



Sacred Heart Church

OF OCEAN BEACH

OCTOBER 3, 2021 | TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm
Other | By Appointment



OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

Strengthen the community
through worship,

Live the Gospel with
Compassion and Joy,

And guided by the Spirit meet
the needs of the people.

27TH SUNDAY IN ORDINARY TIME

He said to them in reply, "What did Moses command you?"
They replied, "Moses permitted a husband to write a bill of divorce
and dismiss her." But Jesus told them, "Because of the hardness of
your hearts he wrote you this commandment. But from the beginning
of creation, God made them male and female." - Mk 10:3-6

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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619•224•2746 | www.sacredheartob.org

Parish Ministries and Organizations

PARISH OFFICE
 Monday through Friday
 Hours: 8:30 AM—3:30 PM
 Closed 12:00 PM—1:00 PM for lunch
 619-224-2746

BAPTISMS
 Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

MARRIAGE
 Contact Fr. Tom Kiely 9 Months before planned wedding
 619-224-2746

FUNERALS
 Contact Janice Teixeira
 619-225-8595

APPOINTMENTS
 Fr. Tom is available by appointment.
 619-224-2746.

PARISH STAFF

Rev. Thomas RJ Kiely,
 Parish Administrator
 ☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon
 ☎619-224-2746
 Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,
 in Residence
 ☎619-224-2746

Stephen Williams,
 Religious Education Minister
 ☎619-224-2746 x102
 religiouised@sacredheartob.org

Jonas Brand
 Youth Minister
 ☎619-224-2746 x103
 youthminister@sacredheartob.org

Angela Roberts,
 Administrative Assistant/Bookkeeper
 ☎619-224-2746 x101
www.sacredheartob.org



Preschool
 A community of faith, love and learning.

**SACRED HEART ACADEMY
 PRESCHOOL**
 Mrs. Suzie Wydra, Director
 4895 Saratoga Avenue
 619-222-7252
 shaobpreschool2@gmail.com
sacredheartpreschool.org

- | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Altar & Rosary Society 8/8/21
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BulletinEditor@sacredheartob.org
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rksubmarine@gmail.com
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teixeira@cox.net
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mmacairns@verizon.net
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garich@cox.net
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teixeira@cox.net
Hospitality Ministry
Sheila Ragan 619-504-7597
sheila@oceanpointfinancial.com
Knights of Columbus
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Liturgy Committee
Judith Theisen 619-599-6152
LiturgyCommittee@sacredheartob.org
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Ministry Scheduler
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Ministryscheduler@sacredheartob.org
Ministry to the Homebound
Theresa Bagg 619-957-5088
theresabagg@gmail.com | Ministry of SH of OB Community Dinner
Jack Hamlin 619-224-2746
jackhamlin55@gmail.com
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12karensue@gmail.com
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religiouised@sacredheartob.org
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teixeira@cox.net
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Email Blasts
Bruce Bauer 619-994-0775
communications@sacredheartob.org
Youth Minister/Confirmation
Jonas Brand 619-224-2746x103
youthminister@sacredheartob.org |
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~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY	ALTAR SERVERS
OCT 9 ~ TWENTY-EIGHTH SUNDAY IN ORDINARY TIME				
Saturday 4:30 PM	Ted Cook Pat Katka	Greg Henkels	<i>Help Needed</i> <i>Help Needed</i>	<i>Help Needed</i>
OCT 10 ~ TWENTY-EIGHTH SUNDAY IN ORDINARY TIME				
Sunday 8:00 AM	Ann Simmons Mary Kay Cook	Frank Barrancotto	Robert Riley Michael Brown	Susan Kaweski
10:00 AM	Mary Nauert Cathleen Hornsby	<i>Help Needed</i>	<i>Amy Barber</i> <i>Help Needed</i>	Catherine Anthony
5:00 PM	Jan Donahue Sergio Sanchez	Joy Young	<i>Help Needed</i> <i>Help Needed</i>	Reef Keener



*Let the children come to me;
do not prevent them,
for the kingdom of God belongs
to such as these.*

— Mark 10:14

THE BARRIERS THAT SEPARATE US

We live in a society that has many technological avenues for stimulation and entertainment, one in which the urban population exceeds the non-urban. It is curious that loneliness is a prevalent malady. It is easy to reach out and touch someone, we are told. But—in truth—it is not all that easy, and statistics from the mental health field will reinforce that opinion. Today’s readings are about the ways in which we can authentically reach out: God touches Adam to create a mate and end his solitude; God-in-Jesus takes on human flesh and death in order that we might come to glory; Jesus reaches out to the children whom the disciples had tried to keep away, showing us the manner in which we must approach the loving embrace that awaits us in heaven. Until that day, however, we must remember that ours is a sacramental church, a church of signs of the love of God. And so we are called to reach out continually to ease the loneliness and the barriers that separate us from one another and, therefore, from the love of Christ.

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*October
is the*



ENCOURAGEMENT

As vital as oxygen is to the body,
so is encouragement to the soul.

—Anonymous

GOSPEL MEDITATION

Archbishop Fulton Sheen said, “It takes three to make love, not two: you, your spouse, and God.” Apart from the incarnation of God in Jesus Christ, nothing speaks better of God’s incarnate love than marriage. God designed it this way. We place great value on love and rightly so. What we fail to realize, however, is that love, its very presence and place in our lives, is not simply part of the human package deal. Love comes from God. It is one of God’s greatest gifts to human beings. When we begin to realize that our very ability to love is sacred, it changes up how we see the essence of life, and purpose and sanctity of marriage.

God is love. It stands to reason then that if we follow the path of unconditional, self-emptying love we will then stumble upon God. It is precisely this intimate wedding of God with love that gives such eloquence and honor to the love between husband and wife. As a living sign of Christ’s love for the Church and for humanity, husbands and wives speak volumes of God’s unconditional incarnate love for all of his children! The Divine power that brings unity and life to marriage is so strong that once joined, it really cannot be separated.

Admittedly, marriage covenants can be extremely difficult to

negotiate and, at times, very painful to experience. God’s perfect divinity always meets our broken and imperfect humanity. God is okay with this setup as he created it this way. Our loving is never as unconditional as God’s and often tainted by our own imperfections, needs, memories, hurts, sinfulness, and weakness. All of this baggage negatively impacts even the most well-intentioned marriages, causing them to be hurtful and empty. We are love works in progress. God can succeed in perfecting our love only if we keep our eyes fixed on him as the source of that love. That’s why marriage is always about three and not just two.

The Divine intimacy at the heart of marriage is what can make them celebrations of great union and happiness. Couples who are still madly in love with each other after many years, still looking at each other with that timeless twinkle in their eyes, best tell the story of God’s oneness with humanity. Honor, celebrate, and support those who have accepted a vocation to marriage. Living in a world that easily pulls relationships apart, may they find hope and inspiration from their faith companions who are on the same journey!

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Today's Readings

First Reading — The man said, “This one is bone of my bones and flesh of my flesh; this one shall be called ‘woman’ ” (Genesis 2:18-24).

Psalm — May the Lord bless us all the days of our lives (Psalm 128).

Second Reading — He who consecrates and those who are being consecrated all have one origin (Hebrews 2:9-11).

Gospel — Whoever does not accept the kingdom of God like a child shall not enter it (Mark 10:2-16 [2-12]).

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READINGS FOR THE WEEK

Monday: Jon 1:1 — 2:2, 11; Jon 2:3-5, 8; Lk 10:25-37

Tuesday: Jon 3:1-10; Ps 130:1b-4ab, 7-8; Lk 10:38-42

Wednesday: Jon 4:1-11; Ps 86:3-6, 9-10; Lk 11:1-4

Thursday: Mal 3:13-20b; Ps 1:1-4, 6; Lk 11:5-13

Friday: Jl 1:13-15; 2:1-2; Ps 9:2-3, 6, 16, 8-9; Lk 11:15-26

Saturday: Jl 4:12-21; Ps 97:1-2, 5-6, 11-12; Lk 11:27-28

Sunday: Wis 7:7-11; Ps 90:12-17; Heb 4:12-13; Mk 10:17-30 [17-27]

Mass for the Intentions of the Week

- October 2, Saturday**
4:30 p.m. Manuel U. & Aurora Silveira †
- October 3, Sunday**
8:00 a.m. Connor Fredric White †
Hoa Nguyen †
10:00 a.m. Henrietta Selina Geisler †
Lillian Macy †
5:00 p.m. Jerry Harvey †
Don Wiczorek †
- October 4, Monday**
8:00 a.m. Joan Frank Cota †
- October 5, Tuesday**
8:00 a.m. Juanita † & Erland Baesler
- October 6, Wednesday**
8:00 a.m. Fr. Bill Stevenson
- October 7, Thursday**
8:00 a.m. Maria Coito
Patrick & Sarah Lieto
- October 8, Friday**
8:00 a.m. John Robert Geisler †
Jacqueline Hickey †
- October 9, Saturday**
4:30 p.m. Jose F. & Emilia Tavares †
- October 10, Sunday**
8:00 a.m. Patty Barrancotto †
Don Wiczorek †
10:00 a.m. Michael Coakley †
5:00 p.m. Mauricia & Juan Corpuz †
Juliana Corpuz †



Please Remember in Your Prayers

- | | |
|--------------------|--------------------|
| Barbara Allen | Fr. Ron Hebert |
| Jeanne Barrett | Desiree Hernandez |
| Finn Barrett | Dolores Illig |
| Debbie Brady | Inoue Family |
| Carolyn Burmer | Alan Isaacson |
| Josie Campbell | Gloria Kenny |
| Christian Callahan | Peggy Kittler |
| George Carrilo | Bill Klatt |
| Melinda Carrilo | Barbara Mellor |
| Sonia Carrilo | Merola Family |
| Paul Cloutier | Joannie Nicoletti |
| Sayler Corr | Michael O’Sullivan |
| Marco Antonio Cota | Louiz Otero |
| Virginia Dela Rosa | Mark Price |
| Fr. Charles Eis | Jerry Sanders |
| Sonny Fendley | Carter Santos |
| Julie Fish | Margaret Schweizer |
| Daniel Flores | Patty Schwenn |
| David Flores | Ruth Sewell |
| Selina Flores | Gloria Sosa |
| Irene Gracey | Ana Soto |
| Ann Hansen | Bryce Stewart |
| Sydney Hansen | Xavier Tan |
| Jerry Hastings | Jerry Torres |

Stewardship as a Way of Life

STEWARDSHIP OF TREASURE:

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. **Prayerfully consider** making a recurring weekly or monthly donation to our collection. Thank you for your investment and continued support of our parish!

God Bless, *The Parish Support Team.*

STEWARDSHIP OF TREASURE

July report:

With gratitude for the gifts received, in July, parishioners made a joyful return to the Lord of the following:

July Collections:

Envelopes:	\$ 44,489.69
Plate:	3,759.00
Online Giving:	10,320.96
<u>Other Income:</u>	<u>5,952.69</u>
Total:	\$ 64,522.34
Monthly Expenses:	58,587.58
GAIN:	\$ 5,934.76)

Prayerfully consider making a recurring weekly or monthly donation to our collection. Thank you for your investment and continued support of our parish!

God Bless, *The Parish Support Team.*

FALL MASS COUNT
 The Diocese of San Diego’s
 annual Mass count takes place
 during the month of October.
 Come to Mass and be counted.

**Knights of Columbus
 Breakfast**

The Knights of Columbus will be serving breakfast after morning Mass today Sunday, October 3 in the parish hall. Join your friends for a great breakfast and check out what the Knights are all about.

**LOAVES & FISHES FOOD
 BANK**

Sunday, October 3rd Sacred Heart will again collect food items for the Loaves & Fishes ministry. **Canned goods such as tuna, peanut butter, baked beans, and ramen noodles are always needed. Please leave non-perishable items in the church rectory.** Thank you for your continued support of this community ministry. Call Pat Katka at 619-222-9648 for more information.

**RECOGNIZE GOD
 IN YOUR ORDINARY MOMENTS**

Therein lies the...rib
 “If I were God...” is a dangerous way to start a sentence, but how many of us do this? Probably more regularly than we would like to admit. Even if we don’t verbalize the sentiment, we likely think it from time to time. Most of us finish that statement with some genius, original idea for eradicating difficulty and pain from the world. If I were God, I wouldn’t let anyone go hungry. If I were God, all wealth would be equally distributed. If I were God, war wouldn’t exist.

I imagine that, when we think thoughts like these, God shakes His head and wonders why we don’t look a little harder at the whole of His creation — because I can promise you, it’s never lacking.

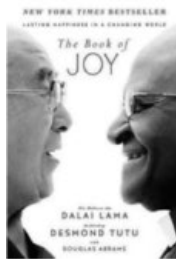
When Adam had a need for a companion, God used what was available: Adam’s rib. Everything that He had put into place was already perfect, already complete. Woman was a new creation, but not a new species. Adam searched through all of creation to find the perfect mate, but God had tucked the answer inside of His creation all along.

I’m guilty of it as much as anyone else — looking to Heaven with a chip on my shoulder. “Why haven’t you sent me what I need? I’ve been asking over and over again.” But have I even thought to look inside of myself?

Where is the rib you are missing today? What are the opportunities God has set before you? What are the needs that He is ready to fulfill, if only you would stop wasting time lamenting all the solutions that don’t fit the bill?

-Tracy Earl Welliver, MTS
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**Sacred Heart
 BOOK CLUB**



Sacred Heart October book selection is “**The Book of Joy**” by Dalai Lama and Desmond Tutu with David Abrams.

Two leading spiritual masters share their wisdom about living with joy even in the face of adversity, sharing personal stories and teachings about the science of profound happiness and the daily practices that anchor their emotional and spiritual lives.

Where: Rectory first floor living room.
When: Tuesday, October 12 at 10:30 am.
 Please call or email Cindy Krause if you have any questions: 925-639-9089, cindy.krause@icloud.com.

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
- Lt. Gregory Becker, Navy
- Lt. Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army
- USS Howard (DDG 83)
- U.S. Navy Ship
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

**SACRED HEART OF OB
COMMUNITY
DINNER & PANTRY**



Our dinner serving schedule is EVERY OTHER TUESDAY. Our next Dinner services will be from 5:00 to 7:00 pm in the courtyard on October 5th and October 19th. Volunteers should show up and be available at 3:00 pm.

In addition to our Community dinners, Sacred Heart's outreach to our unsheltered neighbors also includes donated articles of clothing. Currently **we are still in need** of gently used men's pants/shorts and T-shirts, all sizes, for distribution. Please email teixeira@cox.net for porch pick up. Or call Janice Teixeira, to make arrangements: 619-246-4955.

Do not bring clothes to the parish office.

Thank you all for your continued support of this ministry. We are truly a **Parish Built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you

RCIA



New Classes

Classes for RCIA have begun. They are on Monday evenings at 6:00 pm. All are welcome to join these classes to discover insights into our Catholic faith and experience this life changing journey.

These classes are for anyone who would like to be Catholic or those who have not finished their Sacraments of Initiation (first communion, confirmation.) If you know of anyone interested in learning about our Catholic faith or wanting to join the Catholic Church contact Stephen Williams. (619) 224-2746 x 102 email: religioused@sacredheartob.org/

Please Join Us



Religious Education

CHILDREN K—5

Sacred Heart Church of Ocean Beach Religious Education program will meet at SHA up stairs every Sunday from 8:30-9:40 am. Any questions please contact Stephen Williams; (619) 224-2746 x 102

email: religioused@sacredheartob.org/

Children's Liturgy of the Word is set to resume Sunday, October 3rd. They will meet on Sundays at the 10:00 am Mass. During Mass, before the first reading the children will be escorted to the Children's Liturgy room/Rectory Conference room where they will experience the Liturgy of the Word so they can understand. All children will be socially distanced with their masks on. Children attending should be between the ages of 4 and 11 years old.

Stephen Williams, Religious Education Coordinator
4776 Saratoga Avenue, San Diego, Ca 92107
(619) 224-2746 x 102 email: religioused@sacredheartob.org/

YOUTH ACTIVITIES

High School Youth Group has resumed meeting on Sundays, at the 5:00 PM Mass. There will be a kickoff party **October 10th**. Come by for food, games and fun from 6:00–8:00 PM in the youth room (second floor of the school.)

The **Middle School Youth Group** meets with St. Charles on the second and fourth Tuesday of the month from 7pm-8:30pm. We will switch between St. Charles and Sacred Heart OB as locations for our youth nights. The 2021-2022 schedule with dates and locations can be found on the Middle School page of the parish website. On **October 12** we will meet at St. Charles. Come join us for food, games, and faith filled community!

ROC Teen Confirmation classes will be every other Wednesday, **beginning October 6th**, 7-8:30 PM at Sacred Heart Academy. It is now going to be a 2-year program and teens will be Confirmed sometime either in late April or May 2023. **Register now**, online at: sacredheartob.org/youth-and-young-adult-ministry. See the website for more information.

Young Adults The next Praise and Worship night will be Monday, **October 4th**, 6:30—7:30 pm in the Church, followed by beer on the balcony. Saturday, **October 16**, 9:00 am we will have a workout session at Tower 4—Ocean Beach

Attention Ministers and A Call For Help!

Kate McKenzie is getting ready to make the Nov. 1 - Jan 31 Mass schedule. If you haven't submitted your vacation dates in accordance with the email that went out to ministers on Sept 19, do so **ASAP**. If you don't use a computer, please call Kate with your update. If you are a minister who would like to return to the schedule, **we need you!** Please contact Kate at: ministryscheduler@sacredheartob.org or (619) 399-9839.

PARISH INFORMATION & HAPPENINGS

Year of
ST. JOSEPH



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil.

Amen.



2021 is designated the “Year of St. Joseph” and Sacred Heart will pray the above prayer after each Mass.

The Little Ones

Jim Burrows

Creation Care Team

Sacred Heart’s Creation Care Team will be meeting Thursday October 28th at 7pm. They promote awareness of the impact of climate change in our own church community and in conjunction with the program in our diocese. All are welcome!
For further information you may contact Mary Cairns at mmacairns@verizon.net, or phone: 619-223-8859

LIVE THE LITURGY

“What God has joined together.” We are all familiar with these words. Because man and woman are essentially of the same substance, although also distinctively different, there is an innate desire to be connected and united. Admittedly, marriage covenants can be extremely difficult to negotiate and, at times, very painful to experience. But they can also be celebrations of great union and happiness. This is proven by couples who have been married for many years who still have that same twinkle of devotion in their eyes that was present on their wedding day. God designed it to be this way. By God’s power, the two become one. This is not of human design. The true intimacy of marriage is a Divine Intimacy. It is a bond created by a power far greater than any found in the two people who are joined. Marriage is where the virtue of love is most fully expressed.

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“Caring for the Whole Person”

This is an initiative of California’s bishops and Catholic healthcare system that provides resources to parish leaders, including priests and deacons, who have been called to serve the sick and dying.

Those interested in becoming involved with this initiative are invited to an upcoming two-day training, which will be held on Oct. 16 and Oct. 23 at the diocesan Pastoral Center. Both sessions are required and will run from 8:30 a.m. to 3 p.m. There is no cost to attend.

“Caring for the Whole Person” is not a new ministry, but rather a way of helping parishes to better carry out their existing ministry to those at the end of life.

Forty-eight leaders representing 31 parishes in the Diocese of San Diego have already received training in “Caring for the Whole Person.” For more information please contact Janice Teixeira 619 246-4955 or Teixeira@cox.net



ADORATION OF THE BLESSED SACRAMENT

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT UNTIL 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad. If you would like the code to the chapel door, email Janice Teixeira at teixeira@cox.net.

Pray for all of us.



St. Francis of Assisi Feast Day October 4

St. Francis of Assisi (1181 – 1226) left a life of luxury for a life devoted to Christianity. He founded the men's Order of Friars Minor, the women's Order of St. Clare, the Third Order of St. Francis and the Custody of the Holy Land.

Born in 1181 in Italy, St. Francis of Assisi was renowned for drinking and partying as a youth. During a military expedition/battle between Assisi and Perugia, he was captured and imprisoned for ransom. He spent nearly a year in prison and began receiving visions from God. After his release from prison, St. Francis of Assisi claimed to have heard the voice of Christ, who told him to restore the Christian Church and live a life of poverty. As a result, St. Francis of Assisi abandoned his life of luxury and became a devotee of the Catholic faith. Today, St. Francis of Assisi, known for his deep love of nature and animals, is the patron saint of the environment and animals. Each October, many animals are blessed on his feast day.

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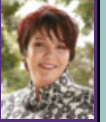
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