



Sacred Heart Church

OF OCEAN BEACH

July 18, 2021 | THE SIXTEENTH SUNDAY IN ORDINARY TIME

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm
Other | By Appointment



OUR MISSION

EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:

Strengthen the community
through worship,

Live the Gospel with
Compassion and Joy,

And guided by the Spirit meet
the needs of the people.

16TH SUNDAY IN ORDINARY TIME

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. - Mk 6:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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4776 SARATOGA AVE, SAN DIEGO, CA 92107
619•224•2746 | www.sacredheartob.org

PARISH OFFICE
 Monday through Friday
 Hours: 8:30 AM—3:30 PM
 Closed 12:00 PM—1:00 PM for lunch
 619-224-2746

BAPTISMS
 Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

MARRIAGE
 Contact Fr. Tom Kiely 9 Months before planned wedding
 619-224-2746

FUNERALS
 Contact Janice Teixeira
 619-225-8595

APPOINTMENTS
 Fr. Tom is available by appointment.
 619-224-2746.

PARISH STAFF

Rev. Thomas RJ Kiely,
 Parish Administrator
 ☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon
 ☎619-224-2746
 Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,
 in Residence
 ☎619-224-2746

Stephen Williams,
 Religious Education Minister
 ☎619-224-2746 x102
 religiouised@sacredheartob.org

Pat Gunning, Youth Minister
 ☎619-224-2746 x103
 youthminister@sacredheartob.org

Angela Roberts,
 Administrative Assistant/
 Bookkeeper
 ☎619-224-2746 x101

Parish Ministries and Organizations

- | | | |
|---|--------|---|
| Altar & Rosary Society
Judith Theisen 619-599-6152
BulletinEditor@sacredheartob.org | 7/4/21 | Ministry of SH of OB Community Dinner
Jack Hamlin 619-224-2746
jackhamlin55@gmail.com |
| Altar Servers
Reef Keener 619-446-9327
rksubmarine@gmail.com | | Music Ministry
Janis Cantu 619-253-0391
janiscantu@gmail.com |
| Bereavement Ministry
Janice Teixeira 619-225-8595
teixeira@cox.net | | On-Line Giving
Leigh Baesler 619-224-2746
DirectorofOffering@sacredheartob.org |
| Bulletin Editor
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BulletinEditor@sacredheartob.org | | Parish Blood Bank
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mnauert@psrs.com |
| Creation Care Team Ministry
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CCT@sacredheartob.org | | Pastoral Council
Karen Linarelli 619-990-9750
12karensue@gmail.com |
| Eucharistic Minister of Holy Communion
Teofla Rich 619-758-0943
garich@cox.net | | RCIA
Stephen Williams 619-224-2746x102
religiouised@sacredheartob.org |
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| Hospitality Ministry
Sheila Ragan 619-504-7597
sheila@oceanpointfinancial.com | | Senior Activities
Janice Teixeira 619-225-8595
teixeira@cox.net |
| Knights of Columbus
Gregg Sprosty 619-226-1658 | | The Gio Project Group
Pat Gunning 619-224-2746x103
youthminister@sacredheartob.org |
| Liturgy Committee
Judith Theisen 619-599-6152
LiturgyCommittee@sacredheartob.org | | Wall of Remembrance
Janice Teixeira 619-225-8595
teixeira@cox.net |
| Loaves & Fishes
Pat Katka 619-222-9648 | | Web
Vince Linarelli 619-224-2746
Email Blasts
Bruce Bauer 619-994-0775
communications@sacredheartob.org |
| Ministry of the Word
Teofla Rich 619-758-0943
garich@cox.net | | Youth Minister/Confirmation
Pat Gunning 619-224-2746x103
youthminister@sacredheartob.org |
| Ministry Scheduler
Kate McKenzie 619-399-9839
Ministryscheduler@sacredheartob.org | | |
| Ministry to the Homebound
Theresa Bagg 619-957-5088
theresabagg@gmail.com | | |

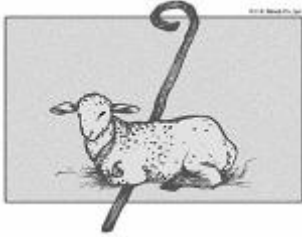
~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY
JULY 24 ~ SEVENTEENTH SUNDAY IN ORDINARY TIME			
Saturday 4:30 PM	Pat Katka	Barbara Mellor	Greg Henkels <i>Help Needed</i>
JULY 25 ~ SEVENTEENTH SUNDAY IN ORDINARY TIME			
Sunday 8:00 AM	Mary Kay Cook	Cindy Krause	Robert Riley Cindy Calleros
10:00 AM	Mike Flaningam	Cathleen Hornsby	Jackie Smith Amy Barber
5:00 PM	Antoinette Leiber	Joy Young	<i>Help Needed</i> <i>Help Needed</i>



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Behold, the days are coming, says the LORD, when I will raise up a righteous shoot to David.

—Jeremiah 23:5a

THE DAYS ARE COMING

Separation, isolation, and hostility are terrible things. We are, sadly, too familiar with all of them in our modern life, whether we look at world events or events in our own neighborhoods and families. All three readings today refer to these same sad human conditions.

The prophet Jeremiah describes world conditions as if the people of his time were sheep who had been scattered by poor leadership and corrupt shepherds. But “the days are coming,” he assures us (Jeremiah 23:5), when a new shepherd, a just king, will come. We meet that king in the second reading and the Gospel. Paul reminds us in the Letter to the Ephesians that all divisions can now cease in Christ Jesus, who has brought us together through his blood. In Mark’s Gospel we see Jesus himself, looking with pity on those searching for him as if they were sheep without a shepherd.

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GOD WITHIN

God dwells in a secret and hidden way in all souls, in their very substance, for if God did not, they could not exist at all.

—St. John of the Cross

CONGRATULATIONS!

To Fr. Emmanuel

On the 13th anniversary of his ordination, July 19th.



FROM OUR YOUTH MINISTER



To the parishioners of Sacred Heart Church, Ocean Beach,

One of my favorite Bible verses since I was in high school is Joshua 1:9, which says, “Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.” As a high schooler, I loved this verse because it meant I was never alone. It meant that wherever life took me, God would always be there. Throughout my young adult years, this verse has helped me look at hard situations in life and not ask, “Why did this happen God?” but rather ask, “God, where are you in all this?” It’s a verse that has taken on so many forms of meaning in my life, and I’m so grateful for all the mentors, friends, and family in my life who have helped me through the highs and lows of life by reminding me that God is always there, even if you don’t “feel” it.

I’m writing you today to let you know that I have some big news. I have just accepted a position as a college campus minister at University of St. Thomas in Houston, TX! I am excited about this new adventure on which God is taking me, this next chapter in my life and to be back in Houston! The University is totally amping up their Catholic identity and greatly investing in achieving their mission, including adding extra campus ministers and a new campus ministry center. The President is intent on making the school an authentically Catholic university, which as we know can be hard to do these days. I am very excited to be a part of the beginning of something special at UST and to see where that takes me!

Of course, every new beginning means leaving something as well. As excited as I am about this next chapter, I’m also sad to be leaving Sacred Heart. I have felt nothing but incredible hospitality, openness, and love since the very beginning of my time here. This parish has such a passion and devotion to making Sacred Heart the best, intimate community you can find. It’s full of wonderful people who want to grow closer to God and each other. This Parish has been through so much, from Pastor turnover to Fr. Tom’s heart surgery to COVID, and yet we have remained resilient through it all. This Parish has never forgotten that God is always here. Parishes don’t stick around this long because of anything other than a strong bond that is founded in Jesus and His love for all of us.

I want to thank you all from the bottom of my heart for your love, support, and guidance over the last two years here. We have been through a lot together, and you have been there for me through my highs and lows, too. There will always be a special place in my heart for this community and the people in it, and while I may be halfway across the country, I know that God is with me there. I hold you all in my heart there too! Know of my prayers for you all and don’t be strangers! My last day of work is July 23rd and then I plan to leave either the next day or the day after that, so make sure you say goodbye! You all have left an impact on me and I am forever grateful for having met and served with you! Praying for you all and Sacred Heart deep in the heart of Texas!

AMDG.

God Bless, Pat Gunning
Youth Minister

Today's Readings

First Reading — I shall gather the remnant of my flock and bring them back to their meadow (Jeremiah 23:1-6).

Psalm — The Lord is my shepherd; there is nothing I shall want (Psalm 23).

Second Reading — You who were once far off have become near by the blood of Christ (Ephesians 2:13-18).

Gospel — When Jesus saw the vast crowd, his heart was moved with pity for them, and he began to teach them many things (Mark 6:30-34).

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READINGS FOR THE WEEK

Monday: Ex 14:5-18; Ex 15:1bc-6; Mt 12:38-42

Tuesday: Ex 14:21 — 15:1; Ex 15:8-10, 12, 17; Mt 12:46-50

Wednesday: Ex 16:1-5, 9-15; Ps 78:18-19, 23-28; Mt 13:1-9

Thursday: Sg 3:1-4b or 2 Cor 5:14-17; Ps 63:2-6, 8-9; Jn 20:1-2, 11-18

Friday: Ex 20:1-17; Ps 19:8-11; Mt 13:18-23

Saturday: Ex 24:3-8; Ps 50:1b-2, 5-6, 14-15; Mt 13:24-30

Sunday: 2 Kgs 4:42-44; Ps 145:10-11, 15-18; Eph 4:1-6; Jn 6:1-15

Mass Intentions for the Week

July 17, Saturday

4:30 p.m. Gloria Soares †

July 18, Sunday

8:00 a.m. Henrietta Selina Geisler †

10:00 a.m. Cindy Melazzo †

Mickey Molé †

5:00 p.m. Francisco Antonio Sousa Jr. †

Brenda Lucas †

July 19, Monday

8:00 a.m. Fr. Emmanuel Ochigbo

July 20, Tuesday

8:00 a.m. Manuel & Mary Balelo †

July 21, Wednesday

8:00 a.m. Sammy Hallal †

July 22, Thursday

8:00 a.m. Isabel & Manuel Da Luz †

Margaret K. Deputy †

July 23, Friday

8:00 a.m. P.J. Matias

Hallal Family

July 24, Saturday

4:30 p.m. Jose C. Tavares †

July 25, Sunday

8:00 a.m. James Anthony Lieto

Connor Barrancotto

10:00 a.m. Manuel T. Garces †

Manuel Garces Sr. †

5:00 p.m. John Robert Geisler. †



Please Remember in Your Prayers

Barbara Allen	Fr. Ron Hebert
Banting Family	Desiree Hernandez
Barreda Family	Dolores Illig
Jeanne Barrett	Inoue Family
Finn Barrett	Gloria Kenny
Debbie Brady	Fr. Tom Kiely
Carolyn Burmer	Peggy Kittler
Josie Campbell	Bill Klatt
Christian Callahan	Barbara Mellor
Sonia Carrilo	Joannie Nicoletti
Paul Cloutier	Louiz Otero
Sayler Corr	Mark Price
Marco Antonio Cota	Marion E. Riley
Virginia Dela Rosa	Jerry Sanders
Fr. Charles Eis	Carter Santos
Sonny Fendley	Margaret Schweizer
Julie Fish	Patty Schwenn
Daniel Flores	Ruth Sewell
David Flores	Gloria Sosa
Selina Flores	Ana Soto
Irene Gracey	Bryce Stewart
Ann Hansen	Xavier Tan
Sydney Hansen	Jerry Torres
Ione Hastings	Maria Wimer
Jerry Hastings	

Stewardship as a Way of Life

STEWARDSHIP OF TREASURE

June report:

With gratitude for the gifts received, in June, parishioners made a joyful return to the Lord of the following:

June Collections:

Envelopes:	\$ 23,613.77
Plate:	3,793.00
Online Giving:	11,129.92
<u>Other Income:</u>	<u>3,967.28</u>
Total:	\$ 42,503.97
Monthly Expenses:	46,945.63
LOSS:	(\$ 4,441.52)

Prayerfully consider making a recurring weekly or monthly donation to our collection. Thank you for your investment and continued support of our parish!

God Bless, *The Parish Support Team.*

The Steward's Work Is Never Done

Woe to the shepherds who mislead and scatter the flock! When you hear these strong words from the Old Testament, you're probably thinking, thank goodness I don't have any sheep — dodged that bullet. Nobody misled here! No flock scattered on my watch! However, we are all shepherds of a kind, called to tend our own sheep: our families, our parishes, our communities.

But it's exhausting. Don't we all sometimes just want to take a break from being a steward? The excuses are so familiar: we're tired, we've done enough, we've given all we can, what more does the parish (or my spouse, or my kids, or my boss, or my friends, or my community) want? We give ourselves permission to be selfish. So, what if the flock scatters just a little?

Jesus gets that. We can just imagine him weary with exhaustion, can't we? We see him on his boat, attempting to sneak away for a quick break — maybe just a chance to eat a bite of food in peace. He is God, but he was still human, after all. Even the most dedicated shepherds need to sleep. But people couldn't leave him alone. They were hungry for him. They needed what he could offer, and they needed it now.

As tough as it is, that's the example we are tasked with imitating. Everyday Stewardship demands accountability. It demands our showing up even when we are tired. It demands that we look at our lives, our time, our energies, our talents, our hearts, our bank accounts and think: where do I still have more to give?

- Tracy Earl Welliver

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Calling all

Ministers of the Word,
Eucharistic Ministers, Altar
Servers, and Hospitality
Ministers!

To get the latest ministry schedule please bookmark/add-to-favorites the live schedule webpage or go to the Sacred Heart web site and under Resources click on Ministry Schedule.

If you haven't signed up with our new online scheduling program, please contact Kate McKenzie at ministryscheduler@sacredheartob.org

or 619-399-9839.



The following in-person workshops are now scheduled for those that wish to become a Minister of Holy Communion, a Minister of the Word, or a Sacristan:

English workshops:

Extraordinary Ministers of Holy Communion

*Saturday, August 7th 9:00am-1:00pm

*Saturday, Nov. 13th 9:00am-1:00pm

Presenter: Noreen McInnes, Director of Ministry Training

Ministers of the Word (2 part):

*Saturday, July 31st 9:00am-1:30pm **plus**

Thursday, August 5th 6:30-8:30pm

*Saturday, Nov. 6th 9:00am-1:30pm **plus**

Thursday, Nov. 11th 6:30-8:30pm

Presenter: Deacon Peter Hodsdon

Sacristan Training:

*Saturday, July 31st 9:00am-12:30pm

*Saturday, Nov. 6th 9:00am-12:30pm.

Our Presenters: Very Reverend Efraim Bautista & Deacon Luiz Bueno

You must register ahead of the class:

<http://www.sdatholic.org/workshops> for registration or additional information.

Location:

Diocesan Pastoral Center

3888 Paducah Drive

San Diego, CA 92117

Appreciate your kind consideration.....

Teofla Rich

619.758.0943 or garich@cox.net

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
- Lt. Gregory Becker, Navy
- Lt. Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army
- USS Howard (DDG 83) U.S. Navy Ship
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Edwin Torres, Navy

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

**SACRED HEART OF OB
COMMUNITY
DINNER & PANTRY**



We are back to our pre-Covid dinner serving schedule: **EVERY OTHER TUESDAY**. Our next Dinner services will be in the courtyard on **July 27th and August 10th**. Volunteers should contact Jack Hamlin for the time to be available beginning at 3:00 p.m.

In addition to our Community dinners, Sacred Heart's outreach to our unsheltered neighbors also includes donated articles of clothing. Currently **we are in need** of gently used men's pants/shorts and T-shirts, all sizes, for distribution. Please email teixeira@cox.net for porch pick up. Or call Janice Teixeira, (619 246-4955) to make arrangements.

Thank you all for your continued support of this ministry. We are truly a **Parish Built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you

Women's Social 2021

For all Women of the parish, please join us on Friday August 13th at 5:00 pm in the parish hall. This is a free event with dinner provided. Come meet new friends and reconnect with old ones. BYOB Flyers are available in the church vestibule. **RSVP** by Aug. 6 to Kate McKenzie sh.womensretreat@gmail.com or cell 619-399-9839.

Women's Social

First & Last Name:
Phone:
Email:

Please Join Us



Religious Education



Vacation Bible School

This year's theme is Rocky Railway, Jesus' power pulls us through! VBS is this week **July 19th—July 23rd**! We start in the mornings at 9:00 am and end at noon! Sign Up on the church web site now for Sacred Heart's VBS 'Summer Fun and Faith!' Visit the Children's Religious Ed Tab to sign your child up for this Faith Filled Week! Contact Stephen Williams, Religious Ed Coordinator at religiously@sacredheartob.org for more details!

Youth Ministries

Summit Youth Group:

Outdoor Movie: Thursday July 29th 6:30 - 9:00 PM
Open Youth Room: Tuesdays 3-5 PM

Middle School Youth Group:

Open Youth Room: Mondays 3-5 PM

**GIO PROJECT
YOUNG ADULT MINISTRY**

Calling all young adults, 18 – 39! Scripture says, "They that hope in the Lord will renew their strength (Isaiah 40:31)" Saying I am too tired is one of the most common excuses to get out of exercise. Exercising also renews our strength. Join us! Exercise your faith, Workout with Jesus. We will be having an hour workout on the beach, **Saturday July 24th at 9:00 AM**. Bring a towel, water, and show up 15 minutes early to get situated. For more information on where to meet on the OB Lawn! Call or Text 858-735-1756 or Email Huliaana Poyrazogh at Hulyapoy@Gmail.Com. or contact Pat Gunning: 619-224-2746 x103, youthminister@sacredheartob.org.

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PARISH INFORMATION & HAPPENINGS

Year of
ST. JOSEPH



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil.

Amen.



LIVE THE LITURGY

We only have so much psychological and spiritual energy. We easily get tired. Responding to life's demands and people's needs can really zap us of all our energy. Anger, frustration, exhaustion, discouragement, helplessness, and even apathy can run wild. We can find ourselves bitter and irritated by the fact that we have to do it all again. We need to rest, connect, and focus. Deserted places, free of unnecessary distractions and demands, are great places of refreshment and we all need them. Desiring to be alone for a bit and rest does not indicate selfishness. Rather, It radiates wisdom. God is the source of all we do and the satisfaction of every human heart. If we are going to use the gifts God gave us well, then we have to make sure our batteries are recharged and replenished. Jesus invites us to go to a desert place to rest and pray. Where is yours?



ADORATION OF THE BLESSED SACRAMENT

ON FRIDAYS SACRED HEART CHURCH HAS ADORATION OF THE BLESSED SACRAMENT UNTIL 10:00 AM. The church also has the ability for 24/7 Adoration of the Blessed Sacrament in the church chapel. Access at all times is available via the chapel side door using the coded pad. If you would like the code to the chapel door, email Janice Teixeira at teixeira@cox.net.

Pray for all of us.

2021 is designated the "Year of St. Joseph" and Sacred Heart will pray the above prayer after each Mass.

AGNUS DEI FOUNDATION LAMB OF GOD MATERNITY HOME



If you or someone you know is in a crisis pregnancy, please call or text the Agnus Dei Foundation at: (760) 715-6463.

The Mission of the Agnus Dei Foundation is to impact the culture of life by being a champion for adoption as a positive solution to an pregnancy. Lamb of God Maternity Home provides any woman facing an unplanned pregnancy a safe, beautiful, tranquil loving and supportive home with many services. Here you can peacefully focus on the decision that is best for you and your baby.

REMEMBER
YOUR
CHURCH
THIS
SUMMER

We also have bills to pay.

OUTSIDE SEATING STILL AVAILABLE AT SUNDAY MASSES

As our Mass celebrations return to normal, we will still have seating outside with loudspeakers and a video screen for Sunday morning if you do not feel comfortable inside the church. After the congregation receives communion in the church, if outside, come to the side door and the priest or Eucharistic Minister will distribute Holy Communion to you.

For the next few weeks we will continue to livestream the Sunday 8:00 am Mass on YouTube at:

https://www.youtube.com/channel/UCQCnDD4Hfjks_v4g_TE97jw

ANNUAL CATHOLIC APPEAL

Status Report for the year 2021
As of June 1, 2021

Sacred Heart Parish Assessment
Summary:

Assessment: \$40,000.00

Paid to date: 22,390.00

Owed to Diocese \$ 17,610.00

Registered Families: 440

% of Goal 55.98%

only 14.09% participation (62 donors)

When donating online for the ACA, **double check** for which Sacred Heart Church you selected. There are two, Coronado and Ocean Beach! We've had problems with a few of our donations going to Coronado. Please print out your donation information right away. If you see a problem call the office at 619-224-2746.

Thank you for your generosity.

Sacred Heart Book Club

The next meeting of the SH Book Club will be in August, date TBD, at 10:30 AM in the Rectory. The book will be "The Universal Christ" by Richard Rohr.

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