

A Parish Built on Love

The Heart

of Ocean Beach



JANUARY 19, 2025 | SECOND SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Monday | 7:30 am—7:55 am

Saturday | 3:15 pm—4:00 pm

Other | By Appointment

**Rosary & Divine Mercy
Chaplet: After Daily Mass**

Adoration available in chapel
7 am to 7 pm

OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

Strengthen the community
through worship,

Live the Gospel with Compassion
and Joy,

And guided by the Holy Spirit, to
meet the needs of the people.



2ND SUNDAY IN ORDINARY TIME



There was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." - Jn 2:1-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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PARISH ACTIVITIES & HAPPENINGS

It Takes All Kinds

“If every flower wanted to be a rose,” wrote St. Therese of Lisieux, “spring would lose its loveliness.”

Who is God asking you to be today? There is an obvious answer that springs to mind right out of the gate. God wants me to be a good person (a good father, a good husband) today; today, God wants me to be a saint.


But this answer fails to get to the heart of the question. We are all striving today to serve the same Spirit, but we are given different gifts to do so. The one who has the gift of knowledge may fail if today he decides he wants to be a healer. The one who has the gift of “varieties of tongues” might falter in the expression of wisdom.

Think about the wedding at Cana and the players in the scene: the servers, the guests, the bride and groom. They all have a unique role to play, and though it is to the servers that Mary gives the instruction, “Do whatever he tells you,” her words apply to all.

Today, are we called to be the servers — do we wait on God’s instruction and carry it out, no matter how foolish or impossible it may seem to our human ears? Are we asked to be the disciples, to bear witness to a miracle and to give our testimony? Are we called to imitate the Blessed Mother herself and give encouragement to follow God’s word?

Let us examine our gifts and listen in the silence of our hearts to the direction of the Spirit. Then and only then, let us do whatever He tells us.

- Tracy Earl Welliver, MTS
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 This weekend, January 19, in the hall after each morning Mass, we will be serving donuts and coffee. Join us for fellowship as well!

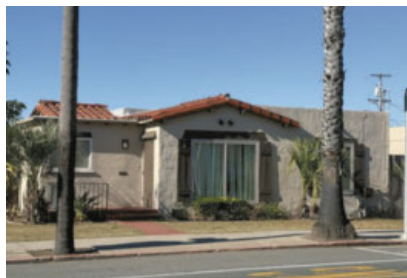


“And the Winner is!!”

1st Prize \$500 Bob Pieper
 2nd Prize \$250 Kona Kai Carmen Pavlovich
 3rd Prize \$100 Cohn Gift Card Cindy Calleros
 4th Prize Sled Porch Sign Mary Kay Cook
 5th Prize Gnome Yard Sign Ivonne Harper
 Sewing Machine + Gift Card Janis Cantu
 Ceramic Nativity Karen Linarelli

THANK YOU TO EVERYONE WHO MADE THIS YEAR’S CHRISTMAS MARKET SO SUCCESSFUL!

The proceeds are being used to update the Corner Cottage with new flooring & paint, etc.

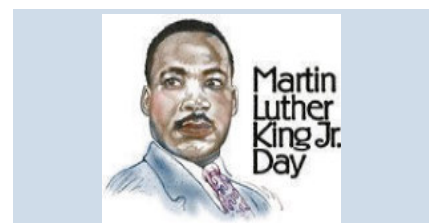


January 22, 2025



A great prayer for life is urgently needed, a prayer which will rise up throughout the world. Through special initiatives and in daily prayer, may an impassioned plea rise to God, the Creator and lover of life, from every Christian community, from every group and association, from every family and from the heart of every believer.

Pope Saint John Paul II
Evangelium vitae



**PARISH OFFICE CLOSED
MASS IS AT 9:00 AM.**

The parish office will be closed on Monday, **January 20** in observance of Martin Luther King’s birthday. Mass will be at 9:00 AM There is no confession on this day.



Cathedral Catholic High School invites 8th grade students at Sacred Heart Parish, San Diego to apply for the Dons Class of 2029. Applications are available now, and due on January 25, 2025. Cathedral Catholic will also be hosting the Placement Test on January 25, 2025. Each student who has applied to attend Cathedral Catholic High School is automatically registered to take the exam. Visit the school’s website at www.cathedralcatholic.org for more information.

**Christ Is Anything
but Ordinary**

We're about to dive headlong into week two of Ordinary Time, and we need to admit, after the hustle and bustle of the holidays, things are indeed looking more ... ordinary, at least in our spiritual lives.

The transcendent highs of the Christmas season are flatlining a bit and the vivid imagery of the Nativity scene has faded. The solemn anticipation of the Advent season is by now a distant memory.

Are you bored yet?

Here's a secret: I think that Ordinary Time can actually be quite extraordinary, if we're really living out our baptismal call.

In today's Gospel, Jesus point-blank asks Andrew, who is following him after hearing John the Baptist's testimony: "What are you looking for?" He's asking us the same question.

What are you looking for? Why are you following me? Is it for the Christmas cookies and the Advent carols? Is it for the King's Cake on the Epiphany? Is it for the feeling we get on Christmas when we just know God has done a wondrous thing?

None of those things are bad, but they are not what Andrew was looking for, and they were not what Christ promised him when he said, "Come, and you will see." Andrew was looking for the Messiah — the One who makes even Ordinary Time extraordinary. The One who can sanctify the longest and dullest of to-do lists, on the longest and dullest of days. The One whose peace can reign in our homes on January 25, not just December 25.

Remember what you are looking for. Come, and you will see.

- Tracy Earl Welliver, MTS

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GOSPEL MEDITATION

John 2:1-12

A friend invited me to an invitation-only wine-tasting event. There were over two hundred varieties of wine. Having no idea how to approach such a massive selection, I wandered aimlessly among the tables, sipping this and that. At the end of the evening my friend asked if I had tried some of the exceptionally expensive wines. I hadn't. "The really good stuff disappears first," he said. "My man, you missed out on some amazing vino." I was so disappointed. I wasted my chance for amazing once-in-a-lifetime wine. The wine I tasted was, well, *blah*.

Don't we often feel a similar disappointment in life? I missed this or that opportunity. If only I had known. Optimism sputters and fades. The glory days are gone. The chances, it seems, for the really great things in life come and go so quickly. Then they are gone forever. The good stuff goes first. Then life is just *blah*.

Not so with the Lord Jesus. In Jesus' miracle at the wedding at Cana, the steward of the feast says, "**Everyone serves good wine first, and then...an inferior one**" (John 2:10). That's the natural downward progression of life. The good stuff disappears quickly. But he says of the groom (who symbolizes Jesus), "**But you have kept the good wine until now.**" This is the ever-improving trajectory of the realm of God's grace. With Jesus, the "good wine" of divine love, hope and peace gets better as our journey of faith progresses. Where are your greatest disappointments? Don't give in to the lie that the really good stuff is gone. Tell Jesus you've run out. Then learn how to taste *that* amazingly good wine, because he saves the best until now.

— Father John Muir

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February 15 — Corpus Christi
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July 26 — Pastoral Center (practicum :
Thursday, July 31)

October 25 — Pastoral Center

(practicum : Thursday, October 30)

November 22 — Saint Thomas More
(practicum : Thursday, December 4)

\$35 per person | Saturday 9:00am–2:00pm
plus one weeknight Practicum, 6:30-
8:30pm

SACRISTANS

October 25 — Pastoral Center
\$30 per person | Saturday 9:00am–
12:30pm

For more Information: email -
litugy@sdccatholic.org
Or call: 858-490-8290

**READINGS FOR
THE WEEK**

- Monday:** Heb 5:1-10/Ps 110:1, 2, 3, 4/Mk 2:18-22
- Tuesday:** Heb 6:10-20/Ps 111:1-2, 4-5, 9 and 10c/Mk 2:23-28
- Wednesday:** Heb 7:1-3, 15-17/Ps 110:1, 2, 3, 4/Mk 3:1-6
- Thursday:** Heb 7:25–8:6/Ps 40:7-8a, 8b-9, 10, 17/Mk 3:7-12
- Friday:** Heb 8:6-13/Ps 85:8 and 10, 11-12, 13-14/Mk 3:13-19
- Saturday:** Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2/Mk 16:15-18
- Sunday:** Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15 (see Jn 6:63c)/ 1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

Mass for the Intentions for the Week

- Jan. 18 Saturday**
4:30 p.m. Tom & Mary Henehan
- Jan. 19 Sunday**
8:00 a.m. David Stermole †
10:00 a.m. Pat Gramm †
5:00 p.m. Mass for Parishioners
- Jan. 20 Monday**
8:00 a.m. Roger Knott
- Jan. 21 Tuesday**
8:00 a.m. Pat Gramm †
- Jan. 22 Wednesday**
8:00 a.m. Jimmie & Theresa Howard †
- Jan. 23 Thursday**
8:00 a.m. Manuel Garces †
& Manuel T. Garces †
- Jan. 24 Friday**
8:00 a.m. Howard & Azevedo Families
- Jan. 25 Saturday**
4:30 p.m. Jose C. & Albertina Tavares †
- Jan. 26 Sunday**
8:00 a.m. Rosemary Trone †
10:00 a.m. Marilyn McKay †



5:00 p.m. Mass for Parishioners

- | | |
|-------------------------|----------------------|
| Rene Acosta | Bill Klatt |
| Cathy Adams | Rich Koppel |
| Brandon Ashcraft | Nicholas Kunes |
| Nargi Barkzai | Ed Lloyd |
| Barreda Family | Patricia Marie |
| Darla Bebrin | Tony Masiello |
| Borel-LeCompte Family | Francis Mason |
| Jim Buckley | Braylee Mehciz |
| Loki Aevermann-Cantu | Barbara Mellor |
| George Carrillo | Merola Family |
| Melinda Carrillo | Bill Moore |
| Sonia Carrillo | Lee Pirrotti |
| Dasan Castrapel | Alex Polifka |
| Aubrey Clark | Mark Price |
| Denise Cleator | Jack Quinn |
| Paul Cloutier | Jim Rogers |
| Kat Cloutier | Tony Rogers |
| Hayden Cooper | Carl Rosengrant |
| Tricia Danielson | Cathy Sables |
| Nazario Dorego | Pat Schmitt |
| Jules Fish | Margaret Schweizer |
| The Flores Family | Gerry Scott |
| Richard Friel | Nelson Soto |
| Timothy Geisler | Gloria Soto & family |
| Michael Ryan Ghilliotti | Fr. Thomas Thompson |
| Della Greenwell | William Tontz |
| Desire Hernandez Family | Nora Van Leeuwen |
| Yvette Howard | Betty White |
| Inoue Family | Stewart Witt |
| Fr. Tom Kiely | |



Monstrance in Adoration Chapel
Adoration in the church chapel behind the Altar is **between the hours of 7am to 7pm**. If you would like the new code to the chapel door, please email Janice Teixeira at: **seniorministry@sacredheartob.org or 619-246-4955**.
Pray for all of us.

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Thank you for your continued support and faithful giving.

Many Blessings, Fr. Billy.



SACRED HEART OF OB COMMUNITY DINNER & PANTRY

Our dinner serving schedule is **EVERY OTHER TUESDAY**. Our next Dinner services will be on **January 21st and February 4th** We will have our usual dinner service from 5:00 to 7:00 pm. **Volunteers** are needed for both meals. Dinner service will begin at 5:00 pm. Volunteers please arrive and be available at 3:30 pm
Thank you for your continued support of this ministry. We are truly a **Parish built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers.

Stewardship as a Way of Life

In today's second reading, Saint Paul makes a list of gifts dispensed to members of the Christian community by the Holy Spirit. Each gift bestowed has a specific purpose for the person for whom it is intended: wisdom, knowledge, faith, healing, mighty deeds, prophecy, discernment, tongues, and interpretation. Good stewards know these gifts are not meant to be kept hidden by the recipient but to be shared with the community and beyond. As we begin a new year, let us reflect on the gift the Holy Spirit has given to each of us. Do we recognize this gift? How was it intended that we use this gift? Are we being good stewards of this gift?

ICSC



RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force
 Lt. Gregory Becker, Navy
 Lt. Edgard Corea, Navy
 Ensign Daniel Flanagan, Navy
 SGT. William J. Hansen Jr.,
 U.S. Army
 Pvt. III Class Andrew
 Higgin Botham,
 U.S. Army
 USS Howard (DDG 83)
 U.S. Navy Ship
 Capt. Silas Huff, U.S. Army
 Tech. SGT. Marcos Portella,
 Air Force
 Major Phil Rodriguez, USMC
 CPL Nick Salazar, USMC
 MSG Cory Sullivan, U.S. Army
 Capt. Andrew Sullivan, U.S. Army
 Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and

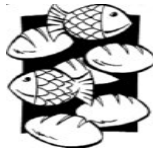
RECYCLE YOUR SHOPPING BAGS

Our community dinners are in need of used grocery bags to take home leftovers and pantry items. If you have clean empty bags from your trips to the stores, please recycle them by bringing them to the rectory so we can

LIVE THE LITURGY

We are all the servants at Cana. Each of us, at various times, finds ourselves confused and unsure, empty where we should be full, unprepared where we should be ready. When we falter, Mary's words give us direction: "Do whatever he tells you."

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LOAVES & FISHES FOOD BANK

Sunday, Febuary 2, Sacred Heart will again collect food items for the Loaves and Fishes Ministry, canned goods such as tuna, peanut butter, baked beans, and ramen noodles are always needed. Please leave non-perishable items in the church rectory.

Thank you for your continued support of this community ministry. Call Pat Katka at 619-222-9648 for more information.

MASS INTENTIONS

We have several openings for daily Mass intentions in the coming weeks. If you would like to have a Mass said to remember a special person or a special event please contact the rectory to schedule.



In Memoriam

With sadness, we announce the passing of **Dave Sheppard**, a cherished member of the Sacred Heart community. Dave passed away after a courageous struggle with illness. He and his wife, Tracy, were valued members of both our parish and academy, enriching our lives with their unwavering kindness and strong faith.

A Mass of Christian Burial celebrating Dave's life will be held on Saturday, February 1st, at 10:30 AM. A reception will follow. Let us come together to honor Dave's memory and offer comfort to his loved ones.

May the Angels lead David into paradise.



RELIGIOUS EDUCATION

Children's Religious Education

Classes meet Sundays at SH Academy's

The 2025 Children's Religious Education program is for children, kindergarten—5th grade. Classes meet Sunday's at 8:30 at SH Academy. Any questions please contact Stephen Williams: (619) 224-2746 ext #102 email:religioused@sacredheartob.org

Children's Liturgy of the Word

Throughout the year, Children's Liturgy of the Word is offered on Sunday mornings during the 10:00 am Mass. Children who are at least **4 years** old through **5th grade** may participate. (Younger children are welcome to come with a parent).

OTHER PRAYERFUL OPPORTUNITIES

Join a Small Church Community:

Participate in a personal, supportive environment with a sense of belonging, have the opportunity to be listened to in a trusting and non-judgmental atmosphere, share your life and faith experiences, deepen your own sense of the connection of life and faith, meet people from the parish, have your abilities and talents encouraged and appreciated, feel supported during trying times and share joys during happy times. **You** are invited!



SENIOR MASS AND LUNCHEON

Join us for our First Friday Mass and Senior Appreciation Lunch on **February 7th, 2025**. Mass begins at 11:30 am, with **lunch** to follow in the parish hall at 12:15 pm. Theme: Valentine's day. Donation of \$5.00 for lunch, \$1.00 for wine, and \$3.00 for take-home second meal.. Call in your reservation to **Carol Sanders** at 619-225-2239. Please invite your friends!

PARISH OFFICE

Monday through Friday
Hours: 8:30 AM—4:00 PM
Closed 12:00 PM—1:00 PM
for lunch
619-224-2746

BAPTISMS

Contact Deacon Mark before scheduling a date with friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler before planned wedding
619-224-2746

FUNERALS

Contact Janice Teixeira
619-246-4955

APPOINTMENTS

619-224-2746.

PARISH STAFF

(619-224-2746)

Rev. Billy Zondler, **Pastor**
bzondler@sacredheartob.org

Rev. Mr. Mark Wieczorek, **Deacon**
Email:
deaconmark@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo, **USNR**

In Residence

Rev. Anthony (Tony) Stanonik **In Residence**

Stephen Williams
Director of Catechetical Ministry
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Youth Minister/Confirmation
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PRACTICING CATHOLIC

By Colleen Jurkiewicz Dorman

Do Whatever He Tells You

I once ran out of pizza at my kid’s birthday party.

Everyone told me it wasn’t a big deal but come *on*. It was a disaster. I had invited all these people over. They showed up with presents and sang “Happy Birthday” and stood around patiently while my kid ripped through his cache of gifts. The very least they were expecting was to be fed sufficiently.

I’ll tell you what, I sure could have used the Blessed Mother that night.

I love the story of the wedding at Cana because it’s such a silly little miracle. I don’t mean to be disrespectful — of course it’s an incredibly important moment in Christ’s public life. But it’s not healing a leper. It’s not raising the dead. It’s not even walking on water. It’s saving a young couple from embarrassment.

I think sometimes we forget, or even

refuse, to bring small concerns and inconveniences to God because we think we should be able to handle them on our own. What a ridiculous attitude that is — as if we could handle anything on our own. It’s so fitting that Mary, ever the observant Mother, is the one to bring the matter to Jesus’ attention. He asks her what this problem has to do with him. She doesn’t answer him, because, between you and me, I don’t think he’s asking her. I think he’s asking us. All she does is tell the waiters what I consider to be the best piece of advice in all of Scripture: “Do whatever he tells you.”

I’m so quick to throw up my hands and feel sorry for myself when I encounter a barrier in my life. What I should be doing is taking the matter to God, and then doing whatever He tells me.

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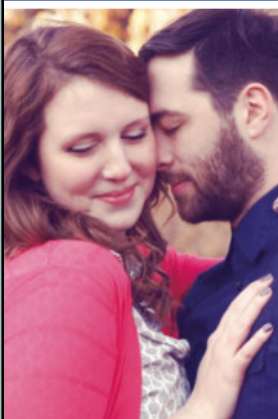
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