



Sacred Heart Church

OF OCEAN BEACH

June 6, 2021 | THE MOST HOLY BODY AND BLOOD OF CHRIST

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

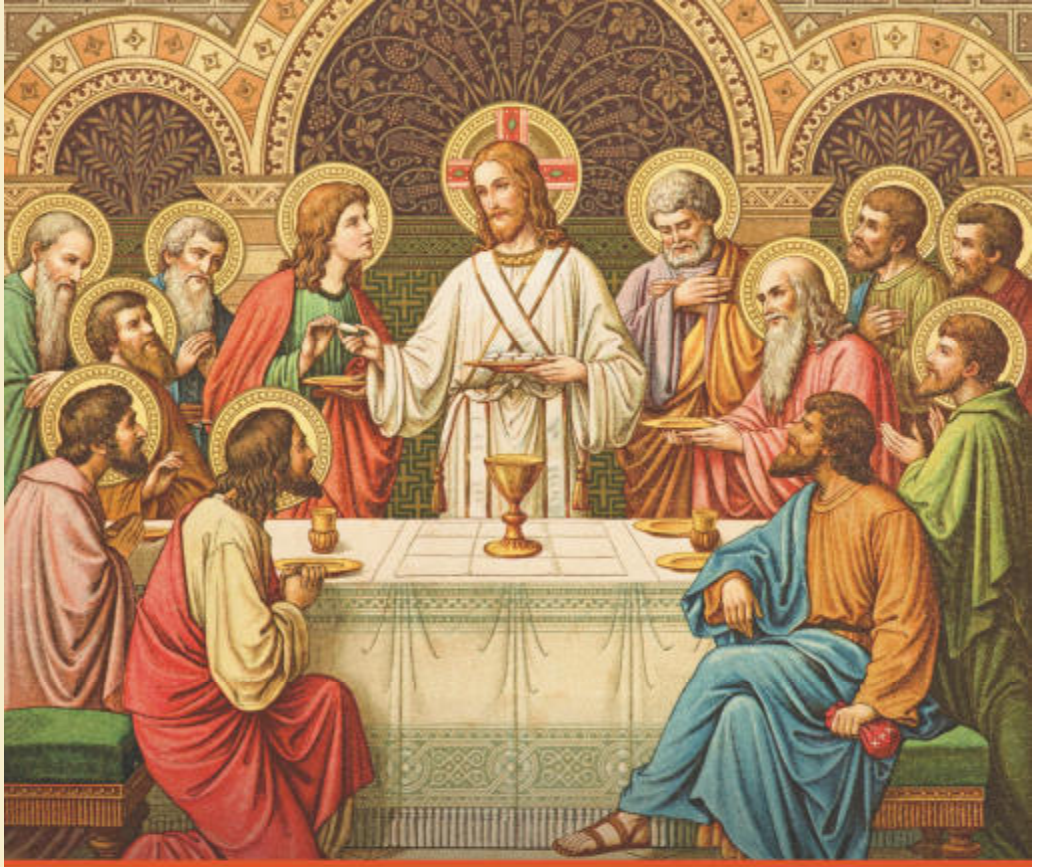
Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm

Other | By Appointment



OUR MISSION

EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:

Strengthen the community
through worship,

Live the Gospel with
Compassion and Joy,

And guided by the Spirit meet
the needs of the people.

THE MOST HOLY BODY AND BLOOD OF CHRIST

Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." - Mk 14:23-25

Excerpts from the Lctionary for Mass ©2001, 1998, 1970 CCD.

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Parish Ministries and Organizations

1/3/2021

PARISH OFFICE
 Monday through Friday
 Hours: 9:00 AM—3:00 PM
 Closed 12:00 PM—1:00 PM for lunch
 619-224-2746

BAPTISMS
 Contact Dcn. Mark before
 scheduling a date with friends and
 relatives. 619-224-2746

MARRIAGE
 Contact Fr. Tom Kiely 9 Months
 before planned wedding
 619-224-2746

FUNERALS
 Contact Janice Teixeira
 619-225-8595

APPOINTMENTS
 Fr. Tom is available by appointment.
 619-224-2746.

Altar & Rosary Society Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org	Ministry of SH of OB Community Dinner Jack Hamlin 619-224-2746 jackhamlin55@gmail.com
Altar Servers Reef Keener 619-446-9327 rksubmarine@gmail.com	Music Ministry Janis Cantu 619-253-0391 janiscantu@gmail.com
Bereavement Ministry Janice Teixeira 619-225-8595 teixeira@cox.net	On-Line Giving Leigh Baesler 619-224-2746 DirectorofOffering@sacredheartob.org
Bulletin Editor Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org	Parish Blood Bank Mary Nauert 858-775-6700 mnauert@psrs.com
Creation Care Team Ministry Jean Skoblar 330-256-5459 CCT@sacredheartob.org	Pastoral Council Karen Linarelli 619-990-9750 12karensue@gmail.com
Eucharistic Minister of Holy Communion Teofla Rich 619-758-0943 garich@cox.net	RCIA Stephen Williams 619-224-2746x102 religiously@sacredheartob.org
Finance Council Steven Teixeira 619-225-8595 teixeira@cox.net	Religious Education Stephen Williams 619-224-2746x102 religiously@sacredheartob.org
Hospitality Ministry Sheila Ragan 619-504-7597 sheila@oceanpointfinancial.com	Senior Activities Janice Teixeira 619-225-8595 teixeira@cox.net
Knights of Columbus Gregg Sprosty 619-226-1658	The Gio Project Group Pat Gunning 619-224-2746 youthminister@sacredheartob.org
Liturgy Committee Judith Theisen 619-599-6152 LiturgyCommittee@sacredheartob.org	Wall of Remembrance Janice Teixeira 619-225-8595 teixeira@cox.net
Loaves & Fishes Pat Katka 619-222-9648	Web Vince Linarelli 619-224-2746
Ministry of the Word Teofla Rich 619-758-0943 garich@cox.net	Email Blasts Bruce Bauer 619-994-0775 communications@sacredheartob.org
Ministry to the Homebound Theresa Bagg 619-957-5088 theresabagg@gmail.com	Youth Minister/Confirmation Pat Gunning 619-224-2746x103 youthminister@sacredheartob.org

PARISH STAFF

Rev. Thomas RJ Kiely,
 Parish Administrator
 ☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon
 ☎619-224-2746
 Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,
 in Residence
 ☎619-224-2746

Stephen Williams,
 Religious Education Minister
 ☎619-224-2746 x102
 religiously@sacredheartob.org

Pat Gunning, Youth Minister
 ☎619-224-2746 x103
 youthminister@sacredheartob.org

Angela Roberts,
 Administrative Assistant/
 Bookkeeper
 ☎619-224-2746 x101



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Mrs. Suzie Wydra, Director
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 shaobpreschool2@gmail.com
 sacredheartpreschool.org

~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY
JUNE 12 ~ ELEVENTH SUNDAY IN ORDINARY TIME			
Saturday 4:30 PM	Karen Linarelli	Colleen Morse	Greg Henkels <i>Help Needed</i>
JUNE 13 ~ ELEVENTH SUNDAY IN ORDINARY TIME			
Sunday 8:00 AM	Ann Hornby	Cindy Krause	Michael Brown Cindy Calleros
10:00 AM	Pat Katka	Jean Skoblar	<i>Help Needed</i> Amy Barber
5:00 PM	Antoinette Leiber	Joy Young	<i>Help Needed</i> <i>Help Needed</i>



The cup of salvation I will take up, and I will call upon the name of the LORD.

— Psalm 116:13

SACRIFICE

Today the Church focuses on the Eucharist. Today’s readings remind us how connected to ancient blood sacrifices we are when offering our unbloody sacrifice. The reading from Exodus describes a solemn ritual designed so the Israelites would never forget their covenant with God.

The reading from the Letter to the Hebrews turns us from those ancient animal sacrifices, the first efforts to worship the living God. Our sacrifice is the body and blood of the Son of God. Because of Christ we have a new covenant.

The Gospel from Mark retells the establishment of that covenant, the familiar story of the Last Supper. Juxtaposed with the story of animal sacrifice as it is here, we are challenged to listen with new attention, to remember the great price paid for our salvation. Jesus gave his body and every drop of his blood for us.

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CALLING ALL ALTAR SERVERS

Now that we are back in church and returning to normal liturgical practices we need to resume the Altar Server Ministry. If you have been or would like to be an Altar Server, please contact Reef Keener. He will meet with the Altar Servers on Tues. June 22nd at 9:00 am, and on Sunday, June 27 at 11:00 am and 3:30 pm for training/retraining. If you know someone who would like to be an Altar Server, please let Reef know: altarserver@reefkeener.com or 619-446-9327.

GOSPEL MEDITATION

As our world faces so much turmoil and change, it is now more important than ever to remember who God is, who we are and where we are going. It is easy to get distracted and lose focus, especially when we are being pulled in so many directions. We can not only lose sight of God but one another. Maintaining our well developed and mature relationships with God and one another is essential to continuing to live, healthy, happy, and focused lives. In a message to young people, Pope Benedict XVI said, “the happiness you are seeking, the happiness you have a right to enjoy has a name and a face: it is Jesus of Nazareth, hidden in the Eucharist.” What is true for those who are younger is even truer for those who are older. Regardless of how the particulars of life change over time, human beings are still hard-wired to seek the fullness of life and happiness. How we embark on this journey and what we choose along the way will indicate whether we meet success.

There is so much brokenness and pain in our world. Many people are lost, feeling lonely, anxious, marginalized, victimized, isolated, oppressed, and abused. Every time we receive the Body of Christ, we have an opportunity to become what we eat. The power and presence of Christ in the Eucharist becomes present in us and effects change in ourselves and in the lives of those we meet. We are given the grace to become temples of

justice and peace, carrying God’s sacred Presence within us wherever we go. Our faith community is ignited with the fire of God’s love and stands out as a beacon of hope in a world that is lost. This is the only way we can discover peace-filled resolutions to violence and create innovative solutions to what is fueling its need in the first place. True happiness, for the young and old alike, becomes an obtainable goal.

St. John Maria Vianney says it so well. “There is nothing so great as the Eucharist. If God had something more precious, he would have given it to us.” Only the Eucharist has the ability to connect, sustain, strengthen, and properly orient us, not only on the road of this life but the road to life eternal. Knowing this, when life gets challenging, unsettling, and difficult, we can rely on and cling to this gift we have in the Real Presence of Christ. This actual encounter with God celebrates God’s unconditional love for us and grounds us to the truth of who we are in a way nothing else is able to do. Because through the Eucharist we really do become the Body of Christ, we are also bonded together in a most perfect way to one another as that Body. Nourished, united, and strengthened by the Eucharist, let us individually and collectively, bring this wonderful gift to all we meet, especially the poor with whom we have a special connection.

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Today's Readings

First Reading — This is the blood of the covenant that the Lord has made with you (Exodus 24:3-8).

Psalm — I will take the cup of salvation, and call on the name of the Lord (Psalm 116).

Second Reading — Christ is the mediator of a new covenant (Hebrews 9:11-15).

Gospel — This is my body. This is my blood (Mark 14:12-16, 22-26).

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READINGS FOR THE WEEK

- Monday:** 2 Cor 1:1-7; Ps 34:2-9; Mt 5:1-12
- Tuesday:** 2 Cor 1:18-22; Ps 119:129-133, 135; Mt 5:13-16
- Wednesday:** 2 Cor 3:4-11; Ps 99:5-9; Mt 5:17-19
- Thursday:** 2 Cor 3:15 — 4:1, 3-6; Ps 85:9ab, 10-14; Mt 5:20-26
- Friday:** Hos 11:1, 3-4, 8c-9; Is 12:2-6; Eph 3:8-12, 14-19; Jn 19:31-37
- Saturday:** 2 Cor 5:14-21; Ps 103:1-4, 9-12; Lk 2:41-51
- Sunday:** Ez 17:22-24; Ps 92:2-3, 13-16; 2 Cor 5:6-10; Mk 4:26-34

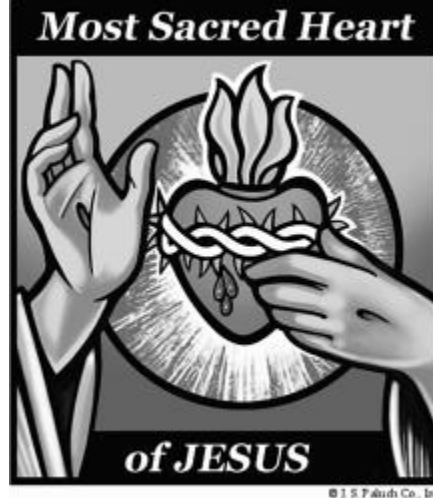
STEWARDSHIP OF TREASURE

April report:

With gratitude for the gifts received, in April, parishioners made a joyful return to the Lord of the following:

April Collections:

Envelopes:	\$ 14,428.13
Plate:	2,162.00
Online Giving:	10,083.34
Easter	13,714.00
<u>Other Income:</u>	<u>2,564.00</u>
Total:	\$ 42,951.47
Monthly Expenses:	48,649.62
LOSS:	(\$5,698.15)



Mass for the Intentions for the Week

- June 5, Saturday**
4:30 p.m. Maria, Joaquin & Bibiana Medina†
- June 6, Sunday**
8:00 a.m. Norbert Correia
Josephine Richards
10:00 a.m. David William Diehl †
Thomas Cardy †
5:00 p.m. Henrietta Selina Geisler †
- June 7, Monday**
8:00 a.m. Fr. Hubert Kealy †
Sr. Elizabeth Kealy †
John Kealy †
- June 8, Tuesday**
8:00 a.m. Michael Coakley †
- June 9, Wednesday**
8:00 a.m. John Robert Geisler †
- June 10, Thursday**
8:00 a.m. Manuel & Mary Balelo †
- June 11, Friday**
8:00 a.m. Sisters & Associates
of the Sacred Heart
- June 12, Saturday**
4:30 p.m. Deacon Bob Milligan†
- June 13, Sunday**
8:00 a.m. Patty Barrancotto †
10:00 a.m. Anthony & Mary Kouma †
5:00 p.m. Henrietta Selina Geisler †

2nd Annual 'Feast of the Sacred Heart' BBQ



Date: June 12th
Time: 5:30 pm
Location: SH Courtyard

Sacred Heart Parish will be celebrating the Feast of the Sacred Heart. The Sisters of the Sacred Heart will be renewing their vows at the 4:30pm Mass. We will have a BBQ to follow and everyone is invited! We are grilling hamburgers and hotdogs and have a few sides to pair. Due to COVID we need to make sure we have room for everyone, so please RSVP and return to Parish Office by June 7th. We will have a good will offering.

RSVP Form: Cut or tear on dotted line and put it in the basket, give it to the usher or turn into the parish office or go online to www.sacredheartob.org.

✂

First & Last Name _____

Number of Guests _____ Phone # _____

Email Address (not required) _____



Please Remember in Your Prayers


- | | |
|--------------------|--------------------|
| Barbara Allen | Ione Hastings |
| Banting Family | Fr. Ron Hebert |
| Barreda Family | Desiree Hernandez |
| Jeanne Barrett | Dolores Illig |
| Finn Barrett | Inoue Family |
| Manuel Benefeito | Gloria Kenny |
| Patricia Benefeito | Fr. Tom Kiely |
| Josie Borel | Peggy Kittler |
| Debbie Brady | Bill Klatt |
| Carolyn Burmer | Barbara Mellor |
| Josie Campbell | Mickey Molé |
| Christian Callahan | Joannie Nicoletti |
| Sonia Carrilo | Louiz Otero |
| Paul Cloutier | Mark Price |
| Sayler Corr | Marion E. Riley |
| Marco Antonio Cota | Jerry Sanders |
| Virginia Dela Rosa | Carter Santos |
| Fr. Charles Eis | Margaret Schweizer |
| Sonny Fendley | Patty Schwenn |
| Julie Fish | Ruth Sewell |
| Daniel Flores | Gloria Sosa |
| David Flores | Ana Soto |
| Selina Flores | Bryce Stewart |
| Irene Gracey | Xavier Tan |
| Ann Hansen | Jerry Torres |
| Sydney Hansen | Maria Wimer |

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
- Lt Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- Edwin Torres, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

SACRED HEART OF OB COMMUNITY DINNER & PANTRY



We will go back to our pre-Covid serving schedule on EVERY OTHER TUESDAY starting June 15. We will be serving on June 15 and then June 29. Volunteers should contact Jack for time to be available beginning at 3:00 p.m. **Many Blessings on these folk who serve and thank you to HIM** for providing willing hands. If you are a family in need of food, or know of one, please contact Jack. For questions, contact Jack Hamlin at (jackhamlin55@gmail.com).

Thank you all for your continued support of this ministry. We are truly a **Parish Built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you



On Sunday May 24, 2021 Father Eis celebrated the 55th anniversary of his ordination. Congratulations Father Eis!

Please Join Us



Religious Education

SACRED HEART YOUNG ADULTS

Sacred Heart Young Adult ministry is relaunching this summer. We are a ministry for young adults founded on the teachings of Blessed Pier Giorgio Frassati. Our ministry's motto is "The higher we go, the better we shall hear the voice of Christ." Contact Pat Gunning for more information: youthminister@sacredheartob.org. Our Summer Events Calendar:

- June**
- June 6: Coffee after 10am Mass at OB Coffee Roasters (meet in front of the parish)
 - June 19: Saturday, Hike and Mass at Top of Mountain!
Where: Kwaay Paay Peak Trail
Parking: Put "Mission Trails Parking Lot Near Campground" in Google. Time: 4:30PM

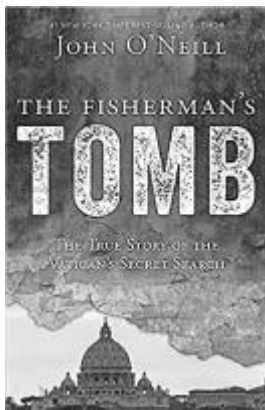
Youth Ministries

- Summit Youth Group:**
Beginning O' Summer Cookout: Sunday June 6th after 5 PM Youth Mass
Bowling: Wednesday June 16th 6-9 PM \$20
Whale Watching: Wednesday June 23rd 11:30 AM-4 PM \$20
- Middle School Youth Group:**
Outdoor Movie Night: Wednesday June 9th: 6:30 PM-9 PM
- *Times are arrival at Sacred Heart and pickup from SH
**If money is an issue don't worry about it talk to Pat!

Vacation Bible School



This year's theme is Rocky Railway, Jesus' power pulls us through! VBS is the week of July 19th—July 23rd! We start in the mornings at 9:00 am and end at noon! Sign Up on the church web site now for Sacred Heart's VBS 'Summer Fun and Faith!' Visit the Children's Religious Ed Tab to sign your child up for this Faith Filled Week! Contact Stephen Williams, Religious Ed Coordinator at religiously@sacredheartob.org for more details!



Sacred Heart Book Club

!!!WILL BE MEETING IN THE HALL STARTING JUNE 8TH !!!

Please join us for a casual discussion of "The Fisherman's Tomb" on June 8th at 10:30 AM. A true story of the search for Peter's tomb. Call Cindy Krause at 925-639-9089 if you have further questions. **All are welcome.**

PARISH INFORMATION & HAPPENINGS



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil.

Amen.



2021 is designated the "Year of St. Joseph" and Sacred Heart will pray the above prayer after each Mass.

SPIRITUAL COMMUNION PRAYER

*"My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
Amen."*



Stewardship Thought for the Week

Today's Gospel gives St. Mark's account of Jesus gathering his disciples for a last supper, revealing to them a new covenant established through his own blood that would be poured out as a sacrifice from them. Every time we participate in the Eucharist, we make a pledge to renew and deepen our participation in Christ's covenant in practical ways. For those who exercise stewardship of Christ's covenant, that means making daily, personal sacrifices to strengthen this covenant relationship such as deepening our relationship with the Lord in prayer, supporting our parish, and giving comfort to the poor and those who suffer. As we begin to see our way out of the COVID pandemic, it is a good time to reflect on how we might renew and strengthen our covenant with the Lord and our community in practical ways.

STARTING

It's the start that stops most people.

—Anonymous



Want to help make a difference while you shop in the Amazon app, at no extra cost to you? Simply follow the instructions below to select "Sacred Heart Catholic Parish in San Diego CA Real Prop Support Corp" as your charity and activate AmazonSmile in the app. They'll donate 0.5% of your eligible mobile app purchases to Sacred Heart Church.

How it works:

1. Open the Amazon app on your phone
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3. Select "Sacred Heart Catholic Parish in San Diego CA Real Prop Support Corp" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app



OUTSIDE SEATING AVAILABLE AT ALL WEEKEND MASSES

As the church begins to fill or if you do not feel comfortable in the church, we have overflow seating outside with loudspeakers and a video screen for Sunday morning Masses. We have audio only for the other weekend Masses.

After the congregation receives communion in the church, if outside, come to the side door and the priest or Eucharistic Minister will distribute Holy Communion to you.

The baskets will also be passed by the ushers at the side door for your donations. Thank you for your considerations.

WHEN COMING TO MASS REMEMBER:

- Do not attend Mass if you are feeling sick.
- Wash your hands before coming to Mass.
- If desired, bring a personal means of accessing Mass Readings (phone or missalette).
- Consider giving on-line. See the Sacred Heart website, www.sacredheartob.org.
- Face masks must be worn at all times, covering the nose and mouth, by anyone over age 2 except when consuming the Eucharist.
- We must maintain 3 foot distances at all times.
- Observe markings on chairs and church grounds.
- Please, do not congregate on the Church grounds or parking lot after Mass.

ON-LINE MASS SITES

Sunday Mass is streamed from Sacred Heart on YouTube at:

https://www.youtube.com/channel/UCOCnDD4HfPKs_v4g_TE97jw

(Thanks to Gregg Sprosty)

Also you can find Fr. Emmanuel's homilies at:

<https://frochigbo.blogspot.com/>

Daily Mass at:

<https://www.sdatholic.org/masses>, and

<https://www.wordonfire.org/daily-mass/>.

The Vatican web site is:

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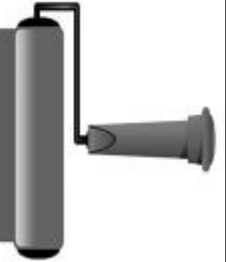
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