



Sacred Heart Church

OF OCEAN BEACH

SEPTEMBER 12, 2021 | TWENTY-FOURTH SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm
Other | By Appointment

OUR MISSION

**EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:**

Strengthen the community
through worship,

Live the Gospel with
Compassion and Joy,

And guided by the Spirit meet
the needs of the people.



24TH SUNDAY IN ORDINARY TIME

He summoned the crowd with his disciples and said to them, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it." - Mk 8:34-35

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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4776 SARATOGA AVE, SAN DIEGO, CA 92107
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PARISH OFFICE
 Monday through Friday
 Hours: 8:30 AM—3:30 PM
 Closed 12:00 PM—1:00 PM for lunch
 619-224-2746

BAPTISMS
 Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

MARRIAGE
 Contact Fr. Tom Kiely 9 Months before planned wedding
 619-224-2746

FUNERALS
 Contact Janice Teixeira
 619-225-8595

APPOINTMENTS
 Fr. Tom is available by appointment.
 619-224-2746.

PARISH STAFF

Rev. Thomas RJ Kiely,
 Parish Administrator
 ☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon
 ☎619-224-2746
 Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,
 in Residence
 ☎619-224-2746

Stephen Williams,
 Religious Education Minister
 ☎619-224-2746 x102
 religiouised@sacredheartob.org

Jonas Brand
 Youth Minister
 ☎619-224-2746 x103
 youthminister@sacredheartob.org

Angela Roberts,
 Administrative Assistant/Bookkeeper
 ☎619-224-2746 x101
 www.sacredheartob.org



Preschool
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SACRED HEART ACADEMY PRESCHOOL
 Mrs. Suzie Wydra, Director
 4895 Saratoga Avenue
 619-222-7252
 shaobpreschool2@gmail.com
 sacredheartpreschool.org

Parish Ministries and Organizations

- | | | |
|-------------------------------------------------------------------------------------------|--------|------------------------------------------------------------------------------------------------|
| Altar & Rosary Society
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org | 8/8/21 | Ministry of SH of OB Community Dinner
Jack Hamlin 619-224-2746
jackhamlin55@gmail.com |
| Altar Servers
Reef Keener 619-446-9327
rksubmarine@gmail.com | | Music Ministry
Janis Cantu 619-253-0391
janiscantu@gmail.com |
| Bereavement Ministry
Janice Teixeira 619-225-8595
teixeira@cox.net | | On-Line Giving
Leigh Baesler 619-224-2746
DirectorofOffering@sacredheartob.org |
| Bulletin Editor
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org | | Parish Blood Bank
Mary Nauert 858-775-6700
mnauert@psrs.com |
| Creation Care Team Ministry
Mary Cairns 619-223-8859
mmacairns@verizon.net | | Pastoral Council
Karen Linarelli 619-990-9750
12karensue@gmail.com |
| Eucharistic Minister of Holy Communion
Teofla Rich 619-758-0943
garich@cox.net | | RCIA
Stephen Williams 619-224-2746x102
religiouised@sacredheartob.org |
| Finance Council
Steven Teixeira 619-225-8595
teixeira@cox.net | | Religious Education
Stephen Williams 619-224-2746x102
religiouised@sacredheartob.org |
| Hospitality Ministry
Sheila Ragan 619-504-7597
sheila@oceanpointfinancial.com | | Senior Activities
Janice Teixeira 619-225-8595
teixeira@cox.net |
| Knights of Columbus
Gregg Sprosty 619-226-1658 | | The Gio Project Group
Jonas Brand 619-224-2746x103
youthminister@sacredheartob.org |
| Liturgy Committee
Judith Theisen 619-599-6152
LiturgyCommittee@sacredheartob.org | | Wall of Remembrance
Janice Teixeira 619-225-8595
teixeira@cox.net |
| Loaves & Fishes
Pat Katka 619-222-9648 | | Web
Vince Linarelli 619-224-2746 |
| Ministry of the Word
Teofla Rich 619-758-0943
garich@cox.net | | Email Blasts
Bruce Bauer 619-994-0775
communications@sacredheartob.org |
| Ministry Scheduler
Kate McKenzie 619-399-9839
Ministryscheduler@sacredheartob.org | | Youth Minister/Confirmation
Jonas Brand 619-224-2746x103
youthminister@sacredheartob.org |
| Ministry to the Homebound
Theresa Bagg 619-957-5088
theresabagg@gmail.com | | |

~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY	ALTAR SERVERS
SEPT 18 ~ TWENTY-FIFTH SUNDAY IN ORDINARY TIME				
Saturday 4:30 PM	Ted Cook Pat Katka	<i>Help Needed</i>	<i>Help Needed</i> <i>Help Needed</i>	Kate McKenzie
SEPT 19 ~ TWENTY-FIFTH SUNDAY IN ORDINARY TIME				
Sunday 8:00 AM	Laurie Scott Mary Kay Cook	Frank Barrancotto	Cindy Calleros Michael Brown	Susan Kaweski
10:00 AM	Mike Flaningam Mary Nauert	<i>Help Needed</i>	Lyn Frey Jackie Smith	<i>Help Needed</i>
5:00 PM	Kay O'Bryan Cathleen Hornsby	Joy Young	<i>Help Needed</i> <i>Help Needed</i>	Adrianna Donohue



*The Lord GOD is my help,
therefore I am not disgraced.*
— Isaiah 50:7

IT'S ALL ABOUT CONTROL

From toddlerhood to old age, we grow in mastery of our own lives, our bodies, and our destiny. This mastery is hard won, and we don't let go of autonomy easily. Much of this self-mastery involves the avoidance of pain or discomfort, so when we hear things like "take up your cross" and "lose your life," we tend to resist the message.

James says that faith without works is dead. Ouch! That is really a direct message! One way to look at this, as well as the part about losing our life to find it, is that faith is a process of more and more openness to God's direction of our lives. It is very hard for us to give up control, but perhaps what we are being asked to do is not to become passive and babyish, but to allow God to direct where our self-mastery will lead and what it will accomplish. We are asked to relinquish the need to control the results of our efforts; to risk, as Jesus did, the loss of everything we are working to achieve. We are asked to let God take the lead and to control the results, even though we may never see those results.

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Jesus rebuked Peter: "Get behind me, Satan!"

FROM THE DIOCESE



Should I go to Mass this weekend?

Many faithful wrestle with this question, amid the latest news on the coronavirus. But perhaps answering the question, "Why should I go to Mass?" and understanding the blessings of encountering the real presence of Christ will offer the compelling reason to attend Mass in person.

To help promote this, the diocese is launching a seven-week program to reintroduce the gifts received when attending Mass, none greater than the Eucharist.

"It is my deepest hope that these weeks will be for us all a time to grow in our love for and understanding of this most beautiful sacrament and, in doing so, come closer to the God who has bestowed upon us every blessing we know in this world," Bishop Robert McElroy says in a message that will be played for parishioners attending the Saturday vigil and Sunday Masses on September 11-12.

The first phase of the program will begin that weekend and continue through October 3.

On three consecutive weekends, taped homilies will be presented at every

parish on the following themes:

Sept. 11-12: "The Eucharist is a direct personal encounter with Jesus Christ" (Sept. 12);

Sept. 18-19: "The Eucharist is the sacrificial memorial of Christ's passion, death and resurrection by which we have been redeemed" (Sept. 19);

Sept. 25-26: "The Eucharist is the sacred meal that nurtures us, bonds us together and sends us forth to transform the world" (Sept. 26).

On the weekend of Oct. 2-3, our pastor will continue this focus in his homily, addressing the elements of the Eucharist that are important to our community at this moment.

In the second phase, our parish will hold "teaching Masses" during three weekends in October: 9-10, 16-17 and 23-24. At key moments in these Masses, the meaning and history of the rituals will be explained.

The taped homilies will be available on the webpage sdcatholic.org/eucharist at noon on each of the Sundays they are presented, along with other resources. Please share them with fellow parishioners, friends and family.

Today's Readings

First Reading — The Lord GOD is my help; who will prove me wrong? (Isaiah 50:5-9a).

Psalm — I will walk before the Lord, in the land of the living (Psalm 116).

Second Reading — Faith, if it does not have works, is dead (James 2:14-18).

Gospel — Jesus asked his disciples, "Who do you say that I am?" (Mark 8:27-35).

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READINGS FOR THE WEEK

Monday: 1 Tm 2:1-8; Ps 28:2, 7-9; Lk 7:1-10

Tuesday: Nm 21:4b-9; Ps 78:1bc-2, 34-38; Phil 2:6-11; Jn 3:13-17

Wednesday: 1 Tm 3:14-16; Ps 111:1-6; Jn 19:25-27 or Lk 2:33-35

Thursday: 1 Tm 4:12-16; Ps 111:7-10; Lk 7:36-50

Friday: 1 Tm 6:2c-12; Ps 49:6-10, 17-20; Lk 8:1-3

Saturday: 1 Tm 6:13-16; Ps 100:1b-5; Lk 8:4-15

Sunday: Wis 2:12, 17-20; Ps 54:3-8; Jas 3:16 — 4:3; Mk 9:30-37

Mass Intentions for the Week

- September 11, Saturday**
4:30 p.m. Albertina Tavares †
- September 12, Sunday**
8:00 a.m. Patty Barrancotto †
Doris Cairns †
10:00 a.m. David William Deihl †
Mickey Molé †
5:00 p.m. Antonio & Maria Da Luz
- September 13, Monday**
8:00 a.m. Henrietta Selina Geisler †
Evelyn Grosse †
- September 14, Tuesday**
8:00 a.m. Deacon Giles Schmitt †
Vera Ragan †
- September 15, Wednesday**
8:00 a.m. Jeannette Nunes
Teri Reid
- September 16, Thursday**
8:00 a.m. Michael Coakley †
David Dodd †
- September 17, Friday**
8:00 a.m. Gloria Soares †
Tim Kiely †
- September 18, Saturday**
4:30 p.m. John Robert Geisler †
Juanita Baesler †
- September 19, Sunday**
8:00 a.m. Henrietta Geisler †
10:00 a.m. Virginia & Stephen Zagleski †
5:00 p.m. Carlos Haskins †



Please Remember in Your Prayers

- | | |
|--------------------|--------------------|
| Barbara Allen | Fr. Ron Hebert |
| Jeanne Barrett | Desiree Hernandez |
| Finn Barrett | Dolores Illig |
| Debbie Brady | Inoue Family |
| Carolyn Burmer | Alan Isaacson |
| Josie Campbell | Gloria Kenny |
| Christian Callahan | Peggy Kittler |
| George Carrilo | Bill Klatt |
| Melinda Carrilo | Barbara Mellor |
| Sonia Carrilo | Merola Family |
| Paul Cloutier | Joannie Nicoletti |
| Sayler Corr | Louiz Otero |
| Marco Antonio Cota | Mark Price |
| Virginia Dela Rosa | Jerry Sanders |
| Fr. Charles Eis | Carter Santos |
| Sonny Fendley | Margaret Schweizer |
| Julie Fish | Patty Schwenn |
| Daniel Flores | Ruth Sewell |
| David Flores | Gloria Sosa |
| Selina Flores | Ana Soto |
| Irene Gracey | Bryce Stewart |
| Ann Hansen | Xavier Tan |
| Sydney Hansen | Jerry Torres |
| Jerry Hastings | Maria Wimer |

Stewardship as a Way of Life

STEWARDSHIP OF TREASURE:
Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. **Prayerfully consider** making a recurring weekly or monthly donation to our collection. Thank you for your investment and continued support of our parish!

God Bless, *The Parish Support Team.*

Ways to Give

- You can mail checks to our parish office at: 4776 Saratoga Ave San Diego, CA 92107
- Or, drop your check in the mail slot of the parish office,
- Or, go through your bank and set up a bill pay.
- Or, you can scan this code with your mobile device to go directly to our secure online giving site. Some phones will let you scan with your camera. Just hover over the square. Do not take a picture.
- Or, go to our website and click on the online giving button,
- The giving application during this time includes: **Sunday Offering, Maintenance, Altar flowers, Ocean Beach Community Dinners, Religious Education fees and more.**



which is found on our home page. Go to www.sacredheartob.org. Once you are on the home page, look for the red box 'Contribute to Sacred Heart,' which can be found at the top center of the page.



*Remember to shop for deals at smile.amazon.com, or with AmazonSmile ON in the Amazon app, and AmazonSmile will donate to us at no cost to you. Just select **Sacred Heart Catholic Parish in San Diego CA Real Prop Support Corp** as your preferred charity at smile.amazon.com/ch/82-5212861*

Amazon will donate 0.5% of your eligible mobile app purchases to Sacred Heart Church. In the last three months Amazon has donated \$30.76. Thank you to those who have chosen this way to help our church.

Can You Walk the Walk?

I've met and talked with enough people to feel confident that if you polled 100 fallen-away Catholics about why they didn't want anything to do with the Church, the term "accountability" would pop up in almost all of their answers.

And to be fair, a lack of accountability isn't just a Catholic problem. Talking the talk but not walking the walk has been a shortcoming handed down throughout the ages, across all creeds and nationalities.

Loving our neighbor, welcoming the stranger, clothing the naked, feeding the poor — it all sounds fantastic, especially when we're the ones saying it. But the doing — well, that's a different story, isn't it? We would do well to remember that Christ calls one of his best friends "Satan" when Peter tries to convince Jesus to stray from his destiny.

Have you ever been called Satan by one of your good buddies? I'll bet it's not a great feeling. But think about what Peter was doing. He had just said, "You are the Christ." And now, mere moments later, he's saying: "Don't say these things. Don't say you're going to suffer. Don't say you'll be killed."

He was telling Christ to squander what the Lord had given him. He was telling him that having faith was fine, but being faithful? It's just a little too hard. God has a destiny for you, too, and He's asking you to be open to it. Maybe it's not in your comfort zone. Maybe you don't think you can do it.

Lord, give us faith — but help us, also, to do the work.

-Tracy Earl Welliver, MTS
©LPi

In Memorium



We join with Father Tom in remembering his twin brother, Timothy James Kiely who died August 6, 2021. Father has requested that in lieu of

flowers, donations can be sent to Sacred Heart Church **Pro Life Memorial** in care of Rev. Thomas Kiely, 4776 Saratoga Avenue, San Diego, CA 92107.

Tim's obituary can be found at: <https://www.helsleyjohnsonfh.com/obituary/timothy-kiely>

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
- Lt. Gregory Becker, Navy
- Lt. Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army
- USS Howard (DDG 83)
- U.S. Navy Ship
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

**SACRED HEART OF OB
COMMUNITY
DINNER & PANTRY**



We are back to our pre-Covid dinner serving schedule: **EVERY OTHER TUESDAY**. Our next Dinner services will be from **5:00 to 7:00 pm** in the courtyard on **September 21st and October 5th**. We will have another Covid vaccine Clinic on **September 21st**. Volunteers should show up and be available at 3:00 pm.

In addition to our Community dinners, Sacred Heart's outreach to our unsheltered neighbors also includes donated articles of clothing. Currently we are still in need of gently used men's pants/shorts and T-shirts, all sizes, for distribution. Please email teixeira@cox.net for porch pick up. Or call Janice Teixeira, to make arrangements: 619-246-4955.

Do not bring clothes to the parish office. Thank you all for your continued support of this ministry. We are truly a **Parish Built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you



New Classes

RCIA

New RCIA classes will begin September 20th in the church rectory at 6:30 pm. All are welcome to join these classes to discover insights into our Catholic faith and experience this life changing journey. If you know of anyone interested in joining the Catholic Church contact Stephen Williams. If you would also like to join the RCIA team please contact Stephen Williams as well! (619) 224-2746 x 102 email: <http://sacredheartob.org/>

Please Join Us



Religious Education

CHILDREN K—5

Sacred Heart Church of Ocean Beach Religious Education program will start on October 3rd. Registration is online this year, and the form can be found on the Children's Religious Education page.

CATECHISTS NEEDED:

We need more teachers for our Children's Liturgy of the Word program before it can begin October 3rd. Please prayerfully consider joining this beautiful program of teaching children scripture during Mass. If interested please contact Stephen Williams.

Children's Liturgy of the Word is set to resume Sunday, October 3rd. They will meet on Sundays at 10:00 AM in the Children's Liturgy room/Rector's Conference room.

First Reconciliation & First Holy Communion

To receive the sacrament of First Reconciliation and First Communion your child must be in **second grade or 7 years old**. Our program is two years, and they must attend the majority of the sessions and be going to Sunday Mass in person. **More information** will be put on the Children's Religious Education page as it becomes available.

Stephen Williams, Religious Education Coordinator

4776 Saratoga Avenue, San Diego, Ca 92107

(619) 224-2746 x 102 email: <http://sacredheartob.org/>

YOUTH ACTIVITIES

High School Youth Group has resumed meeting on Sundays, at the 5:00 PM Mass. Come by for food, games and fun from 6:00 –8:00 PM in the youth room (second floor of the school.)

The **Middle School Youth Group** meetings will resume as soon as Jonas is settled in his new position.

ROC Teen Confirmation will meet every other Wednesday night of the month, 7-8:30 PM beginning October 6th at Sacred Heart Academy. It is now going to be a 2-year program starting October 2021 and teens will be Confirmed sometime either in late April or May 2023. Registration is open, online at <http://sacredheartob.org/>

YOUNG ADULTS

September Meetings:

- Saturday September 18: Surf session at 10:00 am Ocean Beach

Contact Jonas with any questions at (210)-606-4306.

ADULT BIBLE STUDY

New fall Bible study session began September 8. We are studying the book of Revelation. We will study Revelation in person in the Alley Cottage Wednesday afternoons at 1 pm. There will be an evening session at 7 pm on Zoom. Contact Stephen Williams for more information: Religious Education Coordinator (619) 224-2746 x 102 email: <http://sacredheartob.org/>

PARISH INFORMATION & HAPPENINGS



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil.

Amen.



LIVE THE LITURGY

Rest in the presence of God simply because God is God and you are you. This is all that is necessary. Out of this relationship will come inspiration, understanding, courage, constancy, truth, and virtues of all kind. We will find ourselves knowing the true meaning of things and developing a depth of insight that is not found following purely human venues. It is God who inspires and opens human hearts to see truth and beauty. In God, we understand all of our relationships with a richer appreciation and come to know who Jesus, who speaks of God's kingdom, really is. The trust that is fostered from resting with the Divine One allows us to see that God's ways are not our ways. Our adventure is to dream bigger and brighter, realizing that it is even in suffering that the radiant light of the dawn will come. God's ways allow for our paths to be rocky, challenging, difficult, and even crippling at times. Purely human eyes cannot understand the 'why' of such experiences. The eyes and mind of God, however, reveal and detail a journey that ends in glorious resurrection joy. When we lose our axis and become too human in our thinking, Jesus rebukes us and gently reminds us how to see.

©LPi



ADORATION OF THE BLESSED SACRAMENT

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT UNTIL 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad. If you would like the code to the chapel door, email Janice Teixeira at teixeira@cox.net.

Pray for all of us.

2021 is designated the "Year of St. Joseph" and Sacred Heart will pray the above prayer after each Mass.



HAPPY GRANDPARENTS DAY

CRUSH 2021: AN EVENING OF SAVORING FINE



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CLICK ON: "CRUSH 2021"

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TASTE WINES & GOURMET COURSES—6:30 P.M.
SILENT AUCTION & WINE-PULL—ALL NIGHT

MASKS ARE WELCOME

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* RESERVED TABLES OF 6 CAN BE ACCOMODATED
PLEASE CONTACT : TEOFLA RICH 619-701-3933

MUST BE 21 YEARS OF AGE

IN MEMORIUM



Last week word was received that Jerry Sanders passed away September 1st. Jerry and his wife Carol are long time parishioners at Sacred Heart and much involved with the Friday Senior Luncheons. Please pray for the repose of Jerry's soul and keep Jerry and the Sanders family in your prayers.

"May the angels lead him to paradise,"

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