



A Parish Built on Love

The Heart of Ocean Beach



MAY 29, 2022 | THE ASCENSION OF THE LORD

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Monday | 7:30-7:55 am

Wednesday | 5:30-6:30 pm

Saturday | 3:15 pm-4:00 pm

Other | By Appointment

Rosary & Divine Mercy Chaplet: After Daily Mass

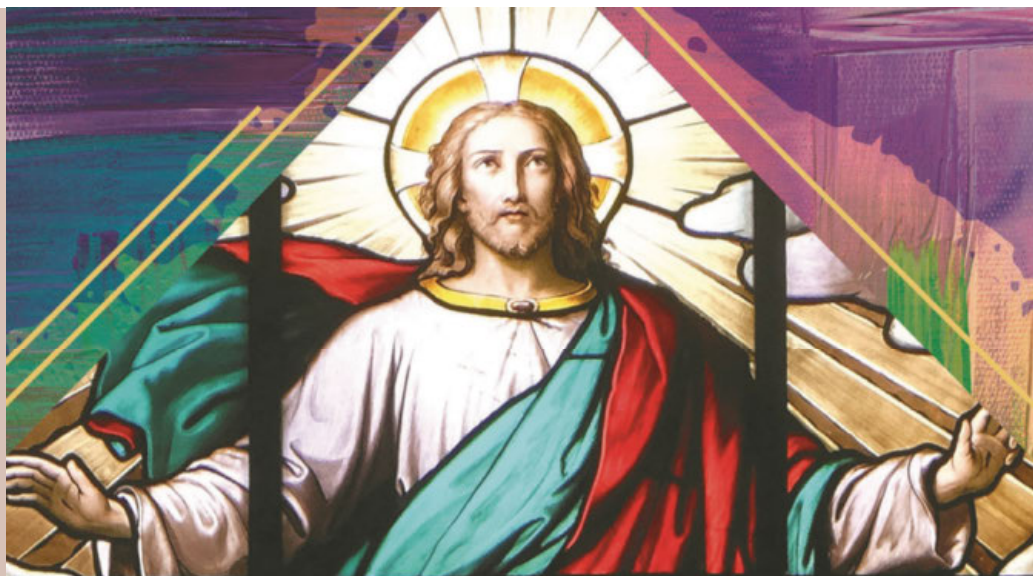
OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

Strengthen the community
through worship,

Live the Gospel with Compassion
and Joy,

And guided by the Spirit meet the
needs of the people.



THE ASCENSION OF THE LORD

"You are witnesses of these things."

- Lk 24:48

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPi

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tact Wendy Scott at 4LPi.com 443-359-8471

SACRED HEART CHURCH OF OCEAN BEACH
4776 SARATOGA AVE., SAN DIEGO, CA 92107
619 224 2746 | www.sacredheartob.org

RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force
 Lt. Gregory Becker, Navy
 Lt. Edgard Corea, Navy
 Ensign Daniel Flanagan, Navy
 SGT. William J. Hansen Jr., U.S. Army
 Pvt. III Class Andrew Higgin Botham, U.S. Army
 USS Howard (DDG 83)
 U.S. Navy Ship
 Capt. Silas Huff, U.S. Army
 Ensign Thomas Patrick Leeker, Navy
 Tech. SGT. Marcos Portella, Air Force
 Major Phil Rodriguez, USMC
 MSG Cory Sullivan, U.S. Army
 Capt. Andrew Sullivan, U.S. Army
 Edwin Torres, Navy

**SACRED HEART OF OB
 COMMUNITY
 DINNER & PANTRY**


Our dinner serving schedule is **EVERY OTHER TUESDAY**. Our next Dinner service will be from 5:00 to 7:00 pm in the courtyard on May 31 and June 14. Volunteers should show up and be available at 3:00 pm. Dinner service will begin at 5:00 p.m. **We also need cookies. Many blessings on these folks who serve and to HIM for providing willing hands.** If you wish to volunteer you must be vaccinated and in good health.

If you are a family in need of food, or know of one, please contact Jack. For questions, contact Jack Hamlin at (jackhamlin55@gmail.com)

Please keep us in your prayers. Thank you

Wine Magic

Saturday, August 27, 2022

**An evening to enjoy a 5-course dinner
 and fine wine pairings
 5:30 p.m.**

Sacred Heart Church Courtyard

**Reservation opportunity coming in July
 No turning "water into wine," but
 we have a few
 tricks up our "wine sleeve"!**

**We appreciate and need volunteers and donations
 to make this event a success!**

Call Maggie Wolfe-Johnson (858.431.6137) /
 Teofla Rich (619.701.3933) for details.

*Please
 Join Us
 Baptisms*



Religious Education

Please pray for: Finn Anderson, Eliana Markum, Dylan Milbury and Gwen Oberbauer who received the sacrament of Baptism last Sunday, May 22, at the 10:00 AM Mass. May God continue to nurture their love for Him and inspire them to share His love with others.

Alfelia



Registration open

Sacred Heart Vacation Bible School
 July 18th-22nd, 2022
 Cost \$55

Our program is designed for children 4 years old to 11 years old. Junior high age children and high school teens can participate as team leaders. We can always use adult helpers as well. Registration is now open online, sacredheartob.org website, Children's Religious Education page. For more information contact Stephen Williams at religioused@sacredheartob.org or call him at 619-224-2746 *102.



*God mounts his throne amid
shouts of joy;
the LORD, amid trumpet
blasts.*

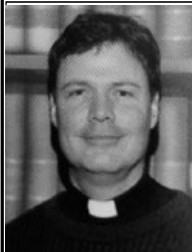
— Psalm 47:6

SENT FORTH

Today we celebrate Jesus' return to heaven. If we struggle to know how to feel about this event, we take our cue from Jesus' disciples. These disciples are first-hand witnesses to the Ascension, returning afterward to Jerusalem, where "they were continually in the temple praising God." Long-time companions of the Lord, they surely feel the pain of physical separation from Jesus. Yet they praise God continually. They accept God's plan, looking forward to the day when Christ will come again. As our reading from Hebrews affirms, Christ will return to "bring salvation to those who eagerly await him." This Good News is almost too much to take in; the Acts of the Apostles explains that an angel has to wake the disciples from their stupor, reminding them to start the Lord's work. Today's readings are our own angel, sending us forth in joyful hope.

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FROM OUR PASTORS DESK



For many years, I considered the idea of becoming a priest among many other vocations and careers that were on my long list. Then, saying yes and often times maybe, my seminary journey turned out to be just as long, trying to discern where and if God was really calling me for some purpose. Now, after 19 years here I am at Sacred Heart continuing the adventure - the mission impossible!

So many thoughts enter my mind. How did I make it this far? Am I still able to live this life? How many times have I failed Him? Am I making any difference at all? My thoughts focus back on that word - impossible! If I look at it differently, I'm possible!! I can do this... If, but for the grace of God go I.

Today we celebrate the Ascension. You would think the Apostles and disciples who witnessed the event would be filled with sorrow to see Jesus departing from them. Yet in the Gospel we are told they did Him homage and returned to Jerusalem filled with joy. In this moment they recognized that life in this world and life with the Father are profoundly different. Passing from one to the other involves a transformation in one's way of living and being. As Jesus was on His way to the Father so are we. They did not lose Jesus and neither do we. What we celebrate today is a preview of God's plans for all of us. Through baptism we are united with Him and become

sharers in His Risen life. Just as life passes through the vine to keep all the branches alive Jesus' life (grace) flows in us through the sacraments. Yes, I am possible. I can do this! We can do this! Living a saintly, holy, priestly life is very possible if we remain united to Him for He will never leave us! It is not about getting into heaven but allowing heaven to enter us! We need to stop doing what the world is telling us to do and not rely on earthly happiness!

God wishes to collaborate with each one of us. We are each meant for these times and are vitally important! Our security is found in what is of God! What does He desire of us? If we have heaven in our hearts we can begin living the kingdom of heaven on earth for a world so in need of hope and joy!

With 19 years of priesthood I have found that I did not miss out on any of life! This Call has allowed me to fully live!! With God in our midst I have shared so much laughter, joys, crosses, tears and profound wonders. I know how very little I am, and yet He has shared such great adventures with me, with us! I am profoundly grateful God has not given up on me and waited as long as He did for my YES. This Ascension are we ready to say YES and open our hearts to God? As Blessed Carlo Acutis said "our goal must be the infinite and not the finite! The infinite is our homeland. We are always expected in heaven."

Fr. Thomas Kelly

WELCOME

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in Ocean Beach since 1911. Thank you for joining us for Divine Worship. We hope you find ways to participate in our life in Christ through the various ministries we offer.

If you find yourself returning here, we invite you to join us as a member of our parish family. Use a registration form available at the HeartBeat Table or in the Parish Office. Or go to the parish website.

Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially for Baptism or Marriage, as well as eligibility to serve as Godparents or Sponsors.

Today's Readings

First Reading — Jesus tells the disciples that they will be witnesses to the ends of the earth (Acts 1:1-11).

Psalm — God mounts his throne to shouts of joy: a blare of trumpets for the Lord (Psalm 47).

Second Reading — God seated Jesus at his right hand in the heavens (Ephesians 1:17-23) or *Hebrews 9:24-28; 10:19-23*.

Gospel — As Jesus blessed his disciples he parted from them and was taken up to heaven (Luke 24:46-53).

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READINGS FOR THE WEEK

- Monday:** Acts 19:1-8; Ps 68:2-3ab, 4-5acd, 6-7ab; Jn 16:29-33
- Tuesday:** Zep 3:14-18a or Rom 12:9-16; Is 12:2-3, 4bcd, 5-6; Lk 1:39-56
- Wednesday:** Acts 20:28-38; Ps 68:29-30, 33-36ab; Jn 17:11b-19
- Thursday:** Acts 22:30; 23:6-11; Ps 16:1-2a, 5, 7-11; Jn 17:20-26
- Friday:** Acts 25:13b-21; Ps 103:1-2, 11-12, 19-20ab; Jn 21:15-19
- Saturday:** Acts 28:16-20, 30-31; Ps 11:4, 5, 7; Jn 21:20-25
- Sunday:** Day: Acts 2:1-11; Ps 104:1, 24, 29-31, 34; 1 Cor 12:3b-7, 12-13 or Rom 8:8-17; Jn 20:19-23 or Jn 14:15-16, 23b-26

Mass for the Intentions Week

May 28 Saturday

4:30 p.m. Angela Poppe †

May 29 Sunday

8:00 a.m. Patty Barrancotto †

10:00 a.m. Maria Terra Goularte †

Graciano Goularte †

5:00 p.m. Mary B. Balelo †

May 30 Monday

8:00 a.m. Bishop Joe Coffey

May 31 Tuesday

8:00 a.m. Jimmie & Theresa Howard †

June 1 Wednesday

8:00 a.m. Danny Herrera †

June 2 Thursday

8:00 a.m. Lucille Swatski †

June 3 Friday

8:00 a.m. Liliana & John Bagaça †

11:30 a.m. Tim Kiely †

June 4 Saturday

4:30 p.m. Manuel G. Balelo †

June 5 Sunday

8:00 a.m. Jana Marie Doiron †

10:00 a.m. Mary B. Balelo †

David Antonchich †

5:00 p.m. Yvette Flores †



Do you or a loved one need prayers? Our prayer warriors are ready to pray! Go to the SH website & click the link to Prayer Ministry & fill out the prayer request. As God's family, we can count on each other in prayer.

Please Remember in Your Prayers

Darla Bebrin	Bill Klatt
Kathleen Blandford	Chris Leben
Janis Cantu	Ed Lloyd
George Carrilo	Patricia Marie
Melinda Carrilo	Mike McMahon
Sonia Carrilo	Braylee Mehcz
Aubrey Clark	Barbara Mellor
Paul Cloutier	Merola Family
Kat Cloutier	Joannie Nicoletti
Fr. Charles Eis	Annunciata O'Malley
Norma Evans	Mark Price
Daniel Flores	Matthew Rector Family
David Flores	Pat Schmitt
Henri Guyader	Margaret Schweizer
Sydney Hansen	Barbara Seifert
Fr. Ron Hebert	Gloria Sosa
Jack Hornby	Ana Soto
Dolores Illig	Bryce Stewart
Inoue Family	Xavier Tan
Gloria Kenny	Gregory Turton
Peggy Kittler	Stewart Witt

2022 ANNUAL CATHOLIC APPEAL Living our Mission

Brothers and Sisters, Sacred Heart Parish is pleased to participate in the 2022 "Living Our Mission" Annual Catholic Appeal. This appeal supports charitable needs throughout the Diocese of San Diego.

As of April 30, 2022

Sacred Heart's Goal: \$40,000

40 donors have Paid: \$17,285.16

Still owed: \$22,714.84

Please make your intention to the Annual Catholic Appeal now. You can make your contribution online at giving.sdatholic.org, (Be sure to select Sacred Heart of Ocean Beach, San Diego.) in the pews, or by picking up a combo brochure/response card here at the parish office. **Thank you for your generosity. Make checks to Diocese of San Diego.**

Stewardship

Today we celebrate the feast of the Ascension of our Lord, a feast which, in part, celebrates the confidence he placed in his close followers to continue his ministry. In the Gospel reading Jesus reminds his followers of the purpose of his mission, and commissions them to continue his work by proclaiming his word and by living courageously that which they preached. He also promises them the Holy Spirit who he said would strengthen them for the task ahead. As stewards of Jesus' life and ministry, a good question for us to reflect on this week might be this: Has Christ's confidence in the quality of our own witness been well placed?

PRAYER FOR UKRAINE

God of love,

Our world is wrought with
war and violence,

As brother turns on brother,
and the innocent awake to
gunfire and bombs.

May Your compassion and healing
move hearts and bring a new
day to Ukraine.

Fortify your children to resist
aggression and instead become
instruments of peace.

We ask this in the name of the One who
is the Prince of Peace, Jesus Christ.

Amen



ADORATION OF THE BLESSED SACRAMENT

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT until 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad.

If you would like the code to the chapel door, email Janice Teixeira at teixeira@cox.net or 619-246-4955.

Pray for all of us.

BETHLEHEM ARTWORKS WILL BE HERE ~ June 4/5

Bethlehem Artworks is a non-profit organization that provides assistance to over 100 plus suffering families each week. **Beautiful hand-made olive wood religious articles** made by Catholic families in Bethlehem and Jerusalem will be **on sale after all the masses.** Please stop by our tables and take a look at our beautiful handmade rosaries, statues, crosses and nativities. Crafting the religious articles is the primary means of livelihood of Christian families in the Holy Land.



LOAVES & FISHES FOOD BANK

Sunday, June 5th Sacred Heart will again collect food items for the Loaves & Fishes ministry. **Canned goods such as tuna, peanut butter, baked beans, and ramen noodles are always needed. Please leave non-perishable items in the church rectory.**

Thank you for your continued support of this community ministry. Call Pat Katka at 619-222-9648 for more information.

PARISH ACTIVITIES & HAPPENINGS



Fr. Tom

Q & A Sessions

On Monday June 6th, Fr. Tom will be hosting his monthly Q & A session on the rectory balcony. The session will start at 7:00 pm. Bring your questions and a positive and loving attitude. Even if you do not have a question come for a delightful and informative night.

Email Stephen Williams at religiously@sacredheartob.org for more information. Hope to see you there!

PENTECOST MASS FOR ALL PEOPLES

This annual Mass on **June 4** brings together the Catholic cultural communities present in the diocese in a colorful feast of languages and faith traditions.

Call to Worship: 10:00 am

Bishop Robert McElroy will celebrate Pentecost Mass at **11 a.m.** at the school's gymnasium. Immediately afterward in the outdoor plaza, the cultural communities will share their traditional foods in a heritage festival, which will feature live entertainment.

This event is perfect for the entire family, and everyone is invited to wear traditional attire.

There is ample free parking at the school.

Come experience the joy of our Universal Church!

New Location:

Cathedral Catholic High School

5555 Del Mar Heights Road
San Diego, CA 92130

**The Parish Office
will be closed
May 30 in honor of
Memorial Day**



Knights of Columbus Breakfast!

The Knights of Columbus will be serving breakfast next Sunday morning, June 5th, in the parish hall. Join your friends for a great breakfast and look into what the Knights are about.

Charity • Unity • Fraternity •
Patriotism

CURRENT MEMBERS are encouraged to join our next business meeting on June 2nd, 2022 (the first Thursday of the month). The officers' meeting is at 6:30pm. Council meeting starts at 7:45pm at the K of C Hall at 2244 Bacon Street, OB. Members are invited to enjoy the social meeting every first and third Friday at 7:00 pm.



In Memorium

Please pray for the soul of **Kittie Perreria**, a parishioner for many years. Her funeral will be at Sacred Heart Church on Wednesday, June 15th at 11:00 a.m. with a reception to immediately follow in the Hall.

*May the angels lead her
into paradise.*



Youth Ministry

Youth Mass is at 5:00 p.m. every Sunday evening.

Middle School Youth Group will meet next on June 28, from 6:00—9:00 p.m. for a bonfire at the beach in OB.

Stay tuned

YOUNG ADULT MINISTRY

The Young Adult Ministry will be starting soon. Check following weeks bulletins for more information.

Interested in a Trip to the Holy Land with Fr. Tom?

He will be leading us on a Holy Land Adventure. This is an all inclusive trip through Israel **April 19-27, 2023.**

For more information please contact Theresa Bagg
tbagg@expediacruz.com,



CALENDAR OF EVENTS

SENIOR MASS, AND LUAU LUNCHEON

Join us for our First Friday Mass and Senior Appreciation **Luau** on **June 3rd**. Mass begins at 11:30 with luncheon to follow in the parish Hall.

Call in your RSVP to Carole Sanders at 619-225-2239. Please invite your friends! Wear your Hawaiian attire.

PRAYER OF THE WEEK

The Ascension of the Lord

At the Mass during the Day

Gladden us with holy joys, almighty God, and make us rejoice with devout thanksgiving, for the Ascension of Christ your Son is our exaltation, and, where the Head has gone before in glory, the Body is called to follow in hope.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen

Pastoral Council Notice

The next Pastoral Council Meeting will be at **5:00 p.m.**

Thursday,

June 2, 2022.

*The meeting will be on the
Rectory Balcony.*

All interested parishioners are invited to attend. Please contact Kate McKenzie at 619-399-9839. ministryscheduler@sacredheartob.org
Come, get involved!



*May is the
Month
of
Mary*



Pray the Rosary

PARISH OFFICE

Monday through Friday
Hours: 8:30 AM—3:30 PM
Closed 12:00 PM—1:00 PM
for lunch
619-224-2746

BAPTISMS

Contact Dcn. Mark before
scheduling a date with
friends and relatives.
deaconmark@sacredheartob.org

MARRIAGE

Contact Fr. Tom Kiely 9 Months
before planned wedding
619-224-2746

FUNERALS

Contact Janice Teixeira
619-246-4955

APPOINTMENTS

Fr. Tom is available by appointment.
619-224-2746.

PARISH STAFF

☎619-224-2746

Rev. Thomas RJ Kiely,
Parish Administrator

Rev. Mr. Mark Wiczorek, Deacon
Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo
In Residence

Rev. Keith J. Shuley
In Residence

Stephen Williams
Director of Religious Education
☎619-224-2746 x102
religioused@sacredheartob.org

Youth Minister
☎619-224-2746 x103
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Altar & Rosary Society

Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org

Altar Servers

Reef Keener 619-446-9327
rksubmarine@gmail.com

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teixeira@cox.net

Bulletin Editor

Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org

Creation Care Team Ministry

Mary Cairns 619-223-8859
mmacairns@verizon.net

Eucharistic Minister of Holy**Communion**

Teofla Rich 619-758-0943
garich@cox.net

Finance Council

Steven Teixeira 619-225-8595
teixeira@cox.net

Hospitality Ministry

Sheila Ragan 619-504-7597
sheila@oceanpointfinancial.com

Knights of Columbus

Gregg Sprosty 619-226-1658

Liturgy Committee

Judith Theisen 619-599-6152
LiturgyCommittee@sacredheartob.org

Loaves & Fishes

Pat Katka 619-222-9648

Ministry of the Word

Teofla Rich 619-758-0943
garich@cox.net

Ministry Scheduler

Kate McKenzie 619-399-9839
Ministryscheduler@sacredheartob.org

Ministry to the Homebound

Theresa Bagg 619-957-5088
theresabagg@gmail.com

Ministry of SH of OB

4/24/22

Community Dinner

Jack Hamlin 619-224-2746
jackhamlin55@gmail.com

Music Ministry

Janis Cantu 619-253-0391
janiscantu@gmail.com

On-Line Giving

Leigh Baesler 619-224-2746
DirectorofOffering@sacredheartob.org

Parish Blood Bank

Mary Nauert 858-775-6700
mnauert@psrs.com

Pastoral Council

Kate McKenzie 619-399-9839
ministryscheduler@sacredheartob.org

RCIA

Stephen Williams 619-224-2746x102
religioused@sacredheartob.org

Religious Education

Stephen Williams 619-224-2746x102
religioused@sacredheartob.org

Senior Activities

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Small Church Communities

Stephen Williams 619-224-2746x102
religioused@sacredheartob.org

Wall of Remembrance

Janice Teixeira 619-246-4955
teixeira@cox.net

Web

Vince Linarelli 619-224-2746

Email Blasts

Bruce Bauer 619-994-0775
communications@sacredheartob.org

Youth Minister/Confirmation

619-224-2746x103
youthminister@sacredheartob.org

Stewardship as a Way of Life

Stewardship of Treasure:

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. These costs include payroll, maintenance and cleaning of buildings, utilities, and supplies. Additionally, your contribution will benefit our sacramental preparation services, liturgical programs, and religious education programs. Prayerfully consider making a recurring weekly or monthly donation to our collection by creating an on-line account through the parish web site; www.sacredheartob.org. Thank you for your investment and continued support of our parish! God Bless and stay healthy, *The Parish Support Team.*

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Many Blessings, Fr. Tom.**

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