



Caring for the Whole Person initiative is a collaborative effort in conjunction with the California Catholic Bishops, the Diocese of San Diego, and California Catholic Health Care Systems.



THE ROMAN CATHOLIC
**DIOCESE OF
SAN DIEGO**



For such
is God,
our God,
for ever & ever;
He will guide us
eternally.



Our CWP Team is a ministry of
Sacred Heart Church of Ocean Beach
sacredheartob.org



For more info contact Janice Teixeira, RN.
seniorministry@sacredheartob.org
619-246-4955

Additional resources online at
wholeperson.care



VOLUNTEERS NEEDED

Become part of this valuable outreach.
Contact Janice Teixeira for info.



Caring FOR THE
Whole Person

CARING for the WHOLE PERSON (CWP) puts caring about the people in our community into ACTION.

Our CWP ministry is an all-volunteer organization that strives to enrich our community by providing a network of resources that support individuals and their families in all phases of life.



We meet you where you need us, with dignity and respect, and in line with Catholic Moral Teaching.

SERVICES OFFERED

- Connections to a caring community in Ocean Beach
- Pastoral counseling with clergy is available on an individual basis
- Support of a Prayer Ministry group
- Administer Holy Communion at homes, facilities and hospitals
- Liaison for other sacramental needs
- Ongoing educational programs
- Social visits where needed
- Free home health evaluations by a trained professional
- In-home wellness checks
- Help w/Advance Health Care Directive
- Assist with pre-need planning for end of life issues
- Grief & bereavement support



Caring FOR THE
Whole Person

We're here for you.

We recognize that God created each of us with a unique combination of spiritual, emotional, personal, and physical needs. CWP provides services to personally assist you, as well as offering you referrals to organizations that may serve your particular needs.



REFERRALS TO OTHERS

- Transportation for appointments
- Home healthcare
- Nutrition & food resources
- Ongoing meal programs
- Options for residential transitions
- Vetted caregiving services
- Hospice and palliative care
- Guidance on end-of-life decisions in line with religious ethics
- Spiritual Ministry Center nearby offers retreats and spiritual direction.
- Mental health care for those who feel isolated, suffer from depression or suicidal ideation
- Elder Law
- Wills, trusts and a variety of other important financial and legal issues
- Pre-need arrangement of mortuary and funeral plans