

Parish Built on Love

# The Heart of Ocean Beach

MAY 25, 2025 | SIXTH SUNDAY OF EASTER

### Welcome

### **MASS SCHEDULE**

Weekday Mass Monday—Friday | 8:00 am

#### Weekend Mass

Saturday | 4:30 pm Sunday | 8:00 am,10:00 am 5:00 pm

#### Confession

Monday | 7:30 am—7:55 am Saturday | 3:15 pm—4:00 pm Other | By Appointment

Rosary & Divine Mercy Chaplet: After Daily Mass

Adoration available in chapel 7 am to 7 pm

#### **OUR MISSION**

**EMPOWERED BY JESUS.** THE MISSION OF THE CHURCH OF SACRED **HEART IS TO:** 

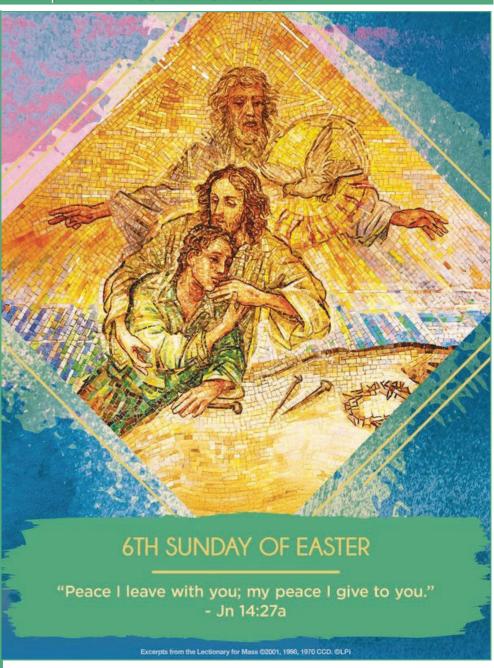
Strengthen the community through worship,

Live the Gospel with Compassion and Jov.

And guided by the Holy Spirit, to meet the needs of the people.

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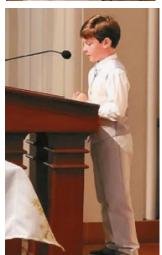


SACRED HEART CHURCH OF OCEAN BEACH 4776 SARATOGA AVE., SAN DIEGO, CA 92107

619 224 2746 | www.sacredheartob.org

### **ACTIVITIES & HAPPENINGS**







First Holy Communion Congratulations to our Sacred Heart children who received their First Holy Communion on Sunday, May 18. Please pray for; Luis Alberto Bardales Joseph Henry Bell Lyndon Thomas Bell Jason Patrick O'Connor Bigsby Brendan James Dunlay Maeve Marie Lawler Riley Schumeyer Wendy Lauren Senescall Abraham Vergara Dylan Olivia Wilkerson Daniella Yasmin David Yasmin

### Care for the Whole Person

Saturday, June 7th, 10:00 am— 11:30am at Sacred Heart Church Parish Hall Sunset Cliffs Blvd.

Please join Care of the Whole Person for a presentation on **Memory Loss.** The presentation is for those experiencing memory loss and

experiencing memory loss and their families and is presented by Alzheimer's San Diego.

- What memory loss, dementia and Alzheimer's are
- The scope of the impact in the US
- Signs of dementia and memory loss
- Risk factors for dementia
- Basic communication tips for interacting with someone with dementia
- How to access free community services

Please RSVP to Janice Teixeira at Teixeira@cox.net or call/text 619-246-4955.

### A brand is...

- An identity
- What one believes
- What one stands for
- A message

Do you have a personal brand?

What is our parish brand?

#### **Prayer for Peace**

Fill us with Your peace, Lord, as you promised in Your word. Peace in our comings and goings, Peace that You are working and moving, Peace for what has happened, the places we find ourselves today, and in the future to come.

Amen.

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SACRED **HEART OF OB** COMMUNITY **DINNER & PANTRY** 

Our dinner serving schedule is EVERY OTHER TUESDAY. Our next dinner services will be on May 27th and June 10th from 5:00 to 7:00 pm. Volunteers are needed for meals both days. Volunteers please arrive and be available at 3:30 pm.

Thank you for your continued support of this ministry. We are truly a parish built on love, and it has been our privilege to give back to the community of OB.

> Please keep us in your prayers.



MONDAY, MAY 26, 2025

### **GOSPEL MEDITATION**

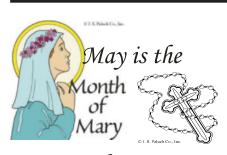
Jonathan Haidt's 2024 book entitled "The Anxious Generation" argues that today's kids are marked by significant increases in anxiety, as the title suggests. Smartphones, social media, economic uncertainty, the chaos of a global pandemic, fear regarding climate change, and the so-called "meaning crisis" all contribute to strikingly high levels of anxiety in young people today. I'm a bit older than this generation, but I feel it, too. The world can be too much to handle.

The Gospel this week offers a stunning solution for troubled souls. To his overwhelmed and anxious disciples, the risen Jesus says, "Peace I leave with you; my peace I give to you" (John **14:27).** His peace is that of the one who was overwhelmed on the cross and then conquered death by the power of his divinity, his bond of love with the Father. He offers us this unshakeable peace.

Of course, mental illness does not magically disappear because of the risen Jesus. But he does walk with us and offer us his peace in the midst of our suffering. The peace the world gives is not like his because it is weak, uncertain, and self-generated. Jesus' peace is strong, sure, and given as a gift from God. He gives it to us amid our anxiety. Will you receive it as a gift? I hope so. He wants to fill the hearts of this generation with his peace.

- Father John Muir

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Pray the Rosary

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The parish office will be closed Monday, May 26, in honor of Memorial Day.



#### **READINGS FOR** THE WEEK

Monday: Acts16:11-15/Ps

149:1b-2, 3-4, 5-6a and 9b/Jn 15:26—

16:4a

Tuesday: Acts 16:22-34/Ps

138:1-2ab, 2cde-3, 7c-8/Jn 16:5-11

Wednesday: Acts 17:15, 22-

18:1/Ps 148:1-2, 11 -12, 13, 14/Jn 16:12

-15

Thursday: Acts 18:1-8/Ps 98:1,

2-3ab, 3cd-4/Jn

16:16-20

Ascension: Acts 1:1-11/Ps 47:2-

3, 6-7, 8-9 (6)/Eph 1:17-23 or Heb 9:24 -28; 10:19-23/Lk

24:46-53

Friday: Acts 18:9-18/Ps

47:2-3, 4-5, 6-7/Jn

16:20-23

Saturday: Zep 3:14-18a or

> Rom 12:9-16/ Is12:2`-3, 4bcd, 5-

6/Lk 1:39-56

Sunday: Acts 7:55-60/Rv

22:12-14, 16-17,

20/Jn 17:20-26

Ascension: Acts 1:1-11/Ps 47:2-

3, 6-7, 8-9 (6)/Eph 1:17-23 or Heb 9:24 -28; 10:19-23/Lk

24:46-53

#### or the Intentions Week

May 24 Saturday 4:30 p.m. Doroth **May 25 Sunday** Dorothy & Gerald Barreda † Mass for Parishioners 8:00 a.m. 10:00 a.m. Sally Griffin †

5:00 p.m. **May 26** Flavia Di Tullio † Monday

Mary Anibal Freitas † 8:00 a.m. Tuesday **May 27** 

8:00 a.m. Fernando Padilla † Wednesday **May 28** 

8:00 a.m. Juliet Marie Pierrette Bui † Thursday **May 29** 

8:00 a.m. John May 30 Friday John S. Moson †

8:00 a.m. Bishop Joe Coffey May 31 Saturday

4:30 p.m. Richard Harkin † June 1 Sunday Patty Barrancotto 8:00 a.m.

10:00 a.m. Claude Fenner † Barbara Christianson † 5:00 p.m.



#### **Please Remember in Your Prayers**

Inoue Family Rene Acosta Fr. Tom Kiely Cathy Adams Loki Aevermann-Rich Koppel Cantu Brandon Ashcraft Nicholas Kunes Nargis Barkzai & Ed Lloyd Family Barreda Family Patricia Marie Darla Bebrin

Mike Bixler

Family

Jim Buckley

Carrillo Family

Dasan Castrapel

Aubrey Clark

Paul Cloutier

Kat Cloutier

John Correia

Hayden Cooper

Denise Cleaton

Borel-LeCompte

Tony Masiello Francis Mason

Merola Family

Bill Moore Kathy O'Sullivan & Family

Lee Pirrotti Alex Polifka Mark Price Jack Quinn Jim Rogers Tony Rogers Cathy Sables

Tricia Danielson Pat Schmitt Nazario Dorego Margaret Schweizer

Jules Fish Gerry Scott The Flores Family Nelson Soto

Richard Friel Gloria Soto & family Timothy Geisler

Michael Ryan Ghilliotti

Della Greenwell

Desire Hernandez Family Cathleen Hornsby Stewart Witt

Yvette Howard

Fr. Thomas Thompson William Tontz Nora Van Leeuwen Betty White



Adoration at Sacred **Heart Chapel** 

Adoration in the church chapel behind the altar is between the hours of 7am to 7pm. If you would like the new code to the chapel door, please email Janice Teixeira at: seniorministry@sacredhea rtob.org or 619-246-4955.

Pray for all of us.

#### REMEMBER YOUR CHURCH BY USING ONLINE GIVING

- • Scan this QR code to go directly to our secure online giving site.
- our website: Or. go to www.sacredheartob.org and click on the "Contribute to Sacred Heart" button,

You can make a one time donation or you can sign up to give weekly.

Thank you for your continued support and faithful giving.

Many Blessings, Fr. Billy.







a Church that walks together, that seeks peace, charity and draws near to those who suffer." POPE LEO XIV

#### Stewardship as a Way of Life

In today's Gospel we witness the last evening Jesus spends with his disciples before his death. He has already made it clear that his followers will show their love for him by serving others. To live that kind of love, they will need the active presence of God in their midst. Jesus tells his disciples that he and his Father will come and make their home with them. He also tells them that the Holy Spirit will be among them to teach them and remind them of all that Jesus had taught. Good stewards recognize that God is in their midst and that the Holy Spirit is guiding them. How often do we acknowledge God's presence in our lives? How often do we allow the Holy Spirit to guide us?

#### RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force Lt. Gregory Becker, Navy Lt. Edgard Corea, Navy Ensign Daniel Flanagan, Navy SGT. William J. Hansen Jr., U.S. Army USS Howard (DDG 83) U.S. Navy Ship Capt. Silas Huff, U.S. Army Tech. SGT. Marcos Portella, Air Force Major Phil Rodriguez, USMC Victor Salazar, MSG Cory Sullivan, U.S. Army Capt. Andrew Sullivan, U.S. Army Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.



Knights of Columbus Pancake Breakfast!

The Knights of Columbus are serving breakfast today, **June 1st**, in the parish hall. Join your friends after Mass for a great breakfast. Find out what it means to be a Knight.

<u>Charity • Unity • Fraternity •</u>
Patriotism

**CURRENT MEMBERS** are encouraged to join their meetings on the first Thursday of the month. The Council meeting is on May 1st at 7:00 pm. at the Knights of Columbus Hall at 2244 Bacon Street, OB.





Registration is now open on the parish website for Sacred Heart Vacation Bible School. VBS is the week of July 14—18! It will transport the children back to Egypt. They will be learning about Joseph's story from the Old Testament book of Genesis—how Joseph went from being a prisoner to living in the palace of the Egyptian king.

VBS is for children from 4 to 11 years old. We do need children from ages 12 through 18 years as junior leaders and adults to help with our program. For more information please contact Stephen Williams. religioused@sacredheartob.org



#### **Confirmation**

Teen Confirmation will take place at the 10:00 am Mass on Sunday, May 25. There will be a reception following in the parish hall.

### OTHER PRAYERFUL OPPORTUNITIES

#### PENTECOST MASS FOR ALL PEOPLES

Saturday, June 7, 2025.

This annual Mass brings together the Catholic cultural communities present in the diocese in a colorful feast of languages and faith traditions. Heritage Exhibits|Ethnic Food Tasting | Live Music. All are welcome! 10 am Call to Worship | 11 am Mass celebrated by Bishop Ramon Bejarano | 12 pm | Festival of Cultures. Free family event!

Cathedral Catholic High School, 5555 Del Mar Heights Rd. San Diego, CA 92130





### Waves of Generosity Loaves and Fishes 2nd Annual Fundraiser

Dinner & Silent Auction \$40.00 per Adult Saturday May 31, 2025 5:00—8:00 PM

St. Peter's by the Sea 1371 Sunset Cliffs Blvd. San Diego, CA 92107

#### MILLION MEAL EVENT

Diocesan major Fund-raiser to supply 1,000,000 meals to various locations world-wide, including half the meals to the Casa de los Pobres in Tijuana, BC, and half to Haiti, Africa, and locally in the USA. The Permanent Diaconate has partnered with **Kids around the World** for 4 years to put on the largest event of this type. We hope that all the parishes and all the deacons get involved in some way to make this happen again. This year MME 2025 will be held at **Cathedral Catholic High School**, June 13-14, 2025. We are planning a 1-day set up and a 1-day event to pack one million meals. Sign up with QR code at right..



#### **PARISH OFFICE**

Monday through Friday Hours: 8:30 AM—4:00 PM Closed 12:00 PM—1:00 PM for lunch 619-224-2746

#### **BAPTISMS**

Contact Deacon Mark before scheduling a date with friends and relatives. deaconmark@sacredheartob.org

#### **MARRIAGE**

Contact Rev. Billy Zondler before planned wedding 619-224-2746

#### **FUNERALS**

Contact Janice Teixeira 619-246-4955

#### **APPOINTMENTS**

619-224-2746.

#### PARISH STAFF (619-224-2746

Rev. Billy Zondler, Pastor bzondler@sacredheartob.org

Rev. Mr. Mark Wieczorek, Deacon

Email:

deaconmark@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, USNR

#### In Residence

Rev. Anthony (Tony) Stanonik In Residence

Stephen Williams **Director of Catechetical Ministry** 

619-224-2746 ext #2 religioused@sacredheartob.org

Youth Minister/Young Adults 619-224-2746 youthminister@sacredheartob.org

Lisa Danaher Office Manager 619-224-2746 ext #1 Parishoffice@sacredheartob.org

Rachel Ohalek **Bookkeeper** 619-224-2746 ext #3 Bookkeeper@sacredheartob.org



#### SACRED HEART **ACADEMY** PRESCHOOL

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shaobpreschool2@gmail.com sacredheartpreschool.org

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Altar Servers

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teixeira@cox.net

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Teofla Rich 619-758-0943 garich@cox.net

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619-224-2746

Ministryscheduler@sacredheartob.org Ministry to the Homebound

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Ministry of SH of OB Community Dinner Jack Hamlin 619-224-2746 jackhamlin55@gmail.com

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Janis Cantu 619-253-0391 janiscantu@gmail.com

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Kate McKenzie 619-224-2746 Ministryscheduler@sacredheartob.org

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619-309-8732 Katie Inoue katietonz@yahoo.com

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Senior Activities

619-246-4955 Janice Teixeira seniorministry@sacredheartob.org

**Small Church Communities** 

Stephen Williams 619-224-2746x102 religioused@sacredheartob.org Wall of Remembrance

Janice Teixeira 619-246-4955 seniorministry@sacredheartob.org

Vince Linarelli 619-224-2746

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Young Adults

youthminister@sacredheartob.org

Youth Minister/Confirmation

youthminister@sacredheartob.org

1/26/25

**Management According** to the Apostles

Here's my idea for a leadership conference: The Management Style of the Apostles. Think about it, the only thing the Apostles had more Apostles holiness abundantly than problems. Lots and lots of problems ... most of them of the human resources variety. It's no small feat, starting Christ's Church on earth. I wouldn't want to be project manager of that endeavor.

The Acts of the Apostles is, in some ways, a big book full of problems and ways to solve them. It's a blueprint for tackling interpersonal issues in the manner of a true steward, who encounters every problem starting from the same place: What would my Master want?

It's a question we should be asking every time we, ourselves <sup>2</sup> encounter a problem — especially problems relating to other people. What is the truth in this situation, and

how would God have me communicate it? How could I handle this in a way that is worthy of the name of my Master?

a lot of In Acts, we see characteristics of evervdav stewardship. We see the Apostles mindfully acknowledge the lack of peace that is posed by problems like false teachings, this Gospel's problem du jour. They prayerfully confront the obstacles to salvation posed by these issues. Always, always, always, their main objective is to reveal the will of God, remaining committed to the truth while helping newcomers find avenues to salvation.

Maybe I'm just saying it because it's my idea — but it sounds like a conference we could all use.

> - Tracy Earl Welliver, MTS ©LPi

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