's name, rank, branch of service, and if deployed, length of deployment. Remember to call the office when your loved one has returned home.

Adoration

**Sacred Heart Church Chapel
Behind the Altar | 9 am–7 pm**

If you would like a code to the chapel door, please contact Janice Teixeira at 619.246.4955 or teixeira@cox.net.



Do You Need Prayers?

Submit your prayer request to the Sacred Heart Prayer Ministry at www.bit.ly/ineedprayers. Our prayer warriors are ready to pray for you.

Mass Intentions

Saturday, February 28
4:30 pm | Dr. Louie Linarelli †

Sunday, March 1
8 am | Mass for Parishioners
10 am | Frank Barrancotto †
5 am | Deceased Members of the Accomazzo Family

Monday, March 2
8 am | Charlie Daniels †

Tuesday, March 3
8 am | Armando Padilla †

Wednesday, March 4
8 am | Fr. Billy Zondler

Thursday, March 5
8 am | Jimmy Howard †

Friday, March 6
8 am | Raquel Espinosa †
11:30 am | John Theisen †

Saturday, March 7
4:30 pm | Mike Mulligan †

Sunday, March 8
8 am | Antoinette Zolezzi †
10 am | Mass for Parishioners
5 pm | Dalny Balelo †

Our Lady of Lourdes Home Visits

Sacred Heart's traveling Our Lady of Lourdes statue is available for private prayer devotion in your home for up to 2 weeks.



PLEASE CONTACT JUNE SPROSTY AT PRAYERMINISTRY@SACREDHEARTOB.ORG TO RESERVE AND BE BLESSED BY OUR HOLY MOTHER.



Remember in Your Prayers

Ginny Buerger
Denise Cleaton
Norma Evans
Della Greenwell
Fr. Ron Hebert
Yvette Howard
Fr. Tom Kiely
Mikael Peters
Pat Schmitt
Jean Skoblar
Margaret Schweizer
Lisa Shamoun and Family
Jean Skoblar
Lisa Sofio
Gary Turton
Tate Van Lopik
Philip Varner
Betty White
Leslie Williams
Maria Wimer

NAMES WILL REMAIN ON OUR PRAYER LIST FOR 30 DAYS AND CAN BE RENEWED BY CONTACTING THE PARISH OFFICE AT 619.224.2746

PARISH TEAM

EDITED 01.11.25

PARISH OFFICE

Monday through Friday
Hours: 8:30 am–4 pm
Closed noon–1 pm for lunch
619.224.2746

BAPTISMS

Contact Deacon Mark Wieczorek
before scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
as you begin your wedding
planning.
619.224.2746

FUNERALS

Contact Janice Teixeira
619.246.4955

APPOINTMENTS

619.224.2746

PARISH STAFF

Rev. Billy Zondler, Pastor
619.224.2746
bzondler@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR
In Residence

Rev. Anthony (Tony) Stanonik
In Residence

Rev. Mr. Mark Wieczorek, Deacon
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Janis Cantú
Music Director
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musicdirector@sacredheartob.org

PARISH MINISTRIES

ALTAR AND ROSARY SOCIETY

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ALTAR SERVERS

Contact the parish office to
enroll your child in the next
training.
619.224.2746

BEREAVEMENT MINISTRY

Janice Teixeira
619.246.4955
teixeira@cox.net

CARE OF THE WHOLE PERSON

Janice Teixeira
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COMMUNITY DINNERS

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Cheryl Accomazzo (Food Service)
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CREATION CARE

Mary Cairns
619.223.8859
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FINANCE COUNCIL

Mary Nauert
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HOSPITALITY MINISTRY

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PARISH MINISTRIES

KNIGHTS OF COLUMBUS

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LOAVES & FISHES

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MINISTERS OF HOLY COMMUNION AND THE WORD

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OCIA: BECOMING CATHOLIC

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sacredheartob.org

PRO-LIFE AND YOUNG FAMILIES

619.224.2746
parishoffice@sacredheartob.org

SACRED HEART PRAYER MINISTRY

June Sprosty
Submit your prayer request to
www.bit.ly/ineedprayers

PARISH MINISTRIES

SENIOR ACTIVITIES

Janice Teixeira
619.246.4955
teixeira@cox.net

SMALL CHURCH COMMUNITIES

Stephen Williams
619.224.2746 x102
religioused@sacredheartob.org

WALL OF REMEMBRANCE

Janice Teixeira
619.246.4955
teixeira@cox.net

YOUNG ADULTS

religioused@sacredheartob.org

PRESCHOOL

SACRED HEART ACADEMY

Mrs. Rebecca Godina, Director
4895 Saratoga Avenue
619.222.7252
shaobpreschool2@gmail.com
sacredheartpreschool.org

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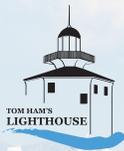


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