

Homeless Resources: *San Diego*

- * **San Diego Helpline:** Call 2-1-1 or www.211sandiego.org
- * **San Diego Food Bank:** 1-866-350-FOOD (3663)
- * **City of San Diego Homeless Services:** (858-300-1211)
- * **Domestic Violence Hotline:** 1-800-799-SAFE (7233)

Service & Day Centers

- * **Father Joe's Villages *San Diego Day Center*** 299 17th Street, (619) 230-7390 www.my.neighbor.org
 - Access to food, showers, mail services, computers, laundry, education services, etc.
 - Hours: Mon-Fri 6:00am to 4:00pm, Sat-Sun 6:00am to 2:00pm.
- * **Rachel's Women's Center**, 759 8th Avenue, (619) 696-0873 www.ccdsd.org ***Women Only***
 - Housing, emergency shelter, food, clothing, health consultations, etc. Hours: 7:00 am - 3:00pm daily
- * **Uptown Faith Community Service Center**, 3725 30th St., (619) 693-5511 www.uptowncsc.org
 - Provides emergency food, hygiene supplies, clothing, mail, access to the internet, etc.
- * **Presbyterian Urban Ministries Client Services**, 2459 Market St. (619) 232-2753 www.pumsd.org
 - Provides case management, hygiene articles, clothing & shoes, prescription assistance, etc.
- * **Co-Op Cafe, Wesley Community Services Ctr**, 5380 El Cajon Blvd (619) 354-8094 wesleycsc.com
 - Provides meals, showers, donated goods occasionally, etc.

Shelter

- * **Father Joe's Villages** (619) 233-8500 www.my.neighbor.org
 - If you are single, 18+ years old, without children, contact ***San Diego Day Center***, 299 17th St. (619) 230-7390. Hours: Mon-Fri 6:00am to 4:00pm; Sat-Sun 6:00am to 2:00pm
 - If you are 18+ years old with children, contact ***Joan Kroc Center***, 1501 Imperial Ave. (619) 233-8500. Hours: Mon-Fri 8:00am to 4:30pm
- * **Rachel's Women's Center**, 759 8th Avenue, (619) 696-0873 www.ccdsd.org ***Women Only***
 - Housing, emergency shelter, food, clothing, health consultations, etc., Hours: 7:00 am - 3:00pm daily
- * **Safe Parking Program** (at *New Life Church*) 766 28th St., (619) 497-0236 www.dreamsforchange.org
 - Safe overnight parking & services for those living in their vehicle. Intake: Mon-Sun 6:00pm to 8:30pm
- * **PATH (People Assisting the Homeless) San Diego**, 1250 6th Ave., (619) 810-8600 www.PATHSanDiego.org
 - Provides short-term housing and services. Intake Hours: Mon-Fri 10:00am to 9:00pm
- * **Interfaith Shelter Network of San Diego** (619) 702-5399, www.interfaithshelter.org
 - Rotational housing program and assistance
- * **Catholic Charities** (Diocese of San Diego), (619) 323-2841, www.ccdsd.org
 - Housing programs, food, counseling, senior services, education, etc.
- * **Salvation Army**, 825 7th Avenue, (619) 699-2200 www.sandiego.salvationarmy.org
 - Housing programs, help for newly homeless, skill training, etc.
 - *Family Service programs* including food, housing, utility assistance, call (619) 699-2216.
 - Office Hours: 8:00 AM - 4:00 PM; closed Wednesdays.
- * **San Diego Rescue Mission**, 120 Elm St, (619) 687-3720 www.sdrescue.org
- * **Becky's House Emergency Shelter** (619) 234-3164 (24/7 domestic violence hotline) www.ywcasandiego.org

Clothing & Donated Goods

- * **Rachel's Women's Center**, 759 8th Avenue, (619) 696-0873 www.ccdsd.org ***Women Only***
 - Housing, food, showers, clothing, education, health consultations, etc. Hours: 7:00 am - 3:00pm
- * **San Diego Rescue Mission**, 120 Elm St, (619) 687-3720 www.sdrescue.org
- * **Streets of Hope**, 720 15th Street (sidewalk of *Smart&Final*) www.streetsofhopesandiego.org
 - Food bags and items handed out every Monday 6:00pm
- * **Uptown Faith Community Service Center**, 3725 30th St., (619) 693-5511 www.uptowncsc.org
 - Provides emergency food, hygiene supplies, clothing, mail, access to the internet, etc.
- * **Presbyterian Urban Ministries Client Services**, 2459 Market St. (619) 232-2753 www.pumsd.org
 - Provides case management, hygiene articles, clothing & shoes, etc.
- * **Community Christian Service Agency**, 1675 Garnet Ave, (858) 272-0163 www.ccsasandiego.org
 - Client Service Hours: M-F 10:00am - 3:45pm

Groceries

- * **Feeding San Diego**, (858) 452-3663, www.feedingsandiego.org
- * **Hand Up Mobile Food Pantry** (through *Jewish Family Service*), (858) 637-3210, www.jfssd.org
- * **Ocean Beach Emergency Food** (*Loaves & Fishes*), 1984 Sunset Cliffs Blvd, (619) 920-6026
www.sdloavesfishes.org - Distribution Hours: Mon, Wed, Fri 9:30am to 11:30am
- * **Episcopal Church Center** 2083 Sunset Cliffs Blvd, (619) 291-5947 www.edsd.org
- Weekly medical clinic, meal, food distribution, job assistance, etc.
- * **Community Food Distribution** (*Mission Hills United Church of Christ*) 4070 Jackdaw St.
- Distribution Hours: 12:00pm to 2:00pm on 3rd Tuesday of the month
- * **Salvation Army**, 825 7th Avenue www.sandiego.salvationarmy.org
- Family Service programs including food, housing, utility assistance, call (619) 699-2216.
Office hours: 8:00 AM - 4:00 PM; closed Wednesdays.
- * **San Diego Food Bank**, 9850 Distribution Ave., (858) 527-1419 Local; (866) 350-3663 (FOOD) Toll Free
- * **San Diego Rescue Mission**, 120 Elm St, (619) 687-3720 www.sdrescue.org
- * **Streets of Hope**, 720 15th Street (sidewalk of *Smart&Final*) www.streetsofhopesandiego.org
- Food bags and items handed out every Monday 6:00pm
- * **So Others May Eat**, 858-900-1275 www.someinc.org
- Meals and Mobile Food Pantry
- * **Uptown Faith Community Service Center**, 3725 30th St., (619) 693-5511 www.uptowncsc.org
- Provides emergency food, hygiene supplies, clothing, mail, access to the internet, etc.

Medical & Mental Health Assistance

- * **Father Joe's Village Family Health Center**, 1501 Imperial Ave. (619) 645-6405 www.my.neighbor.org
- Access to primary health care, dental, behavioral health, medication, addiction treatment, etc.
- * **Rachel's Women's Center**, 759 8th Avenue, (619) 696-0873 www.ccdsd.org ***Women Only***
- Mental health consultations, alcohol/drug recovery, socialization activities, education, referrals, etc.
Hours: 7:00am - 3:00pm
- * **Episcopal Church Center** 2083 Sunset Cliffs Blvd, (619) 291-5947 www.edsd.org
- Weekly medical clinic, meal, food distribution, job assistance, etc.
- * **Family Health Centers of San Diego**, (619) 515-2300 www.fhcsd.org
- Provides services for homeless individuals and families. Several locations.
- * **Third Ave. Charitable Organization** (at *First Lutheran Church*) 1420 3rd Ave, (619) 235-9445 www.tacosd.org
- Provides access to free medical and dental clinics, pharmacy, acupuncture, etc.
- * **Community Christian Service Agency**, 1675 Garnet Ave, (858) 272-0163 www.ccsasandiego.org
- Client Service Hours: M-F 10:00am - 3:45pm

Youth Programs

- * **San Diego Youth Services**, 3255 Wing St, (619) 221-8600 www.sdyouthservices.org
- Housing programs, counseling services, education, crisis intervention, referrals, etc.
- * **Storefront Overnight Shelter & Day Center** (619) 325-3527 ***12-17 yrs old only***
- Provides shelter, counseling, job development, food, clothing, etc. www.sdyouthservices.org
- * **Urban Street Angels** (619) 415-6616 www.urbanstreetangels.org
- Emergency overnight shelter, housing program, job training, etc.
- Weekly gathering at *Episcopal Church Center* 2083 Sunset Cliffs Blvd, (619) 415-6616 (Episcopal Church Center: (619) 291-5947) on Fridays 6:15pm to 9:00pm
- * **Doors of Change** www.doorsofchange.org ***Youth 12-24 yrs. old***
- Provides homeless youth with food, case management, social services access, etc.
- Weekly gathering at *Episcopal Church Center* 2083 Sunset Cliffs Blvd, (619) 291-5947 on Sundays 4:00pm to 7:00pm ***12-24 yrs old***