



A Parish Built on Love

The Heart of Ocean Beach



MAY 5, 2024 | SIXTH SUNDAY OF EASTER

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Monday | 7:30am– 7:55 am

Wednesday | 5:30-6:30 pm

Saturday | 3:15 pm-4:00 pm

Other | By Appointment

Rosary & Divine Mercy Chaplet: After Daily Mass

Adoration available in chapel
7 am to 7 pm

OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

**Strengthen the community
through worship,**

**Live the Gospel with
Compassion and Joy,**

**And guided by the Holy Spirit to
meet the needs of the people.**

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6th SUNDAY OF EASTER

*"If you keep my commandments, you will remain in my love,
just as I have kept my Father's commandments and
remain in his love." - Jn 15:10*

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

SACRED HEART CHURCH OF OCEAN BEACH
4776 SARATOGA AVE., SAN DIEGO, CA 92107
619 224 2746 | www.sacredheartob.org

PARISH ACTIVITIES & HAPPENINGS




GREATEST HITS
A 20TH ANNIVERSARY CELEBRATION
OF MAKING MUSIC TOGETHER



SUNDAY, MAY 5th 2024 / 2PM
Sacred Heart Church of Ocean Beach; 4776 Saratoga Ave., 92107
Free will offering - no tickets required!
For more information, visit peninsulasingersca.org

Peninsula Singers is a community choir based in Point Loma under the direction of Sarah Suhonen and accompanied by Stewart Simon on piano. A committee of the nonprofit 501(c)3 Ocean Beach Community Foundation.

NOVENA OF MASSES FOR MOTHERS
A Novena of Masses for Mothers will be celebrated on May 12 through May 20. If you would like to have your mother, living or deceased, remembered in these Masses, please fill out a *Spiritual Bouquet* envelope and place it in the collection basket or return it to the parish office by May 9. They will be placed on the altar during the Novena.
Special Mother's Day envelopes are available in this Sunday's bulletin or in the church vestibule. For a donation you can pick up a card at the Rectory to mail to your mother or another someone special.

CONGRATULATIONS FATHER EMMANUEL



Mass for Vocations Good Shepherd Sunday



Sunday, April 21, 2024 was a very busy day for Sacred Heart parish. We held a reception celebrating Fr. Emmanuel's PHD in Preaching, a baptism, and a Mission Deanery Mass for Vocations attended by Sisters throughout the Diocese as well as parishioners and lay people who may be discerning a vocation in service to God.

WELCOME

We warmly welcome all visitors to our parish, the heart of our Catholic faith—life in Ocean Beach since 1911. Thank you for joining us for Divine Worship. We hope you find ways to participate in our life in Christ through the various ministries we offer.

If you find yourself returning here, we invite you to join us as a member of our parish family. Use a registration form available at the HeartBeat Table or in the Parish Office, or go to the parish website:

www.sacredheartob.org

Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially for Baptism or Marriage, as well as eligibility to serve as Godparents or Sponsors.

READINGS FOR THE WEEK

- Monday:** Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a and 9b/Jn 15:26—16:4a
- Tuesday:** Acts 16:22-34/Ps 138:1-2ab, 2cde-3, 7c-8/Jn 16:5-11
- Wednesday:** Acts 17:15, 22—18:1/Ps 148:1-2, 11-12, 13, 14/Jn 16:12-15
- Thursday:** Acts 18:1-8/Ps 98:1, 2-3ab, 3cd-4/Jn 16:16-20
- Friday:** Acts 18:9-18/Ps 47:2-3, 4-5, 6-7/Jn 16:20-23
- Saturday:** Acts 18:23-28/Ps 47:2-3, 8-9, 10/Jn 16:23b-28
- Sunday: Ascension:** Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 (6)/Eph 1:17-23 or Eph 4:1-13 or 4:1-7, 11-13/Mk16:15-20

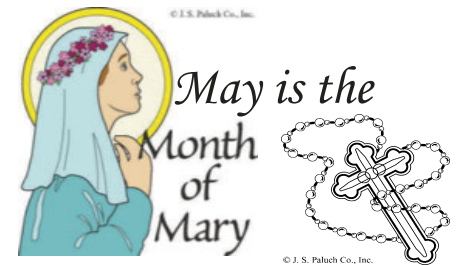
GOSPEL MEDITATION

Once a man came to the Vatican and asked to see Pope John Paul II, claiming that they had been friends in Poland. When told of the man, the Pope said, “He is mistaken about our friendship. I don’t recall ever having suffered with him.” As it turned out, the man had never known the Pope. Now, I’m not sure if the story is totally factual. But doesn’t the juxtaposition of *suffering* with *friendship* sound exactly like JP II? He understood that the deepest and most lasting friendships are forged in the fires of shared suffering. No suffering, no friendship. Amazing.

This week we hear Jesus say to the apostles and to us, “**You are my friends if you do what I command you**” (John 15:14). In Jesus’ life, death, and resurrection, God entered the world of human suffering and transformed it into an avenue of friendship with Himself. Following His command — to love, to lay down our lives for others — will always entail suffering. But this suffering only deepens our friendship with Him. His suffering is ours; ours is His. We have become friends of God.

This week, how might you share your suffering with the Risen Jesus? How might he be sharing his suffering with you, in the lives of those around you? Be attentive to that, and you’ll find that you are indeed a friend of God, because you’ve suffered together a great deal.

— Father John Muir
©LPi



Pray the Rosary

HELP NEEDED SOON!

I am in need of someone who is interested in volunteering to help me, Judith Theisen, with the bulletin! I will train you how to use the computer tools and programs. Please call me before the end of May: 619-599-6152

LIVE THE LITURGY

Christ’s love for us is radical — it changed the whole world. It will not be easy to love as Christ loved, but this is the mission for which we have been chosen by God. So **let us love one another**. Let us change the world.

©LPi

Mass for the Intentions of the Week

- May 4 Saturday**
4:30 p.m. Emilia Tavares Neves †
- May 5 Sunday**
8:00 a.m. Mass for Parishioners
10:00 a.m. Maria E. Coito †
5:00 p.m. Flavia DiTullio
- May 6 Monday**
8:00 a.m. John Robert Geisler †
- May 7 Tuesday**
8:00 a.m. Barrancotto Family
- May 8 Wednesday**
8:00 a.m. Ines Bonales Tennant †
- May 9 Thursday**
8:00 a.m. Trudy Mulligan †
Josephine Linarelli †
- May 10 Friday**
8:00 a.m. Henrietta Selina Geisler †
- May 11 Saturday**
4:30 p.m. Mass for Parishioners
- May 12 Sunday**
8:00 a.m. Albina & João Correia
10:00 a.m. Mother's Day Novena
5:00 p.m. Simon J. Kittler †



Please Remember in Your Prayers

Rene Acosta	Desire Hernandez Family
Cathy Adams	Dolores Illig
Brandon Ashcraft	Inoue Family
Mike Balich	Betty Jankowski
Nargi Barkzai	Bill Klatt
Barreda Family	Rich Koppel
Darla Bebrin	Nicholas Kunes
Borel-LeCompte Family	Ed Lloyd
Jim Buckley	Patricia Marie
Loki Aevermann-Cantu	Tony Masiello
George Carrillo	Francis Mason
Melinda Carrillo	Braylee Mehciz
Sonia Carrillo	Barbara Mellor
Aubrey Clark	Merola Family
Paul Cloutier	Joannie Nicoletti
Kat Cloutier	Mark Price
Hayden Cooper	Jack Quinn
Tricia Danielson	Jim Rogers
Maria Da Luz	Cathy Sables
Nazario Dorego	Pat Schmitt
Jules Fish	Margaret Schweizer
Daniel Flores	Gerry Scott
David Flores	Gloria Soto & family
Matthew Flores	Bryce Stewart
Joseph Flores	Fr. Thomas Thompson
Richard Friel	Deanna Turton
Timothy Geisler	Nora Van Leeuwen
Della Greenwell	Stewart Witt
Margarita Cabrera Gonzalez	Betty White



Monstrance in Adoration Chapel
Adoration in the church chapel behind the Altar is **between the hours of 7am to 7pm.** If you would like the new code to the chapel door please email Janice Teixeira at: seniorministry@sacredheartob.org or **619-246-4955.**
Pray for all of us.



Love in Deed
by Colleen Jurkiewicz Dorman

As I Love You

This week my children were learning about energy. We set up an experiment with toy cars — one was placed in front of another, and a third was pushed into the two stationary ones.

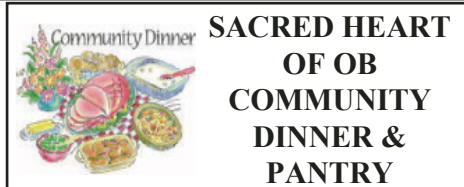
The forward motion caused the front car to move, but not much. “Most of the energy goes into the car in the middle, not the car on the end,” my daughter concluded.

I asked her why she seems to have so much energy, and I seem to have so little.

“Because you’re old,” she replied confidently.

Most days I feel like that first car, barreling at life with all my energy and love and good intentions, only to have it almost entirely absorbed by the proverbial middle car. It’s so easy to be discouraged. The devil so badly wants us to feel discouraged.

But the law of love is not unlike the law of conservation of energy. Love is neither created nor destroyed. It is



Our dinner serving schedule is **EVERY OTHER TUESDAY.** Our next Dinner service **will be on May 14 and 28** from 5:00 to 7:00 pm. **Volunteers** are needed. Please, show up and be available at 3:00 pm. Dinner service will begin at 5:00 pm. Clean up begins around 7:00 pm. **Remember,** this is a parish ministry that could use your support. **Many blessings on these folks who serve.** We are very grateful to all the volunteers with helping hands and hearts and to HIM for providing the willing hands. If you wish to volunteer you must be vaccinated and in good health.

Thank you for your help.
Please keep us in your prayers.

only transferred from one form to another. And yes, sometimes it certainly seems like it disappears. It appears to get lost between my hands and the plate of dinner that goes uneaten or evaporates off of my lips as words I fear are never heard. It is spat upon as a commandment the world would prefer I do not keep.

But we are not called to simply love one another — to love when it seems effective and productive and appreciated. We are called to love as Christ loved: recklessly, selflessly, and yes, even without logic. We are called to love with a love that doesn’t give up and is never withdrawn. A love that doesn’t fear death or the world’s hatred. A love that stands willing to argue, to be reviled, to be dismissed.

We are called to be that first car, hurtling ourselves against a world that isn’t ready to accept or understand us. And we trust that, even when we can’t see how, the love that seems to disappear simply changes forms.

“This is my commandment: love one another as I love you.” — John 15:12

RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force
 Lt. Gregory Becker, Navy
 Lt. Edgard Corea, Navy
 Ensign Daniel Flanagan, Navy
 SGT. William J. Hansen Jr., U.S. Army
 Pvt. III Class Andrew Higgin Botham, U.S. Army
 USS Howard (DDG 83) U.S. Navy Ship
 Capt. Silas Huff, U.S. Army
 Tech. SGT. Marcos Portella, Air Force
 Major Phil Rodriguez, USMC
 CPL Nick Salazar, USMC
 MSG Cory Sullivan, U.S. Army
 Capt. Andrew Sullivan, U.S. Army
 Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

Children receiving First Communion

Calvin Lawler
 Dallas Wayne Bell
 Evan Williams
 Hank Edward Senescall
 Jack Mason Senescall
 Sofia Monroe Falls

Children's Religious Education

Children's Religious Education

program meets at Sacred Heart Academy up stairs every Sunday from 8:30-9:40 am. **The last class will meet on May 5.** Any questions please contact **Stephen Williams;** (619) 224-2746 x 102


email:religioused@sacredheartob.org
Children's Liturgy of the Word.

Throughout the year, Children's Liturgy of the Word is offered on Sunday mornings during the 10:00 am Mass. Children who are at least **4 yrs** through **5th grade** may participate. (Younger children are welcome to come with a parent).

The **last** Children's Liturgy of the Word will be May 26.

We will have a **crowning of Mary after the 10:00 am Mass on May 5.**

First Communion Mass will be celebrated May 19 at 10:00 am Mass Reception to follow in the hall.



In Memorium

Long time parishioner, Gloria Kenny died April 13, 2024 while surrounded by her family. A Memorial service, was held April 24, 2024 at Beardsley Mortuary. *Prayers go out to her Son James and his family.*

May the Angels lead Ellen into paradise.

Sacred Heart Vacation Bible School July 15-19

This Summer we are happy to announce this year's theme is **Camp Firelight: A Summer Camp Adventure with God!**

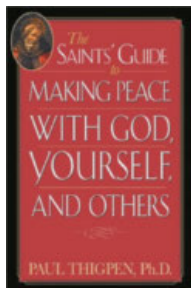
"Whenever I'm afraid I put my trust in you." Psalm 56:3 This is the theme verse for the VBS and what we will be teaching kids all week!

Through stories in both the Old and New Testaments, this VBS opens kids' eyes to the countless ways God provides, loves, and cares for us while inviting them to join God in providing, loving, and caring for others. Our program is curated for kids 4 years old to 11 years old. Kids 12 years old and older can participate as team leaders and helpers. This cost for VBS will be \$65 per child. Use the QR Code to register. For more information contact Stephen Williams, Director of Religious Education, religioused@sacredheartob.org or call 619-224-2746 *102.



CALENDAR OF EVENTS

SACRED HEART BOOK CLUB



We have chosen books for both May and June! In May we will begin with Paul Thigpin's book, *The Saints Guide to Making Peace with God and Others*. This book is available on Amazon starting at \$9.95. It is out of print so more copies maybe available on the secondary market. **We will meet May 17th at 11:00 AM in the parish office.**

Our June selection is *The World, the Flesh and the Devil: What Do We Do With Evil* by Richard Rohr. This book is available from the Center for Action and Contemplation Web Site (store.cac.org) for \$10 + shipping - about 16.50. Amazon also carries the book for \$22.60, used copies starting at \$13.71. This book does not have a kindle version.

Everyone is welcome. Call with any comments or questions! **Cindy Krause: 925 639 9089**

SENIOR MASS AND LUNCHEON

Join us for our First Friday Mass and Senior Lunch on **June 7th, 2024 with a Luau theme.** Mass begins at 11:30 am, with Lunch to follow in the parish hall at 12:15 pm. Call in your reservation to **Carol Sanders** at **619-225-2239**. Please invite your friends!

There will be no luncheons from July through September. The next luncheon will be October 4, 2024



PARISH OFFICE

Monday through Friday
Hours: 8:30 AM—3:30 PM
Closed 12:00 PM—1:00 PM
for lunch
619-224-2746

BAPTISMS

Contact Deacon Mark before scheduling a date with friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler before planned wedding
619-224-2746

FUNERALS

Contact Janice Teixeira
619-246-4955

APPOINTMENTS

619-224-2746.

PARISH STAFF
(619-224-2746)

Rev. Billy Zondler, Pastor
bzondler@sacredheartob.org
Rev. Mr. Mark Wiczorek, Deacon
Email:
deaconmark@sacredheartob.org
Rev. Lt. Emmanuel Ochigbo, USNR
In Residence
Rev. Anthony (Tony) Stanonik
In Residence
Stephen Williams
Director of Religious Education
(619-224-2746 x102
religioused@sacredheartob.org
Youth Minister/Young Adults
(619-224-2746 x103
youthminister@sacredheartob.org
Angela Roberts
Administrative Assistant/
Bookkeeper
(619-224-2746 x101
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shaobpreschool2@gmail.com
sacredheartpreschool.org

Parish Ministries and Organizations

- Altar & Rosary Society
Therese Flaningam 619-886-8337
tireneflan@yahoo.com
- Altar Servers
John Maxwell 619-224-2746x103
youthminister@sacredheartob.org
- Bereavement Ministry
Janice Teixeira 619-246-4955
seniorministry@sacredheartob.org
- Bulletin Editor
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org
- Caring for the Whole Person
Janice Teixeira 619-246-4955
seniorministry@sacredheartob.org
- Creation Care Team Ministry
Mary Cairns 619-223-8859
mmacairns@verizon.net
- Eucharistic Minister of Holy Communion
Teofla Rich 619-758-0943
garich@cox.net
- Finance Council
Steven Teixeira 619-225-8595
teixeira@cox.net
- Hospitality Ministry
Sheila Ragan 619-504-7597
sheila@oceanpointfinancial.com
- Knights of Columbus
Gregg Sprosty 619-226-1658
- Liturgy Committee
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org
- Loaves & Fishes
Pat Katka 619-222-9648
- Ministry of the Word
Teofla Rich 619-758-0943
garich@cox.net
- Ministry Scheduler
Kate McKenzie 619-399-9839
Ministryscheduler@sacredheartob.org
- Ministry to the Homebound
Theresa Bagg 619-957-5088
theresabagg@gmail.com
- Ministry of SH of OB Community ^{4/14/24}
Dinner
Jack Hamlin 619-224-2746
jackhamlin55@gmail.com
- Music Ministry
Janis Cantu 619-253-0391
janiscantu@gmail.com
- On-Line Giving
Leigh Baesler 619-224-2746
DirectorofOffering@sacredheartob.org
- Parish Blood Bank
Mary Nauert 858-775-6700
mnauert@psrs.com
- Pastoral Council
Kate McKenzie 619-399-9839
Kate.mckenzie234@gmail.com
- Pro-Life and Young Families
Katie Inoue 619-309-8732
katietonz@yahoo.com
- RCIA
Stephen Williams 619-224-2746x102
religioused@sacredheartob.org
- Religious Education
Stephen Williams 619-224-2746x102
religioused@sacredheartob.org
- Senior Activities
Janice Teixeira 619-246-4955
seniorministry@sacredheartob.org
- Small Church Communities
Stephen Williams 619-224-2746x102
religioused@sacredheartob.org
- Wall of Remembrance
Janice Teixeira 619-246-4955
seniorministry@sacredheartob.org
- Web
Vince Linarelli 619-224-2746
Email Blasts
Bruce Bauer 619-994-0775
communications@sacredheartob.org
- Young Adults
youthminister@sacredheartob.org
- Youth Minister/Confirmation
youthminister@sacredheartob.org

March 2024 Collection Report:

With gratitude for the gifts received, in March parishioners made a joyful return to the Lord of the following:

March Collections:	
Envelopes:	\$ 23,957.00
Plate:	4,419.00
Online Giving:	12,145.06
Easter:	11,941.00
<u>Other Income:</u>	<u>13,249.00</u>
Total	\$ 65,711.06
Total Expense:	47,600.91
GAIN:	\$ 18,110.15

Thank you for your continued support. Prayerfully consider making a recurring weekly or monthly donation to our collection. Please see the Sacred Heart website: www.sacredheartob.org
Thank you for your investment and continued support of our parish!
God Bless, *The Parish Support Team.*

*Stewardship as a
Way of Life*

In today's Gospel, Jesus commands his disciples, whom he calls "friends," to love one another as he loves them. Jesus uses the word "love" as a verb or a noun nine times. He also employs the word "command" or "commandment" five times. His command to love one another is explicit. Those who understand the depth of Christ's love for us have reason to be joyful. We are called to be stewards of this loving friendship; to love one another as Jesus loves us. Do we give serious attention to what this love requires of us? What is the price of this friendship with the Lord? Are we willing to pay this price to keep Christ's friendship?

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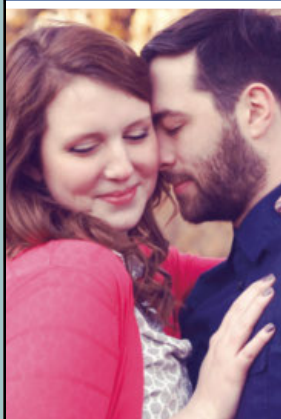
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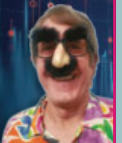


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