

Sacred Heart Church

OF OCEAN BEACH

OCTOBER 10, 2021

TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am,10:00 am

5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm Other | By Appointment

OUR MISSION

EMPOWERED BY JESUS, THE MISSION OF THE CHURCH OF SACRED HEART IS TO:

Strengthen the community through worship,

Live the Gospel with Compassion and Joy,

And guided by the Spirit meet the needs of the people.

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28TH SUNDAY IN ORDINARY TIME

610-

They were exceedingly astonished and said among themselves, "Then who can be saved?" Jesus looked at them and said, "For human beings it is impossible, but not for God.

All things are possible for God." - Mk 10:26-27

corpts from the Lectionary for Mass @2001, 1998, 1970 CCD.

CLP

4776 SARATOGA AVE, SAN DIEGO, CA 92107

619•224•2746 | www.sacredheartob.org

619-224-2746

PARISH OFFICE

Monday through Friday Hours: 8:30 AM-3:30 PM Closed 12:00 PM—1:00 PM for lunch 619-224-2746

BAPTISMS

Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

MARRIAGE

Contact Fr. Tom Kiely 9 Months before planned wedding 619-224-2746

FUNERALS

Contact Janice Teixeira 619-225-8595

APPOINTMENTS

Fr. Tom is available by appointment. 619-224-2746.

PARISH STAFF

Rev. Thomas RJ Kiely, Parish Administrator **2**619-224-2746

Rev. Mr. Mark Wieczorek, Deacon **2**619-224-2746

Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo. in Residence **2**619-224-2746

Stephen Williams, Religious Education Minister **☎**619-224-2746 x102 religioused@sacredheartob.org

Jonas Brand Youth Minister **☎**619-224-2746 x103 youthminister@sacredheartob.org

Angela Roberts. Administrative Assistant/Bookkeeper **☎**619-224-2746 x101 www.sacredheartob.org



SACRED HEART ACADEMY PRESCHOOL

Mrs. Suzie Wydra, Director 4895 Saratoga Avenue 619-222-7252

shaobpreschool2@gmail.com sacredheartpreschool.org

Parish Ministries and Organizations

Altar & Rosary Society Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org Altar Servers

> Reef Keener 619-446-9327 rksubmarine@gmail.com

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Hospitality Ministry

Sheila Ragan 619-504-7597 sheila@oceanpointfinancial.com

Knights of Columbus

Gregg Sprosty 619-226-1658

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Judith Theisen 619-599-6152 LiturgyCommittee@sacredheartob.org

Loaves & Fishes

619-222-9648 Pat Katka

Ministry of the Word

Teofla Rich 619-758-0943

garich@cox.net

Ministry Scheduler

619-399-9839 Kate McKenzie Ministryscheduler@sacredheartob.org

Ministry to the Homebound

Theresa Bagg 619-957-5088 theresabagg@gmail.com

Ministry of SH of OB Community Dinner Jack Hamlin jackhamlin55@gmail.com Music Ministry

Janis Cantu 619-253-0391 janiscantu@gmail.com

On-Line Giving

Leigh Baesler 619-224-2746 DirectorofOffering@sacredheartob.org

Parish Blood Bank

Mary Nauert 858-775-6700

mnauert@psrs.com

Pastoral Council

Karen Linarelli 619-990-9750 12karensue@gmail.com

Stephen Williams 619-224-2746x102 religioused@sacredheartob.org

Religious Education

Stephen Williams 619-224-2746x102 religioused@sacredheartob.org

Senior Activities

Janice Teixeira 619-225-8595

teixeira@cox.net

The Gio Project Group

619-224-2746x103 Jonas Brand youthminister@sacredheartob.org

Wall of Remembrance

Janice Teixeira 619-225-8595

teixeira@cox.net

Web

Vince Linarelli 619-224-2746

Email Blasts

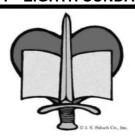
Bruce Bauer 619-994-0775 communications@sacredheartob.org

Youth Minister/Confirmation

Jonas Brand 619-224-2746x103 youthminister@sacredheartob.org

~~~ Please volunteer to fill the vacancies. (Help Needed) ~~~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY	ALTAR SERVERS
OCT 16 ~ TWENTY-NINTH SUNDAY IN ORDINARY TIME				
Saturday 4:30 PM	Joan Oliver Bruce Bauer	Deacon Wieczorek	Help Needed Help Needed	Kate McKenzie
Oct 17 ~ Twenty-Ninth Sunday in Ordinary Time				
Sunday 8:00 AM	Carolina Stonehouse Theresa Bagg	Frank Barrancotto	Robert Riley Jackie Smith	Ann Hornby
10:00 AM	Barbara Dodd Mike Flaningam	Jean Skoblar	Lyn Frey Help Needed	Help Needed
5:00 PM	Kay O'Bryan Cathleen Hornsby	Jerry Rich	Help Needed Help Needed	Arianna Donohue



The word of God is living and effective, sharper than any two-edged sword.

— Hebrews 4:12a

GIFTS

In today's readings, we discover that material wealth alone does not keep us from discipleship. We will see that there are other gifts more important than material wealth, but even so, it is how we use our gifts that matters most.

Today's scriptures point to the value of the gifts of wisdom, trusting in God, and letting our actions reflect the love of God from within. It is not gold that causes us to fall, but rather the desire for gold above all other things. From the readings in Wisdom and Hebrews, we find the source of God's gifts in our lives. Wisdom is valuable than more worldly possessions. In Hebrews, we are challenged to look at our own values and admit honestly what controls our lives.

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GOSPEL MEDITATION

If we are truly in love with God, then the basics are not going to be enough. That love is going to want to be expressed in going above and beyond, in leaving the comfortable and familiar, in stretching and growing, and in following a voice other than our own. St. Teresa of Calcutta rightly instructs us that for "love to be real, it must cost, it must hurt, it must empty us of self." Being in love with God requires more than just checking the boxes of the commandments. It requires a sincere and unconditional self-investment. Desiring God with our whole heart, mind, and soul means that I must also desire a relationship with my neighbor with that same degree of fervor.

Biases and prejudices usually occur when people are kept at a distance and treated as objects. We cannot truly know our neighbors, especially if they are different than us, if we keep them in boxes and do not listen to their stories. When we open ourselves to listen to another person's story, we begin to realize more how similar we are than dissimilar. Being overly possessions, attached to our ideologies, agendas, lifestyles, and personal needs are absolute barriers to achieving the type of personal investment love demands. This is why following Christ can be difficult. It is less a matter of intellect and more a matter of heart and soul. It requires that we transfer our treasure from an investment in tangible secular things and move it into the Kingdom of God. It is only the gift of wisdom and discernment that can help us decide what to do and how to do it.

Contemporaries of Jesus would know that a camel could not enter through the portal of a city weighed down with the baggage it was carrying. In order to enter, the baggage must be removed so that the animal could fit through the entry way. The same is true for us. We carry a lot of excessive baggage around with us that keeps us tethered to our past histories, wounds, myopic world prejudices, fears. suspicions. To invest ourselves in the Kingdom of God, do God's work and live out our love relationship with God, we need to shed the extra weight. While it may seem that a lot of that stuff is necessary, it really is not. We are much more than the things that we think define us and more secure than we think. The more there is to hold on to and the more that we carry with us, the harder it will be to leave it all behind. Many choose not to and walk away sad because they are not ready to trust.

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October is the MONTH

THE PATH

People find their way to paradise more by a path of footprints than by a pack of road maps.

-Anonymous

Todays Readings

First Reading — I pleaded, and the spirit of wisdom came to me. All good things together came to me in her company (Wisdom 7:7-11).

Psalm — Fill us with your love, O Lord, and we will sing for joy! (Psalm 90).

Second Reading — Indeed the word of God is living and effective (Hebrews 4:12-13).

Gospel — It is easier for a camel to pass through the eye of a needle than for one who is rich to enter the kingdom of God (Mark 10:17-30 [17-27]).

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READINGS FOR THE WEEK

Monday: Rom 1:1-7; Ps 98:1-4; Lk

11:29-32

Tuesday: Rom 1:16-25; Ps 19:2-5;

Lk 11:37-41

Wednesday: Rom 2:1-11; Ps 62:2-3, 6-

7, 9; Lk 11:42-46

Thursday: Rom 3:21-30; Ps 130:1b-

6ab; Lk 11:47-54

Friday: Rom 4:1-8; Ps 32:1b-2, 5,

11; Lk 12:1-7

Saturday: Rom 4:13, 16-18; Ps

105:6-9, 42-43;

Lk 12:8-12

Sunday: Is 53:10-11; Ps 33:4-5, 18

20, 22; Heb 4:14-16;

Mk 10:35-45 [42-45]

Mass for the Intentions Week

October 9, Saturday

4:30 p.m. Jose F. & Emilia Tavares **†**

October 10, Sunday

8:00 a.m.

Patty Barrancotto **†**

Don Wieczorek †
Michael Coaklev †

10:00 a.m. Michael Coakley †
5:00 p.m. Mauricia & Juan Corpuz †

Juliana Corpuz **†**

October 11, Monday

8:00 a.m. Phil & Mickey Molé **†**

October 12, Tuesday

8:00 a.m. Henrietta Selina Geisler **†**

October 13, Wednesday

8:00 a.m. Guilherme & Maria Francisco †

October 14, Thursday

8:00 a.m.K Al & Lillian Macy +

October 15, Friday

8:00 a.m. Jerry Sanders **†**

October 16, Saturday

4:30 p.m. John Robert Geisler **†**

October 17, Sunday

Barbara Allen

8:00 a.m. Ione Hastings **†**

Hoa Nguyen **†**

10:00 a.m. David William Diehl **†**

5:00 p.m. Hoa Nguyen **†**



Fr. Ron Hebert

Please Remember in Your Prayers

Jeanne Barrett	Desiree Hernandez	
Finn Barrett	Dolores Illig	
Debbie Brady	Inoue Family	
Carolyn Burmer	Alan Isaacson	
Josie Campbell	Gloria Kenny	
Christian Callahan	Peggy Kittler	
George Carrilo	Bill Klatt	
Melinda Carrilo	Barbara Mellor	
Sonia Carrilo	Merola Family	
Paul Cloutier	Joannie Nicoletti	
Sayler Corr	Michael O'Sullivan	
Marco Antonio Cota	Louiz Otero	
Virginia Dela Rosa	Mark Price	
Fr. Charles Eis	Jerry Sanders	
Sonny Fendley	Carter Santos	
Julie Fish	Margaret Schweizer	
Daniel Flores	Patty Schwenn	
David Flores	Ruth Sewell	
Selina Flores	Gloria Sosa	
Irene Gracey	Ana Soto	
Ann Hansen	Bryce Stewart	
Sydney Hansen	Xavier Tan	
Jerry Hastings	Jerry Torres	

Stewardship as a Way of Life

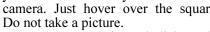
STEWARDSHIP OF TREASURE:

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. **Prayerfully consider** making a recurring weekly or monthly donation to our collection. Thank you for your investment and continued support of our parish!

God Bless, The Parish Support Team.

Ways to Give

- You can mail checks to our parish office at: 4776 Saratoga Ave San Diego, CA 92107
- Or, drop your check in the mail slot of the parish office,
- Or, go through your bank and set up a bill pay.
- Or, you can scan this code with your mobile device to go directly to our secure online giving site. Some phones will let you scan with your camera. Just hover over the square.



- Or, go to our website and click on the online giving button,
- The giving application during this time includes: Sunday Offering, Maintenance, Altar flowers, Ocean Beach Community Dinners, and Religious Education fees.

which is found on our home page. Go to <u>www.sacredheartob.org</u>. Once you are on the home page, look for the red box 'Contribute to Sacred Heart,' which can be found at the top center of the page.

EXPLORER DAY NOVEMBER 6, 2021

IS GOD CALLING YOU TO BECOME A PRIEST?

On Saturday, November 6, 2021 the Diocese of San Diego is hosting an Explorer Day for those men who are interested in exploring a possible vocation to the priesthood. The day will be held at St. Francis Center on the campus of the University of San Diego from 8:30 a.m. to 3:30 p.m. If living a life of service for Christ and the people of God is attractive to you, take advantage of the opportunity to attend this upcoming Explorer Day. Please pick up a registration form at the parish office or call Fr. Lauro Minimo at St. Francis Center at (619) 291-7446.

If Heaven were like Harvard

There's no getting around it: life on earth can seem easier if you're rich. Most of the bodily and material needs a person could have are fulfilled if you've got a little bit of money behind you. So why doesn't this same theory apply to entering the kingdom of Heaven? Why isn't Heaven like an Ivy League school, where a connection and a hasty tuition check might open a lot of doors?

When you think about it, the virtues required to enter Heaven — things like charity and justice and courage — should be even closer within the grasp of those who never had to worry about where their food is coming from. In theory, your capacity for good works should only increase with the resources at your disposal.

The same is true for stewardship potential. Let's say I've got a lot of talent. Maybe I've got a lot of free time. On paper, it should be easier for me to give freely of these gifts, because I have the luxury that eluded the widow and her two coins: I can see my ample gift being put into action, when so many can only offer what they have and remind themselves that God sees it and appreciates it.

But here we get into the mess of humanity: if we have a lot of something, it means we have a lot of something we could use any way we want. And then we hear the whisper of the serpent: Think of what this (money, time, talent) could do for you.

May we pray for God to give us the heart of the widow, no matter our resources

-Tracy Earl Welliver, MTS ©LPi

Sacred Heart Book Club



Sacred Heart October book selection is "The Book of Joy" by Dalai Lama and Desmond Tutu with David Abrams.

Two leading spiritual masters share their wisdom about living with joy even in the face of

adversity, sharing personal stories and teachings about the science of profound happiness and the daily practices that anchor their emotional and spiritual lives. **Where:** Rectory first floor living room.

When: Tuesday, October 12 at 10:30 am. Please call or email Cindy Krause if you have any questions: 925-639-9089, cindy.krause@icloud.com.

RECOGNIZING OUR MILITARY

AM3 Taylor Abram, Air Force Lt. Gregory Becker, Navy Lt. Edgard Corea, Navy Ensign Daniel Flanagan, Navy SGT. William J. Hansen Jr., U.S. Army Pvt. III Class Andrew Higgin Botham, U.S. Army USS Howard (DDG 83) U.S. Navy Ship Capt. Silas Huff, U.S. Army Tech. SGT. Marcos Portella, Air Force Capt. Julia Quinn, USMC Major Phil Rodriguez, USMC MSG Cory Sullivan, U.S. Army Capt. Andrew Sullivan, U.S. Army Edwin Torres, Navy

If you have a loved one serving in the military who is away on special deployment and would like to add him/ her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

Community Dinner

SACRED HEART OF OB **COMMUNITY DINNER & PANTRY**

Our dinner serving schedule is EVERY OTHER TUESDAY. Our next Dinner services will be from 5:00 to 7:00 pm in the courtyard on October 19th and November 2nd and Volunteers should show up and be available at 3:00 pm.

In addition to our Community dinners, Sacred Heart's outreach to our unsheltered neighbors also includes donated articles of clothing. Currently we are still in need of gently used men's pants/shorts and T-shirts, all sizes, for distribution. Please email teixeira@cox.net for porch pick up. Or call Janice Teixeira, to make arrangements: 619-246-4955.

Do not bring clothes to the parish office. Thank you all for your continued support of this ministry. We are truly a Parish Built on Love, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you



Classes for RCIA are on Monday evenings at 6:00 pm. All are welcome to join these classes to discover insights New Classes into our Catholic faith and experience this life changing journey. These classes

are for anyone who would like to be Catholic or those who have not finished their Sacraments of Initiation (first communion, confirmation). If you know of anyone interested in learning about our Catholic faith or wanting to join the Catholic Church contact Stephen Williams. (619) 224-2746 x 102 email:

religioused@sacredheartob.org





Religious Education

CHILDREN K-5

Sacred Heart Church of Ocean Beach Religious Education program will meet at Sacred Heart Academy up stairs every Sunday from 8:30-9:40 am. Any questions please contact Stephen Williams; (619) 224-2746 x 102

email: religioused@sacredheartob.org

Children's Liturgy of the Word Meets on Sundays at the 10:00 am Mass. During Mass, before the first reading the children are escorted to the Children's Liturgy room/ Rectory Conference room where they will experience the Liturgy of the Word so they can understand. All children will be socially distanced with their masks on. Children attending should be between the ages of 4 and 11 years old. Stephen Williams, Religious Education Coordinator

4776 Saratoga Avenue, San Diego, Ca 92107 (619) 224-2746 x 102 email: religioused@sacredheartob.org

YOUTH ACTIVITIES

High School Youth Group has resumed meeting on Sundays, at the 5:00 PM Mass. There will be a kickoff party tonight, October 10th. Come by for food, games and fun from 6:00–8:00 PM in the youth room (second floor of the school.)

..

The Middle School Youth Group meets with St. Charles on the second and fourth Tuesday of the month from 7pm-8:30pm. We will switch between St. Charles and Sacred Heart OB as locations for our youth nights. The 2021-2022 schedule with dates and locations can be found on the Middle School page of the parish website. On October 12 we will meet at St. Charles. Come join us for food, games, and faith filled community!

ROC Teen Confirmation classes will be every other Wednesday, beginning October 6th, 7-8:30 PM at Sacred Heart Academy. It is now going to be a 2-year program and teens will be Confirmed sometime either in late April or May 2023. Register now, online at: sacredheartob.org/youth-andyoung-adult-ministry. See the website for more information.

Young Adults

Saturday, October 16, 9:00 am we will have a workout session at Tower 4—Ocean Beach.

Attention Ministers and A Call For Help!

Kate McKenzie is getting ready to make the Nov. 1 - Jan 31 Mass schedule. If you haven't submitted your vacation dates in accordance with the email that went out to ministers on Sept 19, do so ASAP. If you don't use a computer, please call Kate with your update. If you are a minister who would like to return to the schedule, we need vou! Please contact Kate at:

ministryscheduler@sacredheartob.org or (619) 399-9839.

INFORMATION & HAPPENING



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil.

Amen.

2021 is designated the "Year of St. Joseph" and Sacred Heart will pray the above prayer after each Mass.

Who, What, and Why do we have a **Creation Care Team Ministry?**

The Creation Care Team (CCT) ministry was formed in mid-2018 as part of the CCT movement based on the Encyclical from Pope Francis: "Laudato Si': Care of our Common Home." We are associated with the Roman Catholic Diocese of San Diego's Office of Life, Peace, and Justice - Care for Creation and Environmental Issues. Our main goal is to education the parish and local community on efforts supporting the Encyclical. We provide information on what you can do at home to save water, energy, and waste; we've held a workshop on climate change; participated in Diocese workshops on Laudato Si'; attend Earth Day events; marched in appropriate events (e.g. OB Holiday Parade, March for Life, etc.). It is our hope that we can foster changes in our environment even within our parish that will translate to a better world in the future.

Sacred Heart's Creation Care Team will be meeting Thursday October 28th at

All are welcome!

For further information you may contact Mary Cairns at mmacairns@verizon.net, or phone: 619-223-8859

LIVE THE LITURGY

Presumption can be a great sin. We can easily convince ourselves that as long as we do the bare minimum or master the basics, it is sufficient. Love doesn't operate this way. If we are truly in love with God, then the basics are not going to be enough. That love is going to want to get expressed in going above and beyond, in leaving the comfortable and familiar, in stretching and growing and following a voice other than our own. This is what those who are truly in pursuit of wisdom come to realize. Just like any human relationship worth achieving reveals, we never reach a plateau in following the Gospel or growing in wisdom and holiness. Wisdom is the rudder that guides us through all of life's attractions and options. It alone determines what is worth pursuing and what must be left behind. That is why those who are only concerned about checking the boxes and doing the least amount possible often walk away sad when offered God's gift of life eternal. They are not truly in love.

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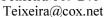
"Caring for the Whole Person"

This is an initiative of California's bishops and Catholic healthcare system that provides resources to parish leaders, including priests and deacons, who have been called to serve the sick and dying.

Those interested in becoming involved with this initiative are invited to an upcoming two-day training, which will be held on Oct. 16 and Oct. 23 at the diocesan Pastoral Center. Both sessions are required and will run from 8:30 a.m. to 3 p.m. There is no cost to attend.

"Caring for the Whole Person" is not a new ministry, but rather a way of helping parishes to better carry out their existing ministry to those at the end of life.

Forty-eight leaders representing 31 parishes in the Diocese of San Diego have already received training in "Caring for the Whole Person." For more information please contact Janice Teixeira 619 246-4955 or

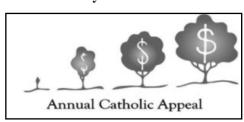




ADORATION OF THE BLESSED **SACRAMENT**

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT UNTIL 10:00 AM. church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad. If you would like the code to the chapel door, email Janice Teixeira at teixeira@cox.net.

Pray for all of us.



Reminder:

Have you submitted your contribution to the 2021 "Renewing Hope" Annual Catholic Appeal yet? This appeal supports charitable needs throughout the Diocese of San Diego. Our parish has been assessed \$40,000 for our portion of this appeal and must make up any deficit by December. Please make your intention to the Annual Catholic Appeal if you have not yet done so. You can make your contribution online at:

giving.sdcatholic.org, or by picking up a combo brochure/response card at the parish office. Thank you to those who have already contributed.

FALL MASS COUNT
The Diocese of San Diego's annual Mass count takes place during the month of October.
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