



# Sacred Heart Church

OF OCEAN BEACH

DECEMBER 6, 2020 | SECOND SUNDAY OF ADVENT

## Welcome

### MASS SCHEDULE

#### Weekday Mass

Monday—Friday | 8:00 am

#### Weekend Mass

Saturday | 4:30 pm

Sunday | 8:00 am, 10:00 am  
5:00 pm

#### Confession

Saturday | 3:15 pm—4:00 pm

Other | By Appointment

### OUR MISSION

EMPOWERED BY JESUS, THE MISSION OF THE CHURCH OF SACRED HEART IS TO:

Strengthen the community through worship,

Live the Gospel with Compassion and Joy,

And guided by the Spirit meet the needs of the people.

#### THANK OUR ADVERTISERS

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## 2<sup>nd</sup> SUNDAY OF ADVENT

John the Baptist appeared in the desert proclaiming a baptism of repentance for the forgiveness of sins. - Mk 1:4

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

4776 SARATOGA AVENUE, SAN DIEGO, CA  
619.224.2746 | www.sacredheartob.org

**PARISH OFFICE**

Mon., Tues. & Thurs.  
Hours: 9:00 AM—3:00 PM  
Please call ahead of time  
619-224-2746

**BAPTISMS**

Contact Dcn. Mark before  
scheduling a date with friends and  
relatives. 619-224-2746

**MARRIAGE**

Contact Fr. Tom Kiely 9 Months  
before planned wedding  
619-224-2746

**FUNERALS**

Contact Janice Teixeira  
619-225-8595

**APPOINTMENTS**

Fr. Tom is not available until  
further notice.

**PARISH STAFF**

Rev. Thomas RJ Kiely,  
Parish Administrator  
☎619-224-2746

Rev. Mr. Mark Wiczorek, Deacon  
☎619-224-2746  
Email: deaconmark@sacredheartob.org

Rev. Emmanuel Ochigbo,  
in Residence  
☎619-224-2746

Stephen Williams,  
Religious Education  
☎619-310-6979  
religiously@sacredheartob.org

Pat Gunning, Youth Minister  
☎619-915-6022  
youthminister@sacredheartob.org

Angela Roberts,  
Administrative Assistant/Bookkeeper  
☎619-224-2746  
[www.sacredheartob.org](http://www.sacredheartob.org)



**Preschool**

A community of faith, love and learning.

**SACRED HEART ACADEMY  
PRESCHOOL**

Mrs. Suzie Wydra, Director  
4895 Saratoga Avenue  
(619-222-7252)

shaobpreschool2@gmail.com  
[sacredheartpreschool.org](http://sacredheartpreschool.org)

*Parish Ministries and Organizations*

Updated 12/06/2020

Altar & Rosary Society Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org	Ministry of SH of OB Community Dinner Jack Hamlin 619-224-2746 jackhamlin55@gmail.com
Altar Servers Reef Keener 619-446-9327 rksubmarine@gmail.com	Music Ministry Janis Cantu 619-253-0391 janiscantu@gmail.com
Bereavement Ministry Janice Teixeira 619-225-8595 teixeira@cox.net	On-Line Giving Leigh Baesler 619-224-2746 DirectorofOffering@sacredheartob.org
Bulletin Editor Judith Theisen 619-599-6152 BulletinEditor@sacredheartob.org	Parish Blood Bank Mary Nauert 858-775-6700 mnauert@psrs.com
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Eucharistic Minister of Holy Communion Teofla Rich 619-758-0943 garich@cox.net	RCIA Stephen Williams 619-310-6979 religiously@sacredheartob.org
Finance Council Steven Teixeira 619-225-8595 teixeira@cox.net	Religious Education Stephen Williams 619-310-6979 religiously@sacredheartob.org
Hospitality Ministry Sheila Ragan 619-504-7597 sheila@oceanpointfinancial.com	Senior Activities Janice Teixeira 619-225-8595 teixeira@cox.net
Knights of Columbus Gregg Sprosty 619-226-1658	The Gio Project Group Melissa Sanchez 858-245-1388 TheGioProject@sacredheartob.org
Liturgy Committee Judith Theisen 619-599-6152 LiturgyCommittee@sacredheartob.org	Wall of Remembrance Janice Teixeira 619-225-8595 teixeira@cox.net
Loaves & Fishes Pat Katka 619-222-9648	Web/Email Blasts Bruce Bauer 619-994-0775 Vince Linarelli 619-224-2746 communications@sacredheartob.org
Ministry of the Word Teofla Rich 619-758-0943 garich@cox.net	Youth Minister/Confirmation Pat Gunning 619-915-6022 youthminister@sacredheartob.org
Ministry to the Homebound Theresa Bagg 619-957-5088 theresabagg@gmail.com	

~ ~ ~ Please volunteer to fill the vacancies. (Help Needed) ~ ~ ~

DATE/TIME	MINISTERS OF THE WORD	MINISTERS OF HOLY COMMUNION	HOSPITALITY
<b>DECEMBER 8 ~ IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY</b>			
Tuesday 8:00 AM	Pat Katka	John Maringer	Kay O'Bryan <i>Help Needed</i>
7:00 PM	Susan Kaweski	John Wilson	Michael Brown <i>Help Needed</i>
<b>DECEMBER 12 ~ SECOND SUNDAY OF ADVENT</b>			
Saturday 4:30 PM	Pat Katka	Colleen Morse	Greg Henkels Cindy Calleros
<b>DECEMBER 13 ~ SECOND SUNDAY OF ADVENT</b>			
Sunday 8:00 AM	Susan Kaweski	Frank Barrancotto	Michael Brown John Maringer
10:00 AM	Cathleen Hornsby	Barbara Dodd	Jackie Smith Kay O'Bryan
5:00 PM	Teofla Rich	Jerry Rich	<i>Help Needed</i> <i>Help Needed</i>

Misplaced your schedule? Go to [www.sacredheartob.org](http://www.sacredheartob.org) and click on the tab MINISTRIES, SERVICE



*Every valley shall be filled in,  
every mountain and hill  
shall be made low.*

— Isaiah 40:4

### LIVE THE LITURGY

Prepare the way of the Lord! The message of John the Baptist becomes the calling of every baptized disciple of Jesus Christ. Each one of us is asked to prepare the way of the Lord. Given the humble means of our lives, how can we do this? It certainly does not require that we stand on street corners announcing God's future coming! We can more readily take up the task of our lifework by clearing our lives of unnecessary, distracting clutter. By creating solid and deep spiritual lives, we can heighten our awareness of God's presence and help people point to and discover God's presence around them. By conducting ourselves in holiness and devotion, we can speak volumes to those we meet. Not by preaching actual words, but by living lives that communicate the comfort God wants His people to know. As the world sometimes frantically unfolds around us, we can be people of patience who show others that it's okay to wait for God's gift to come. Conducting our lives in this manner, we will know the peace that comes from doing what we have been asked to do.

### SPIRITUAL COMMUNION PRAYER

*"My Jesus,  
I believe that You are present in the  
Most Holy Sacrament.*

*I love You above all things,  
and I desire to receive You into my  
soul.*

*Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my  
heart.*

*I embrace You as if You were  
already there  
and unite myself wholly to You.  
Never permit me to be separated  
from You.*

*Amen."*

## GOSPEL MEDITATION



People knew over a year in advance that the Pope was coming for a visit to America and the preparations began. Security, space limitations and requirements,

protocols, crowd management, itineraries, invitations, regulations, and so much more were necessary to pull this event off effectively. It's not every day that we get a visit from such a prominent dignitary. Thought, effort, meticulous attention to detail and vision all are necessary to make this thing work. After all, he can't just show up in the ordinary and normal daily routines of life and catch people unprepared! Tickets have to be purchased, buses rented, hotel rooms reserved, and travel arrangements made early because it will be impossible to see him if we wait too long!

We do this kind of preparing not only for prominent religious figures but for political dignitaries, notable sports figures, people of fame, and even actors. If an individual intrigues us, we are going to want to do all we have to do to get a "good seat" in the house. Does Jesus Christ captivate this much of our attention? We are asked to prepare the way of the Lord and to do so not with frantic frenzy but patient enthusiasm. We do not have to

stand on a street corner making profound announcements about God's coming or become overly zealous in our embrace of the Good News. Our task is quieter, more interior, captivating, and consuming. We are asked to change. We have to conduct our lives with holy devotion.

Is the cost of that ticket too much for you? Don't you want the "best seat" in the house? You don't want to miss Our Lord's arrival when he comes, do you? After all, if he comes while you are going about your daily routines without you even knowing, he may catch you off guard. Or, he may come in disguise looking like a beggar, a prisoner, migrant, refugee, or someone who is lost. Would you be ready to recognize him then? Preparing for the coming of Christ requires a change of mind, heart, and behavior. It is not adequate to simply do the things we always do. We want our lives to speak of the exciting news of Christ's coming and the joy that the Gospel brings. It has to do with our demeanor, values, priorities, choices, and how we structure daily routines. Of course, it involves sacrifice. All anticipations do! Are you excited, captivated, enthusiastic, and sitting on the edge of your seat eager to celebrate his coming among us at Christmas, and waiting for him to come again? If not, why not?.

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## Today's Readings

**First Reading** — The rugged land shall be made a plain; the rough country, a broad valley (Isaiah 40:1-5, 9-11).

**Psalm** — Lord, let us see your kindness, and grant us your salvation (Psalm 85).

**Second Reading** — Conduct yourselves in holiness, hastening the coming of the day of God (2 Peter 3:8-14).

**Gospel** — I have baptized you with water; he will baptize you with the Holy Spirit (Mark 1:1-8).

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### READINGS FOR THE WEEK

**Monday:** Is 35:1-10/Ps 85:9ab and 10, 11-12, 13-14 [Is 35:4f]/Lk 5:17-26

**Tuesday:** Gn 3:9-15, 20/Ps 98:1, 2-3ab, 3cd-4 [1]/Eph 1:3-6, 11-12/Lk 1:26-38

**Wednesday:** Is 40:25-31/Ps 103:1-2, 3-4, 8 and 10 [1]/Mt 11:28-30

**Thursday:** Is 41:13-20/Ps 145:1 and 9, 10-11, 12-13ab [8]/Mt 11:11-15

**Friday:** Is 48:17-19/Ps 1:1-2, 3, 4 and 6 [cf. Jn 8:12]/Mt 11:16-19

**Saturday:** Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab/Jdt 13:18bcde, 19 [15:9d]/Lk 1:26-38 or Lk 1:39-47

**Sunday:** Is 61:1-2a, 10-11/Lk 1:46-48, 49-50, 51-54 [Is 61:10b]/1 Thes 5:16-24/Jn 1:6-8, 19-28

*Mass for the Intentions*  *for the Week*

- December 5, Saturday**  
4:30 p.m. Harley Family
- December 6, Sunday**  
8:00 a.m. Vera Ragan †  
10:00 a.m. Alfonso Macy †  
5:00 p.m. Mass for Parishioners
- December 7, Monday**  
8:00 a.m. John & Adelaide Goldmann †
- December 8, Tuesday**  
8:00 a.m. Stephen Williams
- December 9, Wednesday**  
8:00 a.m. LeRoy & Helma Burkhardt †
- December 10, Thursday**  
8:00 a.m. Fr. Ron Hebert
- December 11, Friday**  
8:00 a.m. Lillian Macy †
- December 12, Saturday**  
4:30 p.m. Keisler Family  
Lillian Macy †
- December 13, Sunday**  
8:00 a.m. Patty Barrancotto †  
10:00 a.m. Jessica Mendoza  
5:00 p.m. Lee & Clara Burkhardt †



**Please Remember in Your Prayers**

- |                    |                    |
|--------------------|--------------------|
| Barbara Allen      | William Hansen     |
| Banting Family     | Ione Hastings      |
| Barreda Family     | Fr. Ron Hebert     |
| Jeanne Barrett     | Desiree Hernandez  |
| Finn Barrett       | Dolores Illig      |
| Darla Bebrin       | Gloria Kenny       |
| Manuel Benefeito   | Fr. Tom Kiely      |
| Patricia Benefeito | Peggy Kittler      |
| Josie Borel        | Bill Klatt         |
| Debbie Brady       | Barbara Mellor     |
| Carolyn Burmer     | Mickey Molé        |
| Josie Campbell     | Joannie Nicoletti  |
| Christian Callahan | Louiz Otero        |
| Sonia Carrilo      | Mark Price         |
| Florence Chapman   | Marion E. Riley    |
| Paul Cloutier      | Jerry Sanders      |
| Sayler Corr        | Carter Santos      |
| Marco Antonio Cota | Margaret Schweizer |
| Virginia Dela Rosa | Patty Schwenn      |
| Fr. Charles Eis    | Ruth Sewell        |
| John Gary Ellis    | Gloria Sosa        |
| Sonny Fendley      | Ana Soto           |
| Julie Fish         | Bryce Stewart      |
| Daniel Flores      | Xavier Tan         |
| David Flores       | Jerry Torres       |
| Irene Gracey       | Efren Vega         |
| Ann Hansen         | Willie Williams    |
| Sydney Hansen      | Maria Wimer        |



*Please continue to pray for Father Tom as he recovers from his last procedure. He is recovering well.*


**IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY**

We will celebrate the Feast of the Immaculate Conception on Tuesday, December 8th  
Masses will be at 8:00 am and 7:00 pm anointing of the sick

This is a **Holy Day of Obligation**

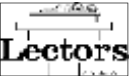


**MASS BOOKS NOW AVAILABLE**



The new 2021 Mass books are available for \$8.00, so you can have your own personal Mass book. Because of COVID requirements we cannot make them available in the pews. You can bring them with you when you come to Mass & then take them home for use all year.

**MINISTERS OF THE WORD**



The *Workbook for Lectors, Gospel Readers and Proclaimers of the Word* for this new Liturgical year (began November 29) have arrived and **may be obtained from the parish office (\$13 each.)** Please recycle your old workbooks.

**Stewardship as a Way of Life**

**Stewardship of Treasure:**

**Sacred Heart needs help financially to maintain operations. With the limited Sunday attendance, we have seen a significant drop in funds. Please consider giving to the church.**


**Ways to Give**

- You can mail checks to our parish office at: 4776 Saratoga Ave San Diego, CA 92107
- Or, drop your check in the mail slot of the parish office,
- Or, go through your bank and set up a bill pay.
- Or, you can scan this code with your mobile device to go directly to our secure online giving site. Some phones will let you scan with your camera. Just hover over the square. Do not take a picture.
- Or, go to our website and click on the online giving button, which is found on our home page. Go to [www.sacredheartob.org](http://www.sacredheartob.org). Once you are on the home page, look for the red box 'Contribute to Sacred Heart,' which can be found at the top center of the page. The giving application during this time includes: **Sunday Offering, Maintenance, OB Community Dinners, Altar flowers, special collections, and Religious Education and Confirmation fees.**



God Bless and stay healthy, *The Parish Support Team.*

**CHRISTMAS FLOWER COLLECTION**



Sacred Heart Church will be remembering loved ones and friends living or deceased with a "Memorial", "Special Occasion" or "Thank You." Our Christmas Flower Collection helps to defray the cost of the flowers and trees used to decorate the church during this holy season. The envelopes with the names of those remembered will be placed on the Altar during the Christmas Masses.

Please use the special "Flower Offering" envelope found in the bulletin and return it to the Parish Office by December 21. Make checks out to: Sacred Heart. You may also contribute through on-line giving on our website: [www.sacredheartob.org](http://www.sacredheartob.org).

**RECOGNIZING OUR MILITARY**

- AM3 Taylor Abram, Air Force
- Lt Edgard Corea, Navy
- Ensign Daniel Flanagan, Navy
- SGT. William J. Hansen Jr., U.S. Army
- Capt. Silas Huff, U.S. Army
- Tech. SGT. Marcos Portella, Air Force
- Capt. Julia Quinn, USMC
- Major Phil Rodriguez, USMC
- MSG Cory Sullivan, U.S. Army
- Capt. Andrew Sullivan, U.S. Army
- Pvt. III Class Andrew Higgin Botham, U.S. Army

If you have a loved one serving in the military **who is away on special deployment** and would like to add him/her to our list for prayer, please call the parish office at 619-224-2746 and give the military member's name, rank and branch of service. Please remember to call the office when your loved one has returned home.

**SACRED HEART OF OB COMMUNITY DINNER & PANTRY**



We continue to provide food distribution every **Tuesday & Thursday 5:00 – 7:00 p.m.** We can use a handful of volunteers on Tuesdays and Thursdays, beginning at 3 p.m. If you do volunteer, please **bring your own mask**.

The pantry is for everyone, even pets. We have plenty of general produce, and staples. Please reach out and we can set up one-time or regular deliveries. You can contact Jack Hamlin at (jackhamlin55@gmail.com)

**Please keep us in your prayers. Thank you**

**THE ADVENT WREATH**



Each season of the liturgical calendar comes with its own local and regional rituals. During the Advent season, wreaths adorn church sanctuaries and family dining room tables. The Advent wreath is full of symbolism about Christ and his coming at Christmas. It always remains fresh and new.

Similarly, a circular wreath reminds us of the eternal, never-ending nature of God's love.

Candles remind us that Christ is the light of the world, the One who "shines in the darkness, and the darkness has not overcome it." We use four candles to represent each week of Advent. Purple has historically represented penance and sacrifice. We see the same color for the season of Lent. On the third Sunday of Advent, however, we light a rose color. This is Gaudete Sunday. Gaudete means "rejoice" in Latin. The Church chooses the midpoint to remind us to celebrate in the midst of our anticipation! Whatever the color and whatever the day, the Advent wreath is a beautiful practice to focus our attention on Christ's coming at Christmas.

**Sacred Heart's own Book Club**

Date: Tuesday, December 8, 2020

Time: 10:30 AM

Place: Meeting on ZOOM. Contact Cindy for access.

Our next book will be: Jesus, A Pilgrimage by Father James Martin.

If interested, please email or phone

Cindy Krause: 925-639-9089 [krause67@gmail.com](mailto:krause67@gmail.com)

*Please Join Us*



**Religious Education**

**SUMMIT HIGH SCHOOL YOUTH GROUP**



**Christmas Tree Sale Fundraiser:** The **Summit Youth Group** thanks you for ordering your tree from us and for your continuing support!

We want to make big improvements to our Youth Room such as putting in new flooring and getting some fun games and additions for the room!

Tree pickup is today, Sunday, December 6<sup>th</sup>, 8:30 AM through 1:00 PM in the church parking lot. Come pick up your tree/wreath during this time. Elderly or handicapped who are not able to pick up their tree, let Pat Gunning know ahead of time so he can coordinate a way to get your tree to you! See you then, and Merry Christmas!!



**Christmas Fun & Faith**

**Day:** Saturday December 19<sup>th</sup>

**Time:** 10 am

**Where:** Your own Home

Join us for a morning of Christmas love and joy. For kids in Kindergarten -Fifth grade. We will be singing songs, making crafts, and watching a movie at the end. Pick up day for supplies for this morning of fun will be Wednesday December 16<sup>th</sup>!



**RCIA**

This Sunday December 6<sup>th</sup> at the 5:00 pm Mass will be the Rite of Welcome for Our RCIA Candidates. Please keep **Audry, Andrea, Levent, and Oceana** in your prayers as they continue on their journey to becoming Catholic. If you attend the 5pm Mass make sure to greet them, so they feel the true love and welcoming spirit of Sacred Heart of Ocean Beach.

**Adult Religious Education**

The Adult Religious Education classes meet every Wednesday at 7 pm on zoom. To join contact Stephen Williams! So far we have discussed the sacraments of baptism, confirmation, eucharist and reconciliation. Anointing of the sick will be our next topic. This will be discussed on **Thursday, December 9<sup>th</sup>** at 7:00 pm. The following week we will be discussing Matrimony and Holy Orders. All are welcome to join these classes to rediscover once again the beauty of our Sacraments. Stephen Williams, Religious Education Coordinator  
4776 Saratoga Avenue  
(619) 310-6979, <http://sacredheartob.org>

# PARISH INFORMATION & HAPPENINGS

## RECONCILIATION

This year because of COVID we will not have a Parish Reconciliation service. Instead we will have extra times for individual confessions.

These will be:

Wednesdays, December 9 & 16, 2020

5:30 - 6:30 PM

(Msgr. Mark Campbell)

We will still have Saturday Confessions as usual.

## ANNUAL CATHOLIC APPEAL

**WE NEED YOUR HELP TO MEET OUR GOAL!!!**

**\*Status Report for this year 2020 \*  
As of November 11, 2020**

Sacred Heart Parish Assessment Summary:

Assessment: \$40,000.00

Paid to date: \$30,815.14

**NEEDED: \$ 9,184.86**

# Registered Families: 817

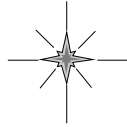
% to Goal 77.04%

only 9.18% participation (75 donors)

It is **not** too late to make your contribution to support charitable needs throughout the Diocese of San Diego. You can make your contribution online at [www.sdcatholic.org](http://www.sdcatholic.org), or by picking up a brochure and response card at the Parish Office.

## WHEN COMING TO MASS REMEMBER:

- Do not attend Mass if you are feeling sick.
- Wash your hands before coming to Mass.
- If desired, bring a personal means of accessing Mass Readings (phone or missalette).
- Consider giving **on-line**. See the Sacred Heart website,
- [www.sacredheartob.org](http://www.sacredheartob.org).
- Face masks must** be worn at all times, covering the nose and mouth, by anyone over age 2 except when consuming the Eucharist.
- We must maintain **6 foot** distances at all times.
- Please, follow and obey signs and markings on chairs and church grounds.
- Please, do not congregate on the Church grounds or parking lot after Mass.



## ADVENT & CHRISTMAS SEASON SCHEDULE

### CONFESSION

Saturdays 3:15 - 4:00 PM

Wednesdays, December 9 & 16 2020

5:30 - 6:30 PM

### IMMACULATE CONCEPTION

Holy Day of Obligation

Tuesday, December 8, 2020

8:00 AM & 7:00 PM

(Anointing of the Sick)

### CHRISTMAS EVE

Thursday, December 24, 2020

4:00 PM & 7:00 PM

### CHRISTMAS DAY

Friday, December 25, 2020

8:00 AM & 10:00 PM

No 5:00 PM Mass

### THE HOLY FAMILY OF JESUS, MARY, AND JOSEPH

Sunday, December 27, 2020

4:30 PM Vigil Mass

8:00 AM, 10:00 AM & 5:00 PM

### BLESSED VIRGIN MARY, MOTHER OF GOD

Holy Day of Obligation

Friday, January 1, 2021

9:00 am Mass

### EPIPHANY OF THE LORD

Sunday, January 3, 2021

4:30 PM Vigil Mass

8:00 AM, 10:00 AM & 5:00 PM

### SACRED HEART CHURCH OCEAN BEACH



## ON-LINE MASS SITES

Sunday Mass is streamed from Sacred Heart on YouTube at:

[https://www.youtube.com/channel/UCQcNDD4Hfjks\\_v4g\\_TE97jw](https://www.youtube.com/channel/UCQcNDD4Hfjks_v4g_TE97jw)

(Thanks to Gregg Sprosty)

Also you can find Fr. Emmanuel's homilies at:

<https://frochigbo.blogspot.com/>

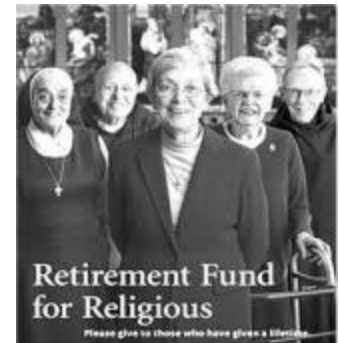
Daily Mass at:

<https://www.sdcatholic.org/masses>,

and <https://www.wordonfire.org/daily-mass/>.

The Vatican web site is at:

[Vaticannews.va](http://Vaticannews.va).



## MAKE A DIFFERENCE.

"Every dollar makes a difference in covering our expenses," says a Trappist abbot. Hundreds of US religious communities struggle to provide for aging members because most senior Catholic sisters, brothers, and religious order priests served for little pay. Your gift to the Retirement Fund for Religious helps these communities bridge the gap, offering support for medications, nursing care, and other necessities. **Please, make checks payable to Sacred Heart Church.**

**Please be generous.**



**Thank you** to everyone who donated food and money for the Thanksgiving baskets. We were able to provide 31 turkey baskets to local family's. A special thank you to **Pat Katka** for organizing our gifts again this year.

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