



Sacred Heart Church

OF OCEAN BEACH

August 8, 2021 | THE NINETEENTH SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm
Other | By Appointment

OUR MISSION

EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:

Strengthen the community
through worship,

Live the Gospel with
Compassion and Joy,

And guided by the Spirit meet
the needs of the people.



19TH SUNDAY IN ORDINARY TIME

"I am the bread of life. Your ancestors ate the manna in the
desert, but they died; this is the bread that comes down
from heaven so that one may eat it and not die."
- Jn 6:48-50

THANK OUR ADVERTISERS

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place your business advertisement please
contact 4LPi.com 800-950-9952

4776 SARATOGA AVE, SAN DIEGO, CA 92107
619•224•2746 | www.sacredheartob.org

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

CLPI

PARISH OFFICE
 Monday through Friday
 Hours: 8:30 AM—3:30 PM
 Closed 12:00 PM—1:00 PM for lunch
 619-224-2746

BAPTISMS
 Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

MARRIAGE
 Contact Fr. Tom Kiely 9 Months before planned wedding
 619-224-2746

FUNERALS
 Contact Janice Teixeira
 619-225-8595

APPOINTMENTS
 Fr. Tom is available by appointment.
 619-224-2746.

PARISH STAFF

Rev. Thomas RJ Kiely,
 Parish Administrator
 ☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon
 ☎619-224-2746
 Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,
 in Residence
 ☎619-224-2746

Stephen Williams,
 Religious Education Minister
 ☎619-224-2746 x102
 religiouised@sacredheartob.org

Jonas Brand
 Youth Minister
 ☎619-224-2746 x103
 youthminister@sacredheartob.org

Angela Roberts,
 Administrative Assistant/Bookkeeper
 ☎619-224-2746 x101
 www.sacredheartob.org



Preschool
 A community of faith, love and learning.

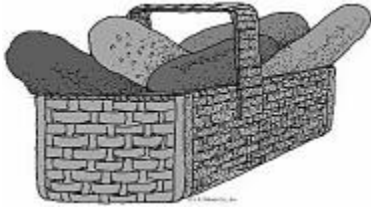
**SACRED HEART ACADEMY
 PRESCHOOL**
 Mrs. Suzie Wydra, Director
 4895 Saratoga Avenue
 619-222-7252
 shaobpreschool2@gmail.com
 sacredheartpreschool.org

Parish Ministries and Organizations

- | | | |
|---|--------|---|
| Altar & Rosary Society
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org | 8/1/21 | Ministry of SH of OB Community Dinner
Jack Hamlin 619-224-2746
jackhamlin55@gmail.com |
| Altar Servers
Reef Keener 619-446-9327
rksubmarine@gmail.com | | Music Ministry
Janis Cantu 619-253-0391
janiscantu@gmail.com |
| Bereavement Ministry
Janice Teixeira 619-225-8595
teixeira@cox.net | | On-Line Giving
Leigh Baesler 619-224-2746
DirectorofOffering@sacredheartob.org |
| Bulletin Editor
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org | | Parish Blood Bank
Mary Nauert 858-775-6700
mnauert@psrs.com |
| Creation Care Team Ministry
Mary Cairns 619-223-8859
mmacairns@verizon.net | | Pastoral Council
Karen Linarelli 619-990-9750
12karensue@gmail.com |
| Eucharistic Minister of Holy Communion
Teofla Rich 619-758-0943
garich@cox.net | | RCIA
Stephen Williams 619-224-2746x102
religiouised@sacredheartob.org |
| Finance Council
Steven Teixeira 619-225-8595
teixeira@cox.net | | Religious Education
Stephen Williams 619-224-2746x102
religiouised@sacredheartob.org |
| Hospitality Ministry
Sheila Ragan 619-504-7597
sheila@oceanpointfinancial.com | | Senior Activities
Janice Teixeira 619-225-8595
teixeira@cox.net |
| Knights of Columbus
Gregg Sprosty 619-226-1658 | | The Gio Project Group
Jonas Brand 619-224-2746x103
youthminister@sacredheartob.org |
| Liturgy Committee
Judith Theisen 619-599-6152
LiturgyCommittee@sacredheartob.org | | Wall of Remembrance
Janice Teixeira 619-225-8595
teixeira@cox.net |
| Loaves & Fishes
Pat Katka 619-222-9648 | | Web
Vince Linarelli 619-224-2746
Email Blasts
Bruce Bauer 619-994-0775
communications@sacredheartob.org |
| Ministry of the Word
Teofla Rich 619-758-0943
garich@cox.net | | Youth Minister/Confirmation
Jonas Brand 619-224-2746x103
youthminister@sacredheartob.org |
| Ministry Scheduler
Kate McKenzie 619-399-9839
Ministryscheduler@sacredheartob.org | | |
| Ministry to the Homebound
Theresa Bagg 619-957-5088
theresabagg@gmail.com | | |

~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY	ALTAR SERVERS
AUG 14 ~ ASSUMPTION OF THE BLESSED VIRGIN MARY				
Saturday 4:30 PM	Ted Cook Pat Katka	Deacon Mark Wiczorek	Colleen Morse Kevin Morse	Kate McKenzie <i>Help Needed</i>
AUG 15 ~ ASSUMPTION OF THE BLESSED VIRGIN MARY				
Sunday 8:00 AM	Theresa Bagg Ann Simmons	Deacon Mark Wiczorek	Robert Riley Cindy Calleros	Ann Hornby <i>Help Needed</i>
10:00 AM	Jean Skoblal Cathleen Hornsby	Deacon Mark Wiczorek	Jackie Smith Amy Barber	Catherine Anthony <i>Help Needed</i>
5:00 PM	Jan Donahue Sergio Sanchez	Deacon Mark Wiczorek	<i>Help Needed</i> <i>Help Needed</i>	Reef Keener <i>Help Needed</i>



I am the living bread that came down from heaven.

— John 6:51

CIVIL DISCOURSE

“Do not grieve the Holy Spirit of God.” These words bring us up short! What could we be doing to grieve the Holy Spirit? Alas, the same things that the Ephesians were doing in the time of Paul, that is, fighting, shouting, reviling each other with fury, anger, and malice. Just tune in to talk radio some day or observe some “road rage” on the expressway. If we who are partakers of the Body of Christ can treat one another this way, what does that mean about our belief in Christ’s message of peace and reconciliation? The Eucharist is the sacrament of unity. It is communion with God and with each other. A good first step would be to speak civilly to each other, even in disagreement!

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GOSPEL MEDITATION

The lens through which we view life makes a difference. It also determines who we choose to learn from and what we allow to shape our thoughts and feelings. For many, life is simply what it appears to be, a given that either through evolution or some other means just came to be. There is no apparent rhyme or reason to things and things can be dissected and understood only in terms of what they empirically present. To the person using this lens, a tree is a tree and a flower is a flower. Their composition and existence can be understood only to the extent that current human knowledge allows. Through this lens, what gives life purpose and meaning? This lens has an essentially unknown beginning and definite end. Once those are accepted, the middle becomes some kind of pursuit of happiness, with values and principles being things that are self-created and found acceptable.

But there is a Divine lens that also exists and deserves mention. It is found when one stumbles upon faith and begins to see things differently. This lens is of God and reveals a Divine Energy and Life that flows through and in all things. Faith then shows us that all that lives come from this one Source of Love. This is the only true

lens that can give human beings the purpose and meaning they desperately need. From this perspective, all of life is much more than what is immediately apparent! It now tells and reveals a story about God generous, creative, and unconditional love! The unfolding of the human story is the unfolding of God’s story. What meaning our lives have when they are viewed as a part of God’s love affair with humanity! We are indeed special.

The lens of our faith asks us to learn from Jesus Christ. Jesus, as the real Bread of Life, shows us our eternal destiny and completes and frames our lives. It is only in allowing ourselves to be taught by Jesus, that faith, hope, and love take on much greater importance. All the relationships in our lives are now structured and ordered using God’s primary commandment of love. Jesus, then, is not just some man who lived at some point in history. Jesus is the incarnate Son of God who shows us the way, the truth, and the life. Using this lens changes things up a great deal. Looking at the creation that surrounds you and the special unique people you love, what is God trying to teach you about His love for you and the eternal life He wants you to have?

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REMEMBER
YOUR
CHURCH
THIS
SUMMER



We also have bills to pay.

MAKE DEPOSITS

Friendship is like a bank account. You can't continue to draw on it without making deposits.

—Anonymous

Today's Readings

First Reading — After resting and taking nourishment twice, Elijah is strengthened to walk to the mountain of God, Horeb (1 Kings 19:4-8).

Psalm — Taste and see the goodness of the Lord (Psalm 34).

Second Reading — Be sealed by the Holy Spirit of God so as to be imitators of God and live in love (Ephesians 4:30 — 5:2).

Gospel — Jesus professes that he is the living bread and whoever eats this bread will live forever (John 6:41-51).

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READINGS FOR THE WEEK

- Monday:** Dt 10:12-22; Ps 147:12-15, 19-20; Mt 17:22-27
- Tuesday:** 2 Cor 9:6-10; Ps 112:1-2, 5-9; Jn 12:24-26
- Wednesday:** Dt 34:1-2; Ps 66:1-3a, 5, 8, 16-17; Mt 18:15-20
- Thursday:** Jos 3:7-10a, 11, 13-17; Ps 114:1-6; Mt 18:21 — 19:1
- Friday:** Jos 24:1-13; Ps 136:1-3, 16-18, 21-22, 24; Mt 19:3-12
- Saturday:** Jos 24:14-29; Ps 16:1-2a, 5, 7-8, 11; Mt 19:13-15
- Sunday:** **Vigil:** 1 Chr 15:3-4, 15-16; 16:1-2; Ps 132:6-7, 9-10, 13-14; 1 Cor 15:54b-57; Lk 11:27-28
Day: Rv 11:19a; 12:1-6a, 10ab; Ps 45:10-12, 16; 1 Cor 15:20-27; Lk 1:39-56

Mass for the Intentions  *for the Week*

Stewardship as a Way of Life

What's Your Hearth Cake?

- August 7, Saturday**
4:30 p.m. Rick Houghtaling
- August 8, Sunday**
8:00 a.m. Patty Barrancotto †
10:00 a.m. Jose & Santana Da Luz †
5:00 p.m. Jose Lucas †
Tomais Sousa †
- August 9, Monday**
8:00 a.m. All Souls in Purgatory †
- August 10, Tuesday**
8:00 a.m. Simon J. † and Peggy Kittler
- August 11, Wednesday**
8:00 a.m. Christina Doss
Margo Fernandez-Sanner
- August 12, Thursday**
8:00 a.m. Fr. Hubert Kealy †
Sr. Elizabeth Kealy †
John Kealy †
- August 13, Friday**
8:00 a.m. Carla Houghtaling †
- August 14, Saturday**
4:30 p.m. John & Henrietta Geisler †
- August 15, Sunday**
8:00 a.m. Isabel Da Luz †
10:00 a.m. David William Deihl †
5:00 p.m. Henrietta Selina Geisler †

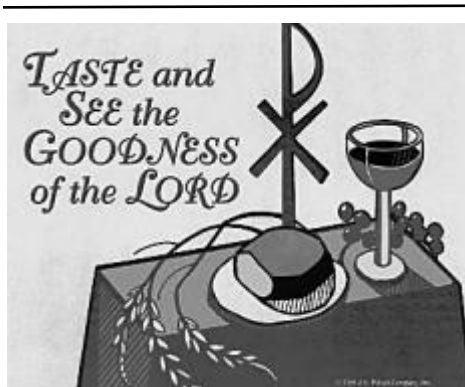


Please Remember in Your Prayers

- | | |
|--------------------|--------------------|
| Barbara Allen | Jerry Hastings |
| Banting Family | Fr. Ron Hebert |
| Barreda Family | Desiree Hernandez |
| Jeanne Barrett | Dolores Illig |
| Finn Barrett | Inoue Family |
| Debbie Brady | Gloria Kenny |
| Carolyn Burmer | Peggy Kittler |
| Josie Campbell | Bill Klatt |
| Christian Callahan | Barbara Mellor |
| Sonia Carrilo | Merola Family |
| Paul Cloutier | Joannie Nicoletti |
| Sayler Corr | Louiz Otero |
| Marco Antonio Cota | Mark Price |
| Virginia Dela Rosa | Jerry Sanders |
| Fr. Charles Eis | Carter Santos |
| Sonny Fendley | Margaret Schweizer |
| Julie Fish | Patty Schwenn |
| Daniel Flores | Ruth Sewell |
| David Flores | Gloria Sosa |
| Selina Flores | Ana Soto |
| Irene Gracey | Bryce Stewart |
| Ann Hansen | Xavier Tan |
| Sydney Hansen | Jerry Torres |
| Ione Hastings | Maria Wimer |

Stewardship of Treasure:

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. These costs include payroll, maintenance and cleaning of buildings, utilities, and supplies. Additionally, your contribution will benefit our sacramental preparation services, liturgical programs, and religious education programs. Prayerfully consider making a recurring weekly or monthly donation to our collection by creating an on-line account through the parish web site; www.sacredheartob.org. Thank you for your investment and continued support of our parish!



Bethlehem Art Works

Beautiful hand-made olive wood religious articles made by Catholic families in Bethlehem and Jerusalem **will be on sale this week after all the Masses.**

Bethlehem Artworks is a non-profit organization that provides assistance to over 100 plus suffering families each week.

Please stop by our tables and take a look at our beautiful handmade rosaries, statues, crosses and nativities. They will make a wonderful present for family and friends; or an opportunity to add a beautiful hand carved religious item for your home to be cherished through generations. The religious articles are made by the suffering Christian families in the Holy Land, and are their means of spreading the word of Jesus, a goal that began two thousand years ago.

The population in the Holy Land has dropped from over 65% to under 2% just within the last ten years. Crafting the religious articles is the primary means for providing for the livelihood of Christian families in the Holy Land.

“Get up and eat, or the journey will be too much for you.” I’ve been to a lot of meetings in my years of work in the Church, and you can take my word for it: the ones with snacks just seem to go better.

I don’t know what it is exactly. Maybe it’s just that people are in a more agreeable mood if you show up with donuts. Or maybe it’s about the very real sense of community and camaraderie that is created at a table where people are engaging in that most human of tasks — eating — beside one another. I think a big part of it comes down to the simple fact that we’re all just nicer people when we’re fed.

This rings true spiritually, too. We simply must remain fed if we, in turn, are to feed others. Think of a time when you have neglected your relationship with God — when you haven’t fed yourself with whatever it is that you need to remain committed to the journey of a Christian life. Is it Mass attendance? Is it prayer or Scripture reading? Is it time with your small group, or conversation with a trusted friend who knows your soul? What sustains your ability to be a good disciple, a good steward? What inspires you to give more freely, to love more abundantly?

Whatever it is, that’s your hearth cake. That’s your jug of water. Don’t neglect it. The Angel of the Lord is nudging you in your sleep: “Get up and eat, or the journey will be too much for you.”

— Tracy Earl Welliver, MTS

Agnus Dei Foundation Summer Raffle Fundraiser.

The foundation will dedicate this year’s proceeds towards *retiring the debt* on our home. **THEY ARE SO CLOSE!**

They are selling only 1,000 tickets at \$100 each. The winning ticket could be worth up to \$10,000!

Stop by after Mass on August 21-22 and purchase your ticket.

If you are away, contact the Agnus Dei Office to purchase your tickets, our office phone line: **(760) 294-7969**

All purchases will conclude on August 25th.

The drawing will be held on August 30, 2021.

Thank you for your generosity so that a home will always be available at the **Lamb of God Maternity Home** with open hearts and love 24/7 to a pregnant mother in crisis.

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
- Lt. Gregory Becker, Navy
- Lt. Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army
- USS Howard (DDG 83)
- U.S. Navy Ship
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

**SACRED HEART OF OB
COMMUNITY
DINNER & PANTRY**



We are back to our pre-Covid dinner serving schedule: **EVERY OTHER TUESDAY. Our next Dinner services will be from 5:00 to 7:00 pm in the courtyard on August 10th and 24th.** Volunteers should show up and be available at 3:00 pm.

In addition to our Community dinners, Sacred Heart's outreach to our unsheltered neighbors also includes donated articles of clothing. Currently we are still in need of gently used men's pants/shorts and T-shirts, all sizes, for distribution. Please email teixeira@cox.net for porch pick up. Or call Janice Teixeira, to make arrangements: 619-246-4955 .

Thank you all for your continued support of this ministry. We are truly a **Parish Built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you

As we continue to support the community, we have just received word that Sacred Heart of OB will be the site of a Covid Pop up Vaccine Clinic at our **August 24** dinner. Further information will be provided in later bulletins.

RCIA

New RCIA classes will begin September 20th in the church rectory at 6:30 pm. All are welcome to join these classes to discover insights into our Catholic faith and experience this life changing journey. If you know of anyone interested in joining the Catholic Church contact Stephen Williams. If you would also like to join the RCIA team please contact Stephen Williams as well! (619) 224-2746 x 102 email: <http://sacredheartob.org/>

Please Join Us



Religious Education

**CHILDREN K—5
Coming Soon**

Sacred Heart Church of Ocean Beach Religious Education program will start on October 3rd. Registration began on Wednesday, July 28th, is online this year and the form can be found on the Children's Religious Education page.

Sunday Schedule will be:

8:30 AM – 8:45 AM

Children will gather in the Upstairs Great Room for Prayer, Snacks, Opening Lesson & Song. 8:45 AM – 9:45 AM. Children will breakout into age appropriate faith lessons.

Children's Liturgy of the Word will resume on Sundays at 10:00 AM October 3rd.

First reconciliation & First Holy Communion

To receive the sacrament of First Reconciliation and First Communion your child must be in **second grade or 7 years old**. Our program is two years, and they must attend the majority of the sessions and be going to Sunday Mass in person. **More information** will be put on the Children's Religious Education page as it becomes available.

Stephen Williams, Religious Education Coordinator
4776 Saratoga Avenue, San Diego, Ca 92107
(619) 224-2746 x 102 email: <http://sacredheartob.org/>

Youth Ministries

YOUTH ACTIVITIES

Summit Youth Group will meet Sunday, August 8th with Jonas Brand for 5:00 PM Mass and meeting after. Middle School Youth Group meetings are cancelled until further notice.

GIO PROJECT

YOUNG ADULT MINISTRY

Calling all Young Adults! Come meet our new Young Adult Minister!

Thursday, August 12 - 6:30PM

Eucharistic Adoration, Benediction, Praise & Worship
Followed by BBQ & Beers on the Balcony

Sunday, August 15th - 10AM

Coffee Grounds

10AM Mass + OB Coffee Roasters

Whether it's a beer or a cup of coffee, join us! Text/Call Huliana at (858) 735-1756. Looking forward to seeing you there!

ADULT BIBLE STUDY

New fall Bible study session will begin September 8. We will be studying the book of Revelations. We will study Revelations in person in the Alley Cottage Wednesday nights at 7pm. Contact Stephen Williams for more information: Religious Education Coordinator (619) 224-2746 x 102 email: <http://sacredheartob.org/>

PARISH INFORMATION & HAPPENINGS

Year of
ST. JOSEPH



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil.

Amen.



LIVE THE LITURGY

Are we willing to be taught by God? If we are, then we will begin to see things and make judgments using a Divine lens. Often, we perceive things with purely human eyes and reference points. When we do this, reality can lose its Divine spark and we miss what God is trying to say. When using human eyes exclusively, Jesus is at best perceived simply as a prophet who has some wise things to say. The human element has a difficult time seeing Jesus' divinity and recognizing him as the Bread of Life that comes down from heaven. We can easily get stuck on Jesus' human associations and overlook the marvelous wonders God wants us to see. If we really allow ourselves to be taught by God, we will then come to see the truth about Jesus and the abundant everlasting life God offers. Jesus becomes the key that unlocks all of our relationships: with God, others, ourselves, and creation. He, as the true and lasting bread from heaven, shows us the gifts of faith, hope, and love that God bestows on us. Through this divine lens we see that all life sparkles and glows with God's love.

©LPi



ADORATION OF THE BLESSED SACRAMENT

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT UNTIL 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad. If you would like the code to the chapel door, email Janice Teixeira at teixeira@cox.net.

Pray for all of us.

2021 is designated the "Year of St. Joseph" and Sacred Heart will pray the above prayer after each Mass.

ANNUAL CATHOLIC APPEAL

Status Report for the year 2021

As of July 14, 2021

Sacred Heart Parish Assessment Summary:

Assessment: \$40,000.00

Paid to date: 23,730.00

Owed to Diocese \$ 16,270.00

Registered Families: 440

% of Goal 59.33%

only 14.09% participation (62 donors)

When donating online for the ACA, **double check** for which Sacred Heart Church you selected. There are two, Coronado and Ocean Beach! We've had problems with a few of our donations going to Coronado. Please print out your donation information right away. If you see a problem call the office at 619-224-2746.

Thank you for your generosity.

Sacred Heart Book Club

The next meeting of the SH Book Club will be Tuesday, August 10, at 10:30 AM in the Rectory. The book will be "The Universal Christ" by Richard Rohr.

CRUSH 2021: AN EVENING OF SAVORING FINE WINES



SEPTEMBER 18, 2021

A WELCOME TOAST & HORS D'OEUVRES

5:30 PM in the Hall

ENJOY A VARIETY OF PREMIUM WINES

EACH PAIRED WITH A GOURMET COURSE

6:30 PM in the Courtyard

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AT THE WINE-PULL

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Law Offices of
Daniel J. Williams



Daniel J. Williams

Attorney and Counselor at Law

T: (619) 259-0285

E: djw2esq@gmail.com

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Cell: (619) 957-5088

tbagg@expediacruzies.com

www.expediacruzies.com/TheresaBagg

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