



A Parish Built on Love

The Heart of Ocean Beach



APRIL 21, 2024 | FOURTH SUNDAY OF EASTER

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Monday | 7:30am– 7:55 am

Wednesday | 5:30-6:30 pm

Saturday | 3:15 pm-4:00 pm

Other | By Appointment

Rosary & Divine Mercy Chaplet: After Daily Mass

Adoration available in chapel
7 am to 7 pm

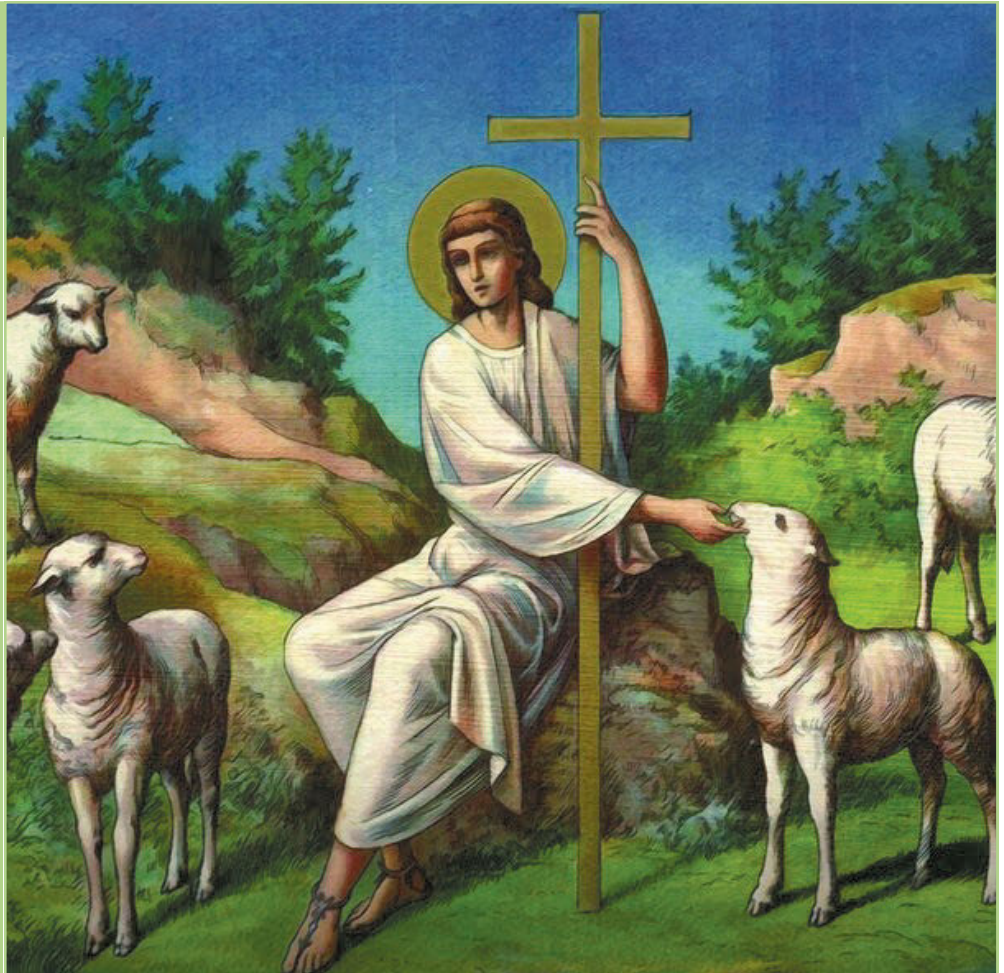
OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

**Strengthen the community
through worship,**

**Live the Gospel with
Compassion and Joy,**

**And guided by the Holy Spirit to
meet the needs of the people.**



4TH SUNDAY OF EASTER

"I am the good shepherd, and I know mine and mine know me, just as the Father knows me and I know the Father; and I will lay down my life for the sheep." - Jn 10:14-15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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619 224 2746 | www.sacredheartob.org

PARISH ACTIVITIES & HAPPENINGS



GREATEST HITS

A 20TH ANNIVERSARY CELEBRATION
OF MAKING MUSIC TOGETHER

SUNDAY, MAY 5TH 2024 / 2PM
Sacred Heart Church of Ocean Beach; 4776 Saratoga Ave., 92107
Free will offering - no tickets required!

For more information, visit peninsulasingersca.org

Peninsula Singers is a community choir based in Point Loma under the direction of Sarah Suhonen and accompanied by Stewart Simon on piano. A committee of the nonprofit 501(c)3 Ocean Beach Community Foundation.



DIOCESE OF
SAN DIEGO

Join us in praying for and
fostering a
Culture of Vocations
at the
**Mission Deanery
Mass for Vocations**
On
*Good Shepherd
Sunday*

Reception to follow
in the Church Hall

April 21 at 5:00 pm
**Sacred Heart Church of
Ocean Beach**
4776 Saratoga Avenue
San Diego, CA 92107

*“Whether you are still
discerning your vocation
or you are living it.”*

Wines of the World

*Sacred Heart's wine fundraiser event
Is Quickly Approaching
April 27th 5:30 pm*

Hurry, Hurry, Hurry

*Purchase your tickets now
Tickets are selling fast
\$65.00 per Adult*

Previous years have sold out!

*Go on-line, use the QR code at right
Or drop off a check to Sacred Heart
parish at the parish office to
reserve your place(s)*

Please contact Janice Teixeira at 619/246.4955
or teixeira@cox.net



Join us for a May Tea

**Sacred Heart
Church of
Ocean Beach
Saturday May 4
1-3 pm**

All Ladies Welcome
Adults \$20.00
Children 12 & under
\$10.00



Tea Party

Reserve & pay for your place
either on-line with the QR code
below or call Therese Flanigan
at 619-886-8337

Email: tireneflan@yahoo.com
**PLEASE Make checks to Sacred
Heart Altar & Rosary Society**



Please pray for our new fully initiated Catholics:

We rejoice with our new members: Cano Espinoza, Chris Ulaszek, Christopher Demeyer, Corbin Graf, Emma Buck, Hunter Kievet, Kathy Grady, Khloe Bracken, Melissa Miller, Nathan Wood, Patricia O'Connor, Ryan

Ulaszek, Confirmed at the Easter Vigil.

Members confirmed by Bishop Pulido on April 7 at the 10:00 am Mass: William C., Nathan John B., Alex Anthony S., Natalie Kateri M., Robert David H., Angel Camillus H., Holling Michael H., and Christina Cabrini M.

Please keep them in your prayers.

WELCOME

We warmly welcome all visitors to our parish, the heart of our Catholic faith—life in Ocean Beach since 1911. Thank you for joining us for Divine Worship. We hope you find ways to participate in our life in Christ through the various ministries we offer.

If you find yourself returning here, we invite you to join us as a member of our parish family. Use a registration form available at the HeartBeat Table or in the Parish Office, or go to the parish website:

www.sacredheartob.org

Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially for Baptism or Marriage, as well as eligibility to serve as Godparents or Sponsors.

READINGS FOR THE WEEK

- Monday:** Acts 11:1-18/Ps 42:2-3; 43:3, 4/Jn 10:1-10
- Tuesday:** Acts 11:19-26/Ps 87:1b-3, 4-5, 6-7/Jn 10:22-30
- Wednesday:** Acts 12:24—13:5a/Ps 67:2-3, 5, 6 and 8/Jn 12:44-50
- Thursday:** 1 Pt 5:5b-14/Ps 89:2-3, 6-7, 16-17/Mk 16:15-20
- Friday:** Acts 13:26-33/Ps 2:6-7, 8-9, 10-11ab/Jn 14:1-6
- Saturday:** Acts 13:44-52/Ps 98:1, 2-3ab, 3cd-4/Jn 14:7-14
- Sunday:** Acts 9:26-31/Ps 22:26-27, 28, 30, 31-32 (26a)/1 Jn 3:18-24/Jn 15:1-8

GOSPEL MEDITATION

Recently I was with my little dog Libby at a retreat center in the Arizona desert. I sat in a chair near a ravine filled with shrubs. Unbeknownst to me, Libby wandered down there and disappeared. Suddenly an animal's wild shriek erupted from the area. Without thinking, I bolted down into the ravine fully expecting to see coyotes, javelinas, or rattlesnakes. I didn't care. I desperately wanted to get Libby out of there, without any self-regard. Before I could face whatever danger lay hidden, my dog blissfully trotted out from an entirely different area, utterly unaware that I had (quite heroically) just placed my life on the line.

When the adrenaline wore off, I thought to myself: how far would I have been willing to go to save her? I don't know. But I do know, if I had literally died, my friends and family would have certainly thought me insane for dying for a dog. No offense, Libby.

How passionately Jesus wants us to know him and his willingness to die for us! This week he says, "**I know my own and my own know me,**" and "**I lay down my life for the sheep.**" Here we encounter an insanely excessive love for us. Christianity is a relationship and not simply a religion or ethical code. In Jesus, God rescues and saves us. He laid down his life for you and me — and he has taken it up again. So often we are like Libby — blissfully ignorant of the reality of both our spiritual danger and his saving love. This Easter season, the risen Jesus calls us to be more conscious than ever before about his love. He never ceases to lay down his life for us.

— *Father John Muir*
©LPi

*Congratulations to
Fr. Emmanuel Ochigbo
on being awarded Doctor of
Ministry in Preaching from
Aquinas Institute of
Theology, St Louis, Missouri.
On Sunday, April 21 we will
have a Cake and Coffee
reception in the hall for him
after the 8:00 and
10:00 am Masses.*

As the "Good Shepherd," Jesus speaks of the power given to him by the Father to lay down his life for his sheep. What could you do this week for the benefit of another?

**In Memorium**

A Mass will be offered for Ellen Pels, sister of Pat Kealy, a parishioner on Wednesday, May 1st at 11:00 am at Sacred Heart Church with a reception to follow in the church hall. Please pray for her family. May Ellen Pels rest in peace.

*May the Angels lead Ellen
into paradise.*

LIVE THE LITURGY

Jesus the Good Shepherd knows that real love is an action, not an idea. His sacrifice is the proof of his love for his flock. Let us remember to love one another as the Good Shepherd loves us: not just in words but in actions, in choices, in deeds.

Mass  for the
Intentions  Week

- April 20 Saturday**
4:30 p.m. Jose C. & Albertina Tavares †
- April 21 Sunday**
8:00 a.m. Albertina & João Correia †
10:00 a.m. Leigh Baesler
5:00 p.m. Mass for Parishioners
- April 22 Monday**
8:00 a.m. Gina Coito †
- April 23 Tuesday**
8:00 a.m. Henrietta Selina Geisler †
- April 24 Wednesday**
8:00 a.m. Brandy Barrancotto
- April 25 Thursday**
8:00 a.m. Jose Da Luz †
- April 26 Friday**
8:00 a.m. John Robert Geisler †
- April 27 Saturday**
4:30 p.m. Humberto & Francisco Tavares †
- April 28 Sunday**
8:00 a.m. Manuel & Isabel Da Luz †
10:00 a.m. Patty Barrancotto †
5:00 p.m. Mass for Parishioners



Please Remember in Your Prayers

- | | |
|----------------------------|----------------------|
| Rene Acosta | Dolores Illig |
| Cathy Adams | Inoue Family |
| Brandon Ashcraft | Betty Jankowski |
| Mike Balich | Gloria Kenny |
| Nargi Barkzai | Bill Klatt |
| Barreda Family | Rich Koppel |
| Darla Bebrin | Nicholas Kunes |
| Borel-LeCompte Family | Ed Lloyd |
| Jim Buckley | Patricia Marie |
| Loki Aevermann-Cantu | Tony Masiello |
| George Carrillo | Francis Mason |
| Melinda Carrillo | Braylee Mehcz |
| Sonia Carrillo | Barbara Mellor |
| Aubrey Clark | Merola Family |
| Paul Cloutier | Joannie Nicoletti |
| Kat Cloutier | Mark Price |
| Hayden Cooper | Jack Quinn |
| Tricia Danielson | Jim Rogers |
| Nazario Dorego | Cathy Sables |
| Jules Fish | Pat Schmitt |
| Daniel Flores | Margaret Schweizer |
| David Flores | Gerry Scott |
| Matthew Flores | Gloria Soto & family |
| Joseph Flores | Bryce Stewart |
| Richard Friel | Fr. Thomas Thompson |
| Timothy Geisler | Deanna Turton |
| Della Greenwell | Nora Van Leeuwen |
| Margarita Cabrera Gonzalez | Stewart Witt |
| Desire Hernandez Family | Betty White |



Monstrance in Adoration Chapel

Adoration in the church chapel behind the Altar is **between the hours of 7am to 7pm.** If you would like the new code to the chapel door please email Janice Teixeira at: seniorministry@sacredheartob.org or **619-246-4955.**

On FRIDAYS Sacred Heart has Adoration of the Blessed Sacrament from 9:00 to 10:00 AM.

Pray for all of us.



“What we do at Mass must not end at Mass”

We at Sacred Heart take these words seriously.
As Fr. Emmanuel said in his Sunday homily from Matthew 25:35 “For when I was hungry, you broke your bread for me. For whatsoever you do to the least of my people, you do unto me.”

Our life's journey is akin to traveling through a vast, elaborate landscape filled with stations at strategic intervals, where we, as travelers, can pause, seek shelter, and find nourishment for both body and spirit. **The Sacred Heart Community Dinner and Pantry** is one station on the journey of many lives. The obvious purpose of this station is to feed and clothe those who are limited in their resources, specifically homes and food. That is one purpose of our station, but it really provides much, much more. We provide more than just food and clothes. We provide a respite to those who have none regardless of where



SACRED HEART OF OB COMMUNITY DINNER & PANTRY

Our dinner serving schedule is **EVERY OTHER TUESDAY.** Our next Dinner service **will be on April 30 and May 14** from 5:00 to 7:00 pm. **Volunteers** are needed. Please, show up and be available at 3:00 pm. Dinner service will begin at 5:00 pm. Clean up begins around 7:00 pm. **Remember,** this is a parish ministry that could use your support. **Many blessings on these folks who serve. We are very grateful to all the volunteers with helping hands and hearts and to HIM for providing the willing hands.** If you wish to volunteer you must be vaccinated and in good health.

Thank you for your help.



they come from. We greet our guests, we serve, and we talk with them. Our guests have often commented on how much they appreciate our volunteers. Our guests' stop at our station may be short, but it fills our guests before they leave for the evening.

Our volunteers are all on a journey too. This is the station where they arrived. Some of our volunteers are fresh and ready to tackle the world. Some are looking for a way to give back for the blessing they have received. Some of us are damaged, and our road to recovery is found by humbling ourselves and serving others. Whether guest or volunteer, we all have different journeys that somehow managed to arrive at the same station. We are a quiet, but important ministry.

Future bulletins will present stories about our parish ministries, parishioners, guests and visitors when space and time permit. Please let the bulletin editor know about people with whom you would like to get better acquainted.

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
Lt. Gregory Becker, Navy
Lt. Edgard Corea, Navy
Ensign Daniel Flanagan, Navy
SGT. William J. Hansen Jr., U.S. Army
Pvt. III Class Andrew Higgin Botham, U.S. Army
USS Howard (DDG 83) U.S. Navy Ship
Capt. Silas Huff, U.S. Army
Tech. SGT. Marcos Portella, Air Force
Major Phil Rodriguez, USMC
CPL Nick Salazar, USMC
MSG Cory Sullivan, U.S. Army
Capt. Andrew Sullivan, U.S. Army
Edwin Torres, Navy

If you have a loved one serving in the military who is away on special deployment and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

HELP NEEDED

If you are interested in volunteering at your church, learning something new and keeping up with what is happening at church, please consider helping me, Judith Theisen, with the bulletin! I will train you how to use the computer tools and programs. Please call me before the end of April: 619-599-6152



In Memorium



On Friday, April 12, a funeral Mass was held for long time Ocean Beach resident, Mary Klements, at Sacred Heart Church. The flowers on the Altar are in memory of her. May Mary Klements rest in peace.

May the Angels lead Mary into paradise.

Sacred Heart Vacation Bible School July 15-19

This Summer we are happy to announce this year's theme is Camp Firelight: A Summer Camp Adventure with God!

"Whenever I'm afraid I put my trust in you." Psalm 56:3 This is the theme verse for the VBS and what we will be teaching kids all week!

Through stories in both the Old and New Testaments, this VBS opens kids' eyes to the countless ways God provides, loves, and cares for us while inviting them to join God in providing, loving, and caring for others. Our program is curated for kids 4 years old to 11 years old. Kids 12 years old and older can participate as team leaders and helpers. This cost for VBS will be \$65 per child. Use the QR Code to register. For more information contact Stephen Williams, Director of Religious Education, religiousused@sacredheartob.org or call 619-224-2746 *102.



MASS COUNT

During April Sacred Heart Church is continuing to do

a Mass attendance count at all Masses. Come to Mass and be counted.



CALENDAR OF EVENTS

SACRED HEART PASTORAL COUNCIL

We will meet Tuesday, April 30th at 5:15 PM at SHA preschool classroom. All are welcome.



ATTENTION LADIES, JOIN A SPECIAL GROUP

Join us Wednesday, May 1 2024 at 11:30 a.m. for prayer and fellowship. With devotion to the rosary and our community, we seek to deepen our social & spiritual connections with the church and with each other. We pray the rosary, we enjoy a delicious potluck followed by our general meeting where we will discuss plans for the Corner Cottage and our upcoming May Tea, on May 4th. Please bring a dish to share. Place: Parish Hall. Questions? Call Therese Flaningam, President 619-886-8337. Enjoy the grace of saying YES!!



SENIOR MASS AND LUNCHEON

Join us for our First Friday Mass and Senior Lunch on May 3rd, 2024 with a Cinco de Mayo theme. Mass begins at 11:30 am, with Lunch to follow in the parish hall at 12:15 pm. A donation of \$5.00 for lunch, \$1.00 for wine (free refills) and \$3.00 for a take-home second meal will help cover the cost of the food and tableware for the event. Call in your reservation to Carol Sanders at 619-225-2239. Please invite your friends!



PARISH OFFICE

Monday through Friday
Hours: 8:30 AM—3:30 PM
Closed 12:00 PM—1:00 PM
for lunch
619-224-2746

BAPTISMS

Contact Deacon Mark before scheduling a date with friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Rev. Billy Zondler before planned wedding
619-224-2746

FUNERALS

Contact Janice Teixeira
619-246-4955

APPOINTMENTS

619-224-2746.

PARISH STAFF
(619-224-2746)

Rev. Billy Zondler, Pastor
bzondler@sacredheartob.org
Rev. Mr. Mark Wieczorek, Deacon
Email:
deaconmark@sacredheartob.org
Rev. Lt. Emmanuel Ochigbo, USNR
In Residence
Rev. Anthony (Tony) Stanonik
In Residence
Stephen Williams
Director of Religious Education
(619-224-2746 x102)
religioused@sacredheartob.org
Youth Minister/Young Adults
(619-224-2746 x103)
youthminister@sacredheartob.org
Angela Roberts
Administrative Assistant/
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Mrs. Rebecca Godina, Director
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Parish Ministries and Organizations

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- Parish Blood Bank
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- Wall of Remembrance
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- Young Adults
youthminister@sacredheartob.org
- Youth Minister/Confirmation
youthminister@sacredheartob.org

March 2024 Collection Report:

With gratitude for the gifts received, in March parishioners made a joyful return to the Lord of the following:

March Collections:	
Envelopes:	\$ 23,957.00
Plate:	4,419.00
Online Giving:	12,145.06
Easter:	11,941.00
Other Income:	13,249.00
Total	\$ 65,711.06
Total Expense:	47,600.91
GAIN:	\$ 18,110.15

Thank you for your continued support. Prayerfully consider making a recurring weekly or monthly donation to our collection. Please see the Sacred Heart website: www.sacredheartob.org
Thank you for your investment and continued support of our parish!

*Stewardship as a
Way of Life*

In today's Gospel reading we hear Jesus referring to himself as "the good shepherd." His sheep know him, trust him, listen to him and follow him; having faith that no harm will come to them as long as they stay close to him. We reaffirmed our faith in Christ when we renewed our baptismal promises at Easter. As stewards of our relationship with Jesus Christ, are we, like the sheep, willing to listen to Jesus, trust him, follow him no matter the cost to our comfort?

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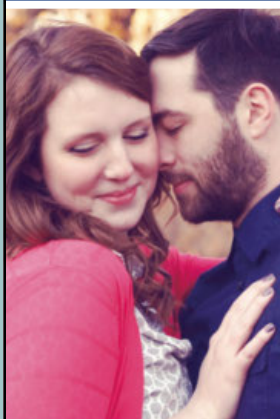
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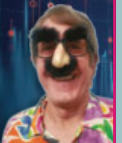


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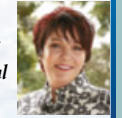
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