



# Sacred Heart Church

OF OCEAN BEACH

MARCH 28, 2021 | PALM SUNDAY OF THE PASSION OF THE LORD

## Welcome

### MASS SCHEDULE

#### Weekday Mass

Monday—Friday | 8:00 am

#### Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am  
5:00 pm

#### Confession

Saturday | 3:15 pm—4:00 pm

During Lent:

Wednesdays | 5:30—6:30 pm

Other | By Appointment

### OUR MISSION

EMPOWERED BY JESUS,  
THE MISSION OF THE  
CHURCH OF SACRED HEART  
IS TO:

Strengthen the community  
through worship,

Live the Gospel with  
Compassion and Joy,

And guided by the Spirit meet  
the needs of the people.



## PALM SUNDAY

So they brought the colt to Jesus and put their cloaks over it. And he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut from the fields. - Mk 11:7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**PARISH OFFICE**

Mon., Tues. & Thurs.  
Hours: 9:00 AM—3:00 PM  
Please call ahead of time  
619-224-2746

**BAPTISMS**

Contact Dcn. Mark before scheduling a date with friends and relatives. 619-224-2746

**MARRIAGE**

Contact Fr. Tom Kiely 9 Months before planned wedding  
619-224-2746

**FUNERALS**

Contact Janice Teixeira  
619-225-8595

**APPOINTMENTS**

Fr. Tom is available by appointment.  
619-224-2746.

**PARISH STAFF**

Rev. Thomas RJ Kiely,  
Parish Administrator  
☎619-224-2746

Rev. Mr. Mark Wieczorek, Deacon  
☎619-224-2746  
Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,  
in Residence  
☎619-224-2746

Stephen Williams,  
Religious Education Minister  
☎619-310-6979  
religious@sacredheartob.org

Pat Gunning, Youth Minister  
☎619-915-6022  
youthminister@sacredheartob.org

Angela Roberts,  
Administrative Assistant/  
Bookkeeper  
☎619-224-2746



**Preschool**

A community of faith, love and learning.

**SACRED HEART ACADEMY  
PRESCHOOL**

Mrs. Suzie Wydra, Director  
4895 Saratoga Avenue  
(619-222-7252  
shaobpreschool2@gmail.com  
sacredheartpreschool.org

**GOOD FRIDAY  
COLLECTION**

Pope Francis has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land. Your support helps the church minister in their parishes, provide Catholic schools and offer religious education.



**The Pontifical Good Friday Collection also helps to preserve the sacred shrines.** The wars, unrest and instability have been especially hard on Christians. In these times of crisis, the Pontifical Good Friday Collection provides humanitarian aid to refugees. **When you contribute to the Pontifical Good Friday Collection, you become an instrument of peace** and join Catholics around the world to stand in solidarity with the **Church in the Holy Land.**

**PLEASE BE GENEROUS.**

**ADORATION**



After Holy Thursday Liturgy we will adore the Blessed Sacrament in the Courtyard from 8:30 pm until 11:00 pm.



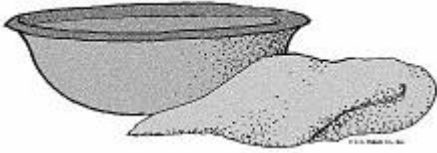
**BRING YOUR BELLS & CLAPPERS FROM HOME!**

*The Liturgy Committee asks that all parishioners attending the Holy Thursday service bring bells from home so they can be rung during the "Gloria" and clappers to shake at the consecration during Mass, April 1 at 7:00 pm.*



~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTER OF THE WORD	MINISTERS OF HOLY	HOSPITALITY
<b>APRIL 1 ~ HOLY THURSDAY</b>			
Thursday 7:00 PM	Pat Katka	Cathleen Hornsby	Cindy Calleros Greg Henkels
<b>APRIL 2 ~ GOOD FRIDAY</b>			
Stations of the Cross 12:00 Noon	Deacon Mark Wieczorek		
The Lord's Passion 3:00 PM	Ann Simmons Laurie Scott	Presider	Amy Barber <b>Help Wanted</b>
Tenebrae 7:00 PM	Pat Gunning and the Youth Group		
<b>APRIL 3 ~ EASTER VIGIL (HOLY SATURDAY)</b>			
Saturday 7:30 PM	Gn 1:1-2:2 Mary Nauert	Colleen Morse	Kevin Morse Greg Henkels
	Is 55:1-11 Jim Tomkovicz		
	Rom 6:3-11 Pat Gunning		
<b>APRIL 4 ~ EASTER SUNDAY OF THE RESURRECTION OF THE LORD</b>			
Sunday 8:00 AM	Keith Danon	Theresa Bagg Grace Sousa	Robert Riley John Maringer
10:00 AM	Ed Bebrin	Darla Bebrin Cathleen Hornsby	Amy Barber Jackie Smith Kay O'Bryan



*[Christ Jesus] humbled himself,  
becoming obedient to the point of  
death,  
even death on a cross.*

— *Philippians 2:8*

## HOLY WEEK

For the Palm Sunday Gospel, we return to the Gospel according to Mark. The account of the Passion takes up nearly one-third of Mark's entire Gospel and, of all the evangelists, he is the one who presents the details most graphically. He depicts the humanity of Jesus most intensely, describing his sufferings thoroughly. Mark portrays Jesus as a complete fulfillment of the "Suffering Servant" of Isaiah, the obedient, humble slave dying on a cross of whom Paul speaks in Philippians. But it is important to remember that we call this "Holy Week" and not "sad week" or "suffering week," for each of the readings today, even the lamentations of the psalm, end in the promise of the strength and hope that is granted by God to those who faithfully give of themselves in love. As we enter into this week through these readings, we must reflect deeply on the sufferings of Jesus, but still be confident in the joy of risen, eternal life that awaits all of us who faithfully walk with him through these days.

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## EASTER BREAKFAST BLESSING

On Holy Saturday some European peoples have their Easter breakfast blessed. This Holy Saturday, April 3, bring a basket - ŚWIEĆCONKA (Easter basket) - with food for your Easter breakfast (Sugar Lamb, eggs, ham, sausage, horseradish, etc.) and Fr. Tom will bless it. The blessing will be at 10:00 a.m.

## GOSPEL MEDITATION

Many struggle with Jesus. Some who consider themselves faithful hail him in their churches but still struggle to figure out what to do with him on our streets. The message is somehow more palatable when it echoes pious renderings and sentiments and involves singing hosannas during worship. It becomes a bit trickier when it gets to the part about changing the way we conduct the business of our lives, becoming more sensitive to the disadvantaged, poor, and marginalized, and living as servants of our Loving Creator. Ultimately, it is a struggle between wanting to be God ourselves and letting God be God as God is. That's why it's so easy to become hypocritical. We, like those who hailed Christ as he arrived in Jerusalem and sent Christ to the cross to die, also talk out of both sides of our mouths. We entertain what suits us at the time and walk away from the rest.

Many neglect God's beautiful creation because they prefer what humans have made instead. Progress isn't seen in preserving and enhancing what God has made but replacing it with something we believe is better and more useful. The earth, flowers, and animals are all expendable if they stand in the way of the "more" we want to achieve. We seek to remove as many obstacles and hurdles as possible in search of the easiest, quickest, and most efficient path we can find. We have created drugs and laws that preserve our free choice, even though it may mean setting aside God's vision and example. Why suffer when

we can easily be put to rest? Why endure insult or injury when we can retaliate, eliminate or subdue? Why accept life when it is acceptable to choose otherwise? We want to be God and resist accepting the fact that our real Creator has already given us the blueprints for the life we need to live in the Beatitudes and in the example of his Passion. We don't like being stewards and managers and really want the power to do as we wish and desire. We want to create our own way.

Where has the true, effective Christian voice been through all of the wars and violence, prejudice and unjust conquests, abuse of human beings and attempted extinctions of nationalities, the establishments of procedures and protocols that serve only a few and not the many and all of the injustices and exploitations that are a part of our human history? A few courageous prophets have stood up and out throughout all of the comings and goings of our human journey with many receiving the same fate as the Crucified One we hail this week. Some still walk among us as shining stars showing us how it really can be. How would Jesus' journey have ended if he lived life as we do? Unless we encounter the good with the bad, the just with the unjust, the grace with the sin, the glory with the cross, the death with the life we most certainly risk rendering God obsolete. After all, haven't we already convinced ourselves that we can do better? ©LPi

## Today's Readings

### Gospel at the Procession with Palms

— Jesus' entry into Jerusalem (Mark 11:1-10 or John 12:12-16).

**First Reading** — In spite of my sufferings I am not disgraced. I am not put to shame (Isaiah 50:4-7).

**Psalm** — My God, my God, why have you abandoned me? (Psalm 22).

**Second Reading** — Christ emptied himself, and God filled this emptiness with exaltation (Philippians 2:6-11).

**Gospel** — The account of Christ's passion according to Mark (Mark 14:1 — 15:47 [15:1-39]).

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## READINGS FOR THE WEEK

**Monday:** Is 42:1-7; Ps 27:1-3, 13-14; Jn 12:1-11

**Tuesday:** Is 49:1-6; Ps 71:1-6, 15, 17; Jn 13:21-33, 36-38

**Wednesday:** Is 50:4-9a; Ps 69:8-10, 21-22, 31, 33-34; Mt 26:14-25

**Thursday:** Lord's Supper: Ex 12:1-8, 11-14; Ps 116:12-13, 15-16bc, 17-18; 1 Cor 11:23-26; Jn 13:1-15

**Friday:** Is 52:13 53:12; Ps 31:2, 6, 12-13, 15-17, 25; Heb 4:14-16; 5:7-9; Jn 18:1-19:42

**Saturday:** a) Gn 1:1 - 2:2 Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35; b) Is 55:1-11; Ps 30:2, 4-6, 11-13;

c) Rom 6:3-11 Ps 118:1-2, 16-17, 22-23; Mk 16:1-7

**Sunday:** Acts 10:34a, 37-43; Ps 118:1-2, 16-17, 22-23; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9

*Mass Intentions for the Week*

- March 27, Saturday**  
4:30 p.m. Henrietta Selina Geisler †
- March 28, Sunday**  
8:00 a.m. Patty Barrancotto †  
10:00 a.m. Sammy Nestico †  
5:00 p.m. Frank Buckley †
- March 29, Monday**  
8:00 a.m. Antonio da Luz
- March 30, Tuesday**  
8:00 a.m. Jason Mellor †  
Jose Tavares †
- March 31, Wednesday**  
8:00 a.m. Selena Flores
- April 1, Thursday**  
7:00 p.m. Mass of the Lord's Supper
- April 2, Friday**  
12:00 p.m. Stations of the Cross  
3:00 p.m. Passion of the Lord  
7:00 p.m. Tenebrae Service
- April 3, Saturday**  
8:00 p.m. EASTER VIGIL
- April 4, Easter Sunday**  
8:00 a.m. Patty Barrancotto †  
Jena Maria Doiron †  
10:00 a.m. Conrad & Jessica Harley



**Please Remember in Your Prayers**

- |                    |                    |
|--------------------|--------------------|
| Barbara Allen      | William Hansen     |
| Banting Family     | Ione Hastings      |
| Barreda Family     | Fr. Ron Hebert     |
| Jeanne Barrett     | Desiree Hernandez  |
| Finn Barrett       | Dolores Illig      |
| Darla Bebrin       | Inoue Family       |
| Manuel Benefeito   | Gloria Kenny       |
| Patricia Benefeito | Fr. Tom Kiely      |
| Josie Borel        | Peggy Kittler      |
| Debbie Brady       | Bill Klatt         |
| Carolyn Burmer     | Barbara Mellor     |
| Josie Campbell     | Mickey Molé        |
| Christian Callahan | Joannie Nicoletti  |
| Sonia Carrilo      | Louiz Otero        |
| Florence Chapman   | Mark Price         |
| Paul Cloutier      | Marion E. Riley    |
| Sayler Corr        | Jerry Sanders      |
| Marco Antonio Cota | Carter Santos      |
| Da Luz Family      | Margaret Schweizer |
| Virginia Dela Rosa | Patty Schwenn      |
| Fr. Charles Eis    | Ruth Sewell        |
| Sonny Fendley      | Gloria Sosa        |
| Julie Fish         | Ana Soto           |
| Daniel Flores      | Bryce Stewart      |
| David Flores       | Xavier Tan         |
| Selina Flores      | Jerry Torres       |
| Irene Gracey       | Patty Williams     |
| Ann Hansen         | Maria Wimer        |
| Sydney Hansen      |                    |

**SOCKS FOR HOLY THURSDAY**

This year at Holy Thursday Mass, April 1 at 7:00 pm, we will not be washing each other's feet. Instead of this beautiful tradition we will be collecting new socks at the back of church in a box for our unsheltered brothers and sisters.



**Walk Every Step with Christ**

Holy Week is a week for being mindful. We must set loose the baggage of Lent, and not be deterred by the dazzling sunrise of Easter morning beckoning in the distance.

It's okay for us to be excited for Easter. We've waited so long, after all. In my opinion it's one of the best feelings there is: the yearning we have in our hearts for the Resurrection as we embark on Palm Sunday. And in a purely logical sense, many of us have Easter celebrations for which we are preparing, and practical considerations to contend with. It's going to be a busy week, one likely full of happy distractions.

But my friends, we simply must keep our feet on the ground. Let's not "skip" Holy Week. Resist the urge to flip to the last page of the book, to fast-forward to the final scene of the movie. Don't rob yourself of the journey. This week is a blessed opportunity. It is this week that teaches us who we are. In the span of the Triduum, we have the birthday of the priesthood, the institution of the Eucharist, the sacrifice on Calvary and so many other vivid and meaningful scenes.

It may sound strange, to advise someone to savor the moments of Holy Week. There are so many violent and heartrending moments, after all. But this is the valley of tears, remember — we are not in Heaven yet. And here, in our fallen, sin-filled world, it is the heartrending moments that seem to matter the most.

These are the moments that define us as Catholics. Live them. Cherish them. Be present for each one.

— Tracy Earl Welliver, MTS

*Stewardship as a Way of Life*

**Stewardship of Treasure:**

Contributions to the General Collection are used to offset the costs associated with day-to-day operations of the parish and its programs. These costs include payroll, maintenance and cleaning of buildings, utilities, and supplies. Additionally, your contribution will benefit our sacramental preparation services, liturgical programs, and religious education programs. Prayerfully consider making a recurring weekly or monthly donation to our collection by creating an on-line account. Thank you for your investment and continued support of our parish!  
God Bless and stay healthy, *The Parish Support Team.*

**February report:**

With gratitude for the gifts received, in February, parishioners made a joyful return to the Lord of the following:

**February Collections:**

Envelopes:	\$ 15,163.74
Plate:	2,733.00
Online Giving:	10,187.64
<u>Other Income:</u>	<u>2,332.23</u>
<b>Total:</b>	<b>\$ 30,416.61</b>
<b>Monthly Expenses:</b>	<b>45,741.06</b>
<b>LOSS:</b>	<b>(\$15,324.45)</b>



**Annual Catholic Appeal**

Brothers and Sisters, Sacred Heart Parish is pleased to participate in the 2021 "Renewing Hope" Annual Catholic Appeal. This appeal supports charitable needs throughout the Diocese of San Diego. Your gifts make possible the work that impacts so many in our diocese. Please make your intention to the Annual Catholic Appeal. You can make your contribution online at:

**giving.sdatholic.org**, or by picking up a combo brochure/response card at the parish office. A letter with the brochure and card has also been mailed to parish members.

**Thank you to those who have already contributed.**

Sacred Heart of Ocean Beach  
Easter 2021

**EASTER SCHEDULE**

*PASSION/PALM SUNDAY, March 28*

Regular Sunday Schedule

Monday - Wednesday of Holy Week,  
March 29 ~ April 31  
Mass 8:00 am

**EASTER - TRIDUUM**

*HOLY THURSDAY, April 1*

(No 8:00 am Mass)

Mass of the Lord's Supper - 7:00 pm

Transfer of the Blessed Sacrament  
to the Altar of Repose

Adoration following Mass until 11:00 pm

*GOOD FRIDAY, April 2*

(No 8:00 am Mass)

Stations of the Cross - 12:00 pm

Celebration of the Lord's Passion - 3:00 pm

Tenebrae Service - 7:00 pm

*HOLY SATURDAY, April 3*

(No 4:30 pm Mass)

Easter Vigil - 7:30 pm

*EASTER SUNDAY, April 4*

Mass times 8:00 & 10:00 am - Church

Children's Easter Egg Hunt  
after 10:00 am Mass

Overflow in courtyard with  
speakers and video screen  
(No 5:00 pm evening Mass)

*DIVINE MERCY SUNDAY, April 11*

Mass times 8:00 & 10:00 am  
Confession from 12:00 pm to 2:30 pm  
Divine Mercy Mass 3:00 pm  
(No 5:00 evening Mass)

Please  
Join Us



**Religious  
Education**

**Summit Youth Ministry  
Holy Thursday 4/1**

**Ice Cream at Yogurt Farm After Mass, 7:00 PM:**

On Holy Thursday we'll attend the Parish Holy Thursday Mass at 7:00 PM, and then we'll go get ice cream!

**Good Friday 4/2 3:00 PM, Good Friday Service  
Passion of the Christ Watch Party,  
then Tenebrae Service:**

Bonus points if you come to the 3:00 PM service before the watch party. Then come watch the 'Passion of the Christ' at 4:00 PM in the Youth Room! After the movie we will have time to discuss what impressed us, and then head over to the Tenebrae Service at 7:00 PM! The Passion is different from the 7:00 PM Tenebrae service! If you are under 18 make sure to bring the permission form found on the website so that you can watch the movie! Any teen who wants to be involved with the Tenebrae service, let Pat know! Pat and Jonas will be playing the music at the Tenebrae service!

**Holy Saturday 4/3 Easter Vigil Liturgy, 7:30 PM:**

If you want to experience one of the coolest services the Church has all year come experience the beauty of the Church at the Easter Vigil! We can all sit together and experience it together! Pat and Jonas will be playing music at this Mass as well!

**Religious Education K-5<sup>th</sup>**

Easter Egg Hunt

Free for all children attending the 10 am Mass, Sunday, April 4th. The Easter Egg hunt will take place on the grass in front of the church after the 10 am Mass for children ages 5-8.

For Children ages 9-11 we will have an Easter Egg hunt in the courtyard.

To get a head count, please RSVP to Stephen Williams by March 29th at [religioused@sacredheartob.org](mailto:religioused@sacredheartob.org)

Stephen Williams

Religious Education Coordinator

4776 Saratoga Avenue, San Diego, Ca 92107

(619) 310-6979, <http://sacredheartob.org/>



**RECOGNIZING OUR MILITARY**

AM3 Taylor Abram, Air Force

Lt Edgard Corea, Navy

Ensign Daniel Flanagan, Navy

Edwin Torres, Navy

SGT. William J. Hansen Jr., U.S. Army

Capt. Silas Huff, U.S. Army

Tech. SGT. Marcos Portella, Air Force

Capt. Julia Quinn, USMC

Major Phil Rodriguez, USMC


MSG Cory Sullivan, U.S. Army

Capt. Andrew Sullivan, U.S. Army

Pvt. III Class Andrew Higgin Botham, U.S. Army

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.


# PARISH INFORMATION & HAPPENINGS



**Year of St. Joseph Prayer**

Hail, Guardian of the Redeemer,  
 Spouse of the Blessed Virgin Mary.  
 To you God entrusted his only Son;  
 in you Mary placed her trust;  
 with you Christ became man.  
 Blessed Joseph, to us too,  
 show yourself a father and guide us in the path of life.  
 Obtain for us grace, mercy and courage,  
 and defend us from every evil.

**Amen.**



2021 is designated the “Year of St. Joseph” and Sacred Heart will pray the above prayer after each Mass.



**SPIRITUAL COMMUNION PRAYER**

*“My Jesus,  
 I believe that You are present in the Most Holy Sacrament.  
 I love You above all things,  
 and I desire to receive You into my soul.  
 Since I cannot at this moment receive You sacramentally,  
 come at least spiritually into my heart.  
 I embrace You as if You were already there and unite myself wholly to You.  
 Never permit me to be separated from You.  
 Amen.”*

**SUFFERING**

Jesus did not come to do away with suffering or remove it.  
 He came to fill it with his presence.

—Paul Claudel


**Fr. Tom Q & A Sessions**

On Monday April 5<sup>th</sup> Fr. Tom will be hosting his monthly Q & A sessions on zoom. They will be at 7:15 pm. Bring your questions and a positive and loving attitude. Even if you do not have a question come for a loving and informative night. Email Stephen Williams at [religioused@sacredheartob.org](mailto:religioused@sacredheartob.org) for the zoom. Hope to see you there!




**EASTER DINNERS**

Do you know a Senior who is a **shut-in** or **someone without a family** who could use a dinner delivered on Easter Sunday? If you know of a **Senior who will be alone on Easter**, we would be happy to deliver a home-cooked meal to them early afternoon on Easter day. Please call Janice Teixeira at **619-225-8595** or email her at [teixeira@cox.net](mailto:teixeira@cox.net). Thank you and Happy Easter!



You can benefit Sacred Heart with 0.5% of sales when you use Amazon Smile. No cost to you, Amazon smile will donate the 0.5% to Sacred Heart Church. Use this link and add Sacred Heart Church to your Amazon Account. and sit back, relax and smile. <http://amzn.to/2ODvijm>



**OUTSIDE SEATING AVAILABLE AT ALL WEEKEND MASSES**

As the church begins to fill or if you do not feel comfortable in the church, we have overflow seating outside with loudspeakers and a video screen for livestreaming at all weekend Masses. After the congregation receives communion in the church, come to the side door and the priest or Eucharistic Minister will come to the side door to distribute Holy Communion to you. There will also be a basket placed at the side door for your contributions.

**WHEN COMING TO MASS REMEMBER:**

- Do not attend Mass if you are feeling sick.
- Wash your hands before coming to Mass.
- If desired, bring a personal means of accessing Mass Readings (phone or missalette).
- Consider giving **on-line**. See the Sacred Heart website, [www.sacredheartob.org](http://www.sacredheartob.org).
- Face masks must** be worn at all times, covering the nose and mouth, by anyone over age 2 except when consuming the Eucharist.
- We must maintain **6 foot** distances at all times.
- Observe markings on chairs and church grounds.
- Please, do not congregate on the Church grounds or parking lot after Mass.

“Life is short, but there is always time enough for courtesy.”  
 Ralph Waldo Emerson

**ON-LINE MASS SITES**

Sunday Mass is streamed from Sacred Heart on youTube at:  
[https://www.youtube.com/channel/UCOCnDD4Hfpks\\_v4g\\_TE97jw](https://www.youtube.com/channel/UCOCnDD4Hfpks_v4g_TE97jw)  
 (Thanks to Gregg Sprosty)  
 Also you can find Fr. Emmanuel’s homilies at:  
<https://frochigbo.blogspot.com/>.  
 Daily Mass at:  
<https://www.sdcaatholic.org/masses>,  
 and  
<https://www.wordonfire.org/daily-mass/>.  
 The Vatican web site is:  
[Vaticannews.va](http://Vaticannews.va).

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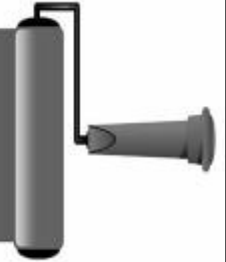
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Parishioner



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