



Sacred Heart Church

OF OCEAN BEACH

May 30, 2021 | THE MOST HOLY TRINITY

Welcome

MASS SCHEDULE

Weekday Mass

Monday—Friday | 8:00 am

Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am
5:00 pm

Confession

Saturday | 3:15 pm—4:00 pm
Other | By Appointment



OUR MISSION

EMPOWERED BY JESUS,
THE MISSION OF THE
CHURCH OF SACRED
HEART IS TO:

Strengthen the community
through worship,

Live the Gospel with
Compassion and Joy,

And guided by the Spirit meet
the needs of the people.

THE MOST HOLY TRINITY

Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." - Mt 28:18-19

Excerpts from the Lictionary for Mass ©2001, 1998, 1970 CCD.

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4776 SARATOGA AVE, SAN DIEGO, CA 92107
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PARISH OFFICE

Monday through Friday
Hours: 9:00 AM—3:00 PM
Closed 12:00 PM—1:00 PM for lunch
619-224-2746

BAPTISMS

Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

MARRIAGE

Contact Fr. Tom Kiely 9 Months before planned wedding
619-224-2746 x 101

FUNERALS

Contact Janice Teixeira
619-225-8595

APPOINTMENTS

Fr. Tom is available by appointment.
619-224-2746.

PARISH STAFF

Rev. Thomas RJ Kiely,
Parish Administrator
☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon
☎619-224-2746
Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,
in Residence
☎619-224-2746

Stephen Williams,
Religious Education Minister
☎619-224-2746 x 103
religiously@sacredheartob.org

Pat Gunning, Youth Minister
☎619-224-2746 x104
youthminister@sacredheartob.org

Angela Roberts,
Administrative Assistant/
Bookkeeper
☎619-224-2746 x101



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Mrs. Suzie Wydra, Director
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shaobpreschool2@gmail.com
sacredheartpreschool.org

Parish Ministries and Organizations

1/3/2021

Altar & Rosary Society Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org	Ministry of SH of OB Community Dinner Jack Hamlin 619-224-2746 jackhamlin55@gmail.com
Altar Servers Reef Keener 619-446-9327 rksubmarine@gmail.com	Music Ministry Janis Cantu 619-253-0391 janiscantu@gmail.com
Bereavement Ministry Janice Teixeira 619-225-8595 teixeira@cox.net	On-Line Giving Leigh Baesler 619-224-2746 DirectorofOffering@sacredheartob.org
Bulletin Editor Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org	Parish Blood Bank Mary Nauert 858-775-6700 mnauert@psrs.com
Creation Care Team Ministry Jean Skoblar 330-256-5459 CCT@sacredheartob.org	Pastoral Council Karen Linarelli 619-990-9750 12karensue@gmail.com
Eucharistic Minister of Holy Communion Teofla Rich 619-758-0943 garich@cox.net	RCIA Stephen Williams 619-224-2746x103 religiously@sacredheartob.org
Finance Council Steven Teixeira 619-225-8595 teixeira@cox.net	Religious Education Stephen Williams 619-224-2746x103 religiously@sacredheartob.org
Hospitality Ministry Sheila Ragan 619-504-7597 sheila@oceanpointfinancial.com	Senior Activities Janice Teixeira 619-225-8595 teixeira@cox.net
Knights of Columbus Gregg Sprosty 619-226-1658	The Gio Project Group Pat Gunning 619-224-2746 youthminister@sacredheartob.org
Liturgy Committee Judith Theisen 619-599-6152 LiturgyCommittee@sacredheartob.org	Wall of Remembrance Janice Teixeira 619-225-8595 teixeira@cox.net
Loaves & Fishes Pat Katka 619-222-9648	Web Vince Linarelli 619-224-2746
Ministry of the Word Teofla Rich 619-758-0943 garich@cox.net	Email Blasts Bruce Bauer 619-994-0775 communications@sacredheartob.org
Ministry to the Homebound Theresa Bagg 619-957-5088 theresabagg@gmail.com	Youth Minister/Confirmation Pat Gunning 619-224-2746x104 youthminister@sacredheartob.org

~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY
JUNE 5 ~ THE MOST HOLY BODY AND BLOOD OF CHRIST			
Saturday 4:30 PM	Ted Cook	Sue Munz	Greg Henkels <i>Help Needed</i>
JUNE 6~ THE MOST HOLY BODY AND BLOOD OF CHRIST			
Sunday 8:00 AM	Theresa Bagg	Frank Barrancotto	Robert Riley Cindy Calleros
10:00 AM	Caroline Stonehouse	Cathleen Hornsby	Jackie Smith Amy Barber
5:00 PM	Jan Donahue	Jerry Rich	<i>Help Needed</i> <i>Help Needed</i>

Misplaced your schedule? Go to www.sacredheartob.org and click on the tab MINISTRIES, SERVICE



Go . . . and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.

— Matthew 28:19

THE MYSTERY OF THE BLESSED TRINITY

Today we celebrate the solemnity of the Most Holy Trinity. The Church sets aside this Sunday to focus our attention on the mystery of the Blessed Trinity, God who is one, but three persons—Father, Son, and Holy Spirit.

The first reading from Deuteronomy emphasizes both God's awesome greatness and amazing nearness. It might seem beyond belief, but the God of all creation speaks to us, protects us, and guides us. The second reading from Saint Paul's Letter to the Romans describes how we are to relate to the three persons who are one God. We are led by the Spirit to meet God the Father as adopted children. Our adoption is such that we are even heirs with our brother, Christ, the second person of the Trinity, in whose sufferings we must also share. In Matthew's Gospel, Jesus speaks with his authority as God and sends us to teach and baptize in the name of the Trinity.

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Stewardship Thought for the Week

In today's Gospel and in the reading from the letter of St. Paul we hear of the gift of the Triune God, Father, Son and Holy Spirit. In our devotional life we make the sign of the cross and recite the "Glory Be" as an expression of our faith as a Trinitarian people. But what does it mean for Christian stewards to accept in a practical way the experience of God in this three-fold gift? Is it not a call to share our own life in community, with compassion and love, and to work for healing, justice, peace and unity? Is it not an invitation to invite others into fellowship with us in the unity of the Father, Son and Holy Spirit?

FROM THE DESK OF OUR PASTOR

May 21, 2021



Dear Parishioners,

We have just received updated directions from our Bishop, regarding new COVID provisions, which we are requested to follow beginning this weekend.

For the celebration of Masses, face coverings will continue to be required, but social distancing between individuals and households will be reduced to 3 feet. Therefore, we have removed the ropes from the church pews. We will continue to offer outside seating.

While singing outdoors is currently permitted, the congregation can now sing indoors. Singing is permissible, although there will be no more than two cantors and one accompanist. Larger choirs will be permitted after June 15.

Reception of Holy Communion shall continue to be limited to the

Body of Christ, received only in the hand. For the reception of communion, we will return to two lines. The offertory collection and the Presentation of the Gifts will also return to our usual, pre-COVID practices.

All usual meetings and events within the parish will resume on June 15, without size limitations.

Thank you for your patience and understanding during the past year. It has been difficult and inconvenient to follow many of the COVID mandates, but your cooperation has allowed us to continue to worship with our community during the pandemic. Please refer to your weekly bulletin, the parish website, and additional updates from me as the situation continues to transition during the next few months.

Blessings,

Fr. Thomas Kiely

Fr. Tom Kiely

Today's Readings

First Reading — The Lord is God in the heavens above and on earth below (Deuteronomy 4:32-34, 39-40).

Psalms — Blessed the people the Lord has chosen to be his own (Psalm 33).

Second Reading — You received a Spirit of adoption, through whom we cry, "Abba, Father!" (Romans 8:14-17)

Gospel — Baptize them in the name of the Father, and of the Son, and of the Holy Spirit (Matthew 28:16-20).

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

- Monday:** Zep 3:14-18a or Rom 12:9-16; Is 12:2-3, 4bcd-6; Lk 1:39-56
- Tuesday:** Tb 2:9-14; Ps 112:1-2, 7-9; Mk 12:13-17
- Wednesday:** Tb 3:1-11a, 16-17a; Ps 25:2-5ab, 6-7bc, 8-9; Mk 12:18-27
- Thursday:** Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a; Ps 128:1-5; Mk 12:28-34
- Friday:** Tb 11:5-17; Ps 146:1b-2, 6c-10; Mk 12:35-37
- Saturday:** Tb 12:1, 5-15, 20; Tb 13:2, 6efgh-8; Mk 12:38-44
- Sunday:** Ex 24:3-8; Ps 116:12-13, 15-18; Heb 9:11-15; Mk 14:12-16, 22-26

STEWARDSHIP OF TREASURE

April report:

With gratitude for the gifts received, in April, parishioners made a joyful return to the Lord of the following:

April Collections:

Envelopes:	\$ 14,428.13
Plate:	2,162.00
Online Giving:	10,083.34
Easter	13,714.00
<u>Other Income:</u>	<u>2,564.00</u>
Total:	\$ 42,951.47
Monthly Expenses:	48,649.62
LOSS:	(\$5,698.15)



Pray the Rosary

COWARDLY

To know what is right and not to do it is the worst cowardice.

—Confucius

2nd Annual 'Feast of the Sacred Heart' BBQ



Date: June 12th
 Time: 5:30 pm
 Location: SH Courtyard

Sacred Heart Parish will be celebrating the Feast of the Sacred Heart. The Sisters of the Sacred Heart will be renewing their vows at the 4:30pm Mass. We will have a BBQ to follow and everyone is invited! We are grilling hamburgers and hotdogs and have a few sides to pair. Due to COVID we need to make sure we have room for everyone, so please RSVP and return to Parish Office by June 7th. We will have a good will offering.

RSVP Form: Cut or tear on dotted line and put it in the basket, give it to the usher or turn into the parish office or go online to www.sacredheartob.org.

✂

I First & Last Name _____

I Number of Guests _____ Phone # _____

I Email Address (not required) _____

Mass Intentions for the Week

- May 29, Saturday**
 4:30 p.m. Humberto & Francisco Tavares †
- May 30, Sunday**
 8:00 a.m. Patty Barrancotto †
 10:00 a.m. Graciano & Maria Terra Goularte †
 5:00 p.m. Francisco Antonio Sousa Jr. †
 Brenda Lucas †
- May 31, Monday**
 8:00 a.m. Bishop Joseph Coffey
 Mable "Cookie" Grasska †
- June 1, Tuesday**
 8:00 a.m. John Robert Geisler †
- June 2, Wednesday**
 8:00 a.m. Bernardo & Ruth Goldman †
- June 3, Thursday**
 8:00 a.m. Colette Cannon †
 Elizabeth Baker †
- June 4, Friday**
 8:00 a.m. Manuel T. Garces †
 Manuel Garces Sr. †
- June 5, Saturday**
 4:30 p.m. Maria, Joaquin & Bibiana Medina †
- June 6, Sunday**
 8:00 a.m. Norbert Correia
 Josephine Richards
 10:00 a.m. David William Diehl †
 Thomas Cardy †
 5:00 p.m. Henrietta Selina Geisler †



Please Remember in Your Prayers

- | | |
|--------------------|--------------------|
| Barbara Allen | Ione Hastings |
| Banting Family | Fr. Ron Hebert |
| Barreda Family | Desiree Hernandez |
| Jeanne Barrett | Dolores Illig |
| Finn Barrett | Inoue Family |
| Manuel Benefeito | Gloria Kenny |
| Patricia Benefeito | Fr. Tom Kiely |
| Josie Borel | Peggy Kittler |
| Debbie Brady | Bill Klatt |
| Carolyn Burmer | Barbara Mellor |
| Josie Campbell | Mickey Molé |
| Christian Callahan | Joannie Nicoletti |
| Sonia Carrilo | Louiz Otero |
| Paul Cloutier | Mark Price |
| Sayler Corr | Marion E. Riley |
| Marco Antonio Cota | Jerry Sanders |
| Virginia Dela Rosa | Carter Santos |
| Fr. Charles Eis | Margaret Schweizer |
| Sonny Fendley | Patty Schwenn |
| Julie Fish | Ruth Sewell |
| Daniel Flores | Gloria Sosa |
| David Flores | Ana Soto |
| Selina Flores | Bryce Stewart |
| Irene Gracey | Xavier Tan |
| Ann Hansen | Jerry Torres |
| Sydney Hansen | Maria Wimer |

RECOGNIZING OUR MILITARY

- AM3 Taylor Abram, Air Force
- Lt Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- Edwin Torres, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

SACRED HEART OF OB COMMUNITY DINNER & PANTRY



We have changed our serving days. We will continue to provide food distribution every **TUESDAY ONLY**, 5:00-7:00 pm. Volunteers should contact Jack for time to be available beginning at 3:00 p.m. **Many Blessings on these folk who serve and thank you to HIM** for providing willing hands. If you are a family in need of food, or know of one, please contact Jack. For questions, contact Jack Hamlin at (jackhamlin55@gmail.com).

Thank you all for your continued support of this ministry. We are truly a **Parish Built on Love**, and it has been our privilege to give back to the community of OB.

Please keep us in your prayers. Thank you

World Day of the Sick Mass

- Join us for a special Mass Celebration in Honor of
- Our Lady of Lourdes
- including
- Anointing of the Sick
- Blessing of Caregivers
- Blessing with Lourdes Water

Sacred Heart parishioners are invited to the San Diego World Day of the Sick Mass on Saturday, June 12, at 10:00 AM. The Mass will be at: Good Shepherd Church, 8200 Gold Coast Drive, San Diego, CA 92126.

Bishop Bejarano will be the principal celebrant. Full disabled access will be available.

Please Join Us



Religious Education

SACRED HEART YOUNG ADULTS

Sacred Heart Young Adult ministry is relaunching this summer. We are a ministry for young adults founded on the teachings of Blessed Pier Giorgio Frassati. Our ministry's motto is "The higher we go, the better we shall hear the voice of Christ."

Our Summer Events Calendar

June

June 3 P&W (Praise & Worship) will be in the church followed by brewery visit (Mike Hess) 6:30pm-8:30pm

June 6 Coffee after 10am Mass at OB Coffee Roasters (meet in front of the parish)

June 19th Hike with Vigil Mass

July

July 8 P&W followed by brewery visit (OB Brewery) 6:30pm-8:30pm

July 11 Coffee after 10am mass at OB Coffee Roasters (meet in front of the parish)

July 24th 9am Morning Workout Location TBD

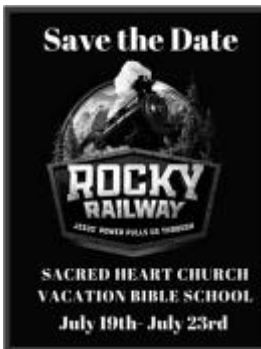
August

August 12 P&W followed by BBQ 6:30pm-8:30pm (Bring a libation to share)

August 15 Coffee after 10am mass at OB Coffee Roasters (meet in front of the parish)

For more info Contact Pat Gunning

youthminister@sacredheartob.org, 610-224-2746 x104



Vacation Bible School

This year's theme is Rocky Railway, Jesus' power pulls us through! VBS is the week of July 19th-July 23rd! We start in the mornings at 8:40am and end at noon just in time to eat lunch with you! Sign Up on the church web site now for Sacred Heart's VBS 'Summer Fun and Faith!' Visit the Children's Religious Ed Tab to sign your child up for this Faith Filled Week! Contact Stephen Williams, Religious Ed Coordinator at religioised@sacredheartob.org for more details!

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☆ **The Parish Office will** ☆

☆ **be closed** ☆

☆ **Monday, May 31** ☆

☆ **in observance of** ☆

☆ **Memorial Day** ☆

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆



PARISH INFORMATION & HAPPENINGS



Year of St. Joseph Prayer

Hail, Guardian of the Redeemer,
 Spouse of the Blessed Virgin Mary.
 To you God entrusted his only Son;
 in you Mary placed her trust;
 with you Christ became man.
 Blessed Joseph, to us too,
 show yourself a father and guide us in the path of life.
 Obtain for us grace, mercy and courage,
 and defend us from every evil.

Amen.



2021 is designated the "Year of St. Joseph" and Sacred Heart will pray the above prayer after each Mass.

SPIRITUAL COMMUNION PRAYER

*"My Jesus,
 I believe that You are present in the Most Holy Sacrament.
 I love You above all things,
 and I desire to receive You into my soul.
 Since I cannot at this moment receive You sacramentally,
 come at least spiritually into my heart.
 I embrace You as if You were already there and unite myself wholly to You.
 Never permit me to be separated from You.
 Amen."*

HAPPY BIRTHDAY
 Bishop JOE COFFEY
 On May 31



Fr. Tom Q & A Sessions

Fr. Tom will be having another Q & A session this June 7th at 7:15pm on Zoom. Come with your questions and an open mind. For the zoom information and to send questions ahead of time email Stephen Williams at religioused@sacredheartob.org.



WE REMEMBER



Want to help make a difference while you shop in the Amazon app, at no extra cost to you? Simply follow the instructions below to select "Sacred Heart Catholic Parish in San Diego CA Real Prop Support Corp" as your charity and activate AmazonSmile in the app. They'll donate 0.5% of your eligible mobile app purchases to Sacred Heart Church.

How it works:

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Sacred Heart Catholic Parish in San Diego CA Real Prop Support Corp" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app



OUTSIDE SEATING AVAILABLE AT ALL WEEKEND MASSES

As the church begins to fill or if you do not feel comfortable in the church, we have overflow seating outside with loudspeakers and a video screen for all weekend Masses.

After the congregation receives communion in the church, if outside, come to the side door and the priest or Eucharistic Minister will distribute Holy Communion to you.

The baskets will also be passed by the ushers at the side door for your donations. Thank you for your considerations.

WHEN COMING TO MASS REMEMBER:

- Do not attend Mass if you are feeling sick.
- Wash your hands before coming to Mass.
- If desired, bring a personal means of accessing Mass Readings (phone or missalette).
- Consider giving on-line. See the Sacred Heart website, www.sacredheartob.org.
- Face masks must be worn at all times, covering the nose and mouth, by anyone over age 2 except when consuming the Eucharist.
- We must maintain 6 foot distances at all times.
- Observe markings on chairs and church grounds.
- Please, do not congregate on the Church grounds or parking lot after Mass.

ON-LINE MASS SITES

Sunday Mass is streamed from Sacred Heart on YouTube at:

https://www.youtube.com/channel/UCQcNDD4Hfpks_v4g_TE97jw

(Thanks to Gregg Sprosty)

Also you can find Fr. Emmanuel's homilies at:

<https://frochigbo.blogspot.com/>.

Daily Mass at:

<https://www.sdatholic.org/masses>, and

<https://www.wordonfire.org/daily-mass/>.

The Vatican web site is:

Vaticannews.va.

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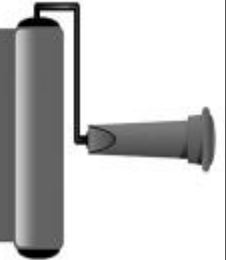
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