



A Parish Built on Love

The Heart

of Ocean Beach



FEBRUARY 9, 2025 | THE FIFTH SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Monday | 7:30 am—7:55 am

Saturday | 3:15 pm—4:00 pm

Other | By Appointment

Rosary & Divine Mercy Chaplet: After Daily Mass

Adoration available in chapel
7 am to 7 pm

OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
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meet the needs of the people.

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5TH SUNDAY IN ORDINARY TIME



Jesus said to Simon, "Do not be afraid; from now on you will
be catching men." When they brought their boats to the
shore, they left everything and followed him. - Lk 5:10-11

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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SACRED HEART CHURCH OF OCEAN BEACH
4776 SARATOGA AVE., SAN DIEGO, CA 92107
619 224 2746 | www.sacredheartob.org

PARISH ACTIVITIES & HAPPENINGS

Lenten Small Groups

Join a six-week Lenten Small Group and make the most of your Lent starting March 3rd! Small groups will meet each week and reflect on the Sunday readings. Groups will meet in person at different times and days. The book we will use is "Live Lent" by O.P. Sr. Theresa Rickard, and the cost is \$10. Please sign up for a group by **February 24th**. You can fill our a paper form and place it in the collection basket or drop it off in the parish office. You can also fill out the form online, on the Sacred Heart website, under the Small Church Community tab. Hope to have ya'll join. For more information or questions, please contact Stephen Williams at: religioused@sacredheartob.org or call at (619) 224-2746 *102.



SACRED HEART OF OB COMMUNITY DINNER & PANTRY

Our dinner serving schedule is **EVERY OTHER TUESDAY**. Our next dinner services will be on **February 18th and March 4th**. We will have our usual dinner service from 5:00 to 7:00 pm. **Volunteers** are needed for both meals. Dinner service will begin at 5:00 pm. Volunteers, please arrive and be available at 3:30 pm. **Thank you** for your continued support of this ministry. We are truly **a Parish built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers.

Prayer of Spouses for Each Other

Lord Jesus, grant that I and my spouse may have a true and understanding love for each other.

Grant that we may both be filled with faith and trust.

Give us the grace to live with each other in peace and harmony.

May we always bear with one another's weaknesses and grow from each other's strengths.

Help us to forgive one another's failings and grant us patience, kindness, cheerfulness, and the spirit of placing the well-being of one another ahead of self.

May the love that brought us together grow and mature with each passing year.

AMEN

From Treasury of Prayers by Father Eamon Tobin



In Memoriam

Mike Balich, a long-time parishioner and resident of Ocean Beach, passed away November 24, 2024. A funeral Mass for Mike will be at 10:30, on **February 21, 2025**. Please pray for Mike and his family.

May the Angels lead Mike into paradise.



In Memoriam

IN LOVING MEMORY Please pray for **Claude Fenner**, Fr. Billy's grandfather, who passed away from cancer at the age of 97 after a long and happy life. Please keep Fr. Billy and his family in your prayers during this time.

May the Angels lead Claude Fenner into paradise.

TRUST

Trust is important, especially in our relationship with Jesus. He calls us all the time and asks for us to trust. However, because of doubt or a desire to follow our own will, we choose to disregard his request. After objecting to Jesus' request to lower his net into the water, Peter was humbled when he caught so much fish that the net began to tear. Peter was a fisherman by trade. Surely he knew what the catch was probably going to be that day. But Jesus asked him to follow his will. Peter wanted to follow his own. Peter realized that his trust from then on should be in the Lord.

Do you sometimes think your generosity will bear little fruit? Do you wonder if your surrender to God in stewardship living really amounts to much at all? Trust in Jesus, the one who calls you to this life. His word is truth, and he would never let you fall.

—Tracy Earl Welliver, MTS

"What do you get when your cross Sherlock Holmes and a Marian apparition?"



"The mysteries of the Rosary!"



Join fellow parishioners for donuts, coffee, and fellowship on Sunday, February 16, in the hall after each morning Mass.



The gift of the Mission

Early on in my work in parish ministry, I had to deal with a tough human resources situation, letting some staff members go and stepping into a role that demanded more of my time and energy.

In moments like this, stewardship can feel burdensome. Things take a turn we didn't expect, perhaps in spite of our best efforts. Maybe more is asked of us than we want or feel prepared to give.

But that's when we need to remember that stewardship isn't a job that we apply for. It's a gift bestowed directly from God, the Creator of all, and that can be scary all on its own, if we are preoccupied with our own unworthiness. What we might want to do is fall on our knees like Simon Peter and announce, "Depart from me, Lord — I am sinful."

But what if we stop looking in the mirror and look instead to God?

All those years ago, when I was faced with that ministerial challenge, I asked my wife to join me. What started as a tough situation turned into a decade of shared ministry with her — an experience I wouldn't trade for anything. It was a burden that became a gift.

We must remember that God knows what He is about. In His mercy, He gives us what we need as everyday stewards. When God calls out, "Whom shall we send?" we — in all our sinfulness — are allowed to cry out "Send me, Lord!" And He sends us out and behold — our nets tear with the bounty we harvest in His name.

— Tracy Earl Welliver, MTS
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Prayer Works



GOSPEL MEDITATION

My parents' garage is full of old junk that no longer serves any purpose in my life. As a 46-year-old man, I admit that's pretty lame. Either due to my sentimentality or laziness (or both, probably), I just couldn't get myself to throw things away. But a few days ago, by a grace of God, I thought: "I'll hire my nephew Ryan to throw a bunch of my stuff away — he couldn't care less about my junk!" And you know what? It worked. In one day, Ryan chucked the majority of his uncle's useless stuff. I feel so free, ready for a new junk-free chapter in my life.

This kind of thing happens in this Sunday's Gospel. Peter's net is full of useless junk. Luke says he and the others are cleaning their nets after catching no fish. Imagine them dejectedly and impatiently removing a nasty assortment of seaweed, sticks and muck. The Lord teaches and calls them once their nets are cleared out. So it goes with us. Spiritual life begins by removing that which is useless and merely taking up space in our hearts, minds and lives. Then Jesus teaches and acts in a marvelous way in our lives, too.

So what's junking up your net? What habits, attachments, possessions, preoccupations? If, like me, you struggle to clean your nets by yourself, ask the Lord to send you someone like my nephew to be your "Peter" and help you clean it out. It is well worth it. Once Peter's net is clean, he is free to make a wonderful catch.

— Father John Muir
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Prayer When Facing the Unknown

Dear Jesus,
When you call me to places where I am unfamiliar, be with me.
When you invite me to a mission I feel ill-equipped to handle, give me your strength.
Help me to leave everything and follow you.

Amen.

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READINGS FOR THE WEEK

- Monday:** Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c/Mk 6:53-56
- Tuesday:** Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9/Mk 7:1-13
- Wednesday:** Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28, 29bc-30/Mk 7:14-23
- Thursday:** Gn 2:18-25/Ps 128:1-2, 3, 4-5/Mk 7:24-30
- Friday:** Gn 3:1-8/Ps 32:1-2, 5, 6, 7/Mk 7:31-37
- Saturday:** Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13/Mk 8:1-10
- Sunday:** Jer 17:5-8/Ps 1:1-2, 3, 4, 6, (40:5a)/1 Cor 15:12, 16-20/Lk 6:17, 20-26 5:1-11

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Mass for the Intentions for the Week

- Feb. 8 Saturday**
4:30 p.m. Jose C. & Albertina Tavares †
- Feb. 9 Sunday**
8:00 a.m. Mass for Parishioners
10:00 a.m. Mike Balich †
5:00 p.m. Flavia De Tullio †
- Feb. 10 Monday**
8:00 a.m. Howard & Azevedo Families †
- Feb. 11 Tuesday**
8:00 a.m. John S. Moson †
- Feb. 12 Wednesday**
8:00 a.m. John Correia
- Feb. 13 Thursday**
8:00 a.m. Denise Cleaton
- Feb. 14 Friday**
8:00 a.m. Patty Barrancotto †
- Feb. 15 Saturday**
4:30 p.m. Jose F. & Emilia Tavares †
- Feb. 16 Sunday**
8:00 a.m. Margaret Stermole †
10:00 a.m. Trudy & Jim Mulligan †
5:00 p.m. Mass for Parishioners



- | | |
|-------------------------|----------------------|
| Rene Acosta | Fr. Tom Kiely |
| Cathy Adams | Bill Klatt |
| Brandon Ashcraft | Rich Koppel |
| Nargi Barkzai | Nicholas Kunes |
| Barreda Family | Ed Lloyd |
| Darla Bebrin | Patricia Marie |
| Borel-LeCompte Family | Tony Masiello |
| Jim Buckley | Francis Mason |
| Loki Aevermann-Cantu | Braylee Mehczig |
| George Carrillo | Merola Family |
| Melinda Carrillo | Bill Moore |
| Sonia Carrillo | Lee Pirrotti |
| Dasan Castrapel | Alex Polifka |
| Aubrey Clark | Mark Price |
| Denise Cleator | Jack Quinn |
| Paul Cloutier | Jim Rogers |
| Kat Cloutier | Tony Rogers |
| John Correia | Carl Rosengrant |
| Hayden Cooper | Cathy Sables |
| Tricia Danielson | Pat Schmitt |
| Nazario Dorego | Margaret Schweizer |
| Jules Fish | Gerry Scott |
| The Flores Family | Nelson Soto |
| Richard Friel | Gloria Soto & family |
| Timothy Geisler | Fr. Thomas Thompson |
| Michael Ryan Ghilliotti | William Tontz |
| Della Greenwell | Nora Van Leeuwen |
| Desire Hernandez Family | Betty White |
| Yvette Howard | Stewart Witt |
| Inoue Family | |



Monstrance in Adoration Chapel
Adoration in the church chapel behind the Altar is **between the hours of 7am to 7pm**. If you would like the new code to the chapel door, please email Janice Teixeira at: **seniorministry@sacredheartob.org** or **619-246-4955**.
Pray for all of us.

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Many Blessings, Fr. Billy.



FEBRUARY



The Parish Office will be closed on Monday, February 17, 2021.

Stewardship as a Way of Life

In the first reading from the prophet Isaiah we get a glimpse of a model for Christian stewards to follow. Within the temple, God’s voice shakes the foundations and causes the natural world to shake and tremble. The Lord asks: “Whom shall I send? Who will go for us?” Isaiah replies to the call of God for service with immediacy and enthusiasm: “Here I am, send me!” There is no hesitation. There are no excuses, contingencies, or “what-ifs.” Good stewards know that responding to the Lord’s call to serve is never easy, never simple to grasp, never designed for ready comfort and success. But the call needs a response. What about us? What does it take to shake us into an enthusiastic response? To say to God: “Here I am, Lord. Send me!”

ICSC



RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force
 Lt. Gregory Becker, Navy
 Lt. Edgard Corea, Navy
 Ensign Daniel Flanagan, Navy
 SGT. William J. Hansen Jr.,
 U.S. Army
 Pvt. III Class Andrew
 Higgin Botham,
 U.S. Army
 USS Howard (DDG 83)
 U.S. Navy Ship
 Capt. Silas Huff, U.S. Army
 Tech. SGT. Marcos Portella,
 Air Force
 Major Phil Rodriguez, USMC
 CPL Nick Salazar, USMC
 MSG Cory Sullivan, U.S. Army
 Capt. Andrew Sullivan, U.S. Army
 Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

LIVE THE LITURGY

"I am a sinful man," says Simon Peter as he falls to his knees before Jesus. He had doubted the Lord, had hesitated to follow his instructions. How often can the same be said of us? Remember that God knows the outcome. He knows our nets will be filled. Do not be afraid.

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RELIGIOUS EDUCATION

Stations of the Cross

Stations of the Cross will begin the first Friday of Lent March 7th.

From then on we will have Stations of the Cross every Friday of Lent.

Stations of the Cross will begin at 6pm in the church.

There will be a soup reception in the hall after for those who wish to stay and visit.

Thank you to the Small Church Communities, Choir, and Young Adults for putting this event on during Lent.

For more information or questions, please contact Stephen Williams:

relgioused@sacredheartob.org

or call at (619) 224-2746 *102.



Sacred Heart Vacation Bible School (VBS) will be the week of July 14–18! This year the theme will transport the children back to Egypt. They will be learning about Joseph's story from the Old Testament book of Genesis.

The children will learn how Joseph went from being a prisoner to living in the palace of the Egyptian king.

VBS is for children from 4 to 11 years old. We do need children from ages 12 through 18 years as junior leaders and adults to help with our program. For more information please contact Stephen Williams.

Children's Religious Education

Classes meet Sundays at SH Academy

The 2025 Children's Religious Education program is for children, kindergarten–5th grade. Classes meet Sunday's at 8:30 at SH Academy Any questions please contact Stephen Williams: (619) 224-2746 ext #102 email: relgioused@sacredheartob.org



OTHER PRAYERFUL OPPORTUNITIES



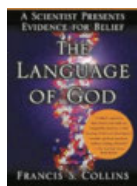
The Diocese invites all married couples to attend our Diocesan Marriage Anniversary Mass on Saturday, February 15 at 11am at Good Shepherd Parish. The observances of National Marriage Week (February 7-14) and World Marriage Day (Sunday, February 9) present us with a unique opportunity to re-dedicate ourselves to better understanding, celebrating, nurturing, and living out the beautiful Sacrament of Matrimony given to us by God for our holiness and eternal salvation. We're all in this together!

Care for the Whole Person

Come join this very rewarding ministry. The next **Care of the Whole Person** meeting is Wednesday, February 19th, at 3:00 pm in the Alley Cottage. Everyone is invited. Please come and find out more about this program and see how you can be involved helping our homebound, elderly and unsheltered parishioners/guests.



Sacred Heart Book Club



The Book Club will meet Friday, **February 21st at 11:00 AM** in the parish rectory. Our book for this month is **"The Language of God"** by Francis S. Collins . Many copies are available from the library. Amazon paperback is \$10.69. eBay also has several copies available. More info: contact Cindy Krause, Krause67@gmail.com.

PARISH OFFICE

Monday through Friday
Hours: 8:30 AM—4:00 PM
Closed 12:00 PM—1:00 PM
for lunch
619-224-2746

BAPTISMS

Contact Deacon Mark before
scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
before planned wedding
619-224-2746

FUNERALS

Contact Janice Teixeira
619-246-4955

APPOINTMENTS

619-224-2746.

PARISH STAFF

(619-224-2746)

Rev. Billy Zondler, **Pastor**
bzondler@sacredheartob.org

Rev. Mr. Mark Wieczorek,
Deacon
Email:
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Rev. Lt. Emmanuel Ochigbo,
USNR
In Residence

Rev. Anthony (Tony) Stanonik
In Residence

Stephen Williams
**Director of Catechetical
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- Altar Servers
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- Bereavement Ministry
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- Youth Minister/Confirmation

The Catch

By Colleen Jurkiewicz Dorman

I love today's Gospel passage, and not just because I love a good fish fry.

I love it because I am Peter. Over and over again, I am Peter, standing here exhausted because I relied on my own abilities, and it got me nowhere. I'm ready to call it quits. I'm ready to say it's too hard. And here comes Jesus, asking me to lower my net. To keep trying.

And I try to talk sense into him. "It's not going to work, God," I insist. "I've been trying."

"You've been trying," Jesus agrees. "But you haven't asked for my help yet."

What does it mean to lower your net? It sounds so simple and so easy, but it takes a great deal of humility and trust. I think I'm the expert on my own life, the captain

of my own ship. Peter probably thought so, too — he was the fisherman, after all. Why would a fisherman listen to a carpenter on matters of fishing?

Lowering your net means giving God control and letting yourself be changed by what He chooses to show you.

It means to listen to God's instructions, even when you don't understand them, even when you find them frustrating. It means to keep trying the hard thing that you know is the right thing, even when it hasn't born much fruit. It means to keep loving the person who is making life hard on you, even when all you want to do is give into feelings of bitterness and distrust.

If we would only lower our nets, the catch would astound us.



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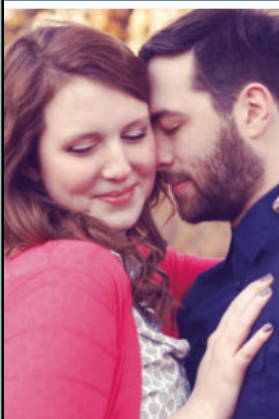
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