

A Parish Built on Love

The Heart *of Ocean Beach*



JANUARY 12, 2025 | THE BAPTISM OF THE LORD

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Monday | 7:30 am—7:55 am

Saturday | 3:15 pm—4:00 pm

Other | By Appointment

Rosary & Divine Mercy Chaplet: After Daily Mass

Adoration available in chapel
7 am to 7 pm

OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

**Strengthen the community
through worship,**

**Live the Gospel with Compassion
and Joy,**

**And guided by the Holy Spirit, to
meet the needs of the people.**



THE BAPTISM OF THE LORD



After all the people had been baptized and Jesus also had been baptized and was praying, heaven was opened and the Holy Spirit descended upon him in bodily form like a dove. - Lk 3:21-22a

Images from the Sanctuary for Mass ©2004, 1998, 1993 ©200

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PARISH ACTIVITIES & HAPPENINGS

THE WATERS OF BAPTISM

When new sod is put in, it needs constant saturation with water. Landscapers say that this “knits” the sod to the soil. The same when a branch is grafted onto a tree: the poultice that joins them at the splice must be kept wet at all times. Water is the stuff that binds the very cells of our bodies together. No wonder religions throughout all times and cultures have used it so prominently. When Jesus stepped into the Jordan for baptism, he “knit” himself to what had come before him. By going to the Jordan, he made himself one with the people of Israel who had crossed it into their Promised Land. With John the Baptist, Christ wove himself into the prophetic tradition that heralded the coming reign of God. He had become fully human in the waters of Mary’s womb, and by partaking in the rite of the baptism of repentance, Jesus identified himself with our sinful, frail humanity. It is through the waters of baptism that Christ continues to graft new members onto his Body, the Church; through these waters we are cleansed from sin and filled with the promise of grace, given our destiny for eternal life. For us, as for Jesus, it is also the waters of baptism that inaugurate our mission to proclaim the Good News.

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RECYCLE YOUR SHOPPING BAGS

Our community dinners are in need of used grocery bags to take home leftovers and pantry items. If you have clean empty bags from your trips to the stores, please recycle them by bringing them to the rectory so we can reuse them.

MASS INTENTIONS

We have several openings for daily Mass intentions in the coming weeks. If you would like to have a Mass said to remember a special person or a special event please contact the rectory to schedule.



In Memoriam

IN LOVING MEMORY With sadness, we announce the passing of **Dave Sheppard**, a cherished member of the Sacred Heart community. Dave passed away after a courageous struggle with illness. He and his wife, Tracy, were valued members of both our parish and academy, enriching our lives with their unwavering kindness and strong faith.

A Mass of Christian Burial celebrating Dave's life will be held on Saturday, February 1st, at 11:00 AM. A reception will follow. Let us come together to honor Dave's memory and offer comfort to his loved ones.

May the Angels lead David into paradise.

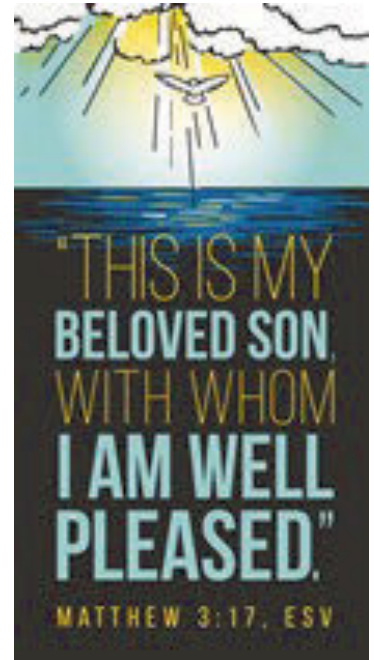
“What was the favorite dessert of the king who brought gold?”



“Karat cake!”



The Magi brought gifts of gold, frankincense, and myrrh to Baby Jesus. We remember them on Epiphany!



REMEMBER YOUR CHURCH DURING THIS CHRISTMAS SEASON BY USING ONLINE GIVING

- Scan this QR code to go directly to our secure online giving site.
- Or, go to our website: www.sacredheartob.org and click on the online giving button,

You can make a one time donation or you can sign up to give weekly.

Thank you for your continued support and faithful giving.

Many Blessings, Fr. Billy.



Pastoral Council

The next Pastoral Council Meeting will be at **9:00a.m—12:00noon. Saturday, January 18, 2025** in the SH Hall. This meeting will be to plan the Master Calendar for the following 6 months. For more information please contact

Kate McKenzie at
619-224-2746,

ministryscheduler@sacredheartob.org

Eyes On Your Own Paper

“Nation will rise against nation, and kingdom against kingdom. There will be powerful earthquakes, famines, and plagues from place to place.”

Looking at these words, I have to wonder. Am I reading the Bible or today’s newspaper headline?

It’s never easier to despair than when you glance up and take a good look at what’s going on in the world: disasters, natural and contrived, wars, resentments, rivalries, and divisions. It is almost too much sometimes, isn’t it? The twenty-four-hour news cycle doesn’t help. Add social media and it’s enough to push anyone into a nervous breakdown.

When you find yourself in this place of despair, remember Paul’s admonishment in his letter to the Thessalonians. Work quietly and eat your own food.

It’s not so different from the old “keep-your-eyes-on-your-own-paper” rule of the classroom. Poking our noses into other people’s business, we may think we are getting a shortcut to the right answer, but we’re really just getting distracted. When we become too preoccupied with events that we cannot control — whether they are happening in our neighborhood or half-a-world away — we are tempted to leave off the very specific work God has given us in our own lives. We are easily lured into anger, bitterness, and anxiety.

What is the work that God has called you to? Is it your career? Your family? Your community? What is your food — what nourishes you, sustains you, connects you to something real, powerful, and life-giving? This is what you should be concerned with. This is where your thoughts and your efforts should be.

Work quietly and eat your own food.

— Tracy Earl Welliver, MTS

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GOSPEL MEDITATION

In my second year of theology studies, I went to confession to a priest visiting the seminary for a three-day retreat. My heart wasn’t in it. I was going through the motions. I confessed my sins and waited for his response. The priest said, “For your penance, I’d like you to go into the chapel and repeat the words ‘**You are my beloved Son, with you I am well pleased**’ (Luke 3:22) until they mean something to you.” Easy penance, I thought.

But to my surprise, I struggled to say those words. I sensed a strong interior resistance blocking them. How could God be well-pleased with *me*? He couldn’t be, I thought. A battle within me ensued. Two hours later, the resistance vanished, and I found myself able to speak, and claim as my own, those marvelous words. I emerged from the chapel with a new, deep, peaceful conviction that I was indeed God’s beloved son.

Those words are a precious gift from heaven to all of us. Jesus’ baptism, which we celebrate this week, offers them to us. Are we willing to receive these words anew? Many things can block this deepening of our baptismal identity: failings, sins, disappointments, traumas, problems, and so on. Yet God’s love is always greater. This week I challenge you to prayerfully repeat these words over yourself — or perhaps over someone you’re struggling to love — until those words find a home in your heart.

— Father John Muir

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To You Who Bring Small Children to Church

There you are sitting in Church. Your child or toddler is restless. Perhaps they’re a little boisterous. You try to silence them, pacify them, and eventually you pick them up and, embarrassed, take them out of the Church. **We welcome the little children!** The **Children’s Liturgy of the Word at the 10:00 AM Mass** is for children PreK - 4th grade. Continue bringing your children to Church. *If you don’t hear babies crying, the church is dying.* As hard as it might be as a parent, keep on doing what you are doing. You are an encouragement, and **you are starting off your children’s lives as you should.**

READINGS FOR THE WEEK

- Monday:** Heb 1:1-6/Ps 97:1 and 2b, 6 and 7c, 9/Mk 1:14-20
- Tuesday:** Heb 2:5-12/Ps 8:2ab and 5, 6-7, 8-9/Mk 1:21-28
- Wednesday:** Heb 2:14-18/Ps 105:1-2, 3-4, 6-7, 8-9/Mk 1:29-39
- Thursday:** Heb 3:7-14/Ps 95:6-7c, 8-9, 10-11/Mk 1:40-45
- Friday:** Heb 4:1-5, 11/Ps 78:3 and 4bc, 6c 7, 8/Mk 2:1-12
- Saturday:** Heb 4:12-16/Ps 19:8, 9, 10, 15/Mk 2:13-17
- Sunday:** Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 (3)/1 Cor 12:4-11/Jn 2:1-11

Mass for the Intentions for the Week

- Jan. 11 Saturday**
4:30 p.m. Taita Funes S. †
- Jan. 12 Sunday**
8:00 a.m. Mass for Parishioners
10:00 a.m. Ed & Ada Murray †
5:00 p.m.
- Jan. 13 Monday**
8:00 a.m. Betty White
- Jan. 14 Tuesday**
8:00 a.m. Sonny & Elsie Linarelli †
- Jan. 15 Wednesday**
9:00 Vera da Silva † & Norbert Franca †
- Jan. 17 Friday**
8:00 a.m. Jackie Smith
- Jan. 18 Saturday**
4:30 p.m. Tom & Mary Henehan
- Jan. 19 Sunday**
8:00 a.m. David Stermole †
10:00 a.m. Pat Gramm †
5:00 p.m. Mass for Parishioners



Please Remember in Your Prayers

- | | |
|-------------------------|----------------------|
| Rene Acosta | Bill Klatt |
| Cathy Adams | Rich Koppel |
| Brandon Ashcraft | Nicholas Kunes |
| Nargi Barkzai | Ed Lloyd |
| Barreda Family | Patricia Marie |
| Darla Bebrin | Tony Masiello |
| Borel-LeCompte Family | Francis Mason |
| Jim Buckley | Braylee Mehciz |
| Loki Aevertmann-Cantu | Barbara Mellor |
| George Carrillo | Merola Family |
| Melinda Carrillo | Bill Moore |
| Sonia Carrillo | Lee Pirrotti |
| Dasan Castrapel | Alex Polifka |
| Aubrey Clark | Mark Price |
| Denise Cleator | Jack Quinn |
| Paul Cloutier | Jim Rogers |
| Kat Cloutier | Tony Rogers |
| Hayden Cooper | Carl Rosengrant |
| Tricia Danielson | Cathy Sables |
| Nazarario Dorego | Pat Schmitt |
| Jules Fish | Margaret Schweizer |
| The Flores Family | Gerry Scott |
| Richard Friel | Nelson Soto |
| Timothy Geisler | Gloria Soto & family |
| Michael Ryan Ghilliotti | Fr. Thomas Thompson |
| Della Greenwell | William Tontz |
| Desire Hernandez Family | Nora Van Leeuwen |
| Yvette Howard | Betty White |
| Inoue Family | Stewart Witt |
| Fr. Tom Kiely | |



Monstrance in Adoration Chapel
Adoration in the church chapel behind the Altar is **between the hours of 7am to 7pm**. If you would like the new code to the chapel door, please email Janice Teixeira at: seniorministry@sacredheartob.org or 619-246-4955.
Pray for all of us.

Prayer for Baptism
Oh God,
You desire each of us to be a part of Your sacred family, called and invited into relationship with You.
May the grace of our Baptisms surround us anew, who are beloved and chosen by You.
Amen.



PARISH OFFICE CLOSED
The parish office will be closed on Monday, **January 20** in honor of Martin Luther King's birthday.



SACRED HEART OF OB COMMUNITY DINNER & PANTRY

Our dinner serving schedule is **EVERY OTHER TUESDAY**. Our next Dinner services will be on **January 21st and February 4th** We will have our usual dinner service from 5:00 to 7:00 pm. **Volunteers** are needed for both meals. Dinner service will begin at 5:00 pm. Please arrive and be available at 3:30 pm.
We welcome parishioners dropping by to say, "Happy New Year" and bringing a New Year's gift for our guests. Suggested gifts would be socks, sweats, blankets, sleeping bags, T-shirts, toiletries, gloves and caps.
Thank you for your continued support of this ministry. We are truly a **Parish built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers.



Stewardship as a Way of Life

In today's reading from the Gospel of Luke we hear the proclamation of the baptism of Jesus with "all the people." Indeed, "heaven was opened," and the Father announced his special favor. Whenever we partake of the body and blood of Christ, heed his call in our daily lives, share his Good News, become instruments of his transforming justice and peace, heaven is opened to us, and through the Holy Spirit, the Lord announces his special favor on us as well. A good stewardship reflection this week might be this: How, or in what ways, have we personally experienced God's special favor in our lives?

ICSC

RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force
 Lt. Gregory Becker, Navy
 Lt. Edgard Corea, Navy
 Ensign Daniel Flanagan, Navy
 SGT. William J. Hansen Jr.,
 U.S. Army
 Pvt. III Class Andrew
 Higgin Botham,
 U.S. Army
 USS Howard (DDG 83)
 U.S. Navy Ship
 Capt. Silas Huff, U.S. Army
 Tech. SGT. Marcos Portella,
 Air Force
 Major Phil Rodriguez, USMC
 CPL Nick Salazar, USMC
 MSG Cory Sullivan, U.S. Army
 Capt. Andrew Sullivan, U.S. Army
 Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

LIVE THE LITURGY

“The people were filled with expectation,” writes Luke. And so we find ourselves, two thousand years later, filled with expectation, with longing. Who can give us what we seek? Only the one upon whom the dove descended. Follow him.

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PRACTICING CATHOLIC

By Colleen Jurkiewicz Dorman

Mini Reflection:

It makes perfect sense that everyone thought John the Baptist was the Messiah. He was the guy pouring the water. But the Messiah was the man who came to be baptized. He was the one who descended into the waters, submerging himself in our experience of death and pain and sorrow.

Beneath the Surface:

When I was seventeen, I wasn't sure that I wanted to be confirmed. It was a rough period in my life, and I was having some intense questions and doubts. It upset my mother, understandably. She knew that, at such a pivotal and difficult moment, I needed the grace of the sacrament more than ever. So, she called our priest and asked him to talk to me.

After that meeting, I made the decision to be confirmed.

To be honest, I can't remember anything he said to me. All I remember is that he sat with me. He listened to me. He let me talk and talk and talk (and cry). And when he said whatever

he said, whatever it is that I cannot remember, it was obvious that he had listened to me.

Reading today's Gospel, it makes perfect sense that everyone thought John the Baptist was the Messiah. He was the guy pouring the water. Of course it seemed natural that he would be "the one." The one they were all waiting for.

But instead, the Messiah was the man who came to be baptized. He was the one who descended into the waters, submerging himself in our experience of death and pain and sorrow — and in doing so, he sanctified it. He made it a means of redemption.

Jesus is our Savior, yes. When we dig ourselves a hole of sin and confusion and we can't climb out, he is the one who brings us back to the surface. But he doesn't pull us out; he lifts us. He jumps down into the pit. He looks around. He offers his hand, gives us a leg up, and by his strength and not our own, we are brought back into the light.

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RELIGIOUS EDUCATION

Children's Classes meet Sundays at SH Academy's Religious Education

The 2025 Children's Religious Education program is for children, kindergarten—5th grade. Classes meet Sunday's at 8:30 at SH Academy. Any questions please contact Stephen Williams: (619) 224-2746 ext #102 email:religiously@sacredheartob.org

Children's Liturgy of the Word

Throughout the year, Children's Liturgy of the Word is offered on Sunday mornings during the 10:00 am Mass. Children who are at least **4 years** old through **5th grade** may participate. (Younger children are welcome to come with a parent).

OTHER PRAYERFUL OPPORTUNITIES



Sacred Heart Book Club

The Book Club will meet Friday, January 17th at 11:00 AM in the parish rectory. Our book for this month is "The Forty Parables of Jesus" by Gerhard Lohfink. It is available for \$29.95 from Liturgical Press, or \$22.65 from Target, or \$22.65 in paperback from Amazon.com.



There will be NO Senior Luncheon in January. The next SR. Luncheon will be Friday, February 7, 2025

PARISH OFFICE

Monday through Friday
Hours: 8:30 AM—4:00 PM
Closed 12:00 PM—1:00 PM
for lunch
619-224-2746

BAPTISMS

Contact Deacon Mark before
scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler
before planned wedding
619-224-2746

FUNERALS

Contact Janice Teixeira
619-246-4955

APPOINTMENTS

619-224-2746.

PARISH STAFF

(619-224-2746)

Rev. Billy Zondler, **Pastor**
bzondler@sacredheartob.org

Rev. Mr. Mark Wiczorek,
Deacon
Email:
deaconmark@sacredheartob.org

Rev. Lt. Emmanuel Ochigbo,
USNR

In Residence

Rev. Anthony (Tony) Stanonik
In Residence

Stephen Williams
**Director of Catechetical
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religioused@sacredheartob.org

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- Altar Servers
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- Bereavement Ministry
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Teofla Rich 619-758-0943
garich@cox.net
- Finance Council
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Sheila Ragan 619-504-7597
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- Knights of Columbus
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- Loaves & Fishes
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- Youth Minister/Confirmation
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UNITED STATES BANKRUPTCY COURT FOR THE SOUTHERN DISTRICT OF CALIFORNIA

In re The Roman Catholic Bishop of San Diego
Case No. 24-02202

Notice of Deadline for Filing Claims: FEBRUARY 3, 2025

YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM AGAINST THE DIOCESE OF SAN DIEGO

On June 17, 2024, The Roman Catholic Bishop of San Diego, sometimes referred to as The Diocese of San Diego (“Debtor”) filed for protection under chapter 11 of Title 11 of the United States Code (the “Bankruptcy Code”).

If you were sexually abused by any person connected with Debtor, you must file a claim so as to be received by February 3, 2025, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Debtor. Even if you have already filed a lawsuit against Debtor alleging abuse you must still file a claim to maintain and/or preserve your rights.

Claims based on acts or omissions of the Debtor that occurred before June 17, 2024, must be filed on or before February 3, 2025, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before June 17, 2024.

For more information on how to obtain and file a proof of claim form and associated documents, please visit <https://www.donlinrecano.com/rcbsd>, or contact Donlin Recano, the Debtor’s claims agent, via email at rcbsdinfo@drc.equiniti.com or by phone at 1-866-521-4424, between the hours of 9:00 a.m. and 5:00 p.m. (prevailing Eastern Time), Monday through Friday.



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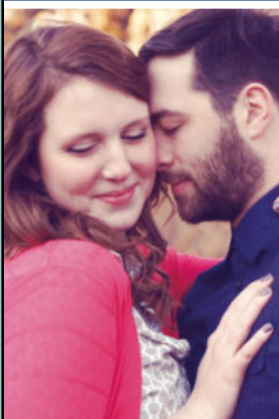
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