



*A Parish Built on Love*

# *The Heart of Ocean Beach*



MARCH 17, 2024 | FIFTH SUNDAY IN LENT

## *Welcome*

### MASS SCHEDULE

#### Weekday Mass

Monday—Friday | 8:00 am

#### Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am  
5:00 pm

#### Confession

Monday | 7:30am– 7:55 am

Wednesday | 5:30-6:30 pm

Saturday | 3:15 pm-4:00 pm

Other | By Appointment

#### Rosary & Divine Mercy Chaplet: After Daily Mass

Adoration available in chapel  
7 am to 7 pm

### OUR MISSION

**EMPOWERED BY JESUS,  
THE MISSION OF THE  
CHURCH OF SACRED  
HEART IS TO:**

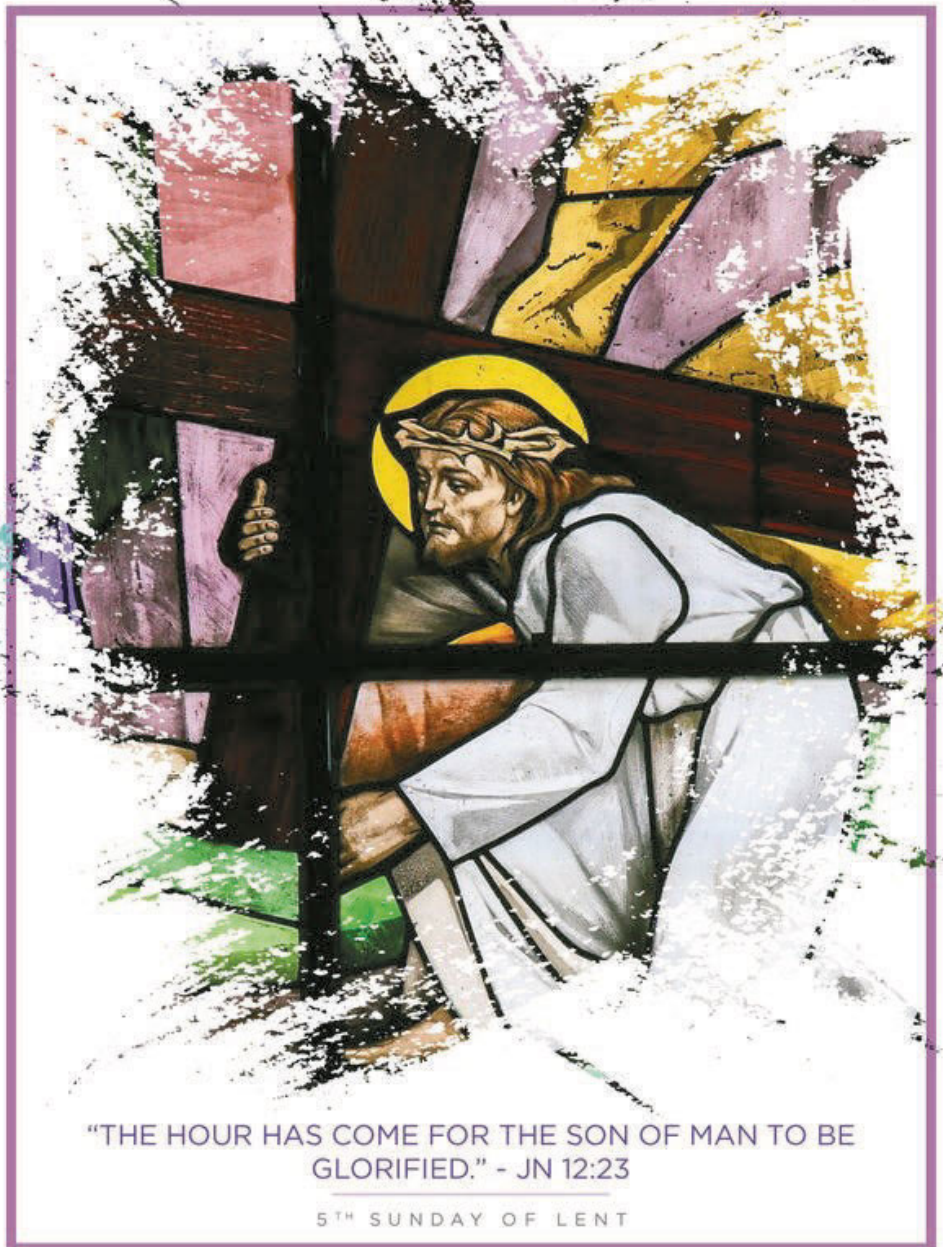
**Strengthen the community  
through worship,**

**Live the Gospel with  
Compassion and Joy,**

**And guided by the Holy Spirit to  
meet the needs of the people.**

#### THANK OUR ADVERTISERS

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**SACRED HEART CHURCH OF OCEAN BEACH**  
**4776 SARATOGA AVE., SAN DIEGO, CA 92107**  
619 224 2746 | [www.sacredheartob.org](http://www.sacredheartob.org)

# PARISH ACTIVITIES & HAPPENINGS

Sacred Heart of Ocean Beach  
Easter 2024

## LENTEN & EASTER SCHEDULE

### STATIONS OF THE CROSS

Every Friday ~ 6:00 pm, during Lent  
Followed by a Soup Dinner in the Hall  
(March 15 - Fish Fry by KofC)

### LENTEN RECONCILIATION

Every Wednesday during Lent ~  
5:30 - 6:30 pm

### LENTEN PENANCE SERVICE

Wednesday, March 20 ~ 7:00 pm

### PASSION/PALM SUNDAY, March 24

Saturday Mass ~ 4:30 pm  
Sunday Mass ~ 8:00 & 10:00 am  
5:00 pm

Monday - Wednesday of Holy Week,  
March 25 - 27 ~ Masses 8:00 am

### EASTER - TRIDUUM

#### HOLY THURSDAY, March 28

(No 8:00 am Mass)

Mass of the Lord's Supper ~ 7:00 pm

Transfer of the Blessed Sacrament  
to the Altar of Repose  
Adoration following Mass until 12:00 midnight

#### GOOD FRIDAY, March 29

(No 8:00 am Mass)

Stations of the Cross ~ 12:00 pm  
Celebration of the Lord's Passion ~ 3:00 pm  
Tenebrae Service ~ 7:00 pm

#### HOLY SATURDAY, March 30

(No Confessions or 4:30 pm Mass)

Easter Vigil ~ 8:00 pm

#### EASTER SUNDAY, March 31

Mass times 8:00 & 10:00 am ~ Church  
Children's Easter Egg Hunt  
after 10:00 am  
(No 5:00 pm evening Mass)

#### DIVINE MERCY SUNDAY, April 7

Saturday Mass ~ 4:30 pm  
Sunday Mass ~ 8:00 & 10:00 am  
5:00 Mass



## *Stewardship as a Way of Life*

In this weekend's Gospel reading, you may hear the Gospel story of Jesus inviting his disciples into a great mystery with curious pronouncements: Those who love their lives just as they are will lose them. If a grain of wheat dies, it will bear much fruit...What does Jesus mean? The climactic event of Jesus' passion and death is drawing closer; a time when the great confrontation between Jesus and the powers of darkness take place. When Jesus is lifted up, he will draw all to himself. The Christian steward knows life can't be lived in complacency. We are called to die to self, bear more fruit, be raised up with Jesus. Jesus brings discomfort to those who are comfortable. Jesus urges us to give witness in his name. How will we respond?



*This Sunday,  
March 17, in the  
hall after each  
morning Mass,  
we will be  
serving donuts & coffee.  
Join us for fellowship  
as well!*

## **New Adult Bible Study Begins April 3, 2024**

For this study we will use Ascension Press' study on the book of John. **"Follow Me: Meeting Jesus in the Gospel of John."** In this 9-week study we will learn what John says about following Christ. For the class you will need to access the Ascension Press website, buy the "workbook" and gain "online access" to watch a video, do the assigned readings and answer a few questions. During class we will discuss the video, readings and questions. This class meets at two times: 1:00 pm in person in the alley cottage or 7:00 pm on zoom! If interested contact Stephen Williams at 619-224-2746 \*102 or email him at: [religioused@sacredheartob.org](mailto:religioused@sacredheartob.org) to find out where to buy the materials. Please sign up at least **two weeks ahead so materials can ship in time.**

## **Live Lent**

Join us on Sunday April 14<sup>th</sup> at 11:00 am in the Hall for a morning of reflection on the "Live Lent" program. See other groups experiences and reflect upon the program we did this year. If you did not participate in the program please feel free to come and learn about Small Church Communities to see if you would like to join a Small Church Community!

## *Wines of the World*

*Sacred Hearts 4th wine  
fundraiser event*

*April 27th 5:30 pm*

Stroll through tables with food and wine  
from around the world while shopping  
the silent auction.

*Reservations open after  
March 1st,*

*\$65.00 per Adult*

*Use the QR code at right to reserve  
your place(s)*

We are requesting silent auction items,  
monetary donations and bottles of wine valued  
\$20 or more for the wine pull.  
Please contact Janice Teixeira at 619/246.4955  
or [teixeira@cox.net](mailto:teixeira@cox.net)



## WELCOME

We warmly welcome all visitors to our parish, the heart of our Catholic faith—life in Ocean Beach since 1911. Thank you for joining us for Divine Worship. We hope you find ways to participate in our life in Christ through the various ministries we offer.

If you find yourself returning here, we invite you to join us as a member of our parish family. Use a registration form available at the HeartBeat Table or in the Parish Office, or go to the parish website:

[www.sacredheartob.org](http://www.sacredheartob.org)

**Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially for Baptism or Marriage, as well as eligibility to serve as Godparents or Sponsors.**

## FROM JOHN MURCKO



Hello!

My name is **John Murcko** and I am a seminarian for the Diocese of San Diego. I am so happy to be spending time at Sacred Heart this semester! The community has been so welcoming.

A little about me: I was born in 1997 and grew up in the lovely town of Escondido. I went to San Pasqual High School. My first job was at Chuck E. Cheese, and I wore the Chuck E. costume! I studied Computer Science at UCSD and worked in IT at SDGE. I actually grew up in an Evangelical Protestant family, but during my college years I began searching for deeper meaning and reverence in my faith - I felt that something was missing, but I wasn't entirely sure what it was. My search caused me to stumble upon the ideas of Catholic faith, and I was quickly convicted of the faith. I eventually realized that it was the Eucharist that I was missing! I was brought into the Church in 2019. I was in a relationship at the time, and understandably, my conversion created some tension and we eventually broke up - she had not anticipated dating or marrying a Catholic, and that is entirely fair (and I know God has a plan for her too!). Throughout my conversion and after, I began to feel a desire to serve God as a priest. Amidst the tension in my relationship, I prayed that God would show me what His will for me was - that if He wanted me to be a priest He would show me. And He did. I began the formal discernment process in 2020, and was accepted into the seminary in 2021. God has turned my life into a joy-filled adventure that I could have never expected. God has given me the opportunity to study philosophy and theology, to share faith with the young and the old, to visit the poor, the immigrant, and the homeless - every day I am in the seminary is such a gift. I want to thank all of you for your prayers and encouragement and the overwhelming welcome I have received here at Sacred Heart. It makes all the difference.

John Murcko



### During this Lenten season: Please pray for our RCIA candidates:

Cano Espinoza, Chris Ulaszek, Christopher Demeyer, Corbin Graf, Emma Buck, Hunter Kievet, Kathy Grady, Khloe Bracken, Melissa Miller, Nathan Wood, Patricia O'Connor, Ryan Ulaszek



### EASTER FLOWERS

Honor your loved ones and friends. Give a "memorial" or "thank you" donation in their name(s) to help defray the cost of flowers that will decorate the sanctuary during Easter season. Please use the special "Flower Offering" envelopes in last weeks bulletin and they, with the names of those remembered, will be placed on the altar during the Easter Masses. Return the envelopes to the Parish Office by Tuesday, March 26, 2024.

### READINGS FOR THE WEEK

**Monday:** Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-3a, 3b-4, 5, 6/Jn 8:1-11

**Tuesday:** 2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16- 18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a

**Wednesday:** Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56/ Jn 8:31-42

**Thursday:** Gn 17:3-9/Ps 105:4-5, 6-7, 8-9/Jn 8:51-59

**Friday:** Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7/Jn 10:31-42

**Saturday:** Ez 37:21-28/Jer 31:10, 11-12abcd, 13/Jn 11:45-56

**Sunday:** Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39



### Stations of the Cross

Sacred Heart will observe Stations of the Cross every Friday of Lent **at 6:00 pm** in the Church. There will be a soup reception in the hall following. Consider joining us every Friday to better reflect on the Lord's Passion this Lent. The next date for Stations of the Cross is Friday, **March 22<sup>nd</sup>**, featuring Timothy Radcliffe's OP version of the Stations of the Cross.

## Mass for the Intentions of the Week

**Mar. 16 Saturday**

4:30 p.m. Calvin Barrancotto

**Mar. 17 Sunday**

8:00 a.m. Patty Barrancotto †

10:00 a.m. Bill Hansen †

5:00 p.m. Mass for Parishioners

**Mar. 18 Monday**

8:00 a.m. Klas Persson †

**Mar. 19 Tuesday**

8:00 a.m. John Robert Geisler †

**Mar. 20 Wednesday**

8:00 a.m. Josie Barrancotto

**Mar. 21 Thursday**

8:00 a.m. Grace Danaher †

**Mar. 22 Friday**

8:00 a.m. Col. Simon J. Kittler †

**Mar. 23 Saturday**

4:30 p.m. Henrietta Selina Geisler †

**Mar. 24 Sunday**

8:00 a.m. John Robert Geisler †

10:00 a.m. Mass for Parishioners

5:00 p.m. Thai Hy &amp; Hoa Nguyen †

**Please Remember in Your Prayers**

Cathy Adams	Dolores Illig
Brandon Ashcraft	Inoue Family
Mary Lou August	Betty Jankowski
Mike Balich	Gloria Kenny
Nargi Barkzai	Bill Klatt
Barreda Family	Rich Koppel
Darla Bebrin	Nicholas Kunes
Borel-LeCompte Family	Ed Lloyd
Loki Aeevermann-Cantu	Patricia Marie
George Carrillo	Francis Mason
Melinda Carrillo	Braylee Mehciz
Sonia Carrillo	Barbara Mellor
Aubrey Clark	Merola Family
Paul Cloutier	Joannie Nicoletti
Kat Cloutier	Mark Price
Tricia Danielson	Jack Quinn
Nazario Dorego	Cathy Sables
Norma Evans	Pat Schmitt
Jules Fish	Margaret Schweizer
Daniel Flores	Gerry Scott
David Flores	Gloria Soto & family
Matthew Flores	Bryce Stewart
Joseph Flores	Fr. Wilfred Theisen
Richard Friel	Fr. Thomas Thompson
Timothy Geisler	Deanna Turton
Della Greenwell	Nora Van Leeuwen
Margarita Cabrera Gonzalez	Stewart Witt
Desire Hernandez Family	Betty White



### Monstrance in Adoration Chapel

The Monstrance is back in the adoration chapel! It is Repaired and returned. Adoration in the church chapel behind the Altar is **between the hours of 7am to 7pm**. If you would like the new code to the chapel door please email Janice Teixeira at:

**seniorministry@sacredheartob.org or 619-246-4955.**

On FRIDAYS Sacred Heart has Adoration of the Blessed Sacrament from 9:00 to 10:00 AM.

**Pray for all of us.**

### GOD UPHOLDS ME

I take for my surties: The power of God to guide me, the might of God to uphold me, the wisdom of God to teach me, the eye of God to watch over me, the ear of God to hear me, the word of God to give me speech, the hand of God to protect me, the way of God to go before me, the shield of God to shelter me.

—St. Patrick

\*\*\*\*\*

**MASS COUNT**

**During March Sacred Heart Church is** doing a Mass attendance count at all Masses.

Come to Mass and be counted.

\*\*\*\*\*

**PRAYER REQUEST**

*We're here to lift you up in prayer.*



Sacred Heart OB Prayer Ministry


<https://www.bit.ly/ineedprayers>

### EASTER DINNERS



Do you know someone who is a **shut-in** or **someone without a family** who could use a dinner delivered on Easter Day? If you know of a **person who will be alone on Easter**, we would be happy to deliver a home-cooked meal to them early afternoon on Easter Sunday.

Please call Janice Teixeira at **619-225-8595** or email her at **teixeira@cox.net**.



**PRAYER**

**SUGGESTED WORKS OF PENANCE DURING LENT**

- † Pray for someone with whom you are out of touch.
- † Resolve to stop engaging in rumors, gossip, and negative chatter that devalues others.
- † Visit someone who is alone.
- † Attend a Friday Fish Fry with friends.
- † Embrace periods of silence in each day.
- † Keep a journal about your spiritual highs/lows.
- † Attend the parish Good Friday liturgy, squeeze in and make room for others.



### LIVE THE LITURGY

Jesus reminds us that the grain of wheat can never realize its potential without sacrifice. God has a plan for each one of us. May He give you strength to become who you were born to be.

©LPi

## RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force  
 Lt. Gregory Becker, Navy  
 Lt. Edgard Corea, Navy  
 Ensign Daniel Flanagan, Navy  
 SGT. William J. Hansen Jr., U.S. Army  
 Pvt. III Class Andrew Higgin Botham,  
 U.S. Army  
 USS Howard (DDG 83)  
 U.S. Navy Ship  
 Capt. Silas Huff, U.S. Army  
 Tech. SGT. Marcos Portella, Air Force  
 Major Phil Rodriguez, USMC  
 CPL Nick Salazar, USMC  
 MSG Cory Sullivan, U.S. Army  
 Capt. Andrew Sullivan, U.S. Army  
 Edwin Torres, Navy

If you have a loved one serving in the military who is away on special deployment and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

SACRED HEART OF  
OB COMMUNITY  
DINNER & PANTRY

Our dinner serving schedule is EVERY OTHER TUESDAY. Our next Dinner service will be on March 19 and April 2 from 5:00 to 7:00 pm. Volunteers are needed. Please, show up and be available at 3:00 pm. Dinner service will begin at 5:00 pm. Clean up begins around 7:00 pm. Many blessings on these folks who serve. We are very grateful to all the volunteers with helping hands and hearts and to HIM for providing the willing hands. We can use brand new socks for our unsheltered guests. You can drop them off at the rectory. If you wish to volunteer you must be vaccinated and in good health.

Thank you for your help.  
 Please keep us in your prayers.

Religious  
Education

**SUNDAY, MARCH 31, 2024**  
**EASTER EGG HUNT**  
**AFTER THE 10 AM EASTER**  
**SUNDAY MASS**

After the 10 am Mass we will have an Easter Egg hunt on the grass in front of the church. The age limit for the Easter Egg Hunt is 11 years old. Please be with your kids during this entire event.

Please email Stephen Williams, Director of Religious Education, at [religiously@sacredheartob.org](mailto:religiously@sacredheartob.org) by March 24 for an accurate head count. Donated eggs can be brought to the parish rectory Monday-Friday 8am-4pm.

## CALENDAR OF EVENTS



## Lenten Confession/Reconciliation Times

Don't forget to fulfill your yearly obligation to receive Reconciliation at least once a year. In order to be in a State of Grace, before receiving Eucharist, confession is available to all on every **Monday** 7:30 am to 7:55 am, **Wednesdays** from 5:30 pm to 6:30 pm, on **Saturdays** at 3:15 pm to 4:00 pm. We will also have our special, Lenten service for Reconciliation on **March 20, 2024 at 7:00 pm.**

## GOOD FRIDAY COLLECTION

Pope Francis has asked our parish to support the Pontifical food Friday Collection, which helps Christians in the Holy Land, where they are now less than 2% of the population. Your support is essential to help the Church minister in parishes, provide Catholic schools, and offer religious education. The Pontifical Good Friday Collection also helps to preserve the sacred shrines of Christianity, in Jerusalem, Nazareth, and Bethlehem, to name only a few. In these times of crisis, the Pontifical Good Friday Collection is necessary to meet the basic needs of the People of God still living in this Land and to maintain a Christian presence where the Church was born. **PLEASE BE GENEROUS!** For more information visit [www.myfranciscan.org](http://www.myfranciscan.org) or [www.custodia.org](http://www.custodia.org)



## Holy Thursday Sock Drive

We will be collecting new socks for the unsheltered friends of our Community Dinner and Pantry program during the Holy Thursday Service on March 28<sup>th</sup> at 7 pm. Please place your donation in buckets in back of church starting on Palm Sunday.

Thank you for your generosity!



## Please contribute to the LOAVES &amp; FISHES FOOD BANK

Loaves and Fishes is a small food pantry established by eight Ocean Beach community churches for serving low-income families in the area. It is an ecumenical solution to the need for emergency food sources. Sacred Heart parishioners donate canned goods on the first weekend of each month. A special Lenten monetary collection for Loaves and Fishes is scheduled this year for March 16/17. Envelopes were in last weeks bulletin and are in the vestibule of the church. Thank you for your support.

## Sunday Night 5PM Youth Mass: Contemporary Style Mass

Join us at our Sunday night 5:00 PM Youth Mass! It is a contemporary style Mass with Praise and Worship music geared for and served by teens and those involved in youth ministry at Sacred Heart! Next Confirmation class meets Wed., March 27, at 6:00 pm at Sacred Heart Academy.



**PARISH OFFICE**

Monday through Friday  
Hours: 8:30 AM—3:30 PM  
Closed 12:00 PM—1:00 PM  
for lunch  
619-224-2746

**BAPTISMS**

Contact Deacon Mark before  
scheduling a date with  
friends and relatives.  
deaconmark@sacredheartob.org

**MARRIAGE**

Contact Rev. Billy Zondler  
before planned wedding  
619-224-2746

**FUNERALS**

Contact Janice Teixeira  
619-246-4955

**APPOINTMENTS**

619-224-2746.

**PARISH STAFF  
(619-224-2746)**

Rev. Billy Zondler, Pastor  
bzondler@sacredheartob.org  
Rev. Mr. Mark Wieczorek, Deacon  
Email:  
deaconmark@sacredheartob.org  
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In Residence  
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Director of Religious Education  
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Youth Minister/Young Adults  
(619-224-2746 x103  
youthminister@sacredheartob.org

Angela Roberts  
Administrative Assistant/  
Bookkeeper  
(619-224-2746 x101

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Mrs. Rebecca Godina, Director  
4895 Saratoga Avenue  
619-222-7252  
shaobpreschool2@gmail.com  
sacredheartpreschool.org

**Parish Ministries and Organizations**

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tireneflan@yahoo.com  
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Parish Blood Bank  
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mnauert@psrs.com  
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Kate.mckenzie234@gmail.com  
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katieonz@yahoo.com  
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youthminister@sacredheartob.org  
Youth Minister/Confirmation  
John Maxwell 619-224-2746x103  
youthminister@sacredheartob.org

**January 2024 Collection Report:**

With gratitude for the gifts received, in  
January parishioners made a joyful return  
to the Lord of the following:

**January Collections:**

Envelopes:	\$ 22,395.21
Plate:	6,990.00
Online Giving:	11,989.43
Christmas	4,560.00
<u>Other Income:</u>	<u>6,024.00</u>
<b>Total</b>	<b>\$ 51,938.64</b>
<b>Total Expense:</b>	<b>51,267.49</b>
<b>GAIN:</b>	<b>691.15</b>

**Thank you for your continued support.**  
**Prayerfully consider** making a recurring  
weekly or monthly donation to our  
collection. Please see the Sacred Heart  
website: [www.sacredheartob.org](http://www.sacredheartob.org)  
Thank you for your investment and  
continued support of our parish!

**CHURCH LAW ON  
FASTING  
& ABSTINENCE**

**Abstinence:** all Catholics who are  
14 years of age and older are to  
abstain from eating meat on **Ash  
Wednesday, Good Friday and  
all Fridays** during Lent. In  
addition to abstinence, **Fasting is  
to be observed** by all Catholics  
between the ages of 18 and 59 years  
(inclusive) on **Ash Wednesday  
and Good Friday**. One full meal is  
allowed. Two smaller meals,  
sufficient to maintain strength, may  
be taken according to one's needs,  
but together they should not equal  
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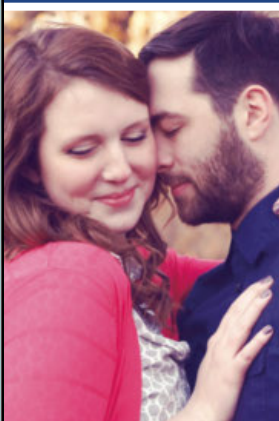
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