



*A Parish Built on Love*

# *The Heart*

## *of Ocean Beach*



OCTOBER 9, 2022 | 28<sup>TH</sup> SUNDAY IN ORDINARY TIME

## *Welcome*

### MASS SCHEDULE

#### Weekday Mass

Monday—Friday | 8:00 am

#### Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am  
5:00 pm

#### Confession

Monday | 7:30-7:55 am

Wednesday | 5:30-6:30 pm

Saturday | 3:15 pm-4:00 pm

Other | By Appointment

**Rosary & Divine Mercy  
Chaplet:** After Daily Mass

**24 Hour Adoration  
available**

### OUR MISSION

EMPOWERED BY JESUS,  
THE MISSION OF THE  
CHURCH OF SACRED  
HEART IS TO:

Strengthen the community  
through worship,

Live the Gospel with  
Compassion and Joy,

And guided by the Spirit meet  
the needs of the people.

#### THANK OUR ADVERTISERS

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ad in today's bulletin. If you would like to place  
your business advertisement please contact  
Wendy Scott at 4LPi.com  
443-359-8471



## *28<sup>th</sup> Sunday*

I N O R D I N A R Y T I M E

Jesus said in reply, "Ten were cleansed, were they not?  
Where are the other nine? Has none but this foreigner  
returned to give thanks to God?" - Lk 17:17-18

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**SACRED HEART CHURCH OF OCEAN BEACH**  
**4776 SARATOGA AVE., SAN DIEGO, CA 92107**  
619 224 2746 | [www.sacredheartob.org](http://www.sacredheartob.org)

# PARISH ACTIVITIES & HAPPENINGS



## Religious Education

### RCIA

**"The Rite of Christian Initiation of Adults" (RCIA).** We offer the RCIA program through a series of sessions held Monday evenings. Next meeting is October 10 at 6:00 pm. Join us for Mass anytime and prayerfully reflect on starting this life changing experience.

For more information on becoming Catholic or to attend classes to learn more about being Catholic, contact: Stephen Williams

Phone: (619) 224-2746 \*102

Email:

[religioused@sacredheartob.org](mailto:religioused@sacredheartob.org)

### UPDATE FROM FR. EMMANUEL



Fr. Emmanuel training for his military duties. He graduated from his Officer Development training on Friday, Sept 30. Now he goes on to Military Chaplain training.

### BLESSING OF THE ANIMALS October 1



### CARE FOR THE WHOLE PERSON

The next **Care of the Whole Person** meeting is Tuesday, October 25, at 3:00 pm in the rectory conference room. Everyone is invited. Please come and find out more about this program and see how you can be involved.

### Children's Religious Education Program

Classes started October 2, 2022.

Fall 2022-Spring 2023 Sundays 8:30 am-9:40 am

Upstairs Sacred Heart Academy  
October 2nd - Parent Meeting

#### Contact:

Stephen Williams

Director of Religious Education

Call: (619) 224-2746 \*102

### ADULT BIBLE STUDY

Our fall Bible Study started **October 5, 2022!**

We are using Ascension Press Series **"Mary: A Biblical Walk with the**



#### Blessed Mother

**In person Meetings** began on Oct. 5 at 1:00 pm at the Rectory or on **Zoom:** At 7:00 pm Join us:

For more information on this amazing Study! Email Stephen at [religioused@sacredheartob.org](mailto:religioused@sacredheartob.org)

### SACRED HEART YOUTH MINISTRY IS BACK!!!



Join us today, **October 9** for our High School **Summit**, beginning

with 5:00 pm Mass and then @ the SHA.

**October 11** for our 6th- 8th Grade Jr High **Study time** at 3:00 pm and **October 19** for our ROC

Confirmation at 6:30 pm at SHA.

This past week we were blessed to have amazing kickoffs. On each of the nights, we had adoration, talked about the themes for the year, had parent video presentations and spent some time in community! If you are interested in joining our wonderful ministry community please see the website for events, schedules and updates. We are so blessed to be back! John Maxwell 619-224-2746x103



### FALL MASS COUNT

The Diocese of San Diego's annual Mass count takes place during the month of October. Come to Mass and be counted.





If we have died with Christ Jesus  
we shall also live with him;  
if we persevere  
we shall also reign with him.

— 2 Timothy 2:11-12a

### THE GIFT OF SALVATION

Naaman and the leper who returned to Jesus saw God's hand in their healing. Only through God's intervention could they have been cured. Through this recognition of God's presence and action in their lives, they grew in faith. For what are you grateful? Pause for a moment to reflect on all of the blessings in your life. God is the source of these many blessings—life, love, gifts, and so much more. Of all the gifts for which we must be grateful, none is as great, or as astounding, as the gift of salvation offered to us through Jesus Christ. Let this sink in, not only in your mind but in your heart. Like Naaman and the leper who returned, allow yourself to be touched by the immense love of God for you.

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2022

### ANNUAL CATHOLIC APPEAL

#### Living our Mission:

As of September 13, 2022

Sacred Heart's Goal: \$40,000

68 donors have Paid: \$32,091.01

Still owed: \$7,908.99

**We did not complete our goal before October 1.** If we do not meet our goal by December 30 the church must pay remaining balance. You can still make your contribution online at: [giving.sdcatholic.org](http://giving.sdcatholic.org), (Be sure to select Sacred Heart of Ocean Beach, San Diego.) or by picking up a combo brochure/response card here at the parish office. If this assessment is not met Sacred Heart **must** pay the difference. **Thank you for your generosity. Make checks payable to Diocese of San Diego.**

## FROM OUR PASTORS DESK

On Friday, August 26<sup>th</sup> we said goodbye to the Preschool Director, Suzie Wydra. Suzie had been the Director of the preschool since June of 2012. The Parish and Diocese informed Suzie that this decision was based on the financial impracticalities of having 2 directors at the preschool.

Suzie came on as Director of the preschool in 2012. When the Academy closed in 2013, it was her idea, hard work, and determination that changed the school to a stand-alone preschool. It became the largest preschool in the Diocese, at a time when they didn't even know how to classify a stand-alone preschool.

When the Academy closed, the preschool was left with a sizable amount of debt that the Diocese wanted paid in full. In just under 6 years that debt was fully retired. Little did we know that a pandemic was just around the corner, and Suzie would yet again need to figure a way for the preschool to succeed. She said it best when she said, "this (the preschool) is my baby."

Sacred Heart Academy Preschool is the school that it is because of Suzie Wydra. We are saddened by her departure and wish her all the best

in her future endeavors. Sacred Heart parish will always be grateful for the contributions Suzie has made that have helped us through the many years she has been here.

Rebecca Godina, the assistant director has been named the Director and will lead the preschool going forward.

Pray for the Right to Life for the unborn,

All Life is Sacred



THE LORD CALLED ME;  
FROM MY MOTHER'S WOMB  
HE HAS SPOKEN MY NAME.  
ISAIAH 49:1

Fr. Thomas Kelly

## Today's Readings

**First Reading** — Naaman, cleansed from his leprosy, returns to Elisha and pledges his belief in and allegiance to the LORD (2 Kings 5:14-17).

**Psalm** — The Lord has revealed to the nations his saving power (Psalm 98).

**Second Reading** — Remember Jesus Christ, who was raised from the dead. If we persevere, we shall reign with him (2 Timothy 2:8-13).

**Gospel** — After ten lepers are cleansed by Jesus, only one, a Samaritan, returns to give him thanks (Luke 17:11-19).

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

### READINGS FOR THE WEEK

**Monday:** Gal 4:22-24, 26-27, 31 - 5:1; Ps 113:1b-5a, 6-7; Lk 11:29-32

**Tuesday:** Gal 5:1-6; Ps 119:41, 43-45, 47-48; Lk 11:37-41

**Wednesday:** Gal 5:18-25; Ps 1:1-4, 6; Lk 11:42-46

**Thursday:** Eph 1:1-10; Ps 98:1-6; Lk 11:47-54

**Friday:** Eph 1:11-14; Ps 33:1-2, 4-5, 12-13; Lk 12:1-7

**Saturday:** Eph 1:15-23; Ps 8:2-3ab, 4-7; Lk 12:8-12

**Sunday:** Ex 17:8-13; Ps 121:1-8; 2 Tm 3:14 — 4:2; Lk 18:1-8

## Mass for the Intentions Week

- Oct. 8 Saturday**  
4:30 p.m. Maria Coito
- Oct. 9 Sunday**  
8:00 a.m. Patty Barrancotto †  
10:00 a.m. Don Wiczorek †  
Hoa Nguyen †  
5:00 p.m. Peggy Kittler
- Oct. 10 Monday**  
8:00 a.m. Fr. Hubert Kealy †  
Sr. Elizabeth Kealy †  
John Kealy †
- Oct. 11 Tuesday**  
8:00 a.m. Claire Harvey †
- Oct. 12 Wednesday**  
8:00 a.m. Henrietta Selina Geisler †
- Oct. 13 Thursday**  
8:00 a.m. Maria & Guilherme Francisco †
- Oct. 14 Friday**  
8:00 a.m. Claire Harvey †
- Oct. 15 Saturday**  
4:30 p.m. Thomas Richardson †
- Oct. 16 Sunday**  
8:00 a.m. Don Wiczorek †  
Hoa Nguyen †  
10:00 a.m. Chris Stermole †  
5:00 p.m. Henrietta Selina Geisler †



Do you or a loved one need prayers? Our prayer warriors are ready to pray! Go to the SH website & click the link to Prayer Ministry & fill out the prayer request. As God's family, we can count on each other in prayer.

### Please Remember in Your Prayers

Darla Bebrin	Gloria Kenny
Kathleen Blandford	Peggy Kittler
Thomas Cairns	Bill Klatt
Janis Cantu	Chris Leben
George Carrilo	Ed Lloyd
Melinda Carrilo	Patricia Marie
Sonia Carrilo	Braylee Mehcz
Aubrey Clark	Barbara Mellor
Paul Cloutier	Merola Family
Kat Cloutier	Joannie Nicoletti
Fr. Charles Eis	Annunciata O'Malley
Norma Evans	Mark Price
Daniel Flores	Pat Schmitt
David Flores	Margaret Schweizer
Matthew Flores	Ruth Sewell
Joseph Flores	Gloria Sosa
Margarita Cabrera Gonzalez	Ana Soto
Sydney Hansen	Bryce Stewart
Fr. Ron Hebert	Stewart Witt
Jack Hornby	Betty White
Dolores Illig	
Inoue Family	

## Stewardship

In today's Gospel, we hear of the ten men afflicted with leprosy, and the one who glorifies God for being healed. It is a dramatic scene of gratitude. But in order for the miracle to happen in the first place, these men had to start walking in faith before their diseased conditions could change one tiny bit. Good stewards of their faith realize that they cannot wait until their problems are over to start walking in faith. They praise God even in the darkest of nights, and in the worst of circumstances. Do we walk in faith, offering the Lord our gratitude even when we are in difficult circumstances?



Fr. Tom

### Q & A Sessions

Monday, **October 10**, Fr. Tom will be hosting the monthly Q & A session on the rectory balcony. The session will start at 7:00 pm. Bring your questions for Father on; faith, teachings the Catholic church and a positive and loving attitude. Email Stephen Williams at [religioused@sacredheartob.org](mailto:religioused@sacredheartob.org) for the zoom information. Hope to see you there!

## Mass Intentions

For the next few weeks if anyone is interested, we have some openings for weekly Mass Intentions. If interested please contact the parish office.



### ADORATION OF THE BLESSED SACRAMENT

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT from 9:00 to 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad. If you would like the code to the chapel door, email Janice Teixeira at [teixeira@cox.net](mailto:teixeira@cox.net) or 619-246-4955.

Pray for all of us.

### ON LINE GIVING

- Scan this QR code to go directly to our secure online giving site.
  - Or, go to our website and click on the online giving button,
- You can make a one time donation or you can sign up to give weekly.**

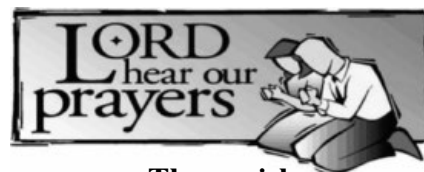


**Thank you for your continued support and faithful giving. Many Blessings, Fr. Tom.**

### ACCOUNTABLE

It is not only what we do, but also what we do not do, for which we are held accountable.

—Molière



### The parish "Prayer Ministry"

Sign up to be a Prayer Warrior at [SacredHeartob.org](http://SacredHeartob.org) and pray for the needs of our sisters & brothers. Just click the green box, "Link to Prayer Ministry" to sign up or make a prayer request - ask for guidance, healing and restoration, express sorrow, celebrate joy or give thanks! Our prayer team amplifies the Power of Prayer.

Thank you for Signing up!!

## RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force

Lt. Gregory Becker, Navy

Lt. Edgard Corea, Navy

Ensign Daniel Flanagan, Navy

SGT. William J. Hansen Jr., U.S. Army

Pvt. III Class Andrew Higgin Botham,

U.S. Army

USS Howard (DDG 83)

U.S. Navy Ship

Capt. Silas Huff, U.S. Army

Ensign Thomas Patrick Leeker, Navy

Tech. SGT. Marcos Portella, Air Force

Major Phil Rodriguez, USMC

MSG Cory Sullivan, U.S. Army

Capt. Andrew Sullivan, U.S. Army

Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

## CREATION CARE MINISTRY

The Creation Care Ministry of the Office of Life, Peace and Justice is represented at Sacred Heart by Mary Cairns. Sacred Heart meetings are held monthly currently on ZOOM. The next SH meeting will be **October 20, 7:00 pm**. If interested in finding out about Sacred Heart's efforts contact Mary Cairns email: [mmcairns@verizon.net](mailto:mmcairns@verizon.net) or phone: 619-223-8859

There is a Diocesan website. <https://sdcatholic.org/office-for/life-peace-and-justice/care-for-creation-and-environmental-issues/> which gives information on upcoming diocesan events.



## SACRED HEART OF OB COMMUNITY DINNER & PANTRY

Our dinner serving schedule is **EVERY OTHER TUESDAY**. Our next Dinner service will be from 5:00 to 7:00 pm on **October 18 and November 1**. Volunteers should show up and be available at 3:00 pm. Dinner service will begin at 5:00 p.m. Clean up begins around 7:00 pm. **We also need cookies. Many blessings on these folks who serve and to HIM for providing willing hands.** If you wish to volunteer you must be vaccinated and in good health.

If you are a family in need of food, or know of one, please contact Jack. For questions, contact Jack Hamlin at ([jackhamlin55@gmail.com](mailto:jackhamlin55@gmail.com))

**Please keep us in your prayers.**

## 40 DAYS FOR LIFE

Knowing that "with God, all things are possible," people of faith and conscience unite in 40 days of prayer and fasting. Christ told us some demons can only be driven out by prayer and fasting. The two go hand in hand. Prayer keeps us rooted in the fact that it is our desire to carry out God's will. Fasting is a sacrifice that helps us reach beyond our own limitations with God's help.

We encourage support for parents; Mothers and Fathers as they journey through their child's development from **conception through birth**. Each day during 40 Days for Life, individuals, churches, families, and groups will be asked to join together in prayer for a specific request so the entire Body of Christ can unite around a common focus. Join with San Diego's prayer vigil during this next 40 days. This prayer event runs from Sept. 28th through Nov. 6. For more info contact Katie Inoue, 619-309-8732



## SACRED HEART BOOK CLUB

We will be meeting on October 11 in the rectory at 10:30 am. The new selection for **October** is "**One Long River of Song**" by Brian Doyle.

In his foreword David James Duncan sums up Doyle's sensibilities: "Brian Doyle lived the pleasure of bearing daily witness to quiet glories hidden in people, places and creatures of little or no size, renown, or commercial value, and he brought inimitably playful or soaring or aching or heartfelt language to his tellings." A life's work, *One Long River of Song* invites readers to experience joy and wonder in ordinary moments that become, under Doyle's rapturous and exuberant gaze, extraordinary. Everyone is welcome and please bring a friend. Call Cindy Krause. (925-639-9089) if you have questions.

## LIVING THE LITURGY

**Expressing gratitude** is a sign of a loving heart. When we have received a gracious gesture, the appreciation experienced forms a bond between the giver and receiver. This can only happen when abundance and kind gestures are seen as gifts and not something to which we are entitled. The power of gratitude is more profound when we realize all that we are and all we are given do not have a human source but are of God. Walking around believing that our glass is only half full leaves us always wanting more. We are never satisfied. We become nothing more than entitled pursuers of whatever we can get. Instead, the one who is eager to count their blessings and appreciate the wonder and beauty of the gift of life itself is at peace. Before they take another step or venture off on another journey, they bow in gratitude to the presence of God himself. They are most keenly aware that all would cease to be without God.



## CALENDAR OF EVENTS

### ST. CHARLES BORROMEO OPEN HOUSE

St. Charles Borromeo Academy (SCBA) is holding it's fall open house. On Wednesday, October 19 from 5:30-7:00 pm. Meet current students and recent alumni. Chat with parents, teachers and staff while visiting classrooms. Come experience our great hospitality and enjoy light refreshments as you learn about our great school where your child is known, valued and loved. Please register online. <https://www.eventbrite.com/e/open-house-tickets-427465309247>

### Healthcare Professionals Mass

Celebrated by Cardinal Robert McElroy Saturday, October 15, 10:00 am, St. Gregory the Great Parish. The Mass will honor the service, sacrifice and compassion of healthcare professionals, including physicians, nurses, pharmacists, hospital medical staff, medical students, mental health specialists, hospice workers, pastoral caregivers and others dedicated to the healing profession of medicine. The Medical personnel are welcomed to wear their white coats or uniforms.

**PARISH OFFICE**

Monday through Friday  
Hours: 8:30 AM—3:30 PM  
Closed 12:00 PM—1:00 PM  
for lunch  
619-224-2746

**BAPTISMS**

Contact Dcn. Mark before  
scheduling a date with  
friends and relatives.  
deaconmark@sacredheartob.org

**MARRIAGE**

Contact Fr. Tom Kiely 9 Months  
before planned wedding  
619-224-2746

**FUNERALS**

Contact Janice Teixeira  
619-246-4955

**APPOINTMENTS**

Fr. Tom is available by appointment.  
619-224-2746.

**PARISH STAFF**

☎619-224-2746

Rev. Thomas RJ Kiely,  
Parish Administrator

Rev. Mr. Mark Wieczorek, Deacon  
Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo  
In Residence

Rev. Keith J. Shuley  
In Residence

Stephen Williams  
Director of Religious Education  
☎619-224-2746 x102  
religiously@sacredheartob.org

John Maxwell  
Youth Minister/Young Adults  
☎619-224-2746 x103  
youthminister@sacredheartob.org

Angela Roberts  
Administrative Assistant/Bookkeeper  
☎619-224-2746 x101  
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## Parish Ministries and Organizations

Altar & Rosary Society	jackhamlin55@gmail.com	7/24/22
Judith Theisen 619-599-6152	Music Ministry	
BulletinEditor@sacredheartob.org	Janis Cantu 619-253-0391	
Altar Servers	janiscantu@gmail.com	
Reef Keener 619-446-9327	On-Line Giving	
rksubmarine@gmail.com	Leigh Baesler 619-224-2746	
Bereavement Ministry	DirectorofOffering@sacredheartob.org	
Janice Teixeira 619-246-4955	Parish Blood Bank	
teixeira@cox.net	Mary Nauert 858-775-6700	
Bulletin Editor	mnauert@psrs.com	
Judith Theisen 619-599-6152	Pastoral Council	
BulletinEditor@sacredheartob.org	Kate McKenzie 619-399-9839	
Caring for the Whole Person	ministriescheduler@sacredheartob.org	
Janice Teixeira 619-246-4955	Pro-Life and Young Families	
teixeira@cox.net	Katie Inoue 619-309-8732	
Creation Care Team Ministry	katietonz@yahoo.com	
Mary Cairns 619-223-8859	RCIA	
mmacairns@verizon.net	Stephen Williams 619-224-2746x102	
Eucharistic Minister of Holy Communion	religiously@sacredheartob.org	
Teofla Rich 619-758-0943	Religious Education	
garich@cox.net	Stephen Williams 619-224-2746x102	
Finance Council	religiously@sacredheartob.org	
Steven Teixeira 619-225-8595	youthminister@sacredheartob.org	
teixeira@cox.net	Senior Activities	
Hospitality Ministry	Janice Teixeira 619-246-4955	
Sheila Ragan 619-504-7597	teixeira@cox.net	
sheila@oceanpointfinancial.com	Small Church Communities	
Knights of Columbus	Stephen Williams 619-224-2746x102	
Gregg Sprosty 619-226-1658	religiously@sacredheartob.org	
Liturgy Committee	Wall of Remembrance	
Judith Theisen 619-599-6152	Janice Teixeira 619-246-4955	
LiturgyCommittee@sacredheartob.org	teixeira@cox.net	
Loaves & Fishes	Web	
Pat Katka 619-222-9648	Vince Linarelli 619-224-2746	
Ministry of the Word	Email Blasts	
Teofla Rich 619-758-0943	Bruce Bauer 619-994-0775	
garich@cox.net	communications@sacredheartob.org	
Ministry Scheduler	Young Adults	
Kate McKenzie 619-399-9839	John Maxwell 619-224-2746x103	
Ministriescheduler@sacredheartob.org	youthminister@sacredheartob.org	
Ministry to the Homebound	Youth Minister/Confirmation	
Theresa Bagg 619-957-5088	John Maxwell 619-224-2746x103	
theresabagg@gmail.com	youthminister@sacredheartob.org	
Ministry of SH of OB Community Dinner		
Jack Hamlin 619-224-2746		

**August Collection Report:**

With gratitude for the gifts received, in August, parishioners made a joyful return to the Lord of the following:

**August Collections:**

Envelopes:	\$ 20,747.84
Plate:	6,959.00
Online Giving:	10,001.39
Wine Magic Event:	19,444.00
Bequest:	3,158.79
Other Income:	3,2507.99
<b>Total:</b>	<b>\$ 63,569.01</b>
<b>Total Expense:</b>	<b>58,533.23</b>
<b>GAIN:</b>	<b>\$ 5,035.78</b>

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs.

**Thank you for your continued support.**

**Prayerfully consider** making a recurring weekly or monthly donation

### Interested in a Trip to the Holy Land with Fr. Tom?

Fr Tom will be leading us on a Holy Land Adventure. This is an all inclusive trip through Israel **April 19-27, 2023**. For more information please contact Theresa Bagg at 619-357-5088 [tbagg@expediacruz.com](mailto:tbagg@expediacruz.com), or call the office at 619-357-4322

Or Mr. Clay Platt  
[Cplatt@expediacruz.com](mailto:Cplatt@expediacruz.com)  
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[gplatt@expediacruz.com](mailto:gplatt@expediacruz.com)

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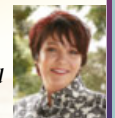
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