

6

# We Share



## Let Us Pray

**Leader:** Almighty God, you have given us every blessing. We give you thanks for your most precious gift—your Son Jesus. He is the Light of the World.

**All:** Let our hearts be filled with your Light. Amen.



## God's Word

You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.

**Matthew 5:14–16**

What did you hear God say to you today?



Opening Video  
[sacraments.osv.com](http://sacraments.osv.com)



# Sparks



We all have special interests. There are hobbies and activities we love to do. They light a spark in us. We look forward to doing them whenever we can.

People sometimes use the word “passion” to talk about things they really enjoy. The spark is so strong that they want to share it with others. In fact, it’s hard not to share it because they love it so much! They are “on fire.”

**What are your three most favorite things to do?  
List them or draw them here.**



**Disciples Sharing** Look at the people on this page. What do you think they are passionate about?



# Catholic Signs & Symbols

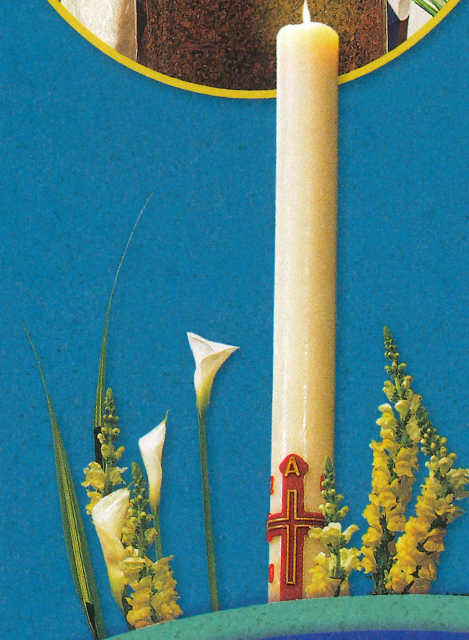
## THE PASCHAL CANDLE

In church, there is one candle that is larger than all the others. That candle is called the Paschal Candle. It is a sign for us that Jesus is the Light of the World.

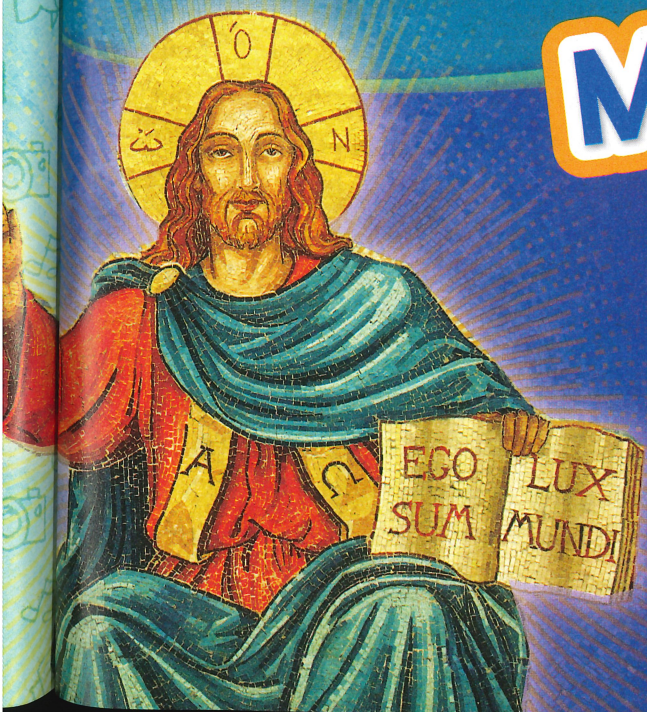
Every year a new Paschal Candle is blessed and lit. This happens during the Easter Vigil, which is the Mass on Holy Saturday night. The Paschal Candle is carried in procession through the darkness. The minister carrying it sings,

“The Light of Christ” or “Cristo, luz del mundo.” We answer, “Thanks be to God” or “Demos gracias a Dios.”

At Baptism, a small candle is lit from the Paschal Candle. The small candle is given to the parents or godparents. The priest or deacon says, “Receive the light of Christ” or “Recibe la luz de Cristo.” The baptized are now “children of the light” or “hijos de la luz.”



## Meet Jesus



**THE LIGHT OF THE WORLD** Jesus tells us, “I am the light of the world. Whoever follows me will ... have the light of life” (John 8:12). Jesus lights our way to eternal life. Christ’s light can take away our fear and confusion. This is possible if we trust in his goodness and love. His light saves us from the darkness of sin. Jesus lights our way so that we can know, love, and serve his Father.



# The Light of Christ Shines in Us!

Just after Jesus' Death, his disciples thought the light they had seen shine in Jesus was gone. They did not yet know about his Resurrection. They knew only that he had died. The disciples believed this was the end of their journey with Jesus. They were wrong!

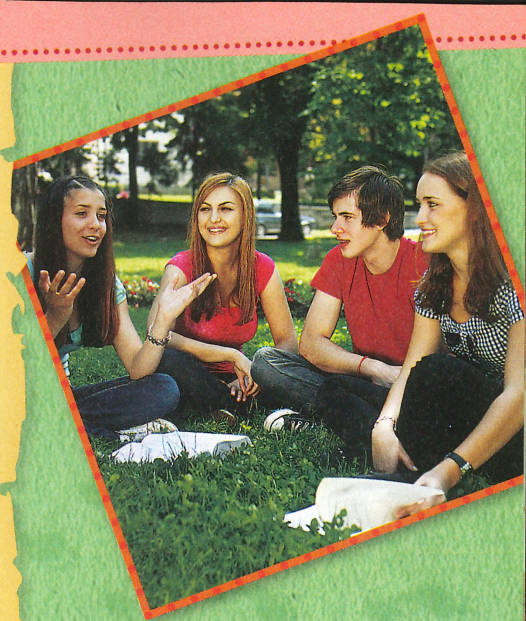


## God's Word

**The Appearance on the Road to Emmaus** Now that very day two of them were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him. He asked them, "What are you discussing as you walk along?" They stopped, looking downcast. One of them ... said to him in reply, "Are you the only visitor to Jerusalem who does not know of the things that have taken place there in these days?" And he replied to them, "What sort of things?" They said to him, "The things that happened to Jesus the Nazarene ..." And he said to them, "Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the scriptures.



As they approached the village to which they were going ... they urged him, "Stay with us, for it is nearly evening and the day is almost over." So he went in to stay with them. And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, "Were not our hearts burning [within us] while he spoke to us on the way and opened the scriptures to us?" So they set out at once and returned to Jerusalem ... [and] recounted what had taken place on the way and how he was made known to them in the breaking of the bread. **Luke 24:13–19, 25–33, 35**



## We Share His Light with Others

What an amazing story! The two disciples did not recognize Jesus until he broke bread with them. Remember how Jesus commanded us to "Do this in memory of me"? After Jesus broke the bread, the disciples realized that their hearts were on fire with the light of Christ. They immediately ran back to Jerusalem to share this light. They wanted to share the Good News with others.

Look at the spark below. That is you! Inside the spark, write the names of people you want to share God's Good News with.



## Entering the Mystery

The last part of the Mass is called the Concluding Rites. This is when we are blessed one final time. We are sent out into the world to be the light of Christ. Like the disciples on the road to Emmaus, we leave with joy and passion to bring Jesus to the world.



# Concluding Rites: We Are Blessed



**Go forth, the  
Mass is ended.**

**La alegría del Señor  
sea nuestra fuerza.  
Podéis ir en paz.**

Look at each circle on these two pages. These are different dismissal prayers spoken in English and Spanish. Underline the first word in each prayer in English.

**Go and announce the  
Gospel of the Lord.**

**En el nombre del  
Señor, podéis ir en paz.**

When we receive the Eucharist, we are changed. But we must be open to this change for it to really take hold in our lives. We are joined more closely to Christ. We are joined to one another in the Church. By God's mercy, our less serious sins are forgiven. We are also strengthened against temptation and more serious sins. All of this helps us live as Christ's disciples.

The Introductory Rites prepare us for the Liturgy of the Word and the Liturgy of the Eucharist. The Concluding Rites also prepare us for something. We are sent to bring the Good News of God the Father's gift of his Son, Jesus.

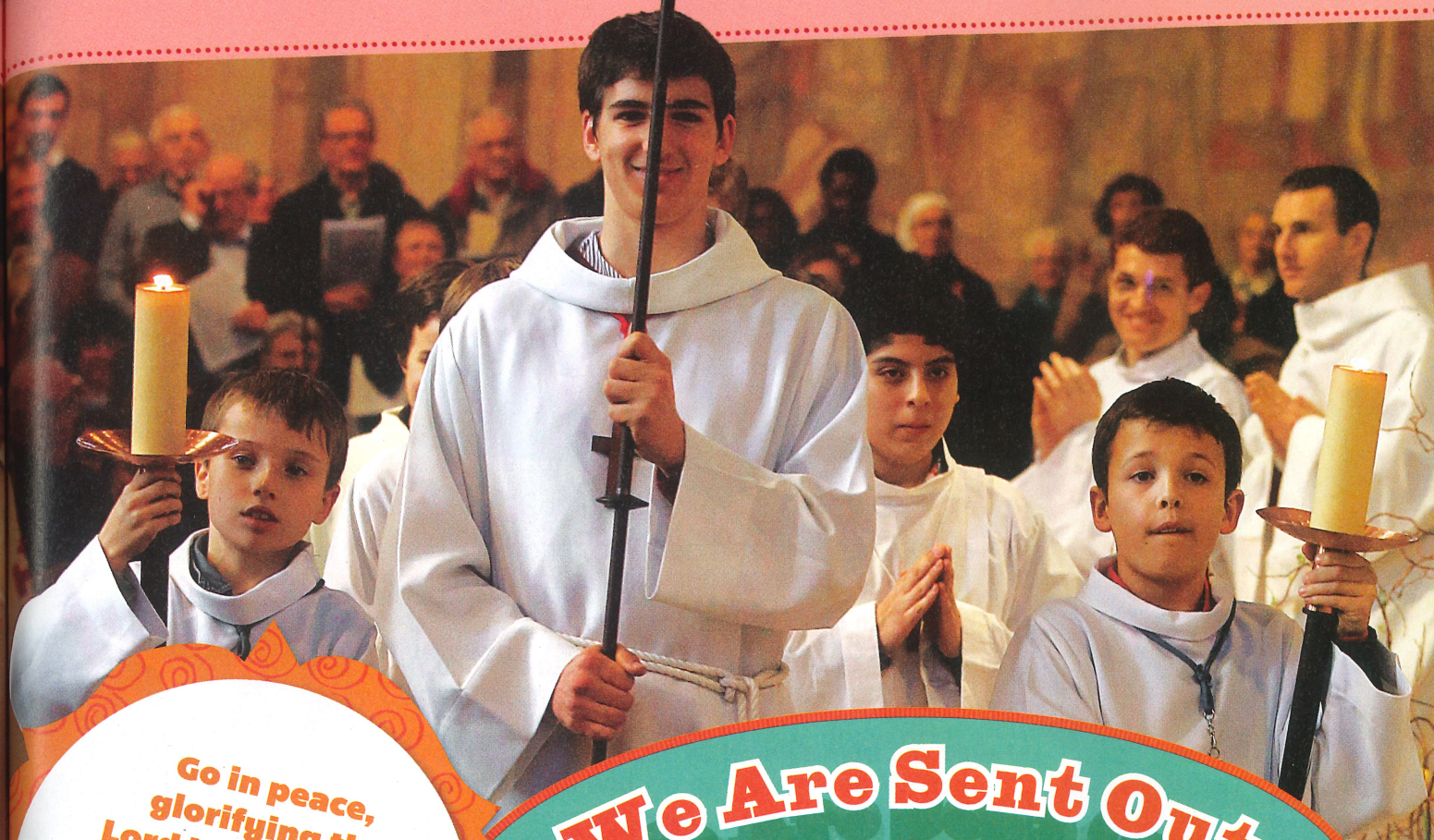
In the Concluding Rites we are sent to be more like Jesus. We are called to tell everyone about the presence of the Holy Spirit in our lives.

## Celebrating the Mass

### THE CONCLUDING RITES

- **Greeting:** The priest and the assembly exchange the same greeting that is found in the other three parts of the Mass: "The Lord be with you" / "El Señor esté con vosotros." "And with your spirit" / "Y con tu espíritu."
- **Blessing:** The priest asks God to bless the community, in the name of "the Father, and the Son, and the Holy Spirit" or "Padre, Hijo y Espíritu Santo." He does this while making the Sign of the Cross.
- **Dismissal:** The assembly is sent forth. The priest or deacon may choose one of four different short phrases. The assembly responds, "Thanks be to God" or "Demos gracias a Dios." We usually sing a dismissal or recessional song together.





**Go in peace,  
glorifying the  
Lord by your life.**

**Glorificad al Señor  
con vuestra vida.  
Podéis ir en paz.**



**Go in peace.**

**Podéis ir en paz.**



## **We Are Sent Out**



The celebration of the Eucharist is often called “the Mass.” The word *Mass* comes from the Concluding Rites. The Latin prayer at the end of Mass is “Ite missa est.” It is translated “Go, the dismissal is made.” The word *Mass* comes from *missa*. This means to be sent forth or sent out.

The Mass ends the same way it began, with the Sign of the Cross. We have been strengthened by the Word and by Christ’s Body and Blood. Now we are blessed by the Sign of the Cross and dismissed by the priest or deacon.

We are sent forth. We are told to *Go!* But we don’t just leave; we are *sent!* From the moment of our Baptism, we are given a mission. We are called to live and share the Good News of Christ.

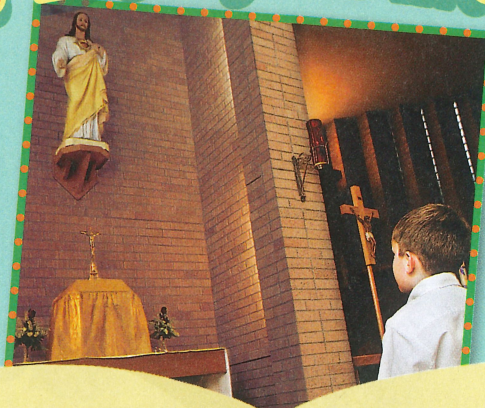
Pope Saint John Paul II told us that “the Eucharistic celebration does not stop at the church door” (*Dies Domini*, 45). We are sent out to live as the Body of Christ in the world. Jesus is with us wherever we go.



Games &  
Downloads



# Christ's Body in the World



Christ has no body but yours....  
 Yours are the eyes with which he looks  
 with compassion on this world.  
 Yours are the feet with which he walks to do good,  
 Yours are the hands with which he blesses all the world....  
 —Adapted from a prayer by Saint Teresa of Ávila



God's grace makes it possible for us to be his Body. Our Church family and our own families help us respond to God's love. We do this in many ways.

One special way we can spend time with Christ is in Eucharistic Adoration. We pray quietly before the Blessed Sacrament. The Blessed Sacrament is reserved in a Tabernacle. The Tabernacle is a beautiful cabinet or container. It is a special place

in the church where the Hosts are placed after Mass. Jesus remains really and fully present in the Blessed Sacrament.

The Holy Spirit guides us. He helps us to pray and make good decisions. It is the Holy Spirit who calls us to participate in the liturgy. The Holy Spirit also prompts our hearts to seek God's forgiveness and healing. This is true especially in the Sacrament of Reconciliation.

Trace your hand or foot on a big piece of paper. Next, write your name. Then, have others trace their hands or feet. Have them write their names. See how we are all part of the Church family. We are the Body of Christ on Earth!





# Letting Our Light Shine

The Concluding Rites remind us all that we belong to God. First, God calls us to gather and celebrate. Remember what Jesus said to his disciples? "Come, follow me." Then, God blesses us and sends us beyond the Church door. He invites us to share Christ with all of those around us.

Think about how you will feel leaving Mass on the day of your First Holy Communion. How will you show your joy at being so close to Jesus? In the boxes below, draw and name some places where you will go and live as a disciple.



Pray the closing prayer.

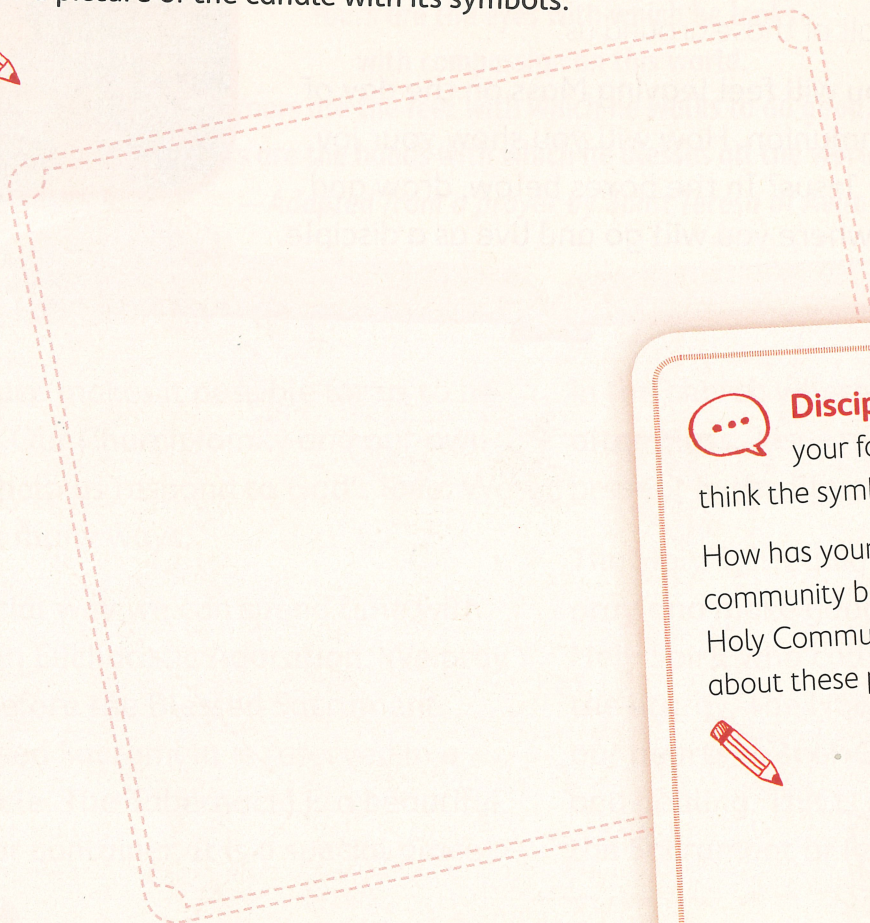


# My Family in Our Parish

## We Share

**The Concluding Rites** Before Mass, find the Paschal Candle in your church. It might be near where Baptisms are celebrated. Or it might be near the ambo. When Mass ends, we go forth to share Christ's light and peace with others.

Draw a picture of the candle with its symbols.



**Disciples Sharing** Talk with your family about what you think the symbols on the candle mean. How has your parish, family, or community been preparing for your Holy Communion celebration? Write about these preparations here.



Session videos, games, multimedia glossary,  
Sunday readings and backgrounds, Sacrament  
FAQs, reflections, and more at [sacraments.osv.com](http://sacraments.osv.com)

